#### Sunday, August 30

22nd Sunday of Ordinary Time

Tentative Schedule Based on Air Quality/COVID 19 Guidelines: Check the website for updates

#### **MASS**

#### **Monday-Friday | Lunes-Viernes**

12:10 pm—Livestream Only

#### Saturday/Sábado:

**NO VIGIL MASS** 

#### Sunday/Domingo:

English:

7:30 am - Jazz Alley

11:00am - Livestream Only

Spanish | Español:

9:00 am - Jazz Alley

1:00pm - Livestream Only

Chinese:

3:00 pm - Livestream Only

#### RECONCILIATION

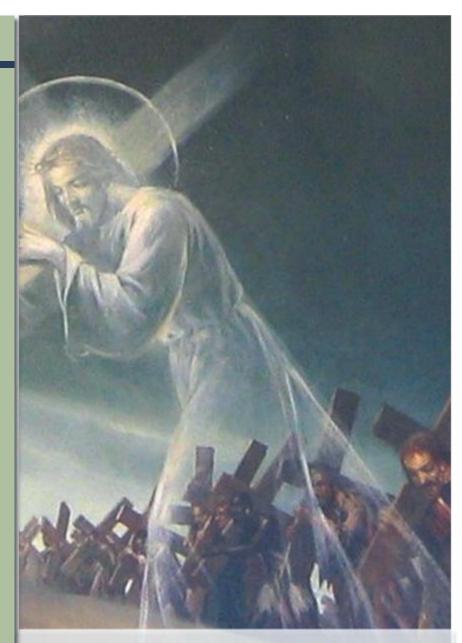
#### **Monday-Friday:**

11:30am to 12:00 noon

#### **Saturday:**

4:00pm to 5:00pm

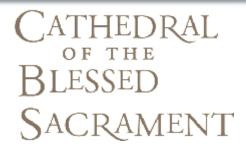




"Whoever wishes to come after me must deny himself, take up his cross, and follow me.

Matthew 16:25

1017 11th Street - Sacramento, CA 95814 | 916-444-3071



#### Connect with us!









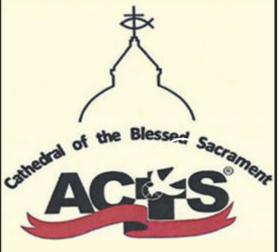
@cathedraloftheblessedsacrament www.cathedralsacramento.org

We have a Parish App! Text "app" to 88202 to download!

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#### An Invitation:

Please Join the Cathedral ACTS Core Team for Prayer and Song

Friday, September 4, 2020 8:00 pm — 9:00 pm

Jazz Alley (outside Mercy Hall)

This will be an evening

to be together

(6 feet apart with masks)

to pray and sing as

one parish family.

We will provide the candles.

Please <u>do not</u> bring a candle from home.

ACTS brothers and sisters, please wear your ACTS t-shirt (any color).

#### WEEKLY READINGS AND OBSERVANCES

Sunday 8/30 22nd Sunday in Ordinary Time	Jer 20:7-9/Ps 63:2, 3-4, 5-6, 8-9 [2b]/ Rom 12:1-2/Mt 16:21-27
Monday 8/31 Monday of Week 22 of Ord. Time	1 Cor 2:1-5/Ps 119:97, 98, 99, 100, 101, 102 [97]/Lk 4:16-3
Tuesday, 9/1 Tuesday of Week 22 of Ord. Time	1 Cor 2:10b-16/Ps 145:8-9, 10-11, 12- 13ab, 13cd-14 [17]/Lk 4:31-37
Wednesday, 9/2 Wednesday of Week 22 of Ordinary Time	1 Cor 3:1-9/Ps 33:12-13, 14-15, 20-21 [12]/Lk 4:38-44

Thursday, 9/3

St. Gregory the Great, Pope and Doctor of the Church

1 Cor 3:18-23/Ps 24:1bc-2, 3-4ab, 5-6 [1]/Lk 5:1-11

Friday, 9/4

Friday of Week 22 of Ord. Time

1 Cor 4:1-5/Ps 37:3-4, 5-6, 27-28, 39-40 [39a]/Lk 5:33-39

Saturday, 9/5

Saturday of Week 22 of Ord. Time

1 Cor 4:6b-15/Ps 145:17-18, 19-20, 21 [18]/Lk 6:1-5

Sunday 9/6

23rd Sunday in Ordinary Time

Ez 33:7-9/Ps 95:1-2, 6-7, 8-9 [8]/Rom

13:8-10/Mt 18:15-2

#### **MASS INTENTIONS**

#### **SUNDAY, AUGUST 30**

Maria Ngat +; Mary Carillo + ; Chona Sarte-Lagman +; Adria Laubacher + ; People of the Parish S.I.

#### **MONDAY, AUGUST 31**

Joseph Tuong +; Troy Moncada +

#### **TUESDAY, SEPTEMBER 1**

Joseph Vu S.I. & Maria Ngan Ha S.I.

#### **WEDNESDAY, SEPTEMBER 2**

Alicia & Carlito Azumbra S.I.; Lucretia Staley +

#### **THURSDAY, SEPTEMBER 3**

Alicia & Carlito Azumbra S.I.; Ricardo Ordorica +

#### **FRIDAY, SEPTEMBER 4**

Holy Souls in Purgatory +

Want to become Catholic or know someone who should be? Join the RCIA! RCIA@cathedralsacramento.org

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To be honest, when I found out that I was going to write about "Peace", I definitely thought, "I'm the wrong person writing about this topic." You see, while sheltering in place for these past months, I have struggled to be in a state of peace.

I knew there would be an adjustment period of being quarantined at home, but I never realized the spiritual toll it took being away from the church for this long. Like so many, I was no longer able to attend mass on Sundays, interact with other parishioners, or even participate in ministries. All the ways I was able to strengthen my faith and gain peace of mind was put on pause. No longer celebrating mass together in person, but virtually as we practiced social distancing.

"I prayed the rosary which lead to multiple nights of praying; each night I was able to calm my mind and in turn gain some peace."

Initially, It was uncomfortable for me to watch Mass from my couch. It felt as if something was missing, like I got cut off from the source. And on top of that I was slowly consumed by anxiety when receiving updates about the pandemic. Although, part of that was my fault, I checked the numbers daily, spent hours reading articles and watching videos as the cases grew. I spent the rest of the time being distracted with whatever caught my fancy.

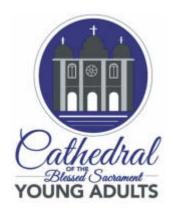
Then one late night, I had trouble sleeping. I couldn't come to terms of binge watching another tv show or YouTube and the constant news feed was more like a Soap Opera. Instead, I prayed the rosary which lead to multiple nights of praying; each night I was able to calm my mind and in turn gain some peace. I began watching the livestream Mass and found a way to participate instead of just sitting on my couch. I started standing, kneeling and singing as if I were at the Cathedral. I texted my relatives, "Peace be with you" as they texted back. I realized the antidote to gain peace was of course, more prayer.

When social distancing became a thing, I was so caught up in what was being lost. It wasn't lost, just different. Would I rather be at the Cathedral with all of you during mass?... Of course! And I hope someday that happens. But I realized to truly love Christ no matter where we are and what is happening in the world, then yeah...that's peace.

#### **WATER FOR ALL**

The BBL Ministry & Cathedral Young Adults Feeding team are having a WATER DRIVE during September. Please help by donating cases of water for our unhoused friends. Collections will take place on Sundays before & after the outdoor Masses starting on 9/6.





@ cathedral.youngadult/

cathedralyoungadults.wordpress.com





A reflection on Peace by Joseph Visitacion.

#### PASTOR'S CORNER

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Let us pray, Heavenly Father, we quietly come to you, humble pilgrims seeking your care. There is nothing in our lives that can truly harm us with your loving care embracing us. We silence ourselves in your great presence and remain speechless. We feel your love, we breathe in your Spirit, our ears hear and our eyes see and all is bright and full of praise.....

Thank you. Amen. It seems that the year 2020 is full of surprises, most of them not pleasant ones. Now, in addition to coronavirus, California appears to be burning down. For many, life feels very heavy and burdensome these days. Financial worries, health scares, depression, flames and invisible enemies have been bombarding us these days which lead to heightened anxiety and short tempers. One might think these events are of Biblical proportions and that God is trying to tell us something. In all honesty, God is never *trying* to tell us anything, but He indeed is always telling us something. We simply need to listen. Of course there is a great message to hear in every major event that occurs in our lives. Much of what we need to hear involve our need to change (or repent) and turn to God.

The simple solution to much of these afflictions is prayer. In prayer, many stress-relieving truths soothe our sin-sick souls. First, in prayer, we realize how truly immense and great God is. We gain the perspective that God, who made everything and made it good, has everything worked out. In Christ we can let go of so much because in God, all things are possible. Without God, everything looks insurmountable. God's greatness makes what we are dealing with appear small. In addition, prayer unites us with the power of God. It gives us strength and allows us to see new possibilities. Whether we are quietly meditating upon the mysteries of the rosary, ready daily meditations, or having a heart-to-heart with God, we are enlightened to an awareness that we are not alone. And if we feel alone, we should seek out someone else to join us in prayer. As well, through prayer, God can resolve our concerns and does even perform great miracles. Finally, in prayer, we encounter more than the greatness of God, we encounter His love. God's love for each one of us and all of us simply turns the darkness into light.

None of this is difficult. Turn off everything and quietly prepare yourself. Don't use any unneeded paraphernalia and simply let God BE in you.

Father Michael



Parece que el año 2020 está lleno de sorpresas, la mayoría de ellas no agradables. Ahora, además del coronavirus, California parece estar ardiendo. Para muchos, la vida se siente muy pesada y estresante en estos días. Las preocupaciones financieras, los problemas de salud, la depresión, las llamas y los enemigos invisibles nos han estado bombardeando estos días, lo que nos lleva a una mayor ansiedad y mal genio. Uno podría pensar que estos eventos son de proporciones bíblicas y que Dios está tratando de decirnos algo. Con toda honestidad, Dios nunca está tratando de decirnos nada, pero de hecho siempre nos está diciendo algo. Simplemente necesitamos escuchar. Por supuesto, hay un gran mensaje para escuchar en cada evento importante que ocurre en nuestras vidas. Mucho de lo que necesitamos escuchar involucra nuestra necesidad de cambiar (o arrepentirnos) y volvernos a Dios.

La solución simple para muchas de estas aflicciones es la oración. En la oración, muchas verdades que alivian el estrés alivian nuestras almas enfermas por el pecado. Primero, en la oración, nos damos cuenta de lo inmenso y grande que es Dios. Obtenemos la perspectiva de que Dios, que hizo todo y lo hizo bien, ha hecho que todo funcione. En Cristo podemos soltar tanto porque en Dios todo es posible. Sin Dios, todo parece insuperable. La grandeza de Dios hace que aquello con lo que nos enfrentamos parezca pequeño. Además, la oración nos une con el poder de Dios. Nos da fuerza y nos permite ver nuevas posibilidades. Ya sea que estemos meditando en silencio sobre los misterios del rosario, preparando meditaciones diarias o teniendo una conversación de corazón a corazón con Dios, estamos iluminados a la conciencia de que no estamos solos. Y si nos sentimos solos, debemos buscar a alguien más que se una a nosotros en oración. Además, a través de la oración, Dios puede resolver nuestras preocupaciones e incluso realiza grandes milagros. Finalmente, en la oración, encontramos más que la grandeza de Dios, encontramos Su amor. El amor de Dios para cada uno de nosotros y en todos nosotros simplemente convierte la oscuridad en luz.

Nada de esto es difícil. Apaga todo y prepárate en silencio. No uses ninguna extravagancia innecesaria y simplemente deja que Dios ESTÉ en ti.

Padre Miguel

Oremos, Padre Celestial, venimos a ti en silencio, humildes peregrinos que buscan tu cuidado. No hay nada en nuestras vidas que realmente pueda dañarnos con tu amoroso cuidado abrazándonos. Nos silenciamos en tu gran presencia y permanecemos sin hablar. Sentimos tu amor, inhalamos tu Espíritu, nuestros oídos oyen y nuestros ojos ven y todo es brillante y lleno de alabanza... Gracias. Amen.



Come join Fr. Michael every morning for

A Moment of Payer

with Fr. Michael O'Reilly

https://is.gd/prayermoment



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We are living an extraordinary time of grace. It may not seem like it, with our school structures turned on their heads and safe-distance learning as a reality. Our Faith Formation and Education team is feeling it as well. This is the time of year our Cathedral catechetical center begins buzzing with families coming in to register and catechists preparing their classrooms. While these places are unusually quiet, we are burning up the internet with correspondence and online help and retreats for our children and teens preparing for Sacraments, as well as in the preparation for this Faith Formation Year.

In these pages we hope to help our parish community know what is in the works and what to expect this year. We are excited to about the gift God has given us, to share faith and grow as a community of faith, hope and love.

United in Prayer, Sister Lisa Marie



SUBSCRIBE FOR DAILY NOVENA PRAYERS TO ARRIVE IN YOUR INBOX!

#### https://is.gd/novenas2020

The Cathedral Parish Pastoral Council is seeking applications for membership. To be eligible to serve on the Council, a candidate must be an adult over 18, who is an active, practicing Catholic, in full communion with the Church by regular participation in Mass and reception of the sacraments. Please go to the website and look for this logo or pick up a form at at the Parish Office and return the completed form to the Church Office or to a Parish Council member. You may contact the Council Chair, Peggy Oakden with inquiries or applications at Oakdenpa@gmail.com.



#### SACRAMENTS 2019-2020 GROUP

#### SACRAMENTAL PREPARATION | PREPARACIÓN SACRAMENTAL

Please find below the schedule for all youth preparing for **Sacraments** from **Spring 2020**. We ask the Cathedral Community to pray for all of us during this time of grace.

2019-20 GROUP

#### 1st Communion

Families of those children who were scheduled to receive the Sacrament of 1st Communion in Spring 2020. Please see below the Schedule for Retreat 1st Communion.

#### **OPTION 1**

Retreat - Starts week of August 31 First "Check in" - September 4 1st Communion: SEPT 19 - 9AM

#### **OPTION 2**

Retreat - Starts week of August 31 First Check-In - September 4 1st Communion - SEPT 19 - 11AM

#### **OPTION 3**

Retreat - Starts week of Sept. 21 First Check-In - September 25 1st Communion - OCT 10 - 9AM

#### **OPTION 4**

Retreat - Starts week of Sept. 21 First Check-In - September 25 1st Communion - OCT 10 - 11AM

#### **OPTION 5**

Retreat - May 2021 1st Communion - May 2021 2019-20 GROUP

#### **Youth Confirmation**

Families / Youth preparing for Confirmation have begun their GREATER online retreats. Our schedule for check-ins and Sacraments are as follows:

#### **OPTION A**

Retreat - Online—Personal Schedule First "Check in" - September 8 Confirmation: OCT 2 - 4PM

#### **OPTION B**

Retreat - Online—Personal Schedule First Check-In - September 15 1st Communion - SEPT 19 - 11AM

#### **OPTION C**

Retreat - Online—Personal Schedule First Check-In - September 22 1st Communion - OCT 16 - 4PM

#### OPTION D

Retreat - Online—Personal Schedule First Check-In - September 29 1st Communion - OCT 16 - 6PM

#### **OPTION E**

Retreat - May 2021 1st Communion - May 2021

Inspire: Catholic Viewpoint
CATHOLIC VIEWPOINT, FAITH, HOPE
and LOVE hosted by Fr. Michael Kiernan.
View on Comcast 20, Consolidated 19
and AT&T 14, Times: Sun. 7:00 AM, Tues.
9:30 AM and Thurs. 5:00 PM. All shows
are also on YouTube and website:
CatholicviewpointFHL.com



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#### FAITH FORMATION 2020-2021 REGISTER NOW



As we look ahead for this NEW YEAR of learning about our faith we have listened to the needs of our families who are finding themselves needing to adjust to distance learning with their children at school. To help our families, we are adapting to a family catechesis.

Instead of having children with separate plans based on grades, we will journey together as families of faith. This year we will learn the Creed and see how it is a summary of our faith. Families will listen and pray together online with the Cathedral Team. They will then have simple, age-appropriate activities they can do together at home as a family. There is no homework for children, but we ask the families to keep a scrapbook of their journey this year. As our social climate opens up, we will have social gatherings to share our family journeys together. Please see the parish website for more details.

#### What is Family Faith Formation?

Wanting to honor the parents' role as the first educator of their children's faith, we are transitioning our program to a Family-centered formation. We are introducing "A Family of Faith", a four-year cycle of family formation, where parents are given a detailed picture of authentic and vibrant Catholic family life, and given the tools to help them succeed at being the religious educators that they already are. Family Faith Formation will support parents in the religious formation and education of their children through instruction, prayer experiences, retreats, and community building events.

### What about Sacramental Preparation (Baptism, Confirmation and Holy Communion)?

The program also includes preparation for the Sacraments of Penance (Confession), First Eucharist (First Communion) and Confirmation. When a child is ready, sometime after 2nd grade (for Penance and First Eucharist) and after 8th Grade (for Confirmation), and having at least two years of formation, they may apply for preparation for the Sacrament needed.

#### What about teaching the faith by grade levels?

No matter how good a program is, classroom catechesis only works in the context of a faithful community. One percent of a child's life can't overcome the other nine-ty-nine. When faith formation is limited to the classroom, its impact is not only lessened - it can make the faith appear irrelevant to life, with it just another hoop to jump through to get those sacraments checked off. Studies show that creating strong Catholic families through involvement of parents helps young people see their faith alive and a part of their daily experience.

# Registration for 2020-2021 Online Registration for Family Faith

Formation began. See the Cathedral website for details. See above link.

#### Inscripción para 2020-2021

La inscripción en línea para la formación de fe familiar comienzada. Vea el sitio web de la Catedral para más detalles.





# Prepare for Sunday Mass nuestra lección familiar seminal con Niños Valientes <a href="https://is.gd/oracionfamiliar">https://is.gd/oracionfamiliar</a>

our weekly family lesson with Courageous Kids: https://is.gd/FamilyPrayer



#### SACRAMENTO CHINESE CATHOLIC COMMUNITY

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A Community that is dedicated to serve the Chinese Catholics in the Greater Sacramento Area.



@sacchinesecatholic

常年期第二十一主日 我要將天國的鑰匙交給你; 凡你在地 上所束縛的, 在天上也要被束縛; 凡 你在地上所釋放的, 在天上也要被釋 放。 - 瑪16:19

# Sacramento Chinese Catholic Community

每日當責 - 在日常生活中體驗天主 聖善生活的願景

#### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

#### The Vision of Stewardship

I love the original movie Willy Wonka and the Chocolate Factory. All the way through while I watch the film I still laugh and feel like a child. It is only the last line with which I have an issue. Wonka by now has chosen Charlie to succeed him as

head of the chocolate factory. They board an elevator that proceeds to crash through the roof and begins to fly. Wonka then asks Charlie if he ever heard of what happened to the boy who got everything he ever wanted. After Charlie says no, Wonka explains, "He lived happily ever after." As I get older, I can say I have met several people who got all or most of all they have ever wanted, but unlike Charlie, it did not lead to endless bliss. In fact, as a Christian, I know that that statement of Wonka's is a lie. The secret to living happily ever after lies in not getting all you ever wanted, but instead in giving all you ever wanted away.

A person can't have any sense of that reality until they begin to see his or her life transformed by Jesus. When we have accepted the challenge placed before us and made a choice to live a cer-

tain way daily, we can find ourselves transformed. Following Jesus is not easy, but it is the only true way to find. When we have emptied ourselves and allowed him to fill the open spaces in us, we become different. We are transformed and, if enough of us in a parish community experience the same journey, our parish is transformed as well. Then we begin to transform the world around us. Don't be fooled: A flying elevator is cool, but it pales in comparison to what can happen when we find a new life in Jesus Christ.

我喜歡電影: 威利旺卡的巧克力工廠。整個電影 的觀看過程,我都像個孩童般歡笑,只是最終的 部分我有個問題。旺卡現在已經成功選擇查理接 替他為巧克力工廠的負責人。他們登上一部電

> 梯,衝破屋頂飛行升空,然後旺卡 問查理,是否聽說那個得到了他想 要的一切的男孩怎麼了? 查理回答 說:不知道。隨後旺卡告訴他,"他 從此過著幸福快樂的生活了。"當我 現在年老,我要告訴你我所遇見過 的幾個人,他們獲得了他們所想要 或大部分想要的東西, 但是不同於 查理,這並沒有為他們帶來無盡的 幸福快樂。事實上,作為一名基督 徒,我知道旺卡在這件事上說錯 了。想從此過著幸福的秘密,不在 於讓您擁有想要的一切,而是在於 放棄您想要的一切。

一個人在生活上還沒有受到耶穌改 變之前,對於現實不會有任何的感 知, 當我們接受面前的挑戰, 並選 擇每日過聖善的生活方式時, 我們 會發現自己已經有所轉變。跟隨耶

穌並不容易,但這是唯一真正可尋到真實喜悅的 方法。當我們淨空自己, 開放自己讓祂來填補內 心的空白處。我們會變得與眾不同, 我們就是已 經轉型,如果在教區團體裡,有夠多的教友也有 同樣的經歷, 那麼教區也將轉型。然後我們也將 轉變周圍的世界。不要再上當了, 會飛行的電梯 是很酷,但與我們在基督內得著新生命相比,它 就顯得微不足道了。



於是, 耶穌對門圖說: 誰若願意跟隨

我, 該棄絕自己, 背著自己的十字架

常年期第二十二主日

來跟隨我。

- Tracy Earl Welliver

#### SACRAMENTS AND PREPARATION

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#### The HOLY SACRIFICE OF THE MASS

Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

#### **RECONCILIATION/CONFESSION** (Covid schedule)

Mon-Wed-Thu: 11:00 am to 12:00 pm

Friday: 11:30 am to 12:00 pm Saturday: 4:00 to 5:00 pm

#### **ANOINTING OF THE SICK**

Make an appointment by calling the parish office.

#### **MATRIMONY**

To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

#### **CONVALIDATION of MARRIAGE**

If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

#### **BAPTISM**

Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:

3rd Saturday of each month, 9 am (English), y 4to Sabado del mes, 9 am (Espanol).

For anyone six years or older, contact Sr. Lisa Marie.

#### **HOLY EUCHARIST**

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

#### CONFIRMATION

The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

#### **HOLY ORDERS**

Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and /or deaconate, contact Fr. Hernandez



#### MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

#### **INFANT BAPTISM PREPARATION**

No registration is required. Classes are held:

- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

#### **OUINCEANERA**

While not a Sacrament, a Quinceanera celebrates a young lady's coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at tkila@cathedralsacramento.org.

## FAMILY FAITH FORMATION AND EDUCATION English and Spanish Online

The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities.

Rite of Christian Initiation for Adults/Children(RCIA)

Adults: Mondays, 7 pm

Children and Teens: Sundays, 9 am

RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and weekly lessons. We also help prepare for their full initiation into the life of the Church through the Sacraments. For more information, Sister Lisa Marie Doty, FdCC at 916-444-5364, or Imdoty@cathedralsacramento.org.

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#### MINISTRIES AND CONTACTS

Father Michael O'Reilly, Pastor / Rector

#### **SACRED LITURGY**

**Altarservers**: Michael Ognisty, mfognisty@msn.com

Choir (English)

Rex Rallanka, Music Director, rrallanka@cathedralsacamento.org

Choir (Spanish)

Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass **Extraordinary Ministers of Holy Communion** 

Amy McCormick, ammccormick@att.net

**Greeters and Ushers** 

Tom Waddock, 916-444-3071, x 36

Lectors

Fred Heacock, fheacock72@hotmail.com

#### SOCIAL and COMMUNITY SERVICE

**Brown Bag Lunch Ministry** 

Marilynn Fairgood, Marilynn Fairgood@att.net

**Docents** 

Jill Pease, peasejill@gmail.com

**Festival of Trees and Lights** 

Paula Trujillo, trupaula@gmail.com

Front Door Ministry

ministries@cathedralsacramento.org

**Hospitality** 

Celeste Gisla, jfgisla@surewest.net

**Respect Life Ministry** 

Liliana Balderrama, michoacan8888@gmail.com Saint Vincent de Paul contact the rectory office

#### **FORMATION AND CATECHESIS**

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435

Faith Formation and Education / Catechists Sr Lisa Marie Doty, Imdoty@cathedralsacramento.org Formacion y Educacion de Fe Catequistas/Spanish at cathedralfaithformationsac@gmail.com

Rite of Christian Initiation for Adults and Children

Sr Lisa Marie Doty, RCIA@cathedralsacramento.org

#### PRAYER and COMMUNITY GROUPS

Benedictus Youth Group: Titi Kila, benedictusyg@gmail.com Cathedral A.C.T.S.

ActsCathedralSacto@gmail.com, saccathedralacts.org

**Cathedral Young Adults** 

Victor Amador, cathedralya@gmail.com

**Chinese Community** 

Oliver Wan sccc.contact@gmail.com

**Cinema Divina Movies** 

Reggie King, thecatholicstore@gmail.com

**Email Prayer Chain** 

Lynne Amerson, cbs1017pc@yahoo.com.

**Knights of Columbus** 

Jaime Elizaldi, jaime.elizaldi@gmail.com

**Rosary Club** 

Lolita Úrrutia, lolita.urrutia@gmail.com

**Spanish Parents Group Leaders** 

Leticia Hilbert, leticia\_hilbert@hotmail.com

#### **PASTORAL AND ADMINISTRATIVE STAFF**

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