Pastor’s Corner

Here is Your God

Behold your King - Glorify Him! Glorify Him!
Who became Man - Glorify Him! Glorify Him!
Who made the blind man see - Glorify Him! Glorify Him!
Who fed the five thousand - Glorify Him! Glorify Him!
Who walks with us - Glorify Him! Glorify Him!
Who calmed the waters - Glorify Him! Glorify Him!
Who is The Way - Glorify Him! Glorify Him!
Who embraced your children - Glorify Him! Glorify Him!
Who taught in the synagogue - Glorify Him! Glorify Him!
Who endured the cross - Glorify Him! Glorify Him!
Who is ever patient - Glorify Him! Glorify Him!
Who heard your prayers - Glorify Him! Glorify Him!
Who is Life - Glorify Him! Glorify Him!
Who gave us saints - Glorify Him! Glorify Him!
Who called your parents - Glorify Him! Glorify Him!
Who holds your hand - Glorify Him! Glorify Him!
Who caresses your face - Glorify Him! Glorify Him!
Who died on the cross - Glorify Him! Glorify Him!
Who forgives you - Glorify Him! Glorify Him!
Who is Light - Glorify Him! Glorify Him!
Who raised your daughter - Glorify Him! Glorify Him!
Who seeks your forgiveness - Glorify Him! Glorify Him!
Who rose from the dead - Glorify Him! Glorify Him!
Who gave you life - Glorify Him! Glorify Him!
Who is Here - Glorify Him!

Readings


O1 Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 [24]/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7 or Lk 24:13-35

O2 Monday: Acts 2:14, 22-33/Ps 16:1-2, 5, 7-8, 9-10, 11 [1]/Mt 28:8-15

O3 Tuesday: Acts 2:36-41/Ps 33:4-5, 18-19, 20, 22 [5b]/Jn 20:11-18

O4 Wednesday: Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34 [14c]/Mt 26:14-25

O5 Thursday: Acts 3:11-26/Ps 8:2, 5, 6-7, 8-9 [2ab]/Lk 24:35-48


O7 Saturday: Acts 4:13-21/Ps 118:1, 14-15, 16-18, 19-21 [21a]/Mk 16:9-15


Father Michael O’Reilly
After undergoing months of preparation and education, the following candidates and catechumans are being initiated into the sacred mysteries. The Cathedral Family is happy to welcome these new brothers and sisters into the Body of Christ.

 Candidates
- Russell Almaraz
- Kelsey Boatman
- Christine Boso
- Dalila Castillo
- Maria Catini
- Monica Daikai
- Paden Diaz
- Lanylene Fumar
- Leilani Givens-Moreno
- Laylah Gould
- Jonathan Guina
- Ian Hart
- Briyana Hernandez
- Dominique Hernandez
- Amari Hernandez
- Bjorn Lee
- John Lukas
- Matea Marshall
- Brianna Palacios
- Jacob Skidmore
- Chris Walker
- Lynne Walker

 Catechumans
- Sabrina Edward
- Mariah Eddings
- Christian Halcomb
- Lucas Halcomb
- Tulola Halcomb
- Jonathan Irigoyen
- Myron Loui
- Joseph Martinez
- Jesus Melendez
- Giovani Ochoa
- Arracelli Pastran
- Heather Pentacoff
- Randy Thomas
- Carla Tumiwa

Let us pray for our catechumens and candidates.

God of the Samaritan Women, the Man Born Blind and Lazarus, You show yourself in many ways. Most often in ways we cannot see until we look with eyes of faith. Continue to bless these catechumens and candidates who will receive the Church’s sacraments during this Season of Easter. Fill their lives and hearts with your unending love and grace. Help us to continue to be models of living Christian lives and grant them the endurance to continue to race to the resurrection.

We ask all this in the name of Jesus, your Son who reigns with you and the Holy Spirit, One God, for ever and ever. Amen.

Q: What is the most important holiday on the Catholic calendar?
A: In our daily life, we often refer to “holidays.” The word “holiday” actually comes from the word “holy day.” More than a simple celebration or family gathering, these days connect us to God in a unique way. We remember - and share in - the events in God’s plan of salvation. Some feasts may be celebrated with more traditions and secular attention, like Christmas, but the most important holy day is Easter.

When Jesus died and rose again, he destroyed the ultimate weapon of sin and made it possible for us to have eternal life with him in Heaven. Without the resurrection, St. Paul tells us, our faith is in vain. This past Holy Week, we walked through the Paschal Mystery, the suffering, death, and resurrection of Christ. Easter is commemorated each time we celebrate the Mass. As St. John Paul II said, “we are an Easter people and alleluia is our song!”

The Paschal candle represents Christ, the Light of the World. The pure beeswax of which the candle is made represents the sinless Christ who was formed in the womb of His Mother. The wick signifies His humanity, the flame, His Divine Nature, both soul and body. Five grains of incense inserted into the candle in the form of a cross recall the aromatic spices with which His Sacred Body was prepared for the tomb, and of the five wounds in His hands, feet, and side.

During the Easter Vigil on Holy Saturday night the priest or deacon carries the candle in procession into the dark church. A new fire, symbolizing our eternal life in Christ, is kindled which lights the candle. The candle, representing Christ himself, is blessed by the priest who then inscribes in it a cross, the first letters and last of the Greek alphabet, (Alpha and Omega ‘the beginning and the end’) and the current year, as he chants the prayer below; then affixes the five grains of incense.

The Easter candle is lighted each day during Mass throughout the Paschal season until Ascension Thursday.

Q: After attending the Easter Vigil for a friend’s baptism, I was struck by the Litany of Saints. I was impressed by the list and was wondering: why do we pray the Litany?
A: The chanting of the Litany has always been one of my favorite moments of the Rite of Baptism. The Litany reminds us of the long history of faith that is the real fabric of our church. And if you know the story of just a few of those saints’ lives, you get a feel for the struggle and the courage and the faith that comes down to us through the ages and is actually the foundation of our own faith.

The saints are models of fidelity to the Gospel, of determination and of faith, hope and love. We are part of that community of faith and by chanting the Litany we make the memory of the saints present. It is the church universal and the church of all ages in which we are baptized. With that same church we share in the Eucharist and we are the body of Christ. Each of us takes our place within the church and carries on the mission and work of Jesus in community with all the faithful: past, present and future. The Litany is but a sampling of the great men and women whose holiness and faith is our heritage. Chant proudly!
13th Annual Easter Raffle

Help support the Cathedral’s Faith Formation Program by buying tickets for $1 each. You could win wonderful prizes, like:

- An Apple Watch
- A Weekend Stay in Lake Tahoe
- Girl’s Bicycle (4-5 years of age)
- Boy’s and Girl’s Bicycles
- A Wall Plaque of Jesus
- One of several Gift Baskets

Tickets available in the Faith Formation office or in the vestibule after Masses. Drawing to be held on Divine Mercy Sunday April 8, 2018.

ASL INTERPRETED EASTER SUNDAY MASS, April 1st, at the Cathedral of the Blessed Sacrament at 11 am. We will be seated in the front row(s) to the right near the musicians. Join us - and make this a new Easter tradition!

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

When I was younger and growing up in Alexandria, VA, I remember one year it actually snowed on Easter. It was crazy to see it that late in the year. We got up and dressed in our best spring clothes, so we could venture into the snow on our way to Easter Mass. I remember thinking that the day did not feel much like Easter. It was hard to really get into the mood of God making all things new on a day so cold and full of flurries. If I am honest, I think we rushed home after Mass, just so we could get on warm pajamas and just watch TV for the rest of the day, snuggled up on the couch with blankets. It might as well have been a Sunday in January.

This year the odds are against it snowing on Easter where I live here in North Carolina. However, for far too many it might as well snow. To them, Easter has nothing to do with the Resurrection of Jesus Christ, new life, or anything of the sort. It is just another Sunday. Some of them don’t care and never think of Jesus or God on any Sunday of the year. But for others, it will not feel like Easter because they have been forgotten. On this day they will sit at home, just like they sit every single day of their lives. They might be poor, elderly, disabled, or simply alone. On this day, there is no resurrection celebration because they have no real experience of the joy of life.

This is where good Everyday Stewards can make a difference. In the midst of buying candy and decorating eggs for baskets and buying new clothes to wear to Easter Mass, find someone who needs to experience the power of Easter. Don’t tell them Jesus rose for them but show them. Instead of the cold of isolation, bring to them the warmth of new life.

-Tracy Earl Welliver, MTS
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<tr>
<th>Date</th>
<th>Activities</th>
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<tr>
<td>Saturday March 31</td>
<td>9:00 am: Morning Prayer&lt;br&gt;12:00 pm: RCIA rehearsal&lt;br&gt;3-5:00 pm: Confessions&lt;br&gt;8:00 pm: EASTER VIGIL (Cathedral closed from 5 to 7pm)</td>
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</tbody>
</table>
| Sunday April 1     | 7:30 am<br>9:00 am<br>11:00 am*<br>1:00 pm Spanish<br>3:00 pm Chinese<br>5:00 pm<br>7:00 pm Spanish<br>*~No Tours Today~
*Liturgies of the Word for Children* |
| Monday April 2     | 12:10 pm / Father Kavangh +<br>5:10pm / Orazio Forgione + Maria Giuseppa + Forgione De Nunzio +<br>6:30pm RCIA Evening Prayer<br>7:00pm RCIA Class |
| Tuesday April 3    | 12:10 pm / Maria Chavez + Maria Perez +<br>5:10 pm / Adelaine David S.I.<br>6:00pm Spanish Choir Rehearsal for the 7pm Mass<br>7:00pm Teen Confirmation Class |
| Wednesday April 4  | 12:10 pm / Lisa Baldwin +<br>5:10 pm / Hugo Madrigal +<br>7:00pm Spanish Choir Rehearsal for the 1pm Mass<br>7:15pm English Choir Rehearsal<br>7:15pm Communion & Liberation<br>7:15pm The Rosary Club |
| Thursday April 5   | 12:10 pm / Veronica & Lucia Kim +<br>5:10 pm / Henry & Aurelia Barajas +<br>7:00pm Bible Timeline |
| Friday April 6     | 12:10 pm / Thi Tran +<br>10:00am CCD Classes<br>Brown Bag Lunch Collection Weekend |
| Saturday April 7   | 5:10 pm /<br>~Sharing the Gospel~<br>It was very early in the morning on Sunday. The tomb stone was rolled away. Jesus was gone. All that was left inside were the strips of linen cloth. When John and Peter saw it, they were amazed. They did not understand all the promises the prophets wrote about Jesus yet. However, they knew he was alive. He had risen from the dead!<br>**Prayer** - God, I thank you for bringing Jesus back to life.<br>**Mission for the Week** - Bake Resurrection Cookies with your family tonight. You can find the recipe online by searching "Resurrection Cookies." |

**Please Remember in your prayers:**
Shelley Lord & Family<br>Joseph Sailas+<br>W. Gualberto Family<br>Joyce McDougal<br>Sandra M.<br>Rosa Urbina Herrera<br>Linda Lorta<br>Vicky Manning Davis<br>Joanne S Hills<br>Juliana<br>Serena Ramirez<br>David Smith<br>Ceciley Snook

Deacon Don DeHaven<br>Alfredo Rivera<br>Michael Jose Mejia<br>Luis Gutierrez, Sr<br>Luis Gutierrez, Jr.<br>Lola Krist<br>Luz and Miguel<br>Ted Brandt & Family<br>Tony Vasconcelles’ Mother<br>Candace & Robbie Cattaneo

*“You can’t go back and change the beginning, but you can start where you are and change the ending.”*  
~C.S. Lewis~
Esquina del Pastor

Aquí está tu Dios

Contempla a tu Rey - ¡Glorifícalo! ¡Glorifícalo!
Quién se hizo hombre - ¡Glorifícalo! ¡Glorifícalo!
Quién hizo que el ciego Viera - ¡Glorifícalo! ¡Glorifícalo!
Quién alimentó a los cinco mil - ¡Glorifícalo! ¡Glorifícalo!
Quién camina con nosotros - ¡Glorifícalo! ¡Glorifícalo!
Quién calmó las aguas - ¡Glorifícalo! ¡Glorifícalo!
Quién es el camino - ¡Glorifícalo! ¡Glorifícalo!
Quién se hizo hombre - ¡Glorifícalo! ¡Glorifícalo!
Quién hizo que el ciego Viera - ¡Glorifícalo! ¡Glorifícalo!
Quién alimentó a los cinco mil - ¡Glorifícalo! ¡Glorifícalo!
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Quién calmó las aguas - ¡Glorifícalo! ¡Glorifícalo!
Quién es el camino - ¡Glorifícalo! ¡Glorifícalo!

Las Lecturas


01 Domingo: Hch 10, 34. 37-43/Sal 118, 1-2. 16-17. 22-23 [24]/Col 3, 1-4 o 1 Cor 5, 6-8/Jn 20, 1-9 o Mc 16, 1-7 o Lc 24, 13-35

02 Lunes: Hch 2, 14. 22-33/Sal 16, 1-2. 5. 7-8. 9-10. 11 [1]/Mt 28, 8-15

03 Martes: Hch 2, 36-43/Sal 33, 4-5. 18-19. 20. 22 [5]/Jn 20, 11-18

04 Miércoles: Hch 3, 1-10/Sal 105, 1-2. 3-4. 6-7. 8-9 [3]/Lc 24, 13-35

05 Jueves: Hch 3, 11-26/Sal 8, 2. 5. 6-7. 8-9 [2]/Lc 24, 35-48


Padre Michael O’Reilly
VERSE DEL EVANGELIO DE DOMINGO
Entonces entró también el otro discípulo, el que había llegado primero al sepulcro, y vio y creyó, porque hasta entonces no habían entendido las Escrituras, según las cuales Jesús debía resucitar de entre los muertos. - Jn 20, 8-9

MEDITACIÓN EVANGÉLICA
Ha resucitado, no está aquí. Igual que las mujeres del Evangelio, vamos de la tumba vacía, de la muerte a la vida. Aun más allá, de encontrando vida, debemos ser esa vida. Se puede ser esa vida, porque Cristo Resucitado vive en nosotros, creciendo en nuestros valores y en nuestras acciones. Por eso, está es la nueva era de ser discípulos misioneros de Jesucristo. ¡Aleluya! ¿Qué nos falta para ser nueva vida? Ser como las mujeres a pesar de su miedo creyeron lo que escucharon. "No se asusten. Si ustedes buscan a Jesús Nazareno, el crucificado, no está aquí, ha resucitado". (Marcos 16:6).

Ahí, precisamente está el secreto de este Domingo de Pascua. Escuchar y creer, e ir a anunciar el acontecimiento a la familia y amigos. Estamos viviendo un tiempo de muchos miedos, las noticias que escuchamos y vemos por los medios de comunicación no son alentadoras, el desamor social es contundente. Pero el que escoge creer en la presencia de Cristo Resucitado --- es guiado por él a continuar con sus buenos valores y acciones. El punto es no caer en desánimos. Las mujeres buscaban un cadáver, pero encontraron una misión muy distinta, unida a la vida no a la muerte. Ellas, de ser mujeres miedosas se han convertido a través de los tiempos en mujeres de la Pascua. ¡Testigos vivos de Jesús! Quizá, se piense que Jesús resucitó por ellos, enséñales. En vez de un frío triste, tra a alguien que necesita descubrir el poder de la Pascua. No les digas que Jesús resucitó por ellos, enséñales. En vez de un frío aislamiento, llévalos el calor de una nueva vida.

VIVIR LA LITURGIA - INSPIRACIÓN DE LA SEMANA
¡Cristo ha resucitado! Hemos llegado a la fiesta penúltima del calendario de la Iglesia, la casa de nuestra alegría y esperanza. La vida ha vencido la muerte. En la resurrección de Jesús, hay muchas razones por estar alegres. Jesús no solamente ha derrotado la muerte, pero nos reestablece a una vida con gracia. Durante el sábado santo, Jesús descendió a la muerte y entregó las almas justas a la vida eterna. Este día es nuestra gran invocación. Que la alegría de la resurrección llene su corazón, su familia, su trabajo y su comunidad. ¡Felices Pascuas!

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS
"Me acerqué porque Cristo quiere estar con nosotros en nuestra casa. ¿Qué haríamos si esta mujer no viniera a casa después de la misa para poder ponernos nuestras pijamas y ver la televisión por la noche? ¿Qué haríamos si este niño no fuese a la escuela para aprender las lecciones del día?" (Mt 28, 16-20).

PREGUNTAS DE LA SEMANA
Primer Lectura
En esta lectura de los Actos, Pedro proclama el mensaje de la resurrección con audacia. ¿Cuándo fue la última vez que usted compartió la nueva noticia del Evangelio?

Segunda Lectura
¿Qué cree que quiere decir Pablo cuando dice que cada uno de nosotros fuimos sepultados con él en su muerte y su resurrección?

Lectura del Evangelio
Reflexionando en la resurrección de Cristo una vez más, ¿cómo le puede llevar nueva vida a alguien esta semana?
PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O’Reilly, Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Sister Jenny Aldeghi, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Carmen Perez, Secretary
Katie McAllister, Bookkeeper
Tit Kila, Wedding Coordinator
Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.

SCHEDULE OF MASSES

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<tr>
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State Holidays 12:10 pm only

SACRAMENT OF CONFESSION

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EUCHARISTIC ADORATION
When attendants are available:

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<tbody>
<tr>
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<td>Thursday</td>
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<td>Friday</td>
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ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

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<tbody>
<tr>
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BAPTISM CLASSES

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<tbody>
<tr>
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</tr>
<tr>
<td>Español</td>
<td>2do jueves del mes, 7:00pm</td>
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TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
JOIN A CATHEDRAL MINISTRY

Altarservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusyg@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechists of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Women’s Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women’s Retreat August 16-19 (St. Rose of Lima, Roseville), Men’s Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society. Contact the rectory office for more information.

Cathedral Men’s Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cynm1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com. Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lynne Amerson at cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don’t need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least six months before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEAÑERA

This is the tradition of celebrating a young girl’s coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral
You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (Nombre): ________________________________
Street Address (Domicilio): _____________________
City (Ciudad): ______________________________________
State (Estado): ______ Zip (Código postal): __________
Phone (teléfono): (_________)___________________
Cell Phone: (Celular): (_________)___________________
Email: __________________________________________

For additional family members, please attach a separate sheet.

Please indicate: (Por favor indique:)
New Parishioner/Individual Nuevo Parroquiano / Individuo
New Parishioners/Family Nuevo Parroco / Familia
Change of Address Cambio de Dirección
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Please return by (Regrese por favor):
1) Put into collection basket at Mass (deposite en la canasta de la colecta en misa
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3) Fax to: 916-443-2749
4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

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如何慶祝復活節？梵二的《禮儀憲章》提供了下列三點建議：

由於復活的慶祝並不侷限於一年一度的復活節，而且還包括每週的主日。所以，如果要善
度每年一度的復活節，就必須先善度全年每週的主日慶典。這樣，我們才能把一年一度的復活節視作其他主日的高峰及泉源。

復活節的慶祝，最主要的還是在於除舊更新的精神。雖然每年一度的復活節按期來臨，
只像一個圓圈，週而復始，並沒有變更，但我們基督徒的生活卻不能如此，必須把
我們的整個生命視作一條螺旋梯，不斷努力攀登。

基督徒個人的死而復活，始自領受聖洗的一刻。聖洗的禮儀瞬息即過，但聖洗的任務卻
一生不離。如果我們能時時刻刻謹記自己所領受的聖洗，把生命的每一環節都視作
一個小的死而復活，生命末刻視作一個大的死而復活，則我們的生命就是真正的復
活節的慶祝和充滿着復活的喜樂與平安。

How do we celebrate Easter? "Constitutio de Sacra Liturgia" of the
Second Vatican Council provided the following three suggestions:

The celebration of the resurrection of the Lord is not limited to the
Easter annually. It is celebrated very Sunday. If you want to
celebrate the Easter annually, you must first participate in mass-
es every Sunday. That way, we can treat Easter Sunday as the
peak and source of other Sundays.

The most important thing in the celebration of Easter is our spiritual
renewal. Although Easter is on a dedicated Sunday every year,
our Christian life cannot be like this. We must regard our whole
life as a rotary stairs and continue to climb with hard work.

The death and resurrection of an individual Christian begins with the
moment of baptism. The ritual of baptism happens at an instant,
but the mission in baptizing others is perpetual. If we can al-
ways remember our baptism and regard every aspect of our life
as a small death and resurrection and the end of life as a huge
death and resurrection, we are truly celebrating the Easter with
our lives along with the joy and peace in resurrection.

來源 Sources
http://catholic.org.hk/二o一七年復活節牧函/
For ad info. call 1-800-950-9952 • www.4lp.com Cathedral of Blessed Sacrament, Sacramento, CA. B 4C 05-1145