Sunday, October 11

28th Sunday of Ordinary Time

Always check the website for updates

MASS held inside Cathedral

IP - In Person
LS - Live Stream

Monday-Friday | Lunes-Viernes
7:30 am LS
12:10 pm IP

Saturday/Sábado:
NO VIGIL MASS

Sunday/Domingo:

English:
8:00 am IP
10:00 am IP, LS

Spanish | Español:
12:00 pm IP, LS

Chinese:
2:00 pm IP, LS

RECONCILIATION

Monday-Friday:
11:30 am to 12:00 noon

Saturday:
4:00 pm to 5:00 pm

“Come to the feast.”
Matthew 22:4bc

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

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@cathedraloftheblessedsacrament
www.cathedralsacramento.org
We have a Parish App!
Text “app” to 88202 to download!
WEEKLY READINGS AND OBSERVANCES

**Sunday, October 11**
28th Sunday of Ordinary Time

- Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6 [6cd]/Phil 4:12-14, 19-20/Mt 22:1-14 or 22:1-10

**Monday, October 12**
Columbus Day

- Gal 4:22-24, 26-27, 31—5:1/Ps 113:1b-2, 3-4, 5a and 6-7 [cf. 2]/Lk 11:29-3

**Tuesday, October 13**
Tuesday,
28th week in Ordinary Time

- Gal 5:1/Ps 119:41, 43, 44, 45, 47, 48 [41a]/Lk 11:37-4

**Wednesday, October 14**
St. Callistus I, Pope and Martyr

- Eph 1:11/Ps 33:1 [12]/Lk 11:47-54

**Thursday, October 15**
St. Theresa of Avila,
Virgin and Doctor

- Eph 1:1-10/Ps 98:1, 2-3ab, 3cd-4, 5-6 [2a]/Lk 11:47-54

**Friday, October 16**
St. Hedwig, Religious,
St Margaret Mary Alacoque, Virgin

- Eph 1:11-14/Ps 33:1-2, 4-5, 12-13 [12]/Lk 12:1-7

**Saturday, October 17**
St. Ignatius of Antioch,
Bishop and Martyr

- Eph 1:15-23/Ps 8:2-3ab, 4-5, 6-7 [7]/Lk 12:8-12

**Sunday, October 18**
World Mission Sunday
29th Sunday in Ordinary Time

- Is 45:1, 4-6/Ps 96:1, 3, 4-5, 7-8, 9-10 [7b]/1 Thes 1:1-5b/Mt 22:15-2

MASS INTENTIONS

**SUNDAY, October 11**
Anthony Ray Mejia S.I.; Jaime Benigno +; Lola Krist +; Leonisa Belisario + & Cesar + People of the Parish S.I.

**MONDAY, October 12**
Dionisio Tonel +; Vincent Lung +

**TUESDAY, October 13**
Consuelo Agbunag +; George, Mildred, & Ellen Dunams S.I.

**WEDNESDAY, October 14**
All Souls in Purgatory +; George Perry Floyd +

**THURSDAY, October 15**
Raymunda Ramirez S.I. & Matthew Phomsoph S.I.; Mr. & Mrs. Silviano Martinez +

**FRIDAY, OCTOBER 16**
George & Linda Lichty S.I.; Arlinda McGowan Whitaker S.I.
As of October 5th, 102 babies have been saved during this year's 40 Days for Life campaign began. Join other Christians in praying and fasting for an end to abortion. You are invited to stand and peacefully pray with us during a 40-day vigil in front of FPA Abortion Clinic at 2322 Butano Dr. For information how you can help: Liliana Balderrama (916) 912-8256 or Veronica Avina (916) 205-0713 or go to 40daysforlife.com/sacramento.

A partir del 5 de octubre, 102 bebés se han salvado durante el inicio de la campaña 40 Días por la Vida de este año. Únase a otros cristianos en oración y ayuno por el fin del aborto. Está invitado a pararse enfrente de la clínica de aborto FPA y orar pacíficamente con nosotros durante la vigilia de 40 días en el 2322 Butano Dr., Sacramento. Para obtener información sobre cómo puede ayudar: Liliana Balderrama (916) 912-8256 o Veronica Avina (916) 205-0713 o 40daysforlife.com/sacramento.

Together We Can End Abortion and Save Lives

The BBL Ministry and Cathedral Young Adults thank all who donated to the September Water For All Drive! The drive was a great success and your donations allowed us to include water with all meals and distribute extra water during the extreme heat.

Thank you for your generosity!

“...I was thirsty and you gave me something to drink...”
Matthew 25:35

BBL RECEIVES 1,788 LUNCHES!

Christian Brothers High School students donated 1,788 lunches to the BBL during their October 3rd stock-up drive!

Our heartfelt thanks to all donors, CBHS staff, admins, and BBL volunteers who helped to make the stock-up drive a huge success!
As some of you have noticed, since the beginning of August, I, along with the help of some very dedicated volunteers, have been contributing a short “moment” of prayer on our Facebook page. This has been a small effort on my part to help stay connected with all of you while providing an opportunity to pray together and appreciate the great saving work that only God can accomplish. I admit there are times when I struggle to come up with something, as I am more familiar with praying a routine, often repeating the same prayers already composed for me. I suppose, in some ways I should simply pray the Lord’s Prayer for these moments of prayer, but I’m assuming we are already praying that beautiful prayer daily. I’m sure not everybody finds these “moments” prayerful, but certainly the minute or two that they span is an opportunity for each of us to bring ourselves before the Lord.

So please join me in a moment of prayer:

Heavenly Father, we are your people and you are our God. Help us to gently spend time with you each day. Help us put aside the commotions of our lives and quietly place our burdens at your feet. In your love, relieve us of our enslaving anxieties and make us true disciples who glorify You. We ask this through Christ our Lord and in the unity of the Holy Spirit. Amen.

Fr. Michael

CATHOLIC SOCIAL TEACHING #3:
Rights and Responsibilities

The Catholic tradition teaches that human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met. Therefore, every person has a fundamental right to life and a right to those things required for human decency. Corresponding to these rights are duties and responsibilities to one another, to our families, and to the larger society. When someone is reduced to poverty, we have an obligation to help. (Leviticus 25:35). Open your mouth to speak on behalf of those in need. (Proverbs 31:8-9). The rich man has a responsibility to care for Lazarus (Luke 16:19-31). There was not a needy person among them. (Acts 4:32-35). God’s gifts are given to be shared. (2 Corinthians 9:6-15).
Como algunos de ustedes han notado, desde principios de Agosto, yo, junto con la ayuda de algunos voluntarios muy dedicados, he estado contribuyendo con un breve “momento” de oración en nuestra página de Facebook. Este ha sido un pequeño esfuerzo de mi parte que me ayuda a estar conectado con todos ustedes mientras tenemos la oportunidad de orar juntos y apreciar la gran obra salvadora que solo Dios puede lograr. Admito que hay momentos en los que me cuesta pensar en algo, ya que estoy más familiarizado con la rutina de orar, y a menudo repito las mismas oraciones que ya compuse para mí. Supongo que, de alguna manera, debería simplemente rezar el Padrenuestro por estos momentos de oración, pero asumo que ya estamos rezando esa hermosa oración a diario. Estoy seguro de que no todos encuentran estos "momentos" piadosos, pero ciertamente el minuto o dos que transcurren son una oportunidad para que cada uno de nosotros estemos ante el Señor.

Así que por favor únase a mí en un momento de oración:

Padre Celestial, somos tu pueblo y tú eres nuestro Dios. Ayúdanos a pasar tiempo contigo todos los días. Ayúdanos a dejar a un lado las conmociones de nuestras vidas y coloca tranquilamente nuestras cargas a tus pies. En tu amor, libramos de nuestras angustias esclavizantes y haznos verdaderos discípulos que te glorifiquen. Te lo pedimos por Cristo nuestro Señor y en la unidad del Espíritu Santo. Amén.

- Padre Miguel

ENSEÑANZA SOCIAL CATÓLICA #3: Los Derechos Y Deberes

La tradición católica enseña que se puede proteger la dignidad humana y se puede establecer una comunidad saludable sólo si se respetan los derechos humanos y se cumple con los deberes. Por lo tanto, toda persona tiene un derecho fundamental a la vida y un derecho a todo lo necesario para vivir con decencia. A la par de esos derechos, hay también deberes y responsabilidades de unos a otros, hacia nuestras familias y hacia la sociedad en general. Cuando alguien se ve reducido a la pobreza, tenemos la obligación de ayudar. (Levítico 25:35). Abre la boca para hablar en nombre de los necesitados. (Proverbios 31: 8-9). El hombre rico tiene la responsabilidad de cuidar a Lázaro (Lucas 16: 19-31). No había ni un necesitado entre ellos. (Hechos 4: 32-35). Los dones de Dios se dan para compartir. (2 Corintios 9: 6-15).
What is Family Faith Formation?
Wanting to honor the parents' role as the first educator of their children's faith, we are transitioning our program to a Family-centered formation. We are introducing "A Family of Faith", a four-year cycle of family formation, where parents are given a detailed picture of authentic and vibrant Catholic family life, and given the tools to help them succeed at being the religious educators that they already are. Family Faith Formation will support parents in the religious formation and education of their children through instruction, prayer experiences, retreats, and community building events.

What about Sacramental Preparation (Baptism, Confirmation and Holy Communion)?
The program also includes preparation for the Sacraments of Penance (Confession), First Eucharist (First Communion) and Confirmation. When a child is ready, sometime after 2nd grade (for Penance and First Eucharist) and after 8th Grade (for Confirmation), and having at least two years of formation, they may apply for preparation for the Sacrament needed.

What about teaching the faith by grade levels?
No matter how good a program is, classroom catechesis only works in the context of a faithful community. One percent of a child’s life can’t overcome the other ninety-nine. When faith formation is limited to the classroom, its impact is not only lessened - it can make the faith appear irrelevant to life, with it just another hoop to jump through to get those sacraments checked off. Studies show that creating strong Catholic families through involvement of parents helps young people see their faith alive and a part of their daily experience.

Registration 2020-2021
Online Registration for Family Faith Formation is open until October 10th. Please see the Cathedral website for details. See above link.
Parent Orientation: Week of October 11th.

Inscripción 2020-2021
La inscripción en línea para la formación familiar en la fe está abierta hasta el 10 de octubre. Consulte el sitio web de la Catedral para obtener más detalles. Vea el enlace anterior.

Orientación para padres: Semana del 11 de octubre.
Joy by Rochelle Rallanka

How can one find joy during this time? One way that I have found joy during this pandemic time is through walking in nature. Walking is one of my favorite activities in keeping a healthy lifestyle. Walking allows me to notice the tall trees and their changing leaves each season, the little creatures that are full of life, and the passerby that greet a friendly hello. Walking for the most part, allows me to reflect and discern my journey and strategize ways I can make a difference in the lives of others.

On my walks, I feel peace, gratitude, and a sense of purpose. I am grateful for the gift of joy from the Lord which is received through his grace. During this time, my pace of life has slowed down to more than a month long retreat pace – taking each step in the present moment and going forward with more purpose and more clarity trusting in the Lord.

I notice God’s creatures – the squirrels running up a tree as if they are running in the Olympics, birds in the air flying gracefully, and ducks together in unison. On more than one occasion, I am amazed by a momma duck followed by her 8 little ducklings on the water coupled with a beautiful blue sky and clouds.

During this time, I feel a hope. A hope and a peace that God is with me on my journey. I feel comforted that even though I am unable to physically go to church, I feel joy and on purpose with my Catholic faith community as we pray for each other and for our world during live stream masses, zoom prayer meetings and in our own spaces. I feel grateful to be a part of the Catholic faith community.

How about you? Where have you found joy during this time? I welcome you to share your experience.
EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Respond with Love

Do you remember a time when you spent much time or money on a surprise or gift for someone else and they failed to appreciate it? We do open ourselves up to disappointment if our expectations do not match the response. Perhaps we reached down deep to share a part of ourselves only to encounter apathy and insensitivity. That can hurt even if the person ignoring our gesture meant no ill will toward us.

What must God feel like when we fail to respond to what He has done for us. We probably do not purposely slight God, but perhaps we are so busy and mindless that it becomes impossible to be responsive and mindful. We can miss the gift of God which is right before our eyes.

It is very difficult to be a good steward if we do not intentionally choose to be mindful. We miss the important stuff in life, and we neglect those placed in our path as gifts to enrich our lives. If we are to live as Jesus asks, we must work on focusing our eyes of faith on the things that matter and the gifts we have been given. If we are made in the image of God, I suppose we can guess how God might feel when His gifts are not acknowledged, or His love not returned. If I reflect on the One who loves me more than anyone, how can I choose to not offer my love in return?

— Tracy Earl Welliver, MTS
The HOLY SACRIFICE OF THE MASS
Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)
Mon—Wed—Thu: 11:00 am to 12:00 pm
Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK
Make an appointment by calling the parish office.

MATRIMONY
To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE
If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org. No weddings until COVID-19 restrictions are lifted.

MARRIAGE PREPARATION
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION
No registration is required. Classes are held:
- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

CATECHIST PREPARATION
 Desire to help us pass on the faith to adults and children? Complete your application today at: https://is.gd/cathedralvolunteer

BAPTISM
Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:
3rd Saturday of each month, 9 am (English), y 4to Sabado del mes, 9 am (Espanol).
For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST
Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION
The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS
Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and/or deaconate, contact Fr. Hernandez

FAMILY FAITH FORMATION AND EDUCATION
English and Spanish Online

The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities.

Rite of Christian Initiation for Adults/Children (RCIA)
Adults: Mondays, 7 pm
Children and Teens: Follow Family Program Online

RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and weekly lessons. We also help prepare for their full initiation into the life of the Church through the Sacraments. For more information, Sister Lisa Marie Doty, FdCC at 916-444-5364, or lmdoty@cathedralsacramento.org.
MINISTRIES AND CONTACTS
Father Michael O'Reilly, Pastor / Rector

SACRED LITURGY
Altarservers: Michael Ognisty, mfo@msn.com
Choir (English)
Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
Choir (Spanish/Español)
Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass
Extraordinary Ministers of Holy Communion
Amy McCormick, ammccormick@att.net
Greeters and Ushers
Tom Waddock, 916-444-3071, x 36
Lectors
Fred Heacock, fheacock72@hotmail.com

SOCIAL and COMMUNITY SERVICE
Brown Bag Lunch Ministry
Marilynn Fairgood, Marilynn_Fairgood@att.net
Docents
Jill Pease, peasejill@gmail.com
Festival of Trees and Lights
Paula Trujillo, trupaula@gmail.com
Front Door Ministry
ministries@cathedralsacramento.org
Hospitality
Celeste Gisla, jfgisla@surewest.net
Respect Life Ministry
Liliana Balderrama, michoacan8888@gmail.com
Saint Vincent de Paul contact the rectory office

PASTORAL AND ADMINISTRATIVE STAFF
Fr. Michael O’Reilly, Pastor
Fr. Nicholas Ho, Chinese Mass
Fr. Hernandez, In Residence
Fr. Michael Kiernan, In Residence
Deacon John Gisla, Office Manager
Deacon Edgar Hilbert
Deacon Omar Bardales
Sr. Lisa Marie Doty, FdCC
Director of Faith Formation and Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Victoria Ramos, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator
Chris Houlemand
Bulletin Editor/Webmaster

FORMATION AND CATECHESIS
Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435
Faith Formation and Education / Catechists
Sr. Lisa Marie Doty, lmdoty@cathedralsacramento.org
Spanish/English Formation
at cathedralfaithformationsac@gmail.com
Rite of Christian Initiation for Adults and Children
Sr. Lisa Marie Doty, RCIA@cathedralsacramento.org

PRAYER and COMMUNITY GROUPS
Benedictus Youth Group: Titi Kila, benedictusyg@gmail.com
Cathedral A.C.T.S.
ActsCathedralsacto@gmail.com, saccathedralacts.org
Cathedral Young Adults
Victor Amador, cathedralsa@gmail.com
Chinese Community
Oliver Wan sccc.contact@gmail.com
Cinema Divina Movies
Reggie King, thecatholicstore@gmail.com
Email Prayer Chain
Lynne Amerson, cbs1017pc@yahoo.com
Knights of Columbus
Jaime Elizaldi, jaime.elizaldi@gmail.com
Rosary Club
Lolita Urrutia, lolita.urrutia@gmail.com
Spanish Parents Group Leaders
Leticia Hilbert, leticia_hilbert@hotmail.com

PARISH PASTORAL COUNCIL
Peggy Oakden, Chairperson
Russel Almaraz
Esteban Arellano
Eileen Dunn
Andrea Martin-Borges

FINANCE COUNCIL
Robert Ingenito, Chairperson
Janet Bardales
Steve Harrold
Michael Pease

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1017 11th Street, Sacramento, CA 95814

NAME/NOMBRE

ADDRESS/DOMICILIO

Street
City
Zip

Please indicate/Por favor indique:
☐ New Parishioner/Individual
☐ New Parishioner/Family
☐ Nuevo Parroquiano/Individual
☐ Nuevo Parroquiano/Family
☐ Change of Address/Cambio de Dirección
☐ Por favor envie Sobres de Ofertorio

CELL PHONE