June 21, 2020
Happy Father’s Day

Welcome Home!
Please see inside cover for how you can be prepared for when you come for Mass.

Mass Schedule:

Monday - Thursday:
- 12:10 PM and 5:10 PM

Friday:
- 12:10 PM

Saturday:
- 5:00 PM (SUNDAY VIGIL MASS)

Sunday:
- English: 7:30, 9:00, 11:00 AM and 5:00 PM
- Espanol: 1:00 & 7:00 PM
- Chinese: 3:00 PM

Confessions

Monday-Friday:
- 11:30 AM to 12:00 NOON

Saturday:
- 4:00 PM to 5:00 PM

12th SUNDAY IN ORDINARY TIME

“Are not two sparrows sold for a small coin? Yet not one of them falls to the ground without your Father’s knowledge... So do not be afraid: you are worth more than many sparrows.” - Mt 10:29, 31

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

Connect with us!
@cathedralsacramento
www.cathedralsacramento.org
We have a Parish App!
Text “app” to 88202 to download!
**Welcome Home!**

**Before coming**

- **PREPARE**
  - Check Your health. Those over 65 or with a vulnerable condition are strongly encouraged to continue to shelter-in-place. If you have any signs of flu or fever, stay home and rest. Keep in mind the dispensation from the obligation to attend Sunday Mass issued by Bishop Soto remains in force.
  - Watch the Video prepared by our welcoming committee regarding the procedures for check-in at Mass:
    - [www.cathedralsacramento.org](http://www.cathedralsacramento.org)
  - Download breviary, Magnificat or missal apps for the daily readings.

**Upon arrival**

- **CHECK-IN**
  - Come with a Mask. We ask that all wear a mask if above two years old. Please apply your mask before getting to the Church.
  - Arrive Early. There will be a check-in point at the main doors of the Cathedral. All that enter must provide their contact information so you can be notified in event of an outbreak of the virus traced to the time of your visit. This information will not be shared or sold.
  - Be Flexible. Be Patient. Our volunteers will do their best to be welcoming as they show you to your seat. Let them seat you and use the experience as a prayer for the end of the virus.

**Receiving**

- **COMMUNION**
  - Remain where you are. At the time of Communion, stay in your place. The priest or minister of the sacrament will come to you. Please stand when to receive.
  - Receive in the Hand if you can. The Church asks that you receive in the hand to lessen the potential contact.

We look forward to be able to celebrate together! United in prayer!
In a special way, the Father is connected to us. He is aware of each one of us. At times He may group us all together as His children, but He also knows you, His child. And even though you may feel that no one seems to notice you or understand you, Our Father sees your every action, desire, hope and frustration. If you are alive, the Father of all life is right with you. So, make sure you really are alive, because He is the best Father who loves every one of His children!

So, to all of us: Happy Father’s Day!

Father Michael

“La Esquina del Pastor” para este domingo es bastante corta, después de todo, es el Día del Padre. Me dieron permiso para relajarme.

Solo les quiero comentar un simple pensamiento sobre nuestro Evangelio de hoy. Jesús nos recuerda que el Padre tiene conocimiento de la vida y la muerte de cada gorrion, pájaros que son tan numerosos que nuestros ojos no pueden detectar ninguna diferencia entre ellos. Nuestro Padre es Padre de los gorriones. Reconoce a cada gorrón individualmente. Sabemos que Jesús nos está diciendo que el Padre de los gorriones es un padre para todas las criaturas. Él conoce a cada uno de ellos. Nuestro Padre, es el creador de toda la vida, está de alguna manera conectado con toda la vida.

De manera muy especial, el Padre está conectado con nosotros. Él está al pendiente de cada uno de nosotros. A veces puede agruparnos a todos como sus hijos, pero también te conoce a ti, su hijo/a. Y aunque nos podemos sentir que nadie nos comprende o que no nos toman en cuenta, nuestro Padre ve cada una de nuestras acciones, deseos, esperanzas y frustraciones. Si estás vivo, el Padre de toda la vida está contigo. ¡Entonces, asegúrense de estar realmente vivos, porque Él es el mejor Padre que ama a cada uno de Sus hijos!

Entonces, para todos nosotros: ¡Feliz Día del Padre!

Padre Miguel

“I have told you this so that my joy may be in you and that your joy may be complete.” - John 15:11

...do not be afraid... - John 10:26
Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ,
true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the
Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit,
the Paraclete.
Blessed be the great
Mother of God,
Mary most Holy.
Blessed be her Holy and
Immaculate Conception.
Blessed be her
Glorious Assumption.
Blessed be the name of Mary,
Virgin and Mother.
Blessed be St. Joseph,
her most chaste spouse.
Blessed be God in His Angels
and in His Saints. Amen.

May the heart of Jesus,
in the Most Blessed Sacrament,
be praised, adored, and loved
with grateful affection,
at every moment,
in all the tabernacles of the world,
even to the end of time. Amen.

“... we praise God not for
His benefit but for ours.”
- St Thomas Aquinas
Celebrating our Spiritual Fathers

As we remember Fathers in a special way this weekend, we would be amiss if we overlooked those fathers who we have recourse to in the spiritual life. The first and foremost is God the Father whom we honor with our daily praying of the Lord’s Prayer. Jesus shows us the way to the Father, and in fact reminds the disciple Philip that “...whoever has seen me has seen the Father” (John 14:9). We honor God the Father in many ways when at Mass, and it is good to reflect on these. Every time we make the Sign of the Cross, we profess our belief in “...God the Father Almighty, Creator of Heaven and Earth.” And, at the end of Eucharistic Prayer we pray the prayer Jesus himself taught us, the Our Father.

The second is the protector of the Universal Church and head of the Holy Family, beloved Saint Joseph. He models the love of God for us through his care for Jesus, showing us the relationship our Heavenly Father wants with us. We learn to trust God in seeing the child Jesus entrust Himself completely to the care of Saint Joseph.

Lastly, we have our Pastors, who are given to us to help us spiritually through this life. They, like Saint Joseph, model the role of Fathers. They provide wise counsel in the confessional, provide spiritual nourishment in the Eucharist, and pray for us as head of your church community. Fr. Michael, thank you!

Let us honor all of our fathers today, and thank the Lord for their roles in our spiritual and earthly life.

Al recordar a los Padres de una manera especial este fin de semana, estaríamos mal si pasamos por alto a aquellos padres a los que recurrimos en la vida espiritual. El primero y más importante es Dios el Padre, a quien honramos con nuestra oración diaria de la Oración del Señor. Jesús nos muestra el camino hacia el Padre, y de hecho le recuerda al discípulo Felipe que “... el que me ha visto a mi, ha visto al Padre” (Juan 14:9). Honramos a Dios el Padre de muchas maneras cuando estamos en la Misa, y es bueno reflexionar sobre esto. Cada vez que hagamos la Séñal de la Cruz, honramos al Padre junto con el Hijo Jesús y el Espíritu Santo. Cuando rezamos el Credo, profesamos nuestra creencia en “...Dios Padre Todopoderoso, Creador del Cielo y la Tierra”. Y, al fin de la Oración Eucarística, rezamos la oración que Jesús mismo nos enseñó, el Padre Nuestro.

El segundo es el protector de la Iglesia Universal y cabeza de la Sagrada Familia, amado San José. El modela el amor de Dios por nosotros a través de su cuidado por Jesús, mostrándonos la relación que nuestro Padre Celestial quiere con nosotros. Aprendemos a confiar en Dios al ver al niño Jesús confiarse completamente al cuidado de San José.

Por último, tenemos nuestros pastores, que nos son dados para ayudarnos espiritualmente a través de esta vida. Ellos, como San José, modelan el papel de los padres. Proporcionan sabios consejos en el confesionario, proporcionan alimento espiritual en la Eucaristía y oran por nosotros como cabeza de la comunidad de su iglesia. El p. Michael, gracias! Honremos a todos nuestros padres hoy, y agradecamos al Señor por su papel en nuestra vida espiritual y terrenal.

Oh san José, cuya protección es tan grande, tan fuerte y tan inmediata ante el trono de Dios, a ti confió todas mis intenciones y deseos. Ayúdame, san José, con tu poderosa intercesión, a obtener todas las bendiciones espirituales por intercesión de tu Hijo adoptivo, Jesucristo Nuestro Señor, de modo que, al confiarme, aquí en la tierra, a tu poder celestial, te tribute mi agradecimiento y homenaje. Oh san José, yo nunca me canso de contemplarte con Jesús adormecido en tus brazos. No me atrevo a acercarme cuando Él descansa junto a tu corazón. Abrazale en mi nombre, besa por mí tu delicado rostro y pidele que me devuelva ese beso cuando yo exhale mi último suspiro. ¡San José, patrono de las almas que parten, ruega por mí! Amén.

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interest and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. Oh, St. Joseph, I never weary contemplating you, and Jesus asleep in your arms; I dare not approach while He repose near your heart. Press Him close in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.
WEEKLY PRAYER

Readings for the week of June 21, 2020

**SUN 6/21**  
Jer 20:10-13/Ps 69:8-10, 14, 17, 33-35 [14c]/Rom 5:12-15/Mt 10:26-33

**MON 6/22**  
2 Kgs 17:5-8, 13-15a, 18/Ps 60:3, 4-5, 12-13 [7b]/Mt 7:1-5

**TUE 6/23**  
2 Kgs 19:9b-11, 14-21, 31-35a, 36/Ps 48:2-3ab, 3cd-4, 10-11 [cf. 9d]/Mt 7:6, 12-14

**WED 6/24**  

**THR 6/25**  
2 Kgs 24:8-17/Ps 79:1b-2, 3-5, 8, 9 [9]/Mt 7:21-29

**FRI 6/26**  
2 Kgs 25:1-12/Ps 137:1-2, 3, 4-5, 6 [6ab]/Mt 8:1-4

**SAT 6/27**  
Lam 2:2, 10-14, 18-19/Ps 74:1b-2, 3-5, 6-7, 20-21 [19b]/Mt 8:5-17

**SUN 6/28**  
2 Kgs 4:8-11, 14-16a/Ps 89:2-3, 16-17, 18-19 [2a]/Rom 6:3-4, 8-11/Mt 10:37-42

OBSERVANCES FOR THE WEEK OF JUNE 21, 2020

*Sunday:* 12th Sunday in Ordinary Time; Father's Day

*Monday:* St. Paulinus of Nola, Bishop; Sts. John Fisher, Bishop, and Thomas More, Martyrs

*Wednesday:* The Nativity of St. John the Baptist

*Saturday:* St. Cyril of Alexandria, Bishop and Doctor of the Church

*Next Sunday:* 13th Sunday in Ordinary Time

**MASS INTENTIONS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Mass Intentions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>June 20  Chona Sarte- Lagman+</td>
</tr>
<tr>
<td>Monday</td>
<td>June 22  Lawrence Gallegos+, Virginia Martinez+, and Joel Martinez+</td>
</tr>
<tr>
<td>Tuesday</td>
<td>June 23  Virginia Martinez+ and Joel Martinez+, Maria Diaz and Family S.I.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>June 24  Romaine Freeman+, Lucretia Ringling+</td>
</tr>
<tr>
<td>Thursday</td>
<td>June 25  Michael Jose Mejia S.I., Gerard Leclair+</td>
</tr>
<tr>
<td>Friday</td>
<td>June 26  Lucretia Ringling+</td>
</tr>
<tr>
<td>Saturday</td>
<td>June 27  Luis Daniel Mejia Jr. S.I.</td>
</tr>
</tbody>
</table>

UPCOMING ...

**Retreat: True Devotion to Mary**

Preparation sessions for Consecration to Jesus through Mary, First session, **Thursday, June 25th** concluding the Feast of the Assumption, August 15th. To join the retreat, sign up at the below link. Video conferencing will be available for the weekly sessions.

cathedralsacramento.flocknote.com/TrueDevotion

**Faith: Become a Catechist**

“What can I give back to the Lord for the goodness He has shown me?” - Psalm 116:12

Yes, you have been given a great gift of faith. Why not share it with others and help the seeds of faith grow at the Cathedral? To know more, register for one of our catechist orientation days: **https://is.gd/newcatechist**

**Search: What Do I Believe?**

You have been attending Mass and wondering if you can finish your Sacraments of Initiation or become Catholic? Join us for an online reflection of why belief is a good thing. All are welcome to attend the exploration of Faith, beginning in August!

1. **Sign up for the Search.**

cathedralsacramento.flocknote.com/SEARCH

2. You will receive a confirmation email and a calendar of sessions.
A sparrow seems like a common bird. It has been said, “God must have loved the common people, because He made so many of them.” I don’t think that God sees us as common or ordinary. If He did, He would not love us in such an uncommon and extraordinary way! The Bible says, “Give all your worries and cares to God, for He cares about you.” We are more precious to Him than a whole flock of sparrows — and we know how much He loves the sparrow.

Dear God, we know that we are precious in Your sight. Thank You for loving us with such an uncommon and extraordinary love. In Jesus’ name, amen.

“Everyone who acknowledges me before others...”—Matthew 10:32
You find yourself in the difficult situation of being accused of blasphemy and confronting possible execution. Your crime is believing in Jesus Christ. The question is then asked of you, “Are you a Christian, a follower of the one named Jesus Christ?” Your answer may very well dictate what happens to you next. What is your answer? It is probably easier to answer this question when the scenario is make-believe. All of us want to believe that we would say yes to the question of belief in Jesus, but strange things happen when humans panic in the face of extreme stress. As we reflect on what we would say, there are those all over the world who are being asked that very same question. It is a question that was asked of many in the first centuries of the Church. Those who respond “yes” are considered martyrs and saints.

We might not usually think of all this in terms of good stewardship living. However, our faith is also a gift we have received from God to cultivate, grow, and share with others. The more interesting question than the one posed above is, “Would an accuser even think of asking you such a question?” Would you have cultivated, grown, and shared your faith enough that anyone would even consider you worthy of asking the question? They might assume you don’t know Jesus Christ at all. I don’t like conflict and do not seek out conflict, but I would rather someone ask the first question posed than assume there is no reason to confront me in the first place.

— Tracy Earl Welliver, MTS

Everyday Stewardship—Recognize God in Your Ordinary Moments Will You Say Yes?

SACRAMENTO CHINESE CATHOLIC COMMUNITY

A Community that is dedicated to serve the Chinese Catholics in the Greater Sacramento Area.

@SACCHINESECATHOLIC

每日當責 - 在日常生活中體會天主

你會說 “是的” 嗎？

當你發現自己處於被指控 blasphemy 而面臨可能被處決的困境，而你的罪名是相信耶穌基督。你被問的問題是，你是基督徒嗎？ 耶穌基督的信徒嗎？ 而你的答案將決定你的後果，你的答案會是甚麼？

當確信是假設的問題時，回答可能容易些。相信所有的人，都希望對回答是否信仰基督的問題時說 “是的”，但是當人們面對極端壓力的恐慌時，就會發生奇怪的事了。世界各地的人都曾被問到同樣的問題，當我們思考我們要回答的話時，來看看教會在最初幾個世紀，曾被問過的這個問題，那些回答“是的”的人都被尊為烈士和聖人了。

我們通常不會以良好信行生活角度來考慮所有事情。但是，我們的信德是從天主而來的禮物，可用以培養，成長及和他人分享的禮物。比上面提出的更有趣的問題是，“宗教的人甚至會想問你這樣的問題嗎？”你是否有足夠的培養，成長和分享你的信德呢？人們甚至不認為值得對你提出這個問題。他們可能假設你根本就不認識耶穌基督。我不喜歡衝突，也不尋求衝突，但我寧願有人問我第一個問題，而不是假設沒有理由首先來確認我是否是基督徒。

- Tracy Earl Welliver, MTS
The HOLY SACRIFICE OF THE MASS
Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)
Mon—Wed—Thu: 11:00 am to 12:00 pm
Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK
Make an appointment by calling the parish office.

MATRIMONY
To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE
If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.
No weddings until COVID-19 restrictions are lifted.

MARRIAGE PREPARATION
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION
No registration is required. Classes are held:
- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

QUINCEANERA
While not a Sacrament, a Quinceanera celebrates a young lady’s coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at tkila@cathedralsacramento.org.

BAPTMISM
Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:
3rd Saturday of each month, 9 am (English), and 4to Sabado del mes, 9 am (Espanol)
For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST
Children prepare for the Sacrament of the Holy Eucharist over a two year period. Teens and Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION
The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS
Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and/or deaconate, contact Fr. Hernandez at 916-733-0258.

FAITH FORMATION AND EDUCATION
English Classes—Saturdays, 10 am
Spanish Classes—Sundays, 11 am
The Cathedral offers weekly religious education classes for pre-K through Eighth grade, sacramental preparation for children, teens and adults, in both English and Spanish groups.

Rite of Christian Initiation for Adults/Children (RCIA)
Adults: Mondays, 7 pm
Children and Teens: Sundays, 9 am
RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and lessons. For more information, Sister Lisa Marie at 916-444-5364, or lmdoty@cathedralsacramento.org.

“...I will acknowledge before my heavenly Father.” - Matthew 10:32
MINISTRIES and CONTACTS
Father Michael O’Reilly, Pastor / Rector

SACRED LITURGY

Altarservers: Michael Ognisty, mfognisty@msn.com
Choir (English)
Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
Choir (Spanish)
Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass
Extraordinary Ministers of Holy Communion
Amy McCormick, ammcormick@att.net
Greeters and Ushers
Tom Waddock, 916-444-3071, x 36
Lectors
Fred Heacock, fheacock72@hotmail.com

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry
Marilynn Fairgood, Marilynn_Fairgood@att.net
Docents
Jill Pease, peasejill@gmail.com
Festival of Trees and Lights
Paula Trujillo, trupaula@gmail.com
Front Door Ministry
ministries@cathedralsacramento.org
Hospitality
Celeste Gisla, jfgisla@surewest.net
Respect Life Ministry
Liliana Balderrama, michoacan888@gmail.com
Saint Vincent de Paul contact the rectory office

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Kieran McMahon
Priest in Residence
Fr. Nicholas Ho
Chinese Mass
Deacon John Gisla
Office Manager
Dcn. Edgar Hilbert
Dcn. Omar Bardales
Sr. Lisa Marie Doty
Director of Education
Michael Ognisty
Sacrristan

Rex Rallanka
Director of Music
Tom Waddock
Cathedral Manager
Victoria Ramos
Secretary
Katie McAllister
Bookkeeper
Titi Kila
Wedding Coordinator
Chris Houlemand
Webmaster/Bulletin

PARISH PASTORAL COUNCIL
Peggy Oakden, Chairperson
Russel Almaraz
Esteban Arellano
Ellis Chan
Paty Davila
Eileen Dunn

Andrea Martin-Borges
Joey Martinez
Aileen Rasmussen
Jose Solis
Jeff Weiss
Richard Zacaroli

Robert Ingenito, Chairperson
Janet Bardales
Michael Pease
Steve Harrold

FINANCE COUNCIL

CATHEDRAL PARISH REGISTRATION & UPDATE / Actualización y registro de la parroquia de la Catedral
Become a member of our dynamic Cathedral family! Register online: https://www.cathedralsacramento.org/parishioner-registration-1 or fill out the form below and put in the offertory basket or mail to the rectory office at 1017 11th Street, Sacramento, CA 95814

NAME/NOMBRE

CELL PHONE

ADDRESS/DOMICILIO

Street
City
Zip

Please indicate/Por favor indique:

☐ New Parishioner/Individual
☐ New Parishioner/Family
☐ Nuevo Parroquiano/Individuo
☐ Nuevo Parroquiano/Familia
☐ Change of Address/Cambio de Direccion

10
WEEK OF JUNE 21, 2020 | 12TH SUNDAY
Family Dentistry

Jasmine L. Dermawan, DMD
2335 American River Dr.
Ste. 307, Sacramento, CA
95825
916-929-0331
www.drjasmindmd.com

*English • Indonesian

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust:

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider
SafeStreets
1-855-225-4251

St. Mary Cemetery & Funeral Center, Sacramento, CA
Call for Info: (916) 455-0215 • www.4lpi.com

St. Mary Cemetery & Funeral Center • Calvary Cemetery & Funeral Center

Your Catholic resource for Funeral, Mortuary, Cremation & Cemetery needs within the Diocese of Sacramento.

916-452-4831

CatholicMatch.com/CA

Catholic Match California

For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

B 4C 05-1145

MATTHEW D. ROY
Attorney at Law
916 361 6028

Free Consultation for Anyone that Mentions the Ad

Practice includes: Family Law and Bankruptcy Law

roy@theroylawoffices.com
www.TheRoyLawOffices.com

770 L Street, Suite 950 • Sacramento, CA

STEVE ROSE
PAINTING CO.
Residential Specialists
License #804522

- A Good Paint Job At A Fair Price -
(916) 421-2281

Free Estimates
Bonded & Insured
Sacramento, CA

steverose@steverosepainting.com

For ad info. call 1-800-950-9952 • www.4lpi.com

Cathedral of Blessed Sacrament, Sacramento, CA

B 4C 05-1145