The Master Chef

In the kitchen still
hungry
she takes out the old aluminum pot
and places it on the stove.
She lights the fire
and heats some oil
and drops in a handful of kernels.
Eternity waits while
fire waters potential
and in a sudden rush they burst open,
fireworks as white as wool.
Each baptized by her desire.
Lid removed, aroma rises.
she shakes a little salt,
drizzles a little butter
and devours them.

Pastor’s Corner

World Mission
Sunday 2018

By Robin Gomes

Observed by the Catholic Church on the penulti-
mate Sunday of October every year, World Mis-
sion Sunday in 2018 falls on October 21. Instituted by Pope Pius XI in 1926, the annu-
al day encourages prayers, cooperation and help
for missions as well as reminds Christians about
the fundamental missionary character of the
Church and of every baptized person.

The theme of this year’s observance, “Together
with young people, let us bring the Gospel to all,”
echoes the synod of bishops, scheduled from Oc-
tober 3-28 in the Vatican, whose theme is “Young
People, the Faith and Vocational Discernment.”

In the message addressed to all Christians last
May, but especially to young people, Pope Francis
reminds all that “we are not in this world by our
own choice,” and hence there is “an initiative that
precedes us and makes us exist.” Each one of us,
he says, is called to reflect on the fact that “I am
a mission on this Earth,” which is why we are here
in this world.

In fact, the Pope says, “every man and woman is
a mission.” “To be attracted and to be sent are
two movements” of the heart that “hold out
promise for our future and give direction to our
lives.”

All Christians by Baptism, the Pope recalls, have
received the mission to bring the Gospel to every-
one. Young people too are part of that great
stream of witnesses, in which elder persons with
their wisdom and experience become a witness
and encouragement to the young. This way, he
says, the mission of the Church bridges the gen-
erations bringing about unity.

The heart of the Church’s mission, the Pope con-
tinues, is the infectiousness of love, where joy
and enthusiasm become the expression of a new-
found meaning and fulfilment in life. The spread
of the faith “by attraction”, he says, calls for
hearts that are open and expanded by love. This
generates encounter, witness and proclamation
even in “extreme peripheries” which are indiffer-
ent and hostile and to the ends of the earth in
‘missio ad gentes’.

The Holy Father expresses satisfaction that
through numerous ecclesial groups such as par-
ishes, associations, movements, and religious
communities, young people find in missionary
volunteer work a way of serving the “least” of our
brothers and sisters, promoting human dignity
and witnessing to the joy of love and of being
Christian.

After recalling the contribution of the Pontifical
Mission Societies to the human and cultural
growth of many populations, the Pope says that
who are helped in their personal needs can in turn
bear witness to the Gospel in the circumstances of
their daily lives.

“No one is so poor as to be unable to give what
they have, but first and foremost what they are,”
the Pope says.
Have you ever felt like someone is watching you, only to look up to find someone actually is?! It's an odd phenomenon that we all experience at one time or another, and often makes us uncomfortable. As a result, we may unconsciously begin fixing our hair, sit up a little straighter, or at worse, become overly self-conscious. Well, what if there was someone who was always watching, ALWAYS...and we rarely perceived him doing it, and in fact, most of us lived our lives as if the idea was ridiculous! Despite how this "someone", if we did "look up", would meet our "eyes" with the most loving and caring gaze we've ever encountered...if we experienced this, what changes would we make then?

*The Truman Show* (1998) directed by Peter Weir and starring Jim Carrey (Truman Burbank) is a fascinating film that takes us into a world that quite literally revolves around one person, Truman. It's a world that appears to look like ours but in fact is a massive set. Truman, in this fictional universe, is the first child to be adopted by a corporation and made the star of, "The Truman Show". As Truman gets older, technology advances, and the world he lives in grows bigger and bigger. His life is a 24/7 reality show, covered by 5,000 cameras for the entertainment of people like you and me...the twist...he is completely oblivious that he is on TV. Truman believes the world around him is real, but in fact it is all false, he is surrounded by actors...including his "wife". Then one day a light falls from the sky, part of the set, and Truman," looks up". He then begins to acknowledge a world that seems to be more than what is presented, and it is there that our story really begins. We, along with Truman, start to learn more and more about the world he lives in, including the god of his world, the director of the "Truman Show" and the movie's antagonist, Christof, played by Ed Harris.

Truman's journey is triggered by something mundane, a light falling from the sky, this light is the catalyst that has him begin to perceive things differently. This new perception moves him to acknowledging something bigger than himself and his behavior begins to change, as this, "something", apparently sees and hears all. We as Catholics, like Truman, often find ourselves oblivious, guilty even... of living our lives as if there isn't someone who is watching every moment. The one true God, the one who watches every moment of our life, not for His entertainment, but out of love, also "directs" us in a sense, with his grace and providence. But we are an active cast member, aware He is "directing", in a world with real people, where we are all, in a sense, like Truman, the stars of our own personal show. A show that stars billions and can be watched by God all at the same time, and in fact, every single version of the show, he absolutely loves, and while He knows how it ends, we do not. So, it would benefit us, every now and again when we begin our day, to "look up", and acknowledge we are the stars of God's favorite show, and ask ourselves, what's today's episode gonna be about?

Brian Perez

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**Powerful words spoken**

by Our Lady of Fatima

"Are you suffering a great deal? Don't lose heart. I will never forsake you. My Immaculate Heart will be your refuge and the way that will lead you to God."

"Continue to pray the Rosary every day in honor of Our Lady of the Rosary, in order to obtain peace for the world and the end of the war, because only she can help you."

"Pray, pray very much, and make sacrifices for sinners; for many souls go to hell, because there are none to sacrifice themselves and pray for them."

Parishioners gathered on October 13 to observe Our Lady of Fatima Rosary Rally, one of over 9,000 rallies celebrated worldwide, sponsored by americaneedsfatima.org.
CATHOLIC CHARITIES OF CALIFORNIA is excited to be hosting walking pilgrimages in Spain along the Camino de Santiago and in Italy along the Via Francigena, as well as non-walking pilgrimages visiting early Christian monastic sites in Ireland and colonial Catholic churches in Cuba! These pilgrimages will change your life and support the work of Catholic Charities of California. Please join us for an informational meeting on December 15th held at Holy Spirit Church, 3159 Land Park Drive, Sacramento, 95818 at 10:00 am, or Our Lady of Assumption Parish, 5057 Cottage Way, Carmichael, 95608 at 2:00 pm.

To RSVP for the meeting or for more information regarding the pilgrimages, please go to our website at www.Catholic-Pilgrimage.com, contact CCC at pilgrim@catholiccharitiesca.org, or call (916) 706-1539 Ext. 12.

40 DAYS FOR LIFE
September 26—November 4
Join us for an ongoing vigil at FPA Abortion Clinic, 2322 Butano Drive, Sacramento, Monday through Friday from 8:00 am to 6:00 pm. Learn more on 40daysforlife.com/sacramento, or contact Susan at 530-320-1614 or susanalive@gmail.com, or Wynette at 916-955-1577.

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS
This past Father's Day began with my youngest son asking me for money. As the day went by, he continued to ask me for things. It was actually quite humorous as it was supposed to be my day and I hadn't asked him for one thing. It was all about what he wanted. Finally, after his latest request, I responded, "It's Father's Day! What I want from you is a day where you don't ask me for anything." I would have to say that he does not constantly ask me for things all the time and he is a good kid, but this day he did have me reflecting on how much a child asks from a parent.

We ask quite a lot from our Heavenly Father as well. I don't think He begrudges us anything due to all our requests. However, like any human parent would, I think God would love it when He asks something of us that we can respond with a "yes." We like to do all the asking, but too often we are not very responsive when we are being asked. It is an important aspect to reflect on in any relationship. If you seek to receive more than you are willing to give, what kind of lopsided relationship is that? God doesn't want that type of relationship. Any father wants to give his son or daughter anything they ask for within reason, but offering the same back is what a real relationship is all about.

Tracy Earl Welliver, MTS

"Eomer said, 'How is a man to judge what to do in such times?' As he has ever judged,' said Aragorn. 'Good and evil have not changed since yesteryear, nor are they one thing among Elves and another among Men. It is a man's part to discern them, as much in the Golden Wood as in his own house."

~ J.R.R. Tolkien, The Two Towers ~
### Date | Mass / Intentions | Activities
--- | --- | ---
**Saturday**
October 20 | 5:00 pm/ Steve & Faith Voehl S.I. | 9:00 am Baptisms - English 10:00 am CCD Classes

**Sunday**
October 21 | 7:30 am / Placido Ivan Martinez S.I.  
Sally Freeman S.I.  
9:00 am / Paul & Rina Aiello S.I.  
11:00 am/ Aileen Meyers +  
Teresa Zavala +  
Gabriel Voehl S.I.  
1:00 pm Spanish / Patricia Perez S.I.  
3:00 pm Chinese /  
5:00 pm / People of the Parish  
7:00 pm Spanish / Rosendo Christy + | 29th Sunday in Ordinary Time  
World Mission Sunday (Second collection)  
9:00 am RCIA for Children & Teens  
9:00 am Mass: RCIA - Breaking of the Word  
11:00 am Mass: Liturgy of the Word for Children

October 22 | 12:10 pm / Emma Valdez Sandoval S.I.  
5:10 pm / | 6:30 pm RCIA: Vespers  
7:00 pm RCIA: Class

October 23 | 12:10 pm /  
5:15 pm / | 6:00 pm Spanish Choir Rehearsal for the 7pm Mass  
7:00 pm Teen Confirmation Class

October 24 | 12:10 pm /  
5:10 pm / | 7:15 pm : Communion & Liberation  
7:15 pm : English Choir Rehearsal  
7:15 pm : Spanish Choir Rehearsal for the 1pm Mass

October 25 | 12:10 pm / Victoria Coloma +  
Salome Ouano +  
Domingo Ouano +  
5:10 pm / | Today is National Greasy Foods Day, World Pizza Makers Day, and World Pasta Day. Let’s eat!

October 26 | 12:10 pm / Makeo Rallanka S.I. | 9:00 am Baptisms - Spanish 10:00 am Children’s CCD Mass for All Saints (Mercy Hall)

October 27 | 5:00 pm / Mark Fry S.I. | **Readings & Observances**

**Saturday:** **St. Paul of the Cross, Priest; Sweetest Day**  
Eph 1:15-23/Ps 8:2-3ab, 4-5, 6-7 [7]/Lk 12:8-12

**Sunday:** **29th Sunday in Ordinary Time; World Mission Sunday**  
Is 53:10-11/Ps 33:4-5, 18-19, 20, 22 [22]/Heb 4:14-16/Mk 10:35-45 or 10:42-45

**Monday:** **St. John Paul II, Pope**  
Eph 2:1-10/Ps 100:1b-2, 3, 4ab, 4c-5 [3b]/Lk 12:13-21

**Tuesday:** **St. John of Capistrano, Priest**  
Eph 2:12-22/Ps 85:9ab-10, 11-12, 13-14 [cf. 9]/Lk 12:35-38

**Wednesday:** **St. Anthony Mary Claret, Bishop**  
Eph 3:2-12/Is 12:2-3, 4bcd, 5-6 [cf. 3]/Lk 12:39-48

**Thursday:** **St. John Paul II, Pope**  
Eph 2:1-10/Ps 100:1b-2, 3, 4ab, 4c-5 [3b]/Lk 12:13-21

**Friday:** **St. Anthony Mary Claret, Bishop**  
Eph 3:2-12/Is 12:2-3, 4bcd, 5-6 [cf. 3]/Lk 12:39-48

**Saturday:** **St. John Paul II, Pope**  
Eph 2:1-10/Ps 100:1b-2, 3, 4ab, 4c-5 [3b]/Lk 12:13-21

**Prayer Corner**

Please remember in your prayers:

MEM  
Maricela Huidor  
Alexa Novelo  
Brandon M. Novelo  
Anna Lanzona  
Shelby Hogan  
Roman Q Paguio +  
Carl Hagen  
Benny Garces +  
Sepehr  
Roman Q Paguio +  
Rosa G.  
Deacon Don DeHaven  
Miguel, Luz, Sonia, Joel, Jose, Oscar, Betty, Noe, Waldo, Cesar, Carlos, Teresa and their families  
Gerald O’Reilly +  
Frank Vercillo  
Stephanie Pill  
Mary Margaret Reilly  
Asmitha and Abie Joseph  
Alroyd and Shaista and children  
Julian  
Jason and Resmi  
Nina Mordas and Mother  
Javier Maria Alonso  
C.Marcela Bedoya  
Eva Hernandez  
Diane  
Mary Ann  
Kara  
Marcela P.  
Yolanda  
Kimberly and Partner  
Tony Nebreda  
Charles Bardin  
Teresa  
Nicanor Masadao, Sr.+  
Suzanne Trujillo  
Corazon Velasquez  
Paulina  
Dave McNett  
Maggie Phelps  
Amit Kumar  
Steph Skiles

*This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ~1 John 5:14~*
El Maestro Chef

En la cocina todavía hambriento
ella saca la vieja olla de aluminio
y lo coloca en la estufa.
Ella enciende el fuego
y calienta un poco de aceite
y las gotas en un puñado de granos.
La eternidad espera mientras
potencial de aguas de fuego
y repente se abrieron de golpe,
Fuegos artificiales tan blancos como la lana.
Cada uno bautizado por su deseo.
Tapa quitada, el aroma se eleva
ella sacude un poco de sal,
espolvorea un poco de mantequilla
y los devora.

Pr. Michael

Misión mundial
Domingo 2018

Por Robin Gomes

Observado por la Iglesia Católica el penúltimo domingo de octubre de cada año, el Domingo de las Misiones Mundiales de 2018 se celebra el 1 de octubre. Instituido por el Papa Pío XI en 1926, el día anual fomenta las oraciones, la cooperación y la ayuda para las misiones, y también recuerda a los cristianos El carácter misionero fundamental de la Iglesia y de todo bautizado.

El tema de la conmemoración de este año, “Junto con los jóvenes, llevemos el Evangelio a todos”, se hace eco del sinodo de los obispos, programado del 3 al 28 de octubre en el Vaticano, cuyo tema es “Los jóvenes, la fe y el discernimiento vocacional.”

En el mensaje dirigido a todos los cristianos en mayo pasado, pero especialmente a los jóvenes, el Papa Francisco recuerda a todos que “no estamos en este mundo por nuestra propia elección” y, por lo tanto, hay “una iniciativa que nos precede y nos hace existir”. Cada uno de nosotros, dice, está llamado a reflexionar sobre el hecho de que “soy una misión en esta Tierra”, razón por la cual estamos aquí en este mundo.

De hecho, el Papa dice que "cada hombre y mujer es una misión", "Sentirse atraídos y ser enviados son dos movimientos" del corazón que "prometen nuestro futuro y orientan nuestras vidas".

Todos los cristianos por el bautismo, recuerda el Papa, han recibido la misión de llevar el Evangelio a todos. Los jóvenes también son parte de esa gran corriente de testigos, en la que las personas mayores con su sabiduría y experiencia se convierten en testigos y alién del tiempo a los jóvenes. De esta manera, dice, la misión de la Iglesia une a las generaciones que llevan a la unidad.

El corazón de la misión de la Iglesia, continúa el Papa, es la infecciosidad del amor, donde la alegría y el entusiasmo se convierten en la expresión de un nuevo significado y realización en la vida. La propagación de la fe "por atracción", dice, exige corazones abiertos y expandidos por el amor. Esto genera encuentro, testimonio y proclamación incluso en "periferias extremas" que son indiferentes y hostiles y hasta los confines de la tierra en "missio ad gentes".

El Santo Padre expresa su satisfacción de que a través de numerosos grupos eclesiales, como parroquias, asociaciones, movimientos y comunidades religiosas, los jóvenes encuentran en el trabajo misionero voluntario una forma de servir al "menor" de nuestros hermanos y hermanas, promoviendo la dignidad humana y testimoniando el Alegria de amor y de ser cristiano.

Después de recordar la contribución de las Obras Misionales Pontificias al crecimiento humano y cultural de muchas poblaciones, el Papa dice que quienes reciben ayuda en sus necesidades personales pueden, a su vez, dar testimonio del Evangelio en las circunstancias de sus vidas diárias.

"Nadie es tan pobre como para ser incapaz de dar lo que tiene, pero ante todo lo que es", dice el Papa.
LA CORRESPONSABILIDAD DIARIA

Este último día del padre comenzó con mi hijo menor pidiéndome dinero. Durante todo el día me seguía pidiendo cosas. Verdaderamente era bastante cómico ya que ese día es para los padres y yo no le había pedido nada. Ese día se trataba de lo que él quería. Finalmente, cuando me pidió otra cosa le respondí: “¡Eres el día del Padre! Lo que yo quiero de ti es un día en el que no me pides nada.” Si diré que mi hijo no me pide por mucho todo el tiempo y es un buen muchacho. Sin embargo, este día me puse a pensar en cuánto un hijo les pide a sus padres.

Nosotros también le pedimos mucho a Nuestro Padre. No pienso que Él se enfade cuando le hacemos peticiones. Sin embargo, como cualquier padre, yo pienso que a Dios le gustaría que cuando nos pida algo, le respondamos con un “sí.” A las personas nos gusta pedir, pero muchas veces cuando se nos pide algo, no estamos dispuestos a responder. Esto es algo en lo que debe de considerar en cualquier relación que tenga. Si busca recibir más de lo que da, ¿qué tipo de relación es esa? Dios no quiere ese tipo de relación con sus hijos. Cualquier padre quiere darle a sus hijos lo que le pide, pero ofrecer lo mismo al otro es tener una relación verdadera.

--Tracy Earl Welliver, MTS

LAS LECTURAS Y CONMEMORACIONES SEMANALES

Las lecturas de la semana del 21 de octubre de 2018

Domingo: 29º Domingo del Tiempo Ordinario; la Jornada Mundial de las Misiones

- Is 53, 10-11/Sal 33, 4-5. 18-19. 20. 22 [22]/Heb 4, 14-16/ Mc 10, 35-45 o 10, 42-45

Lunes: San Juan Pablo II, papa
- Ef 2, 1-10/Sal 100, 1-2. 3. 4. 4-5 [3]/Lc 12, 13-21

Martes: San Juan Capistrano, sacerdote
- Ef 2, 12-22/Sal 85, 9-10. 11-12. 13-14 [cfr. 9]/Lc 12, 35-38

Miércoles: San Antonio María Claret, obispo
- Ef 3, 2-12/Is 12, 2-3. 4. 5-6 [cfr. 3]/Lc 12, 39-48

Jueves: Ef 3, 14-21/Sal 33, 1-2. 4-5. 11-12. 18-19 [5]/Lc 12, 49-53

Viernes: Ef 4, 1-6/Sal 24, 1-2. 3-4. 5-6 [cfr. 6]/Lc 12, 54-59

Sábado: Ef 4, 7-16/Sal 122, 1-2. 3-4. 4-5 [1]/Lc 13, 1-9

VERSO DEL EVANGELIO DE DOMINGO

"Pero no debe ser así entre ustedes. Al contrario: el que quiera ser grande entre ustedes, que sea su servidor, y el que quiera ser el primero, que sea el esclavo de todos, así como el Hijo del hombre, que no ha venido a que lo sirvan, sino a servir y a dar su vida por la redención de todos". - Mc 10, 43-45

MEDITACIÓN EVANGÉLICA

El que quiera ser grande tiene que ser servidor de todos. Gracias a Santiago y Juan, hoy podemos entender lo que esto significa. Por ejemplo, de que si se puede los santos comprendieron muy bien lo de dar la vida por otros. Santa Teresa de Calcuta lo vivió al ciento por ciento. Su legado es un tesoro para la sociedad de hoy. Reflexionemos en las siguientes frases: "La falta de amor es la mayor pobreza. Dar hasta que duela y cuando duela dar todavía más. No podemos hacer grandes cosas, pero sí cosas pequeñas con un gran amor. El amor es un fruto que madura en todas las estaciones y que se encuentra al alcance de todas las manos."

El servir a otros es parte de la vida diaria. El reto es hacerlo sin esperar recompensa; los discípulos Santiago y Juan si la esperaban, y por eso Jesús les exhorta de la siguiente manera: "Ustedes no saben lo que piden. ¿Pueden beber la copa que yo estoy bebiendo o ser bautizados como yo soy bautizado?" (Marcos 10: 38). Jesús aludía al sacrificio de la cruz que iba por llegar. Ellos, decididamente respondieron que sí. Aunque esperaban sentarse uno a la derecha y otro a la izquierda cuando Jesús estuviera en gloria. Así también somos nosotros, esperando oportunidades para sacar algún provecho de las circunstancias. Sin embargo, los seguidores de Jesús deben aprender a beber del cáliz del servicio a los demás en el camino sin importar el costo. San Francisco de Asís, es otro ejemplo. Él dice: "Comencemos a servir, lo que hemos hecho hasta ahora es poco y nada." 

VIVIR LA LITURGIA

La persistencia es una virtud y la cara de un fuerte carácter. Hemos escuchado de gente que han hecho cosas increíbles en la presencia de obstáculos que parecen imposibles. Son hechos verdaderos de personas verdaderas que han perdido extremidades o han enfrentado otros obstáculos físicos. Son atletas increíbles o santos que han sobrepasado dificultades increíbles para proclamar el amor y la presencia de Dios. Donde haya una voluntad fuerte, hay una manera de obtenerlo. ¿Qué queremos que Jesús haga para nosotros? Permita que su fe lo inspire, que encuentre la valentía para amar en momentos de amargura, la fe para perseverar cuando tenga la tentación de rendirse y la esperanza para seguir adelante. Jesús nos salva de nuestros miedos y nos da una visión clara para ver como Dios ve.

PREGUNTAS DE LA SEMANA

Primera lectura - La lectura de hoy es un pasaje del último profeta sufriente del libro de Isaías (52:13-53:12). El profeta Isaias habla del sufrimiento redentor. ¿En qué momento(s) se ha dado cuenta de la gracia de Dios en momentos de sufrimiento de su vida?

Segunda lectura - Escuchamos en la epístola a los Hebreos cómo simpatiza Jesús con nuestras debilidades. ¿Cuáles son sus debilidades espirituales?

Lectura del Evangelio - Jesús les habla a sus discípulos sobre la importancia del servicio hacia otros. ¿De qué formas ofrece usted servicio a los que lo necesitan?
MASSES
Monday to Friday 12:10 pm
Monday to Thursday 5:10 pm
Saturday Vigil 5:00 pm
Sunday 7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español
State Holidays 12:10 pm only

SACRAMENT OF CONFESSION
Monday to Friday 11:30 am to 12:00 pm
Saturday 4:00 pm to 4:45 pm
Domingo en Español 12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTIC ADORATION
When attendants are available:
Wednesday 12:45 pm to 4:45 pm
Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS
Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level
Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

PARISH COUNCIL
Peggy Oakden, Chairperson
Eileen Dunn Russell Almaraz
Jaime Elizaldi Jose Solis
Jeff Weiss Paty Davila
Ellis Chan Breana Gonzalez
Les Cochran

FINANCE COUNCIL
Robert Ingenito, Chairperson
Janet Bardales Gerardo Davila
Steve Harrold Angela Lai
Michael Pease
### CATHEDRAL MINISTRIES

- **Altarservers**: Michael Gnisty, mgnisty@msn.com.
- **Benedictus Youth Group**: Victoria Ramos, benedictusyug@gmail.com.
- **Brown Bag Lunch Ministry**: Jeri Rush, jerirush@comcast.net.
- **Catechesis of the Good Shepherd**: for ages 3+, for information, visit youngsheep.org, or call 916-910-3435.
- **Cathedral A.C.T.S.**: saccdralactals.org.
- **Cathedral Men’s Group**: Bob Meyers, cym1@yahoo.com.
- **Cathedral Saint Vincent de Paul**: contact the rectory office.
- **Cathedral Young Adults**: Titi Kila, cathedralya@gmail.com.
- **Choir (English)**: Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org.
- **Choir (Spanish)**: Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
- **Communion & Liberation**: catesheesmeetsevery Wednesday at 7:15pm in the Cathedral Lower Level.
- **Docents**: Jill Pease, peasejill@gmail.com.
- **Email Prayer Chain**: Lynne Amerson, cbs1017pc@yahoo.com.
- **Extraordinary Ministers of Holy Communion**: Amy McCormick, ammcmcmick@att.net.
- **Festival of Trees and Lights**: Paula Trujillo, trupaula@gmail.com.
- **Front Door Ministry**: ministries@cathedralsacramento.org.
- **Greeters and Ushers**: Tom Waddick, 916-444-3071, x 36.
- **Hospitality**: Celeste Gisla, jfgisla@surewest.net.
- **Knights of Columbus**: Jaime Elizaldi, jaime.elizaldi@gmail.com.
- **Lectors**: Fred Heacock, fheacock72@hotmail.com.
- **Respect Life Ministry**: Veronica Avina, veronicaavina@yahoo.com.
- **Rosary Club**: Lolita Urrutia, lolita.urrutia@gmail.com.
- **Spanish Parents Group Leaders**: Titi Kila, cathedralya@gmail.com.
- **Cinema Divina Movies**: Reggie King, Brian Perez, thecatholicstore@gmail.com.
- **Communion & Liberation**: catesheesmeetsevery Wednesday at 7:15pm in the Cathedral Lower Level.
- **Docents**: Jill Pease, peasejill@gmail.com.
- **Email Prayer Chain**: Lynne Amerson, cbs1017pc@yahoo.com.
- **Extraordinary Ministers of Holy Communion**: Amy McCormick, ammcmcmick@att.net.

#### CATHEDRAL PARISH STEWARDSHIP

<table>
<thead>
<tr>
<th>Weekend</th>
<th>Total Offering</th>
<th>Percent of Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 15/16</td>
<td>$9,296</td>
<td>80%</td>
</tr>
<tr>
<td>September 22/23</td>
<td>$7,868</td>
<td>68%</td>
</tr>
<tr>
<td>September 29/30</td>
<td>$7,562</td>
<td>65%</td>
</tr>
<tr>
<td>October 06/07:</td>
<td>$9,905</td>
<td>86%</td>
</tr>
<tr>
<td>Four-week average:</td>
<td>$8,657</td>
<td>75%</td>
</tr>
</tbody>
</table>

The Parish’s weekly expenses exceed $20,000. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of $11,500.

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### RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at 916-444-5364 or jenny@cathedralsacramento.org.

### MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no more than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

### GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least six months before your desired wedding date to arrange a meeting with a Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071 x13, tkila@cathedralsacramento.org.

### HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jfgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the church, this can also often be done in a small, private ceremony without any cost.

### QUINCEAÑERA

This is the tradition of celebrating a young girl’s coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071 x13, or tkila@cathedralsacramento.org.

### LITURGY OF THE WORD FOR CHILDREN

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates), this program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corigli at dlcorgiat@yahoo.com.
聖安多尼加烈 (十月二十四日)

主曆一八零七年，聖安多尼加烈生於西班牙沙倫城，織布為業。每日工作，一有空閒的時候，研究拉丁文，和學習印刷。二十二歲的時候，入維祺修院。一八三五年晉陞鐸品。
安多尼赴羅馬入耶穌會初學院，但因水土不服，常患疾病，修會當局勸他返祖國，為同胞教友服務。安多尼回到西班牙，在加德洛尼傳揚福音，達十年之久，成績卓著。許多司鐸和他合作，參加傳教工作。主曆一八四九年，安多尼創設了「聖母無玷聖心傳教會」，這修會非常發達，除西班牙外，分院遍及美洲各國。
安多尼創設修會後不久，任古巴聖弟亞西哥總主教，全力改革社會風俗。若干頑固的不良分子，一再企圖謀害總主教。有一次，一個人因情婦悔罪改過，一怒之下，用武器重傷安多尼。兇手被捕後，宣判死刑。安多尼親向法院求情，赦免死刑。
主曆一八五七年，安多尼回到西班牙，任依撒伯爾王后聽告解司鐸。他辭去古巴總主教職務，在西班牙展開傳教活動，提倡公教文化事業。總計安多尼一生講道達一萬次，出版宗教書籍二百種。他創建了科學實驗所、博物院、音樂學校、外國語學校，及其他文化機構。
安多尼常有神魂超拔的景象，並獲賜預言和顯靈蹟的神能。
主曆一八六八年，安多尼赴羅馬。主曆一八七零年十月廿四日在法國南波城附近西斯德修院逝世。於主曆一九五零年封聖。

St. Antony Claret (October 24)

In 1807, St. Anthony Claret was born in Sallent, Spain, and worked as a weaver. He worked daily, studied Latin, and learnt to print during his free time. At the age of twenty-two, he entered the St Giles’ Monastery. In 1835, he was ordained.

St. Anthony went to Rome to enter the first college of the Jesuits, but because of the soil and water, he often got sick. The authorities of the monastery advised him to return to Spain and serve his fellow church members. He returned to Spain to preach the gospel in Catalonia for ten years with outstanding results. Many priests have cooperated with him in the missionary work. In 1849, St. Anthony established the "Congregation of the Missionary Sons of the Immaculate Heart of Mary", which was very developed. Apart from Spain, the branch was established throughout the Americas.

Shortly after establishing the congregation, St. Anthony served as the archbishop of Santiago, Cuba, to reform social customs. A number of stubborn and malicious people repeatedly tried to murder him. On one occasion, a mistress of a man was confessing with Archbishop, and in a rage, he seriously injured St. Anthony. After the man was arrested, he was sentenced to death. St. Anthony personally pleaded the court to pardon the man.

In 1857, St. Anthony returned to Spain to be the confessor of Isabella II of Spain. He resigned from the position of Archbishop of Cuba, launched a missionary activity in Spain, and advocated the cause of public education. In total, he spoke 10,000 times in his life and published 200 kinds of religious books. He established science laboratories, museums, music schools, foreign language schools, and other cultural institutions.

St. Anthony often has a supernatural scene and was inspired by prophecy and spirituality. In 1868, St. Anthony went to Rome. He passed away in the Cistercian abbey at Fontfroide, Narbonne, of Southern France on October 24, 1870. He was canonized in 1950.

本週報告（會長）

1. 慕道班將於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。
2. 我們將繼續在下個主日彌撒前下午兩點半開始誦唸玫瑰經。
3. 我們現正售賣紅包去籌款。特價是3堆10美元，1堆4美元。促銷活動至10月31日為止

Announcement this week (President)

1. We will have the RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.
2. We will continue to have rosary recitation next Sunday at 2:30 pm before mass.
3. We are having fundraising by selling red envelopes (Lai See), the promotion is $10 for 3 stacks, and the price for a stack is $4. The promotion is until October 31.
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