The Most Reverend Jaime Soto,
D.D., M.S.W., Bishop of Sacramento

The Most Reverend Myron Cotta
Auxiliary Bishop of Sacramento

The Very Reverend Michael O'Reilly, Rector

Reverend Kieran M. McMahon, Priest in Residence
Reverend Michael Estaris, Priest in Residence
Reverend Brent Carlton Nall, Priest in Residence
Reverend Nicholas Ho, Chinese Mass

Deacon John Gisla       Deacon Raul Leon
Deacon Don DeHaven

Sister Jenny Aldeghi, FDCC, Director of Education

Rex Rallanka, Director of Music

1017 11st Street, Sacramento, CA 95814
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www.cathedralsacramento.org

SCHEDULE OF MASSES

Monday to Friday
12:10 pm
Monday to Thursday
5:10 pm
Saturday Vigil
5:00 pm
Sunday
7:30 am
9:00 am
11:00 am
En español
1:00 pm
Chinese
3:00 pm
5:00 pm
En español
7:00 pm

State Holidays
12:10 pm

SACRAMENT OF CONFESSION

Monday to Friday
11:30 am to 12:00 pm
Saturday
4:00 pm to 4:45 pm
Domingo - En Español
12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTIC ADORATION

Wednesday
12:45 pm to 4:45 pm
Thursday
12:45 pm to 4:45 pm
Friday
12:45 pm to 3:45 pm

BAPTISMS — Registration is required
English — 3rd Saturday of the month, 9:00 am
Español - 4º Sábado del mes, 9:00 am

BAPTISM CLASSES

English — 1st Thursday of the month, 7:00 pm
Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071,
Six (6)months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00 pm
"How inestimable a dignity, beloved brethren, divine bounty has bestowed upon us Christians from the treasury of its infinite goodness! For there neither is nor ever has been a people to whom the gods were so nigh as our Lord and God is nigh unto us.

"Desirous that we be made partakers of His divinity, the only-begotten Son of God has taken to Himself our nature so that having become man, He would be enabled to make men gods. Whatever He assumed of our nature He wrought unto our salvation. For on the altar of the Cross He immolated to the Father His own Body as victim for our reconciliation and shed His blood both for our ransom and for our regeneration. Moreover, in order that a remembrance of so great benefits may always be with us, He has left us His Body as food and His Blood as drink under appearances of bread and wine.

"O banquet most precious! O banquet most admirable! O banquet overflowing with every spiritual delicacy! Can anything be more excellent than this repast, in which not the flesh of goats and heifers, as of old, but Christ the true God is given us for nourishment? What more wondrous than this holy sacrament! In it bread and wine are changed substantially, and under the appearance of a little bread and wine is had Christ Jesus, God and perfect Man. In this sacrament sins are purged away, virtues are increased, the soul is satiated with an abundance of every spiritual gift. No other sacrament is so beneficial. Since it was instituted unto the salvation of all, it is offered by Holy Church for the living and for the dead, that all may share in its treasures.

"My dearly beloved, is it not beyond human power to express the ineffable delicacy of this sacrament in which spiritual sweetness is tasted in its very source, in which is brought to mind the remembrance of that all-excelling charity which Christ showed in His sacred passion? Surely it was to impress more profoundly upon the hearts of the faithful the immensity of this charity that our loving Savior instituted this sacrament at the last supper when, having celebrated the Pasch with His disciples, He was about to leave the world and return to the Father. It was to serve as an unending remembrance of His passion, as the fulfillment of ancient types — this the greatest of His miracles. To those who sorrow over His departure He has given a unique solace."

~Edited and composed by St. Thomas Aquinas~

upon the request of Pope Urban IV in the year 1264~

"I have no greater joy than to hear that my children are walking in the truth.”

~3 John 1:4~

HAPPY FATHER’S DAY

Pastor’s Corner

Last Sunday was the Feast of the Most Holy Trinity. We, of believe, believe that there is only One God who is Father, Son, and Holy Spirit. It is a mystery as to how God exists in such a context, but we accept that our minds are truly incapable of understanding the greatness of our Maker. This community of persons (Father, Son, and Spirit) is, however, the paradigm for understanding all communities which strive to function as children of God. We believe that, just as Father, Son, and Spirit are one, so too, we are called to that same unity as members of the Body of Christ.

As church, we believe that the mystery of the unity of God’s three persons is maintained through mutual love. Love is the unifying presence that binds the persons of God. This is so much the case that Jesus declares that God is Love. This love has been revealed to us throughout the ages, but most especially in the Person of Christ incarnate, Jesus. This incarnation reveals both that God subsists in Love and graces that same love to His creation. It is love that unites God and it is only love that unites His followers.

Jesus insists that there be a community of believers and so says that two or more must gather in His name. One alone is not enough. When two gather in His name, three people are present because Jesus will also be there. This beautiful image reveals something of the mystery of the Trinity and our own connection with God. When we gather in the love of Jesus, we become one with each other and participate with Christ as His body. This all happens through Love.

One might ask if it is possible for us to love one another the way the persons of the Trinity love. Of course, it is not possible on our own. Only through God who is Love is this possible. With God, all things are possible. It is through this great Feast this Sunday, the Solemnity of the Most Holy Body and Blood of Jesus Christ, that we approach an understanding of the great mystery to which we are called. The Body of Christ in the Eucharist, the presence of who we are called to be, fills us with His very essence so that we can be united with our brothers and sisters in His love. In many ways, it all seems so impossible. How can we love so many neighbors, strangers and enemies? Do we really believe that God expects us to love and be united to all our brothers and sisters in Christ? Do we really believe that God reveals His great love for us by giving His life to us? Do we really believe that with God, all things are possible? Do we really believe?

~Father Michael~

Christian Symbols:
The usual symbol for the Holy Eucharist is a chalice, with a host rising out of it. The chalice is shown with a hexagonal base symbolizing the Six Attributes of the Deity (power, wisdom, majesty, mercy, justice and love). The host is shown as the typical circular wafer, upon which may be imprinted the letters I. N. R. I., from which proceed rays of light, symbolical of the Real Presence, the substantial presence of Christ under the species of bread and wine.
Mystagogia

"For by Grace are you saved..." Ephesians 2:8

The Catholic faith shares many common ideals and beliefs with the other major religions of the world. But there is one thing that sets the Catholic faith apart from all other religions, and that is the work of divine grace. The religions of the world have core beliefs that impose or at least imply certain obligations upon its adherents and followers, and even Jesus said to His disciples, "If you love me you will keep my commandments..." and "He who does not love me does not keep my words"; Saint John writes, "For this is the love of God, that we keep his commandments" (John 14:15, 23-24; 1st John 5:3). But Jesus did not merely lay a standard of obedience on us and leave it at that; rather, through the work of the Holy Spirit and the institution of the Church He provided for us the divine assistance not only to be converted, but to live according to the obligations of that conversion.

In Catholic teaching, the disposition of love that leads to our initial conversion and obedience to Christ is a supernatural work of "sanctifying" or "habitual" grace, which is "a permanent disposition to live and act in keeping with God's call"; "Sanctifying grace is an habitual gift, a stable and supernatural disposition that perfects the soul itself to enable it to live with God, to act by his love" (CCC 2000). The habitual grace that leads to our conversion and the forgiveness of our sins at Baptism is then followed up by specific interventions of God on our behalf, these interventions, or "actual graces", enable us to continue in the life of faith. For example, the grace dispensed through the Sacraments is an actual grace: "Sacramental grace consists in the right acquired in the reception of a sacrament, to have at the proper time the actual graces necessary to fulfill the obligations arising from the sacrament received. Thus when we were baptized we received the right to have the grace to live a Christian life" (Catechism of Saint Pius X, Sacraments, no. 21). The interplay of habitual grace and actual graces is summed up by the Apostle Paul: "It is God who works in you both to will and to do of his good pleasure" (Philippians 2:13).

It is habitual grace that brings us to conversion and enables us to desire to please God in all things; but the actual graces imparted to us through the Sacraments enable us to bring that desire to fruition. While the work of grace in our lives is exclusively a matter of divine initiative, grace will not accomplish our salvation apart from our cooperation: "God's free initiative demands man's free response..." (CCC 2002). This might be another way of understanding the commandment of Jesus, "Freely you have received, freely give" (Matthew 10:8); grace is freely given us by the sovereign initiative of God without our participation, and so our response must be equally free and magnanimous in cooperating with that grace. Without the initiative of God we can do nothing to accomplish our salvation; grace is "needed to arouse and sustain our collaboration in justification through faith", not only for our own salvation, but also for the salvation of others (CCC 2001-03). The relationship between grace and human collaboration or freedom is described in the compendium of the Catechism this way, "Grace precedes, prepares and elicits our free response. It responds to the deep yearnings of human freedom, calls for its cooperation and leads freedom toward its perfection" (no. 425).

Saint Paul wrote to the Ephesians that God has blessed us with every spiritual blessing in the heavenly places in Christ, that we "should be holy and without fault before him in love...to the praise of the glory of his grace, wherein he has made us accepted in the beloved" (Ephesians 1:4, 6). The phrase "made us accepted" is translated from the original Greek word charitŏō (khar-ee-to-o), which means to "favor highly" or "bestow great grace upon". This word is used only one other time in the whole New Testament, and that is in Luke 1:28 where the angel Gabriel greets Mary: "Hail full of grace..." The superabundant grace that preserved Mary from the stain of Original Sin from the first instant of Her conception shall eventually present us "holy and without fault before him in love". The down payment on this great promise is already made present to us in the sanctifying grace dispensed through the Sacraments, most notably through the Holy Sacrifice of the Mass, provided we have the wisdom not to squander such a great gift and the fortitude to cooperate with it fully.

"Do you want many graces? Go and visit the Blessed Sacrament often." ~ Saint Dominic Savio~
Jose Ceja, Jose Jesus Guzman, Edgar Hilbert, Joaquin Lara, Jose Gerardo Martin and Ignacio Montes have been called to the Order of Deacons and are scheduled to be Ordained on June 24, 2017 at 11:00 a.m., at the Cathedral of the Blessed Sacrament. Please keep them in your prayers.

Natural Family Planning Course: Have you ever thought about what unnatural birth control methods really do to your body? To your marriage? The Couple to Couple League has the answers and more. Attend a short course and learn a natural method of family planning that is safe, effective, and morally acceptable. Great for achieving as well as postponing pregnancy. A course starts June 11th at the Sacramento Life Center. Registration at ccl.org, and for more information call or text Meghan 916-519-6802.

Retrouvaille – Marriage Recovery Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one other in a better, more respectful and emotionally mature way. The next weekend is in Sacramento, July 7-9. For more information call (800) 470-2230 or visit http://www.helpourmarriage.com

"Neither do I condemn you..."
Those who choose abortion are our daughters, sons, husbands, wives, sisters, brothers, relatives, friends & members of our parish communities. The impact and pain of abortion hurts –even years after the experience. If you, or a loved one have been hurt by abortion, this weekend is for you. Come and experience God’s healing love and forgiveness in a safe, nonjudgmental environment. Open to men and women. The cost is $175 per person and financial assistance is available to anyone who needs it. Call Paula Segno or send an email for more information: (916) 733-0161 or projectrachel@scd.org. All inquiries are strictly confidential.

Basic Formation Series this summer! Are you a catechist or ministry leader looking to obtain a certificate? Or are you someone wanting to be formed in your faith? This summer join the Department of Evangelization and Catechesis for our Basic Formation Series at SS. Peter and Paul Parish in Rocklin.

- Monday, June 26 –Nature of Catechesis
- Tuesday, June 27 –Profession of Faith
- Wednesday, June 28 –Christian Mystery
- Thursday, June 29 –Life in Christ
- Friday, June 30 –Christian Prayer

Classes are 8:30-4:30 each day. Cost is $20 per day or $90 for the entire week and does not include lunch. For more information or to RSVP please contact Darcy Wharton 916-624-5827 ext. 211 or darcy.wharton@rocklincatholic.org.

Eucharistic Procession for Corpus Christi
Bishop Soto will conduct a Corpus Christi procession to Capitol Park after the 11:00 am Mass next June 18, the Solemnity of the Body and Blood of Christ. All parishioners are encouraged to join Bishop Soto as we give public testimony and devotion to the Sacrament of the Eucharist, for which the Cathedral is named. Expect hymns and litanies with easy answers. The procession will continue through Cathedral Square, cross L Street, to the entrance of the Capitol, then follow the diagonal walkway to the Statue of Junipero Serra where the Bishop will give the Eucharistic Blessing, and finally return to the Cathedral where the Blessed Sacrament shall rest. The procession should take about half an hour.

The Hispanic community is encouraged to join Bishop Soto in the park and return with the procession to the Cathedral for the 1:00 pm Mass.

Registration is still open!
Cathedral Women’s ACTS Retreat

Who: Any woman age 19 or older.

What: Currently accepting applications for the upcoming Cathedral Women’s ACTS Retreat.

Where: Retreat is at the beautiful Applegate Retreat Center located outside Auburn.

When: Thursday evening, June 22nd through Sunday morning, June 25th.

Why: An ACTS retreat is designed to provide an opportunity for retreatants to enter into a new and deeper relationship with OUR LORD and fellow parishioners.

How: Applications are accepted on a first come-first served basis. A $125 non-refundable deposit is due with the ACTS application at sign-up. Also bring emergency contact information with phone and email address; Plus, phone and email information for additional family or close friends. Total cost of the retreat is $250, which includes a 3 night stay, meals and transportation to and from the Cathedral.

We hope you will prayerfully consider attending this life changing retreat!

If you’d like to attend the retreat, or have any additional questions, please contact the retreat Director, Kim Lucero, at (916) 206-8309.

Through Him, with Him, in Him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, for ever and ever. Amen.
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<th>Saturday 17th</th>
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<td><strong>Mass / Intentions</strong></td>
<td>5:00 pm / Carmen Caicedo +</td>
<td>7:30 am / Nestor Purugganan + 9:00 am / Man Yuk Wong + 11:00 am / Ninfa &amp; Francisco Barraza + 1:00 pm Spanish / Jesus Espirita + 3:00 pm Chinese</td>
<td>9:30 am RCIA Breaking of the Word 11:00 am Liturgy of the Word for Children</td>
<td>6:30 pm RCIA Evening Prayer</td>
<td>12:10 pm / Baltazar Aguilar S.I. 5:10 pm / Bishop Javier Barba S.I.</td>
<td>6:00 pm Spanish Choir for the 7pm Mass</td>
<td>12:10 pm / John Mao + 5:10 pm / Donna Bean +</td>
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<td><strong>Activities</strong></td>
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<td>5:00 pm / Lauretta Jeremia + 7:00 pm Spanish / Parish Intentions</td>
<td>6:00 pm RCIA Class</td>
<td>12:10 pm / All Family Members 5:10 pm / Armand Feliciano S.I.</td>
<td>7:15 pm Communion &amp; Liberation</td>
<td>12:10 pm / Jessie Luna + 7:30 pm Rosary Recitation at St. Junipero's Statue in Capitol Park</td>
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### Cathedral Kid's Corner

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary.

**Pray For One Another**

Vickii Rene Elizabeth
Joel and Cesar
The Brown Family
Louis Metzinger
Alfredo Gonzalez Family
Claudia Padilla
Debbie and Family
Zamos Family
Julie and Hansel
Ferry Family
Veronica V.
Isabel

Mark McDougal
Garren Bratcher & Family
Roseline
John Amaro + Kevin and Family
Stephen and Julie
Cynthia Matulla
Lee McClure
Nellie Medina
Michael Hunsaker
Juliana M.

Blanca Padilla
Nilda Medina
Michael Jose Mejia
Delia Melness
Cloraine Miura
Maria Elena Monzani
Eugenio Negrete
Elizabeth Paul
Joseph
Autumn’s Grandfather
Luis Gutierrez
Cynthia Belarma

Let us pray for you or your loved ones. Submit your prayer request on cathedralsacramento.org or email: cbspayer3@yahoo.com

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.

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**Go to Pinterest or catholicmom.com for fun lessons and crafts for Catholic kids!**
Curso de Planificación Familiar Natural: ¿Sabe realmente cuáles son los efectos de los anticonceptivos en su cuerpo? ¿Ha considerado que estos también puedan estar afectando su matrimonio? Asista a este curso corto donde aprenderá un método natural de planificación familiar seguro, eficaz y moralmente aceptable. Excelente para lograr, así como posponer el embarazo. Para obtener más información e inscripciones, llamar a Meghan 916-519-6802 (Curso en Inglés)

PROCESIÓN EUCARÍSTICA DE LA CATEDRAL EN CORPUS CHRISTI

El obispo Soto conducirá una procesión de Corpus Christi al parque del Capitolio después de la misa de 11:00am del próximo fin de semana 18 de junio, la solemnidad del cuerpo y la sangre de Cristo. Se anima a todos los feligreses a unirse al Obispo Soto mientras damos testimonio público y devoción al Sacramento de la Eucaristía, por el que se nombra la Catedral. Esperamos hinos y letanías con respuestas fáciles. La procesión continuará por la Plaza de la Catedral, cruzando la calle "L", hasta la entrada del Capitolio, luego siga por la pasarela diagonal hasta la Estatua de Junipero Serra donde el Obispo impartirá la Bendición Eucarística, y finalmente regresaremos a la Catedral donde reposará el Santísimo Sacramento. La procesión debe tomar alrededor de media hora.

Se anima a la comunidad de Hispano a unirse con el Obispo Soto en el parque y regresar con la procesión a la Catedral para la Misa de 1:00 pm.

Jose Ceja, Jose Jesus Guzman, Edgar Hilbert, Joaquin Lara, Jose Gerardo Martin and Ignacio Montes, han sido llamado al orden de los diáconos y están programado para ser ordenados el 24 de junio de 2017 a 11:00, en la Catedral del Santísimo Sacramen
to. Por favor mantenga a ellos en sus oraciones.

Esquina del Pastor

El domingo pasado fue la Fiesta de la Santísima Trinidad. Nosotros, por supuesto, creemos que hay un solo Dios que es Padre, Hijo y Espíritu Santo. Es un misterio en cuanto a cómo Dios existe en tal contexto, pero aceptamos que nuestras mentes son verdaderamente incapaces de entender la grandeza de nuestro Creador. Esta comunidad de personas (Padre, Hijo y Espíritu) es, sin embargo, el paradigma para entender todas las comunidades que se esfuerzan por funcionar como hijos de Dios. Creemos que así como Padre, Hijo y Espíritu son uno, también nosotros somos llamados a esa misma unidad como miembros del Cuerpo de Cristo. Jesús ora para que seamos uno como Él y el Padre son uno (Juan 17).

Como iglesia, creemos que el misterio de la unidad de las tres personas de Dios se mantiene a través del amor mutuo. El amor es la presencia unificadora que une a las personas de Dios. Este es el caso de que Jesús declara que Dios es Amor. Este amor nos ha sido revelado a través de los siglos, pero sobre todo en la persona de Cristo encarnado, Jesús. Esta encarnación revela tanto que Dios subsiste en el Amor como las gracias ese mismo amor a Su creación. Es el amor que une a Dios y es sólo el amor que une a Sus seguidores.

Jesús insiste en que haya una comunidad de creyentes y así dice que dos o más deben reunirse en Su nombre. Uno solo no es suficiente. Cuando dos se reúnen en Su nombre, tres personas están presentes porque Jesús también estará allí. Esta hermosa imagen revela algo del misterio de la Trinidad y nuestra propia conexión con Dios. Cuando nos reunimos en el amor de Jesús, nos hacemos uno con el otro y participamos con Cristo como Su cuerpo. Todo esto sucede a través del Amor.

Uno podría preguntarnos si es posible que nos amemos unos a otros como las personas de la Trinidad nos aman. Por supuesto, no es posible por nuestra cuenta. Sólo esto es posible por medio de Dios, que es Amor. Con Dios todo es posible. Es a través de esta gran Fiesta este domingo, la Solemnidad del Santísimo Cuerpo y Sangre de Jesucristo, que nos acercamos al entendimiento del gran misterio al que estamos llamados. El Cuerpo de Cristo en la Eucaristía, la presencia de quien somos llamados a ser, nos llena de Su misma esencia para poder unirnos con nuestros hermanos y hermanas en Su amor. En muchos aspectos, todo parece tan imposible. ¿Cómo podemos amar a tantos vecinos, extraños y enemigos? ¿Realmente creemos que Dios espera que amemos y nos unamos a todos nuestros hermanos y hermanas en Cristo? ¿Realmente creemos que Dios revela Su gran amor por nosotros al darnos Su vida? ¿Realmente creemos que con Dios, todas las cosas son posibles? ¿Realmente creemos?
YOUTH on a MISSION
NorCal Catholic Discipleship Training

July 20 - 23, 2017 • Cal Maritime Academy, Vallejo, CA

ENCOUNTER
DISCOVER
SERVE

Have you ever felt compelled, motivated, or called to take a journey that will impact others around you? Now is your chance to take the opportunity to make a difference. At YOUTH on a MISSION, you will encounter Christ, learn practical skills for servant leadership, discover God’s call to evangelize, and be challenged to take the next step in your discipleship. NEW this year we will have two tracks for the teens. Track One for all first time attendees. Track Two, for returnees, will dive deeper into the content, giving the teens practical skills they need to serve at their parish.

Start on your Mission today!

Program info:
New: 2 tracks for new and returning teens
Program Start: July 20th, 2017 @ 10:00am
Program End: July 23rd, 2017 Mass @ 11:00am
BBQ Lunch at Noon
Location:
Cal Maritime Academy
200 Maritime Academy Drive
Vallejo, CA 94590

Registration Deadline: June 20th, 2017

$295 Per Person

www.norcalcatholicyouth.org

A program of the Dioceses of Fresno • Monterey • Oakland • Reno • Sacramento • Santa Rosa • Stockton and the Archdiocese of San Francisco

YOUTH on a MISSION
NorCal Catholic Discipleship Training

Del 20 al 23 de Julio, 2017 • Cal Maritime Academy, Vallejo, CA

ENCONTRAR
SERVIR
DESCUBRIR

¿Alguna vez te has sentido motivado, o llamado a emprender un recorrido que tendría impacto en los que te rodean? Ahora es el momento de hacer la diferencia. En YOUTH on a Mission, encontrarás a Cristo, aprenderás habilidades prácticas para el liderazgo de servicio, descubrirás el llamado de Dios para evangelizar, y al reto de dar el siguiente paso en tu discipulado. Como NOVEDAD este año vamos a tener dos sesiones. La sesión uno es para todos los que asistirán por primera vez. La sesión dos, para los que se reincorporen para profundizar más en el contenido, dándoles a los jóvenes habilidades prácticas que les ayudarán para servir en su parroquia.

COMIENZA tu Misión hoy!

Información del Programa:
Nuevo: 2 sesiones para jóvenes nuevos y recurrentes
*Este programa se ofrece en inglés

Comienzo: 20 de Julio, 2017 @ 10:00am
Fin: 23 de Julio, 2017 Misa @ 11:00am
Almuerzo al mediodía

Ubicación:
Cal Maritime Academy
200 Maritime Academy Drive
Vallejo, CA 94590

$295 Por Persona

Fecha límite para Inscribirse: 20 de Junio, 2017

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