The Most Reverend Jaime Soto, D.D., M.S.W., Bishop of Sacramento

The Most Reverend Myron Cotta
Auxiliary Bishop of Sacramento

The Very Reverend Michael O’Reilly, Rector

Reverend Kieran M. McMahon
Reverend Michael Estaris, Priest in Residence
Reverend Brent Carlton Nall, Priest in Residence
Reverend Nicholas Ho, Chinese Mass

Deacon John Gisla          Deacon Raul Leon
Deacon Don DeHaven

Sister Jenny Aldeghi, FDCC, Director of Education

Rex Rallanka, Director of Music

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SCHEDULE OF MASSES
Monday to Friday               12:10 pm
Monday to Thursday             5:10 pm
Saturday Vigil                 5:00 pm
Sunday                        7:30 am
                            9:00 am
                            11:00 am
Spanish                        1:00 pm
Chinese                        3:00 pm
                            5:00 pm
Spanish                        7:00 pm
State Holidays                 12:10 pm

SACRAMENT OF CONFESSION
Monday to Friday               11:30 am to 12:00 pm
Saturday                       4:00 pm to 4:45 pm
Domingo - En Español           12:30 pm a 12:45 pm
                            6:30 pm a 7:00 pm

EUCHARISTIC ADORATION
Wednesday                      12:45 pm to 4:45 pm
Thursday                       12:45 pm to 4:45 pm
Friday                         12:45 pm to 3:45 pm

BAPTISMS — Registration is required
English — 3rd Saturday of the month, 9:00 am
Español - 4º Sábado del mes, 9:00 am

BAPTISM CLASSES
English — 1st Thursday of the month, 7:00 pm
Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071,
Six (6) months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00 pm
The Paschal Candle, the largest candle in the sanctuary, is one of the most significant symbols in our liturgy. It is placed prominently in the church as the sign of Christ in our midst (as opposed to the Blessed Sacrament which is His Presence in our midst); the candle also symbolizes the "Paschal Mystery", or the life, death, and resurrection of Christ that brought the light of salvation to the world. The Easter season will draw to a close on Pentecost Sunday and we will return to Ordinary Time the following day (June 5th being Monday of the 5th week of Ordinary Time). The Paschal Candle will remain with us in the Church, but will no longer be lit every Sunday, but only at Baptisms and Funerals through the rest of the Liturgical Year.

Pentecost Sunday signals the end of the Lenten-Easter cycle that began on Ash Wednesday. After the Holy Thursday Mass and the removal of the Blessed Sacrament to the "Altar of Repose", all the candles in the church are extinguished to signify a world without God, without Christ, and without the Gospel. When we gather at the Easter Vigil, we enter into a darkened church and then repair outside to the entrance of the Church for the blessing of the fire. This fire symbolizes the eternal life of Christ, and it is from this sacred fire that the Paschal Candle is lit and then used to light all the individual candles of the faithful. After the Paschal Candle is lit and before we enter the church, the priest will press pre-formed symbols into the Candle, each with their own particular symbolism.

First the Cross, which is the most central and prominent feature of the candle; then the year, which symbolizes God’s current and real time presence with us throughout the year; then five pins containing incense are pressed into the Cross to signify the spices with which Christ was buried and a sign of our prayers rising to God through our union with Christ. The five pins also signify the five wounds of Christ: the wounds in His hands, in His feet, and in His side. The Alpha (A) and the Omega (W), the first and last letters of the Greek alphabet, signify Christ “the beginning and the end”. The Paschal Candle is then processed into the church and placed on a prominent stand where it will remain throughout the year; later in the Vigil Mass it will be momentarily removed and dipped three times in the Baptismal Font at the blessing of the water. This signifies that the salvation in Christ represented by the Paschal Candle washes and sanctifies those who are immersed in the baptismal font.

The salvific Light of Christ represented by the Paschal Candle and dispensed at the baptismal font will endure on earth until the end of time. For that reason the candle is lit at Baptisms, to signify the connection of the baptismal liturgy with the meaning and significance of the solemn liturgy of the Easter Vigil. The Paschal Candle will also be lit at funerals to signify the light of Christ dispelling the darkness of death.

Our beautiful Catholic faith presents to us many sacred mysteries that must be apprehended by faith and reason, but they are not easily ascertained by the senses: “It is the spirit that gives life, the flesh profits nothing; the words I speak unto you are spirit, and they are life” (John 6:63). Nevertheless, God has ordained that these unseen mysteries of faith should be presented to our senses through the signs and symbols of the sacred liturgy: Light and Darkness, Music and Art, Incense and Sacred oils, Icons and Statues, are signs and symbols that are not equated with the sacred mysteries themselves, nor are they in themselves worthy of veneration or worship; rather, their simplicity and beauty serve as connection points to the eternal and they convey our frail humanity to those lofty spiritual realities that are indeed worthy of veneration and worship.

Eucharistic Adoration is a deeply personal method of prayer that many saints have recommended over the past few centuries. It consists of visiting a church or small chapel to adore Jesus Christ, truly present in the Blessed Sacrament. As Catholics we believe that “The Eucharistic presence of Christ begins at the moment of the consecration and endures as long as the Eucharistic species subsist” (CCC 1377).

This means that as long as the Sacred Host is intact and possesses the physical properties of bread, the Real Presence of Jesus Christ, body, blood, soul and divinity, remain.

On account of this reality, the Church started using a tabernacle (typically a gold box) as a way to protect any consecrated hosts not consumed at Mass. The Eucharistic hosts are typically stored in the tabernacle, which is marked out by a red lamp that stays lit as long as there are hosts within.

There arose in popularity during the 15th century a practice that placed a host not in the tabernacle, but in a gold receptacle called a “monstrance.” This device put the host on display in a clear piece of glass, surrounded by gold. Instead of being hidden away in the tabernacle, a host in the monstrance could be clearly seen and venerated by all.

The purpose of this practice centered on the desire of Christians to adore the King of Kings in the Sacred Host. Adoration provided an opportunity for Christians to have a “face-to-face conversation” with God, truly present in the Eucharist.

Soon enough there developed various religious orders and societies who took as their mission the Perpetual Adoration of Jesus in the Eucharist. They placed the monstrance on an altar and took turns adoring Our Lord around the clock, ensuring that a person was accompanying the Blessed Sacrament every hour of the day. This practice has been taken up by the laity in what are now called “Perpetual Adoration Chapels,” greatly supported by Saint John Paul II.

In his encyclical, Ecclesia de Eucharistia, John Paul II exhorted pastors to, “encourage, also by their personal witness, the practice of Eucharistic adoration, and exposition of the Blessed Sacrament in particular, as well as prayer of adoration before Christ present under the Eucharistic species.” He further said in an International Eucharistic Congress in Seville, “I hope that the fruit of this Congress results in the establishment of Perpetual Eucharistic Adoration in all parishes and Christian communities throughout the world.

The practice of Eucharistic Adoration only makes sense in light of the Catholic understanding of the Eucharist as the Real Presence of Jesus. Catholics believe that Jesus is truly there, in a special way not found anywhere else in the world. It is as if we were walking next to Jesus when he was on this earth.

A short story in the life of Saint Teresa of Avila perfectly summarizes the reasoning behind Eucharistic Adoration. One day Saint Teresa heard someone say, “If only I had lived at the time of Jesus … If only I had seen Jesus … If only I had talked with Jesus.” She responded, “But do we not have in the Eucharist the living, true and real Jesus present before us? Why look for more?”

~John-David Black~
I wonder if going on a sabbatical is a little like Jesus ascending into heaven. You leave for a little while, but you plan on coming back. In the mean time, things will change and people will change, all for the good.

I recently returned from my four month sabbatical. Of course, I don’t have a great idea of what heaven is like, but parts of my sabbatical were pretty heavenly. I stayed in a beautiful, somewhat gothic building called St. Albert Priory in the Oakland hills. The facility is a house of formation for Dominican brothers who live there and attend classes at the Theological Union in Berkeley. Our sabbatical program and residence was in a wing of the building no longer used by the Dominicans. The program was fairly straight forward. We had one workshop in the morning and one in the afternoon, Monday through Wednesday. Thursday was a day of meditation and integration (gathering in group to share how things are going), and Friday through Sunday were free time. The time was ours to use as we felt called. The program was loose enough to provide ample time for prayer and personal development while creating structure that helps prevent the time from just slipping away. The workshops were on various topics involving theology, scripture, the arts, and personal growth. We were a small group of 12 sabbaticants from all over the world. During their free time, many would visit the beautiful bay area. I spent my weekends visiting my parents and doing some work on my house in Orland. I also had ample opportunities to walk, do some work on my house in Orland. I also had ample opportunities to walk, practice piano and flute, and journal about my experiences in life.

Journaling became one of the more helpful tools in discerning my walk with Christ while on sabbatical. Journaling helps me to open my more creative side which can often become stunted when trying to minister to the more administrative side of my ministry. I used to journal and write poetry in the seminary but since ordination, I have spent very little time on this prayerful practice.

You've flung it all out into orbit - planets, molecules, atoms, galaxies
Gingerly planting saplings - setting precarious boulders ready to topple while You nap -
unknown truths lacking any sense of created mapping.

Take each act, and reverse it.

Collect the stars, pull in the neurons and photons.
Soak up the hydrogen and oxygen and carbon and place it all back on the shelves of your creative.
Vacuum all the dust and place it all on the shelf - the vacuum stored in the closet.

What exists between the stars that are no longer? All is empty.
What exists between the orbiting ions that are no longer? There is no all-
no winter, no sunrise, no comet, no grand gesture of love.
No created. Nothing remains.

~Father Michael O'Reilly~
Astonish the people who cross your path with your generosity. There is no better way to bring Christianity to life.” ~Matthew Kelly~
### Mass / Intentions and Activities

<table>
<thead>
<tr>
<th>Day</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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<tbody>
<tr>
<td><strong>Saturday 27th</strong></td>
<td>5:00 pm / Alonso Luna +</td>
<td>10:00 am CFF Classes</td>
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| **Sunday 28th**    | 7:30 am / Parish Intentions  
9:00 am / Mario Bruschi & Family S.I.  
11:00 am / Jacqueline M. Walsh +  
1:00 pm Spanish / Fr. Jeremy Leatherby S.I.  
3:00 pm Chinese  
5:00 pm / Emiliano Ramos +  
7:00 pm Spanish / Luis Martinez Lemus + | 9:00 am RCIA class for children and teens  
9:30 am RCIA Breaking of the Word  
11:00 am Liturgy of the Word for Children  
11:15 am Spanish CCD classes |
| **Monday 29th**     | 12:10 pm / John Español  
5:10 pm / Holiday—No Mass                                                          | 6:30 pm RCIA Evening Prayer  
7:00 pm RCIA Class                                      |
| **Tuesday 30th**    | 12:10 pm / Elizabeth Walker S.I.  
5:10 pm / Bob Jones S.I.                                                                  | 6:00 pm Spanish Choir for the  
7pm Mass  
7:00 pm English Confirmation classes                   |
| **Wednesday 31st**  | 12:10 pm / James “Jim” Kester +  
5:10 pm / Juan Carlos Morales +                                                      | 7:15 pm Communion & Liberation                           |
| **Thursday 1st**    | 12:10 pm / Adelminia Rodriguez +  
5:10 pm / Florencio Valdez +                                                            | 7:00 pm The Bible Timeline                               |
| **Friday 2nd**      | 12:10 pm / Emma Jaeger S.I.                                                      | 7:30 pm Rosary Recitation at St. Junipero’s Statue in Capitol Park |

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. Intentions are $10.00 per Mass request and are due the Tuesday before the publication weekend.

### Pray For One Another

- Arthur Bailey
- Ceciley Snook
- Vickii Rene Elizabeth
- Dorothy Adams
- Joel and Cesar
- The Brown Family
- Louis Metzinger
- Alfredo Gonzalez Family
- Claudia Padilla
- Debbie and Family
- Zamos Family
- Julie and Hansel

- Mark McDougal
- Garren Bratcher & Family
- Rosaline
- John Amaro + Kevin and Family
- Stephen and Julie
- Cynthia Matulia
- Lee McClure
- Nellie Medina
- Michael Hunsaker
- Juliana M.

- Blanca Padilla
- Nilda Medina
- Michael Jose Mejia
- Delia Melsness
- Cioraine Miura
- Maria Elena Monzani
- Eugenio Negrete
- Elizabeth Paul
- Rosemary Plain
- Hilda Plancarte
- Joseph

Behind each of these names is a story of someone struggling with life’s many challenges. Let us offer up our prayers to our brothers and sisters in Christ.

Let us pray for you or your loved ones. Submit your prayer request on cathedralsacramento.org or email: cbsprayer3@yahoo.com

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.

### CATHEDRAL KID’S CORNER

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. Intentions are $10.00 per Mass request and are due the Tuesday before the publication weekend.

Go to [cathedralsacramento.org](http://cathedralsacramento.org) for news and calendar events, register as a parishioner, or schedule your tithe.

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### The Ascension of Jesus

While he was blessing them, he left them and was taken up to heaven. Luke 24:51 (NIV)

Based on Luke 24:44-53

Me pregunto si tomar un sabático se parece un poquito como cuando Jesús ascendió al cielo. Te alejas por un rato pero planeas regresar. Mientras tanto, las cosas cambian y las personas cambian, todo para bien.

Recientemente volví de mi sabático de cuatro meses. Por supuesto, que no tengo ni la menor idea de cómo es el cielo, pero algunas cosas de mi sabático parecían celestes. Me hospedé en un hermoso edificio gótico llamado St. Albert Priory en los cerros de Oakland. Estas instalaciones son una casa de formación para hermanos Dominicos que viven allí y asisten a clases en la Unión Teologal en Berkeley.

El programa sabático y la residencia estaba en una ala del edificio que ya no es usada por los Dominicos. El programa fue bastante sencillo. Teníamos un taller en la mañana y uno en la tarde, de lunes a miércoles. El jueves era un día de meditación e integración (reuniones en grupo para compartir como iban las cosas), y de viernes a domingo era tiempo libre. El tiempo era nuestro para usarlo como creyéramos conveniente. El programa era relajado para proveer tiempo suficiente para la oración y el desarrollo personal mientras creaba una estructura para evitar que el tiempo sólo se nos escapara. Los talleres eran de diversos temas involucrando teología, la Escritura, las artes y desarrollo personal. Era un grupo pequeño de 12 participantes que venían de alrededor de todo el mundo. Durante su tiempo libre, muchos visitaban la hermosa área de la bahía. Yo pasé mis fines de semana visitando a mis papás y trabajando en mi casa en Orland. También tuve muchas oportunidades para caminar, practicar el piano y la flauta, y escribir en un diario sobre mis experiencias de vida.

Mientras estaba en sabático, escribir en un diario se convirtió en una herramienta muy útil para discernir sobre mi camino con Jesús. Escribir me ayuda a desarrollar mi lado creativo que muchas veces se paraliza cuando trato de hacer la parte administrativa de mi ministerio. Acostumbraba escribir en un diario y hacer poesía mientras estaba en el seminario pero a partir de la ordenación, he pasado muy poco tiempo en esta práctica. Me he prometido a mí mismo que seguiré escribiendo en mi diario como un medio de permanecer abierto a las muchas diferentes maneras de ver y conocer la vida.

~Padre Michael O'Reilly~

**Felicitaciones en tu Primera Comunión**

Brandon García Osorio Marína Prícpila Aguirre
Preciosa García Osorio Valeria Botello
Christian Gonzalez Andres Benjamin Carrillo
Dayanara Gonzalez Diego Ceballos
Erbey Hernandez Alexander A. Cisneros
Adrian Rosendo Hurtado Arianna Cisneros
Lesley Daniella Jacobo Steffany Victoria Del Rio Guerrero
Tapia America Gonzalez
Leslie Julisa Jimenez Jerlyn Gonzalez
Bryan Lopez Brianna Hernandez
Raul A. Medina Karyme Hernandez
Adrian Morales Melissa Jimenez
Genesis Moreno Elizabeth Lizarraga
Kassandra Muñoz Elizabeth López
Maya C. Ochoa Rodríguez Fatima Guadalupe Medina
Ivan Olivo Ramirez Jayden Moreno
Kimberly Olivo Ramirez Saraj Ochoa Rodríguez
Sergio Ortega Jesus A. Paredes
Ivan Alexis Padilla Vallery Alejandra Romo
Imanol Rodriguez Itzel Santillan
Chris A. Sanchez Anthony Daniel Uribe
Danna Soto Damian Vazquez
Diana Vasquez Wendy M. Barba
Cristofer Vazquez Daisy María Chavez
Ashley Ortega Jaime Chavez
Isaac Alexandre Jacobo Antonio Cisneros
Tapia Bernardo Cisneros
Chris A. Sanchez Diego Cisneros
Chris A. Sanchez Breidy Arlet Cuevas Zepeda
Isaac Alexandre Jacobo Mildred Fernanda Cuevas Zepeda
Marionet Nunez Valeria Davalos
Elizabeth Reynaga Nunez Erick Nunez-Cantrell
Lizeth Reynaga Nunez Clarissa Aceves Fonseca

**Comunión**

Primera Felicitaciones en tu

Clarissa Aceves Fonseca
ORACIÓN POR NUESTROS SERES QUERIDOS

CATALINA CADENA
ARCAÍO DÍAZ
REBECA ORTIZ
BLANCA SALAS

Oh Jesús, que amaste a los tuyos con gran predilección, escucha la súplica que te hacemos, y por tu misericordia concede a aquellos que Tú te has llevado de nuestro hogar el gozar del eterno descanso en el seno de tu infinito amor.

Concédeles, Señor, el descanso eterno y que les ilumine tu luz perpetua.

Este fin de semana colecta será para la Campaña Católica de la Comunicación. Esta campaña conecta a las personas con Cristo, aquí y en los países en desarrollo en el mundo, a través del Internet, la televisión, la radio y los medios impresos. El cincuenta por ciento de los fondos recaudados permanece en nuestra diócesis para financiar labores locales en el área de las comunicaciones. ¡Su contribución ayuda a difundir el mensaje del evangelio! Para informarse más, visite www.usccb.org/ccc.

Chinese Community News

Volunteers help to raise funds by wrapping Dragon Boat Sticky Rice Dumplings 5.20.2017

“你們也該彼此洗腳” (若13:14)  “You also ought to wash one another’s feet” (John 13:14)