Pastor’s Corner

4th of July

These shoulders were born for burdens, and slavery bursts through my bones!
Please, don’t take offense – surely, even the master obeys commands – whispers of power and control.
The divisions of color and creed of orientation and social class tighten the chains around our necks.
Some cry, “we have been slaves to no man” bent, blind and humiliated.
Independence is a false prophet.
No one free escapes the tortures of freedom, and the sparkles and shrieks of old piccolo Pete only mask the invading darkness that aggressively grinds our faces in the dirt, saying “Worship me!”
And we pretend not to notice.
We cannot survive independent.
The fallacy of being my own master has corrupted me.
I was born in slavery, a brother to every other slave and our independence day is accepting the only yoke that is easy.

Fr. Michael
New York Times columnist wants to convert. Are we stopping him?

Tom Hoopes | Aleteia.org

The most helpful part of his book, for Catholics, lists “ramps and walls” Christians build.

A secular Jewish New York Times columnist is on the cusp of accepting the Christian faith, and his new book tells Christians what we do that encourages and discourages people like him.

I knew I had to read David Brooks' The Second Mountain when I read Rod Dreher's tweet about it.

"Plane landed as I finished final pages," Dreher tweeted. "My first thought: I’ve got to change my life. Many, many people are going to finish this luminous book and have the same thought."

I have always liked David Brooks. I like him more now.

I have followed his career for decades, reading him from the time he was part of the fledgling publication The Weekly Standard, up to when his column "How to Leave a Mark on People" was the assigned reading for a work retreat at Benedictine College.

Brooks first introduced me to brain science developments and the sociological developments of Johnathan Haidt. He has long flirted with religion, defending evangelicals in 2004 and Catholics in 2007 against the caricatures opponents painted of each. But while he saw the utility of religion, he kept it at arms length. Until now.

"Some people have dramatic stories of how they came to faith," he writes in The Second Mountain. "I want to illustrate how normal it can be. It can happen to the most spiritually average people. But you wind up in an astonishing place, believing that God is, in Paul Tillich’s phrase, the ground of being."

The Catholic Church plays a role in his conversion, which he calls "the walk to Chartres.”

"Chartres Cathedral casts a spell every time I visit," he writes, "like a point of contact between our world and some other unseen one." He admires Dorothy Day and Mother Teresa for living in contact with both worlds but dubs himself a "border stalker," walking the line between the two.

Then, he breaks through to the other side. Sitting on a rock by American Lake in the manicured wilderness of Aspen, Colorado, he pulls out a book of Puritan prayers and is captivated by one called "The Valley of Vision.”

"Lord, high and holy, meek and lowly," he prays, with the mountains reflecting in the waters, "Thou has brought me to the valley of vision, where I live in the depths but see thee in the heights."

He suddenly deeply experiences "the ground of being."

"Knowledge crept across my skin. I didn’t so much feel at one with nature. I had a sensation that there is an animating spirit underlying all creation," he writes.

"Hemmed in by mountains of sin I behold thy glory," he prays, from his book. When he hikes back to civilization, giddy, he has reached Chartres.

And yet… he hesitates.

As a child, Bible stories were helpful myths. Now, Brooks says, "the myths feel true"; in fact, he calls the Bible "the ground of truth."

He calls the Beatitudes "the moral sublime, the source of awe, the moral purity that takes your breath away and toward which everything points," then ends the book with a "manifesto" that is essentially an articulation of the beatitudes as a program of renewal in 21st century America.

So, David Brooks is now a Christian, right?

Not quite. "I feel more Jewish than ever before," he writes, and his faith in the resurrection of Jesus "comes and goes."

So he’s still up for grabs. What could win him? The most helpful part of his book, for Catholics, lists "ramps and walls" Christians build that repel or welcome someone like him.

Four “walls” keep Brooks out of Christianity.

First: "The siege mentality,” when Christians feel victimized by the world and retreat into our own tribal fortresses.

Second: "Bad listening,” when instead of trying to understand where a seeker is coming from, we offer one-size-fits-all "bumper sticker” answers.

Third: "Invasive care,” when well-meaning Christians intrude into the lives of others uninvited, answering unasked questions and urging compliance with unsought advice.

Fourth: "Intellectual mediocrity." Ideas prove their strength by being brutally challenged, writes Brooks, but Christians too often settle for "vague and mushy sentiments” out of false charity.

Meanwhile, six “ramps” welcome him in.

One: Ritual and liturgy, which unite us with each other, along with "the moral order and a sacred story.”

Two: Unabashed faith, as seen in Charismatic churches. "It’s weirdly powerful to open your arms in worship,” Brooks writes, earlier.

Three: Prayer. "Just as old couples become more like each other over time,” he writes, "the person who spends years hearing and responding to God’s company becomes more like him.”

Four: Spiritual consciousness. Brooks points out that the secular world of material cause and effect leaves people flat. We know life is more than that.

Five: The language of good and evil. The world, where “the word ‘sin’ is now mostly used in reference to dessert” has no satisfying account for the moral order we all sense.

Six: Christian witnesses. He feels "sheer shock” at seeing the selfless acts of Mother Teresa, Dorothy Day, and others.

So, David Brooks, welcome to Chartres, and thank you.

We who live here are glad to see you and greatly appreciate your honest account and the mirror you hold up to us. Ultimately, we hope to see Jesus there.
14th Week in Ordinary Time
"Go on your way; behold, I am sending you like lambs among wolves." = Luke 10:3 =

### For the Special Intentions of:
- Deacon Don DeHaven
- Esther Valdez
- Marina Speed
- Abel
- Mrs. Podnebesnaya
- Carlos Corner Jr.
- Mother Clara
- Alexis Carlson Taylor
- Lori and Son Michael
- Katherine and Mother Hazel
- American Pastor
- Rachelle Sanchez
- Rebecca Guerra
- Diane
- Davis J
- Miriam and Son
- Rodolfo Martin
- Nathan Derek Gomez
- Phil
- Ruiz Family
- Zam Families
- Marasigan Family and all S.I.
- Ashley Family
- Savannah Avila

### For the Repose of the Soul of:
- Ernesto Sta. Maria +
- Elvira Harrison+
- Dr. Alfred Le-Grand Sawyer+
- Damien+

### Readings & Observances
- **Sunday: 14th Sunday in Ordinary Time**
  - Is 66:10-14c/Ps 66:1-3, 4-5, 6-7, 16, 20 [1]/Gal 6:14-18/Lk 10:1-12, 17-20 or 10:1-9
  - Monday: Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab [cf. 2b]/Mt 9:18-26
  - Tuesday: St. Augustine Zhao Rong, Priest, & Companions, Martyrs
  - Gn 32:23-33/Ps 17:1b, 2-3, 6-7ab, 8b and 15 [15a]/Mt 9:32-38
  - Wednesday: Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19 [22]/Mt 10:1-7
  - Thursday: St. Benedict, Abbott
  - Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21 [5a]/Mt 10:7-15
  - Friday: Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40 [39a]/Mt 10:16-23
  - Saturday: St. Henry
  - Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7 [cf. Ps 69:33]/Mt 10:24-33

### Mass / Intentions / Calendar

<table>
<thead>
<tr>
<th>Date</th>
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| **Saturday**  
  **July 7**  | 5:00 pm /                                                        |
| **Sunday**  
  **July 8**  | 7:30 am / Jim & Joyce Walker S.I.  
               | 9:00 am / People of the Parish  
               | 11:00 am / Thomas Fleming +  
               | 1:00 pm (Spanish) / Sra. Amalia Martinez +  
               | 3:00 pm (Chinese)  
               | 5:00 pm /  
               | 7:00 pm / Camilo Martinez S.I. |
| **Monday**  
  **July 9**  | 12:10 pm / Pilar Regala +  
               | 5:10 pm /                                                        |
| **Tuesday** 
  **July 10**| 12:10 pm / Ramon Mabanta +  
               | 5:10 pm / The Men’s Group @ 7:15pm                               |
| **Wednesday**  
  **July 11**| 12:10 pm /  
               | 5:10 pm /                                                        |
| **Thursday** 
  **July 12**| 12:10 pm /  
               | 5:10 pm /                                                        |
| **Friday**  
  **July 13**| 12:10 pm / Carmelita M. Morales S.I., Emery Taylor Anub +       |
| **Saturday**  
  **July 14**| 5:00 pm / Mary Joy Dizon S.I.                                   |
GOSPEL MEDITATION - This Sunday, Jesus reminds us that "the harvest is abundant but the laborers are few." As Catholic disciples, we are the laborers that the Master is sending. All around us are opportunities to share the love and mercy of Jesus Christ - our homes, our workplaces, our neighborhoods, even our faith communities! Lest we feel unequipped for the task, Jesus gives us some advice.

"Carry no money bag, no sack, no sandals." We might not have a theology degree or training in public speaking, but that doesn't mean we can't share the Gospel. The power of God is at work in simplicity. The disciples went forth with nothing as a reminder to trust in the Providence of God. Say a little prayer that God will speak through you and has a need for your gifts, just as you are.

"Do not move about from one house to another." So much of the life of Jesus was about relationships. He modeled this attitude by journeying with his disciples. Here he makes the same recommendation to them, to remain with the same family for their entire stay in the town. Break bread with others. Invite them to coffee or a game night in your home. Sharing your faith isn't just about saying the right thing, but loving well over time.

"The dust of your town that clings to our feet, even that we shake off." Sometimes we want to help someone, but for whatever reason, they don't receive it well. Sometimes people aren't interested in our efforts to invite them deeper into faith. When rejection happens, don't carry it with you. Don't let it over-burden your heart. Rejoice that you share in the mission of Christ, and keep on loving the next person he places in your path!

LIVE THE LITURGY - Jesus tells his disciples, "I am sending you like lambs among wolves." Getting people to see the truth about who they are is not always easy or welcomed. Some people want to believe that they have life under control and they do not need any further advice, direction, or challenge from others. Being heralds of the Gospel means doing precisely that. We come with a message that is not always welcome or desired by our sisters and brothers. Yet, it is desperately needed. People need to be reminded of who they are, who God is, and the necessity of repentance for entering the Kingdom of God. It is not about what we want but what God wants. We are called to be peacemakers and laborers for justice and mercy. Are you willing to bring this challenging message to those who may be indifferent or even hostile to hearing it?

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN ORDINARY MOMENTS
If you had $100 to give away, to whom would you give it? Perhaps you would choose someone you love. How about someone on the street at a corner stoplight? You could really make someone's day if you gave it to them as a tip after a modestly priced meal. There are so many possibilities. No matter to whom you give the $100, you are certainly being generous. No one can debate that.

Let's say you have narrowed it down to two different people. You know both of these people, and you suspect each person would be equally grateful. Does it make a difference who you give the money to in the end? Does it make a difference now?

Discernment should always be an important part of any good steward's way of life. If we give simply for the sake of giving, that may not always be the best use of our gifts. In order to gain the most fruit from the seeds we plant, we must plant wisely. All we have been given has value, and we need be good caretakers of it all. If you ever do find yourself with $100 to spare, be sure to carefully consider all the options and make the wiser choice. In the meantime, pray for wisdom and reflect on how to best use all you have been given for the sake of the Kingdom of God.

- Tracy Earl Welliver, MTS
Esquina del Pastor

4 de Julio

Estos hombros nacieron para cargas
y esclavitud es la medula de mis huesos!
Por favor, no se ofenda-
seguramente, aún el amo obedece mandatos- susurros de poder y control.

Las divisiones de color y credo,
de orientación y clase social
aprietan las cadenas alrededor de nuestros cuellos.
Algunos claman, “hemos sido esclavos de ningún hombre”,
doblado, ciego y humillado.
Independencia es un falso profeta.
Nadie libre escapa las torturas de la libertad,
y brilla y rechina de viejo piccolo Pete
solo enmascara la obscuridad que invade agresivamente
revuelca nuestras caras en la tierra, diciendo
“Adorame!”
Y pretendemos no notar.

No podemos sobrevivir independientemente.
La mentira de ser mi propio dueño me ha corrompido.

He nacido en la esclavitud,
hermano de cada esclavo
y nuestro día de independencia es aceptar
el único yugo que es liger.
de anunciar la propuesta de Jesús. No olvides, que, toda la iglesia es misionera. Yo soy una misión en esta tierra, y para eso estoy en este mundo (Exhortación. Apostolice Evangelii Gaudium, 273). La vocación de todo bautizado es ser misionero. El Señor necesita misioneros valientes y comprometidos con la sociedad actual y sus retos. ¿Estás dispuesto a ser uno de sus enviados? ¿Te gustaría reflexionar si deseas ser sacerdote o religiosa?

**VIVIR LA LITURGIA**

Jesús les dice a sus discípulos: "yo los envíe como corderos en medio de lobos." Lograr que las personas vean la verdad sobre quiénes son no siempre es fácil o bienvenido. Algunas personas quieren creer que tienen la vida bajo control y no necesitan ningún consejo, dirección o desafío adicional de parte de otros. Ser heraldos del Evangelio significa hacer precisamente eso. Venimos con un mensaje que no siempre es bienvenido o deseado por nuestros hermanos y hermanas. Sin embargo, se necesita desesperadamente. Las personas necesitan recordar quiénes son, quién es Dios y la necesidad del arrepentimiento para ingresar al Reino de Dios. No se trata de lo que nosotros queremos sino de lo que Dios quiere. Esto mos llamados a ser pacificadores y trabajadores por la justicia y la misericordia. ¿Estás dispuesto a llevar este desafiante mensaje a aquellos que pueden ser indiferentes o incluso hostiles a escucharlo?

**LA CORRESPONSABILIDAD DIARIA**

Si tuviera $100 para regalar, ¿a quién se lo darías? Tal vez elegirías a alguien que amas. ¿Qué tal alguien en la calle de una esquina? Realmente podrías hacerle el día a alguien si se lo dieras como propina después de una comida a un precio modesto. Hay muchas posibilidades. No importa a quién le des los $100, indudablemente estás siendo generoso. Nadie puede debatir eso.

Digamos que lo has reducido a dos personas diferentes. Conoces a estas dos personas, y sospechas que cada una estaría igualmente agradecida. ¿Hace una diferencia a quién le des el dinero al final? ¿Qué pasaría si te dijera que una de las personas acaba de recibir un gran aumento en el trabajo y que la otra persona corre el riesgo de que le corten el agua porque se ha demorado en pagar la factura? Realmente podrías hacerle el día a alguien girás a alguien que amas. ¿Qué tal alguien en la calle en un momento difícil?

Si tuvieras $100 para regalar, ¿a quién se lo darías? Tal vez elegerías a alguien que amas. ¿Qué tal alguien en la calle de una esquina? Realmente podrías hacerle el día a alguien si se lo dieras como propina después de una comida a un precio modesto. Hay muchas posibilidades. No importa a quién le des los $100, indudablemente estás siendo generoso. Nadie puede debatir eso.

El discernimiento siempre debe ser una parte importante de la forma de vida de cualquier buen corresponsable. Si damos por el simple hecho de dar, puede que no siempre sea el mejor uso de nuestros dones. Para obtener la mayor cantidad de frutos de las semillas que plantamos, debemos plantar sabiamente. Todo lo que se nos da tiene valor, y debemos ser buenos cuidadores de todo esto. Si alguna vez te encuentras con $100 de sobra, asegúrate de considerar cuidadosamente las opciones y hacer la elección más inteligente. Mientras tanto, ora por sabiduría y reflexiona sobre cómo usar mejor todo lo que te ha dado por el bien del Reino de Dios.

- Tracy Earl Welliver, MTS
Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, cathedralsacramento.org
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Monday to Thursday 5:10 pm
Saturday Vigil 5:00 pm
Sunday 7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español

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Saturday 4:00 pm to 4:45 pm
Domingo en Español 12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

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Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

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Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

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7/7/19
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Benedictus Youth Group Victoria Ramos, benedictusyrg@gmail.com
Brown Bag Lunch Ministry Jerri Rush, jerrirush@gmail.com
Bulletin / Website Lyssa Black, cathedralsacramento@gmail.com
Catechesis of the Good Shepherd for ages 3+, for information, visit: youngsheep.org, or call 916-910-3435
Cathedral A.C.T.S. saccathedralacts.org
Cathedral Men’s Group Bob Meyers, cym1@yahoo.com
Cathedral Saint Vincent de Paul contact the rectory office.
Cathedral Young Adults Titi Kila, cathedralya@gmail.com
Choir (English) Rex Rallanka, Music Director, rrailanka@cathedralsacramento.org
Choir (Spanish) Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
Cinema Divina Movies Reggio King, Brian Perez, thecatholicstore@gmail.com
Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.
Docents Jill Pease, peasejill@gmail.com
Email Prayer Chain Lynne Amerson, cbs1017pc@yahoo.com.
Extraordinary Ministers of Holy Communion Amy McCormick, ammcormick@att.net
Festival of Trees and Lights Paula Trujillo, trupaullah@gmail.com
Front Door Ministry ministries@cathedralsacramento.org
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Knights of Columbus Jaime Elizaldi, jaime.elizaldi@gmail.com
Lectors Fred Heacock, fheacock72@hotmail.com
Respect Life Ministry Veronica Avina, veronicaavina@yahoo.com
Rosary Club Lolita Urrutia, lolita.urrutia@gmail.com.
Spanish Parents Group Leaders Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral, visit our website: cathedralsacramento.org

TOURS
We love to share our Cathedral history! Tours are FREE, led by trained Docents, and held after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.
Los tours en español se llevan a cabo el 1er y 3er domingo del mes después de la misa de 1pm.
Visit our GIFT SHOP downstairs
Sundays - 9:00 am to 3:00 pm, Tuesdays 10:30 am to 12:00 pm

CATHEDRAL PARISH STEWARDSHIP

The Cathedral Parish is solely supported by weekly offertories and individual donations. It is a self-sustaining, non-profit organization and does not receive funding from any other sources, including the Sacramento Diocese or any of its parishes.

The Cathedral’s weekly expenses exceed $20,000. To maintain fiscal integrity, the offer- tory every week needs to cover more than half of the expenses. The Finance Council has set a weekly offertory goal of $11,500.

Weekend Total Offering Percent of Goal
May 25/26 $7,502 65%
June 2/3 $7,969 69%
June 8/9 $11,972 104%
June 15/16 Not available
June 22/23 Not available

Your support is greatly appreciated and vital to maintaining the Parish and its ministries to the poor and hungry, as well as maintaining this spiritual center and historically significant landmark. Thank you for your support!

RELEVANT EDUCATION PROGRAMS

The Cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you’ve been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The Rite of Christian Initiation of Adults (RCIA) sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.

For more information on all of our faith formation programs, please call 916-444-5364 or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at: jgisla@cathedralsacramento.org, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cath eedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least six months before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEAÑERAS

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from child- hood to maturity. For more information on celebrat- ing this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN

From September to June, for ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at drcorgiat@yahoo.com.
Blessed Emmanuel Ruiz and Companions (July 7)

Not much is known of the early life of Emmanuel Ruiz, but details of his heroic death in defense of the faith have come down to us.

Born of humble parents in Santander, Spain, he became a Franciscan priest and served as a missionary in Damascus. This was at a time when anti-Christian riots shook Syria and thousands lost their lives in just a short time.

Among these were Emmanuel, superior of the Franciscan convent, seven other friars, and three laymen. When a menacing crowd came looking for the men, they refused to renounce their faith and become Muslims. The men were subjected to horrible tortures before their martyrdom.

Emmanuel, his brother Franciscans and the three Maronite laymen were beatified in 1926 by Pope Pius XI.
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"He who has ears to hear, let him hear"
~ Matthew 11:15

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