Our Lord Jesus Christ, the King of the Universe
November Love

We are now in the 11th hour.
Our shade is threadbare and bleached.
The sound of wrinkles gently settles on the lawn.

Hark, our Lover,
Leaping
Peering
and setting her seal upon every lintel.

She calls in the market-place

"I am Life’s Lover"
"He says to me ‘I cannot live without you’ “
We cannot live without you.

And so she gladly sings her song
as night gives light to day

And although her fingers still sting - sticks twisting through spine and stubble-

None of us can deny that she is Life’s partner.

And with tenderness she speaks to us

“fear not –
I offer you wisdom, insight, youth, beauty, meaning, eternity.

There is no awe –
There is no wonder
without me.

My victory is my Lover crucified.”

Father Michael
The rulers sneered at Jesus and said, “He saved others, let him save himself if he is the chosen one, the Christ of God.” Even the soldiers jeered at him. As they approached to offer him wine they called out, “If you are King of the Jews, save yourself.” — Lk 23:33-37

A GRATITUDE EXAMEN
Gratitude is one of the greatest spiritual practices. It opens our minds, calms our hearts, and rids bitterness of it’s power. The “examen” is a spiritual practice to reflect on how we have responded to God’s work in our lives. This Thanksgiving consider your own reasons for thankfulness!

What Gifts have You given me?
How have I Received love from others?
How is grace at work in Aspects of my life story?
Do I Trust You to continue to bless me?
Where have I missed Your movements?
Have I used my Talents at the service of other?
Do I see a purpose for my life Underway?
How can I have the Discipline to thank You daily?
Help me give Everything back to You!

EVERYDAY STEWARDSHIP
How Would You Rule Your Kingdom?
It would be kind of awesome to be a king or queen! Absolute rule, untold wealth, and people answering your every beck and call are things that wouldn’t be half bad. Of course, I would be a benevolent monarch, and I would hope that all my subjects would love me. They could cheer me as I came out of the palace, and I think my popularity ratings in the polls would be through the roof. But if they weren’t, that would be fine, too, because I would rule the kingdom. And that means no throwing me out of office. Talk about job security!

As great as that sounds, the King of kings could have had all that as well, but instead, he chose quite a different path. He gave up absolute rule so all his subjects could have the free will to choose to follow him. He gave up untold wealth so he could be treated like a common criminal and receive a death sentence. He gave up having servants at his disposal so he could be the servant of all his subjects himself. Yes, he was the King of kings, but he was nothing like a typical king. As much as I think it would be great to be a king myself, I would rather emulate this King instead.

Who would you rather be like? You could have it all or choose to give away everything. You could choose a path of luxury or a path of trial. You could be respected by many or find yourself in a culture that increasingly finds you objectionable. Who would you rather be like? Do you arrive at an answer quickly, or do you need some time to think about it? The King of kings awaits your reply.

— Tracy Earl Welliver

The upcoming FESTIVAL OF TREES is an event that is the primary funding source for the Social Services Program here at the Cathedral of the Blessed Sacrament. The Social Services Program supports the Brown Bag Ministry which provides brown bag lunches to the homeless and downtown poor four mornings a week. Four nights a week, the St Vincent de Paul and Young Adults Ministry feed the homeless on the Sacrament to downtown streets. One Saturday a month, volunteers prepare and serve breakfast to women staying at Loaves and Fishes Nora’s house. Our ministries provide 40,000 to 45,000 meals annually.

The Front Door Ministry provides various services, including shelter, health care and governmental entity referrals. Recently, the parish and St Vincent de Paul Society sponsored a concert which raised $10,000 for Joshua House, a hospice facility for the downtown homeless to open in the Spring.

Cathedral Social Services Programs needs your support to carry on this vital assistance to the downtown poor and homeless. Won’t you support us by attending the Festival on Dec 7-8 or donating baked goods, craft items, gift cards, or gift baskets?

For further information on donating or volunteering, please contact Paula Trujillo at trupaula@gmail.com, or Susan Moeller at susandurand@gmail.com.

LIVE THE LITURGY
Are we looking for Christ to be our earthly king or our eternal one? We often go back and forth with God on this question. What we find in the content of our prayer usually reveals the answer. Because life can be difficult, we may desire that God cushion our earthly experience a bit, make it more tolerable, remove the crosses, and do the miraculous. Preserving our earthly lives can take too much precedence and be of too much concern. Christ the eternal king offers a different promise and hope. The eternal king offers us a way through suffering and hardship to the greater glory to be revealed when our journey is completed in heaven. The eternal king is not the king of earthly comfort but the king who advocates for the poor, vulnerable, lost, broken, marginalized, and hurting. We are asked to become like the eternal king, Jesus Christ, both in this life and in the life to come.

WHEN YOU CAN’T PUT YOUR PRAYER INTO WORDS, God Hears Your Heart.
The Festival of Trees
December 7-8, 2019 in Mercy Hall

Come join the fun! Merriment and music fills the air. Crafts, baked goods, food, gift baskets, and decorated trees for sale.

Raffle Tickets on sale now!! Prizes include: A weekend in Tahoe, 2 Kings game tickets, Cash prizes of $500, $250, $150. And more! Tickets are $5.00 each or 5 for $20.00.

Raffle tickets for the Gift Baskets are $1.00 each. You can view the baskets in the vestibule of the church.

You can still be a part of making this annual fundraiser a success by donating baked goods, Christmas ornaments, handmade crafts, decorated trees, sewn, crocheted or knitted items, or gift cards. If you have items you would like to donate or you are able to bake cookies, brownies, breads, or sweet treats for the Sweet Shop, please contact Paula at trupaula@gmail.com or Susan at susandurand@gmail.com.

THANKSGIVING DAY - On November 28th, there will be only one Mass that day at 10:00 am. Come join us and give the Lord thanks for all our blessings!

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE, hosted by Fr. Michael Kiernan. Don’t miss our own Sr. Jenny and Sr. Lisa Marie as they talk with Fr. on matters of Faith, airing the week of November 24th. View on Comcast 20, Consolidated 19 and AT&T 14, Sun. 7:00 AM, Tues. 9:30 AM, Weds 8:30 PM, and Thurs 5:00 PM. All shows are also on YouTube and the website CatholicviewpointFHL.com!

A CHANTICLEER CHRISTMAS
Monday, December 16  8:00 - 10:00 pm
Known around the world as “an orchestra of voices” for its seamless blend of twelve male voices ranging from soprano to bass celebrate an age-old narrative with fresh eyes and ears, hearts and voices. Tickets at www.chanticleer.org or go to cathedralsaframeto.org/calendar for the link.

HANDEL'S MESSIAH
Friday, December 20, 2019  7:30 - 9:00 pm featuring the Capella Antiqua Choir, Baroque Orchestra and the Cathedral Choir. Tickets available at www.brownpapertickets.com/event/4380736, or go to cathedralsacramento.org/calendar for the link. $20 general and $10 student
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<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions / Readings</th>
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<tr>
<td><strong>Saturday</strong></td>
<td><strong>November 23</strong></td>
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<tr>
<td></td>
<td>St. Clement I, Pope &amp; Martyr; St. Columban, Abbot; Bl. Miguel Agustin Pro, Priest &amp; Martyr</td>
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<td>5:00 pm / No intentions in November</td>
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<td>1 Mc 6:1-13/Ps 9:2-3, 4 and 6, 16 and 19 [cf. 16a]/Lk 20:27-40</td>
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<td><strong>Sunday</strong></td>
<td><strong>November 24</strong></td>
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<td>Feast of Christ the King</td>
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<td>2 Sm 5:1-3/Ps 122:1-2, 3-4, 4-5 [cf. 1]/Col 1:12-20/Lk 23:35-43</td>
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<td><strong>Monday</strong></td>
<td><strong>November 25</strong></td>
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<td>St. Catherine of Alexandria, Virgin &amp; Martyr</td>
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<td>Dn 1:1-6, 8-20/Dn 3:52, 53, 54, 55, 56 [52b]/Lk 21:1-4</td>
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<td><strong>Tuesday</strong></td>
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<td>Dn 2:31-45/Dn 3:57, 58, 59, 60, 61 [59b]/Lk 21:5-11</td>
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<td><strong>Wednesday</strong></td>
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<td>Dn 5:1-6, 13-14, 16-17, 23-28/Dn 3:62, 63, 64, 65, 66, 67 [59b]/Lk 21:12-19</td>
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<td><strong>Thursday</strong></td>
<td><strong>November 28</strong></td>
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<td>Thanksgiving Day</td>
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<td>10:00 am Mass only</td>
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<td>Dn 6:12-28/Dn 3:68, 69, 70, 71, 72, 73, 74 [59b]/Lk 21:20-28</td>
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<td><strong>Friday</strong></td>
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<td>Dn 7:2-14/Dn 3:75, 76, 77, 78, 79, 80, 81/Lk 21:29-33</td>
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<td><strong>Saturday</strong></td>
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<td></td>
<td>Rom 10:9-18/Ps 19:8, 9, 10, 11 [10 or Jn 6:63]/Mt 4:18-22</td>
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**Cathedral Kids**

**Sharing the Gospel** - When the soldiers hurt Jesus, they were only doing their job. They did not understand that they were killing God’s Son. Jesus saw into the hearts of those soldiers, and he forgave them. A man next to Jesus on the cross had done terrible things. He knew he deserved to die on a cross, and he was truly sorry. This criminal believed that Jesus was God’s Son. Jesus saw into that criminal’s heart, and Jesus forgave him, too.

**Prayer** - Dear God, thank you for sending Jesus to forgive my sins, too.

**Mission for the Week** - Jesus forgave the people who killed him. He expects you to forgive people who hurt you, too. Think of one person with whom you have been angry. Ask God to help you forgive that person, because Jesus forgives you.

**Read the Gospel and Color**

**Puzzle**

Find the path that leads to Jesus.
Amor de noviembre

Ahora estamos en la hora 11.
Nuestra sombra es raída y blanqueada.
El sonido de las arrugas se asienta suavemente sobre el césped.
Escucha, nuestro amante.
Saltando
Mirando
y poniendo su sello en cada dintel.
Ella llama en el mercado
"Soy el amante de la vida"
"Me dice 'No puedo vivir sin ti'"
No podemos vivir sin ti.
Y entonces ella canta alegremente su canción.
como la noche da luz al día
Y a pesar de que sus dedos todavía pican, se retuerce en la columna vertebral y el rastrojo.
Ninguno de nosotros puede negar que ella es la compañera de Life.
Y con ternura nos habla.
"no temáis -
Te ofrezco sabiduría, perspicacia, juventud, belleza, significado, eternidad.
No hay temor
No hay maravilla
sin mí.
Mi victoria es mi amante crucificado .

Padre Michael
Las lecturas de la semana el 24 noviembre de 2019
Domingo: 2 Sm 5, 1-3/Sal 122, 1-2. 3-4. 4-5 [cfr. 1]/Col 1, 12-20/ Lc 23, 35-43
Lunes: Dn 1, 1-6. 8-20/Dn 3, 52. 53. 54. 55. 56 [52]/Lc 21, 1-4
Martes: Dn 2, 31-45/Dn 3, 57. 58. 59. 60. 61 [59]/Lc 21, 5-11
Miércoles: Dn 5, 1-6. 13-14. 16-17. 23-28/Dn 3, 62. 63. 64. 65. 66. 67 [59]/Lc 21, 12-19
Jueves: Dn 6, 12-28/Dn 3, 68. 69. 70. 71. 72. 73. 74 [59]/Lc 21, 20-28
Viernes: Dn 7, 2-14/Dn 3, 75. 76. 77. 78. 79. 80. 81/Lc 21, 29-33
Sábado: Rom 10, 9-18/Sal 19, 8. 9. 10. 11 [10 o Jn 6, 63]/Mt 4, 18 -22

Las conmemoraciones de la semana
Domingo: Nuestro Señor Jesucristo, Rey del Universo
Lunes: Santa Catalina de Alejandría, virgen y mártir
Martes: Dn 5, 1-6. 6-15
Jueves: Día de acción de gracias
Viernes: Dn 7, 6-11
Sábado: San Andrés, apóstol

LA CORRESPONSABILIDAD DIARIA
¿Cómo Gobernarías tu Reino?
¡Sería increíble ser un rey o una reina! Poder absoluto, riqueza indecible y personas que respondan a cada una de tus llamadas son cosas que no serían tan malas. Por supuesto, yo sería un monarca benevolente, y esperaría que todos mis súbditos me amaran. Me clamarían cuando saliera del palacio, y creo que mi índice de popularidad en las urnas saldría por los techos. Pero si no fuera así, también estaría bien, porque yo gobernaría el reino. Y eso significa que no me echarían del poder. ¡Ni que hablar sobre seguridad laboral!

Aunque suene muy bien, el Rey de reyes también podría haber tenido todo eso, pero en cambio, eligió un camino muy diferente. Renunció al poder absoluto para que todos sus súbditos pudieran tener el libre albedrío para elegir seguirlo. Renunció a la riqueza inaccesible para ser tratado como un delincuente común y recibir una sentencia de muerte. Renunció a tener servidores a su disposición para poder ser él mismo y servir a todos sus súbditos. Sí, él era el Rey de reyes, pero no se parecía en nada a un rey típico. Por mucho que piense que sería genial ser un rey, preferiría emular a este Rey.

¿Cómo quién preferirías ser? Podrías tenerlo todo o elegir dar todo. Podrías elegir un camino de lujo o un camino de prueba. Podrías ser respetado por muchos o encontrar en una cultura que te encuentre cada vez más objetable. ¿Cómo quién preferirías ser? ¿Llegas a una respuesta rápidamente, o necesitas algo de tiempo para pensarlo? El Rey de los reyes espera tu respuesta.

— Tracy Earl Welliver

MEDITACIÓN EVANGÉLICO
Hoy terminamos el Año Litúrgico del ciclo “C”. El próximo domingo será el primer Domingo de Adviento e iniciaremos el ciclo “A”. Durante el año que termina escuchamos el Evangelio de Lucas. Con el ciclo “A” se dará inicio al Evangelio de Mateo. Hoy celebramos la Solemnidad de Nuestro Señor Jesucristo, Rey del Universo. “Digno es el Cordero degollado de recibir poder y riqueza, sabiduría y fuerza, honor, gloria y alabanza... Al que está sentado en el trono y al Cordero, la alabanza, el honor, la gloria y el poder por los siglos de los siglos.” (Apocalipsis 5:12-13). Por eso necesitamos que Cristo reine en nuestra inteligencia, en nuestra voluntad, en nuestro corazón y en nuestro cuerpo, como dijo el Papa Pío XII.

En la oración colectiva tendremos la oportunidad de meditar Sobre Jesús como Rey: “Dios todopoderoso y eterno, que quisiste fundamentar todas las cosas en tu Hijo muy amado, Rey del universo, concede, benigno, que toda la creación, liberada de la esclavitud de pecado, sirva a tu majestad y te alabe eternamente. Por nuestro Señor Jesucristo que vive y reina por los siglos de siglos, Amén.” El Papa Francisco nos dice: “El Mesías de Dios, el Elegido, el Rey” (Lucas 23:35-37) se presenta sin poder y sin gloria; está en el cruz, donde parece más un vencido que un vencedor. Su realza es paradójica: su trono es la cruz; su corona es de espinas; no tiene cetro, pero le ponen una caña en la mano; no viste suntuosamente, pero es privado de la túnica; no tiene anillos deslumbrantes en los dedos, sino sus manos están traspasadas por los clavos; no posee un tesoro, pero es vendido por treinta monedas.”
CATHEDRAL PARISH REGISTRATION & UPDATE
Actualización y registro de la parroquia de la Catedral
You can also register online at cathedralsacramento.org/ Visit Us / Register as a Parishioner

Name (Nombre): ____________________________________________ Cell Phone: (Celular): ____________________________
Street Address (Domicilio): __________________________________ City (Ciudad): ____________________________
State (Estado): _______ Zip (Código postal): _______ Email: ____________________________

For additional family members, please attach a separate sheet. Please indicate:
New Parishioner/Individual
New Parishioners/Family
Change of Address
Please send Offertory Envelopes

Please return by (Regrese por favor):
1) Put into collection basket at mass (deposite en la canasta de la colecta en misa)
2) Scan to pdf file and email: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)
3) Fax to: 916-443-2749
4) Mail to (Correo): 1017 11th Street, Sacramento, CA 95814
MARITAL PREPARATION - The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Deacon Omar & Janet Bardales at matrimony prep@att.net, or 916-427-9160. You do not have to have your wedding at the Cathedral to take this class.

CONVALIDATION - If you would like to have your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, this can often be done in a small, private ceremony called a Convalidation, without any cost or fee. To explore this possibility, contact Deacon John at 444-3071 Ext. 11 or jgisla@cathedralsacramento.org.

WEDDINGS - If you would like to celebrate the Sacrament of Matrimony at the Cathedral, contact Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org at least six months before your desired wedding date to arrange a meeting.

TOURS
We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.

RELIGIOUS EDUCATION PROGRAMS
The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you’ve been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The Rite of Christian Initiation of Adults (RCIA) sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening. For more information on all of our faith formation programs, please call 916-444-5364 or email Sister Lisa Marie Doty, Director of Religious Education, lmdoty@cathedralsacramento.org.

Visit our GIFT SHOP downstairs
Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

Contact Paula at trupaula@yahoo.com to make your donation of baked goods and hand crafts for the Festival of Trees!
EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS
We Are Called to Be Saints

Catholics often are drawn to saints due to their profession, hobbies, or ethnic background. One’s patron saint serves as an example of how to live a life of holiness and service to God. We hold up the saints of the Church in high regard. However, we can sometimes make the mistake of seeing them as the subject of stories in print and not real living people. We can assume that their level of devotion and holiness is unattainable. In fact, we are all called to be saints.

Our world needs more living saints living out their stewardship in a radical manner. Stories are valuable, but when others get to see disciples of Jesus Christ answering their call in person, consider the impact. There is a reason why lay witnessing is so important in cultivating a stewardship culture in a parish community. The people we can see and hear are alive right in front of us. Some will say that to truly be humble means to act anonymously, but we are not speaking here of actions that call out, “Look at me!” We are talking about acting in a way that people see not you and me, but Jesus instead.

We are to be models and examples to one another. We are to build up one another and make the Body of Christ strong. Don’t sit back wishing you had the strength to be a saint. You have already been given the gifts needed to be the saint you are called to be. Maybe people will read about you later, but the Church needs you now!

— Tracy Earl Welliver
SUNDAY BRUNCH 11 AM - 3 PM

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