

Mystagogy

What does it mean to "Discern a Vocation"?

Often when Catholics speak of "discerning a vocation", they are making a reference to the process of deciding whether or not to enter the religious life as priest, a nun, or perhaps a friar in a religious order. In this case, one is discerning whether or not they have a "religious vocation". However, every Catholic of whatever state of life has to discern a vocation, which is a "call" from God to follow a specific path in life. It often entails a profession or career, but is not exclusively defined as one. One may choose a career or profession, and may in fact choose more than once, switching from one career to another later in life. There are multiple career options, but there is only one vocation. We do not choose our vocation — it chooses us. In His infinite wisdom and love, God has but one vocation for us to follow, and He does the choosing. From the beginning of our life He creates us and forms us for the vocation that will bring each of us to full bloom in His plan (Jeremiah 1:5). A career or a profession may be something we like to do or something we are good at, but a vocation is what we were made to do.

We are created in the image of God, and that means our first vocation, the universal vocation of every Catholic, is to be like Him, which means we must recognize our vocation to holiness (1st Peter 1:15-16). Our individual vocation derives from and is sustained by the universal call to holiness, and it is continuously nourished by the sacraments, the Word of God, and the frequent reception of Holy Communion. Choosing a career entails research, multiple discussions with friends and family and those who are familiar with the various paths we are considering. Discerning a vocation is far simpler however: we prayerfully look to God and ask, "What would thou have me do?" or more specifically, "What do you want me to be?" (Acts 9:6) The horizontal and human direction is not eliminated in discerning a vocation, but is certainly minimized; the vertical dimension is the primary source of the wisdom that should inform our final decision. We do not pick a course of action and submit it to God for His approval, but we offer empty hands to God and ask Him how He wishes to fill them. Some don't want to give God that much leeway, but it is precisely here that we learn to trust God's love and goodness and by faith accept that fact that our happiness and contentment can only be rooted in Him. If we trust His infinite love, we know that His call in our lives derives from that love and will lead us to eternal joy.

People often mistake aspirations and purely human desires and ambitions for a divine call, especially when it comes to a religious vocation. For example, a young man may aspire to the priesthood, he may have great enthusiasm and passion for the faith, he may even swoon with happiness at the prospect of being a priest. But these factors can become the seedbed out of which an idealized conception of the priesthood beckons him. A true vocation to the priesthood has a depth and conviction to it that creates the certainty that one would not be happy doing anything else. He knows where this is going, may already be certain that God is calling Him to this vocation, and the discernment process is about coming to terms with the call he cannot escape. Only a true vocation spawned by a divinely inspired love and an infused faith can make a young man willingly embrace the loneliness and sacrifice that will be required of him if He is to follow in the bloodstained footsteps of the crucified Christ. Any intelligent young man can accomplish the education required to become a priest, but the sacred calling is but for a chosen few.

These principles apply generally to discerning any vocation. A priest once told a young lady who was struggling to discern her path in life, "Don't do what you think you ought to do; rather, go with what makes you feel alive because that is the path God has chosen for you". When a willing heart discerns their vocation, they can hardly keep from doing it. Like a vortex it draws them in until they can no longer resist what they know they were made to do.

~John-David Black~



Pastor's Corner

On Monday, Memorial Day, I had the opportunity to attend the dedication of the new church building in Weed, California. Holy Family church, as well as many homes, burnt to the ground over two and a half years ago, so this was an important step in helping the community heal from the wounds caused by such a devastating fire. Bishop Soto gave a beautiful homily, uniting the concerns of the people with the outpouring of God's generous gifts. The great symbol for the Bishop's homily was the majestic Mount Shasta. As a testament to time and history, Mount Shasta stands as a visible and sometimes intimidating sign to the endurance of God's grace and the lives of the people who live at its base. As well, being the headwaters of the Sacramento river, it provides a connection with all the rural communities that lie within the valley of our large diocese. Although the bishop noted the new beauty of the church building, it is the continued beauty of the people of God which reveal the true presence of Christ.

Holy Family parish was my first assignment as pastor way back before the turn of the century. They were good teachers in helping me learn about the running of a parish. What I gleaned most clearly from them was the need for a pastor to see his flock as family. I was always invited out and spent many enjoyable evenings eating both Italian and Mexican home-cooked meals and playing cards. I was never at a loss for a home to visit and always had an eager babysitter for my dog, Moxie. I learned to appreciate the things that they appreciated; the beautiful mountain, the spring water, their lofty trees, and proud history as church. The new church building stands as both a monument to their past and direction for their future. More importantly, it reveals the importance of God for today.

It seems a long distance from Holy Family church in Weed California to the Cathedral of the Blessed Sacrament in Sacramento. I've learned quite a lot on this journey and confess I could still do better. I strive to appreciate the great things of city life; good restaurants, inspiring music, diverse cultures, and a beautiful Cathedral. This Cathedral, like Mount Shasta, inspires travelers along the way. We, too, send forth an energy of God's presence that inspires awe and sometimes intimidation. On the highways of many peoples lives, we stand along the street to welcome parishioners and strangers, rich and poor, and believers and unbelievers. We have the great responsibility to be a testament to our past, direction for our future, and a sign of Christ's love today. We do all these both from our beautiful building and wherever we let Christ's light shine.

I conclude by acknowledging that today is Pentecost. The Great Spirit that gives us the gifts to be Church in the world spreads Its wings and lifts us up. All are caught up in the heights of this downpour that unites all people, living and dead into the unity of the Father and Son. I remember one such person, Ali, who spent many Sundays in front of our church rectory, greeting people with his cane and guiding them to parking or the Cathedral. Sadly, Ali passed away unexpectedly two weeks ago. We remember him and his family in our prayers and long for the day when all will be united on God's holy mountain.

~Father Michael O'Reilly~

~PENTECOST~

Congratulations on your confirmation. May God in all His goodness bless this special day with true happiness, and may you always keep the memory of your Confirmation day and let it and your faith be a guide.

Aileen Aburto-Correa
 Karen Aburto-Correa
 Rigoberto Aceves Fonseca
 Gloria Natalia Aguirre
 Manuel Santiago Aguirre
 Aaron Alvarado
 Kimberly Aranda
 Stephanie Aranda
 Alyah Rosa Avina
 Christian Balderas
 Celeste Jazmin Balderas Torres
 Antonio Blair
 Eleny Callejas
 Alexis Carmona
 Aleksandra Carrasco
 Edgar Rene Carrillo
 Adrian Casarez
 Cecilia Casarez
 Esteban Castellanos
 Alejandro Castro
 Luis Ceja
 Justin Chan
 Zitlalli Chavez
 Alondra Cornejo-Mendoza
 Roman Covey
 Alexis Adrian Cruz-Cisneros
 Britney Cuatecontzi
 Citally Guadalupe Cuevas Zepeda
 Ernesto I. De La Rosa
 Eliyah Dino
 Andrea Dominguez
 Diego Eduardo Esparza
 Jose de Jesus Espitia
 Jonathan Farrow
 Alena Ferrer
 Nayeli Flores
 Antonio Garcia
 Fate Garcia
 Leonardo Garcia
 Irving Gonzalez
 Julissa Gonzalez
 Leslie Gonzalez
 Luis Gonzalez
 Eliza Gonzalez Perez

Mary Goranov
 Agustin Gutierrez
 Maya T. Gutierrez
 Naomih Gutierrez
 Gianna Hall
 Elizabeth Hansen
 Ethan Heinz
 Alejandro Hernandez
 Eric Miguel Hernandez
 Karina Hernandez
 Catherine Hurtado
 Claudia Hurtado-Flores
 Evelyn G. Ildefonso
 Adriana Jaramillo
 Freyra Jaramillo
 Deszmen Kerns
 Rafael J. Lazacno
 Alonso Leyva
 Manuel A. Lizarraga
 Luis Lopez
 Michelle Lopez
 Melton Lozano IV
 Jorge Mejia
 Stephanie Melendez
 Luis Roberto Mendoza
 Aram Mondragon
 Zarahi Montoya
 Andres Morales
 Mayra Morales
 Safiro C. Muñoz
 Jasmine Neri
 Edgar Nieves
 Aileen Olivares-Ramos
 Angel Olivo Ramirez
 Oscar Olivo Ramirez
 Jackeline A. Pacheco
 Angelica Padilla
 Estrella Palacios
 Carlos M. Perez
 Alejandro Perez
 Garrett Perkins
 Jillian Pland
 Ricardo Quezada
 Brittany Ramirez

Christian Ramirez-Rodriguez
 Ivan Ramirez
 Thomas Resendez
 Betzy Reynaga-Nunez
 Lizbeth Reynaga-Nunez
 Anna Karen Reynoso
 Emanuel Rosales
 Jaqueline Rosales
 Maya Rothwell
 Elena Saldana
 Natalie Saldana
 Cielo Sancen
 Alexis Sanchez
 Sergio Sanchez
 Andres Sandoval
 Izabella Sierra
 Salma Silva
 Olivia Smith
 Jose Solis
 Tayla Thomas
 America Tonche
 Katherine Urena
 Angela Valdovinos-Corral
 Eduardo Vazquez
 Jesus Vega
 Karina Wright
 Aliahs Yagen
 Antonio Zavala



4 Sunday

~PENTECOST SUNDAY~

All of us have been baptized into one and the same Spirit. That same Spirit, the Advocate, our comfort and refreshment, was given as gift to the disciples to strengthen them to go forth in the name of the Lord, "to renew the face of the earth."

Acts 2:1-11 Ps 104:1, 24, 29-31, 34
 1Cor 12:3b-7, 12-13 Jn 20: 19-23

5 Monday

~Saint Boniface, Bishop, Martyr~

The father of Tobiah, being an upright man, buried one of his slain kinsfolk. Jesus tells a parable which speaks of his own future suffering and death.

Tb 1:3; 2:1b-8 Ps 112:1-6 Mk 12:1-12

6 Tuesday

Though experiencing physical and domestic difficulties, Tobit trusts in the Lord. Jesus speaks of religious and civic duties.

Tb 2:9-14 Ps 112:1-2, 7-9 Mk 12:13-17

7 Wednesday

Tobit and Sarah, both deeply grieved in spirit, lift up prayers to the Lord. Jesus speaks of his life after death.

Tb 3:1-11a, 16-17a Ps 25:2-5b, 6, 7bc 8-9 Mk 12:18-27

8 Thursday

Raphael leads Tobiah to Sarah and they are joined in marriage. Love of God and neighbor is the heart of the Christian message.

Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a
 Ps 128:1-5 Mk 12:28-34

9 Friday

Saint Ephrem, Deacon, Dr. of the Church
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Tobit is healed of his blindness through the intercession of Raphael. The Messiah is at once son of David and Lord, both human and divine.

Tb 11:5-17 Ps 146: 1b-2, 6c-10 Mk 12:35-37

10 Saturday

Raphael reveals his identity to Tobit and his son. Tobit praises God for his love and mercy. Jesus praises the widow who gave, not from her excess, but from what little she possessed.

Tb 12:1, 5-15, 20 Tb 13:2, 6efgh, 7-8
 Mk 12:38-44

Summer Choir Opportunity

Everyone is invited to sing with the Cathedral Choir over the summer! This is a great opportunity for individuals who are thinking about joining the choir during the regular season. No audition is required, but the ability to read music is preferable. The summer choir will sing on Sundays from July 9 through September 3. Warm up starts at 10 am for the 11 am Mass.

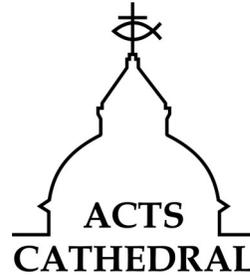
If you are interested, please contact Director of Music, Rex Rallanka, and rrallanka@cathedralsacramento.org or (916)444-3070, ext. 38.

Retrouvaille – Marriage Recovery

Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one other in a better, more respectful and emotionally mature way. The next weekend is in Sacramento, July 7-9. For more information call (800) 470-2230 or visit <http://www.helpourmarriage.com>

Calling all speakers: Are you interested in presenting a workshop at Ministry Days 2017? We are now accepting workshop proposals for Ministry Days, which will be held at St. Francis High School in Sacramento, CA on Friday and Saturday, September 29-30, 2017. The theme for this year's conference is "How Do You Know Me? ¿De Dónde Me Conoces?" Proposals are due by June 1, 2017 and you will be notified if your workshop has been accepted by June 9. If you have any questions, please contact Christine Vincent at 916-733-0153 or cvincent@scd.org. Proposals may be submitted here: https://catholic.formstack.com/forms/md_workshops

The **SACRAMENTO LIFE CENTER** cordially invites you to join us for our Ribbon Cutting and Open House at our new home at 2316 Bell Executive Lane, in Sacramento on **July 13th, 2017** at 4:30 PM-7:00 PM. Please join us for our Ribbon Cutting at 4:30 PM followed by guided tours of our new facility. Come meet our Board of Directors, and enjoy some music, appetizers, wine and of course...Leatherby's ice cream.



Cathedral Women's ACTS Retreat Registration

Who: Any woman age 19 or older.

What: Currently accepting applications for the upcoming Cathedral Women's ACTS Retreat.

Where: Retreat is at the beautiful Applegate Retreat Center located outside Auburn.

When: Thursday evening, June 22nd through Sunday morning, June 25th.

Why: An ACTS retreat is designed to provide an opportunity for retreatants to enter into a new and deeper relationship with OUR LORD and fellow parishioners.

How: Applications are accepted on a first come-first served basis. A **\$125** non-refundable deposit is due with the ACTS application at sign-up. Also bring emergency contact information with phone and email address; Plus, phone and email information for additional family or close friends. Total cost of the retreat is **\$250**, which includes a 3 night stay, meals and transportation to and from the Cathedral.

We hope you will prayerfully consider attending this life changing retreat!

If you'd like to attend the retreat, or have any additional questions, please contact the retreat Director, Kim Lucero, at (916) 206-8309.

"Know someone who needs a miracle? Offer up your suffering for them." ~Justin Fatica~

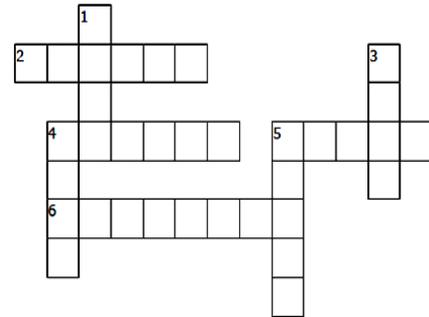
	Mass / Intentions	Activities
Saturday 3rd	5:00 pm / Confirmations	
Sunday 4th	7:30 am 9:00 am 11:00 am / Confirmations 1:00 pm Spanish 3:00 pm Chinese 5:00 pm 7:00 pm Spanish	9:30 am RCIA Breaking of the Word 11:00 am Liturgy of the Word for Children
Monday 5th	12:10 pm / Mayra Robles S.I. 5:10 pm / Emma Jaeger S.I.	6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class
Tuesday 6th	12:10 pm / Margret & Elliott Kim S.I. 5:10 pm	6:00 pm Spanish Choir for the 7pm Mass
Wednesday 7th	12:10 pm / Donald Purseglove + 5:10 pm	7:15 pm Communion & Liberation
Thursday 8th	12:10 pm / Marie de Noel Tu A Loan + 5:10 pm	7:00 pm The Bible Timeline
Friday 9th	12:10 pm	7:30 pm Rosary Recitation at St. Junipero's Statue in Capitol Park

CATHEDRAL KID'S CORNER

The Day of Pentecost

All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Acts 2:4 (NIV)

Based on Acts 2:1-21



ACROSS

- A being that cannot be seen, like a ghost
- The place where God lives
- Something that can be heard
- Means of communication used by the people of a particular country

DOWN

- A destructive burning
- Blowing air, especially that which would move the leaves on a tree
- Something that is pure and good, such as God's Word
- To say words, to use the voice

LANGUAGE
SPIRIT

FIRE
HEAVEN

HOLY
SOUND

WIND
SPEAK

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. Intentions are \$10.00 per Mass request and are due the Tuesday before the publication weekend.

Pray For One Another

Arthur Bailey
Ceciley Snook
Vickii Rene Elizabeth
Dorothy Adams
Joel and Cesar
The Brown Family
Louis Metzinger
Alfredo Gonzales Family
Claudia Padilla
Debbie and Family
Zamos Family
Julie and Hansel

Mark McDougal
Garren Bratcher & Family
Rosaline
John Amaro + Kevin and Family
Stephen and Julie
Cynthia Matulia
Lee McClure
Nellie Medina
Michael Hunsaker
Juliana M.

Blanca Padilla
Nilda Medina
Michael Jose Mejia
Delia Melsness
Cloraine Miura
Maria Elena Monzani
Eugenio Negrete
Elizabeth Paul
Rosemary Plain
Hilda Plancarte
Joseph

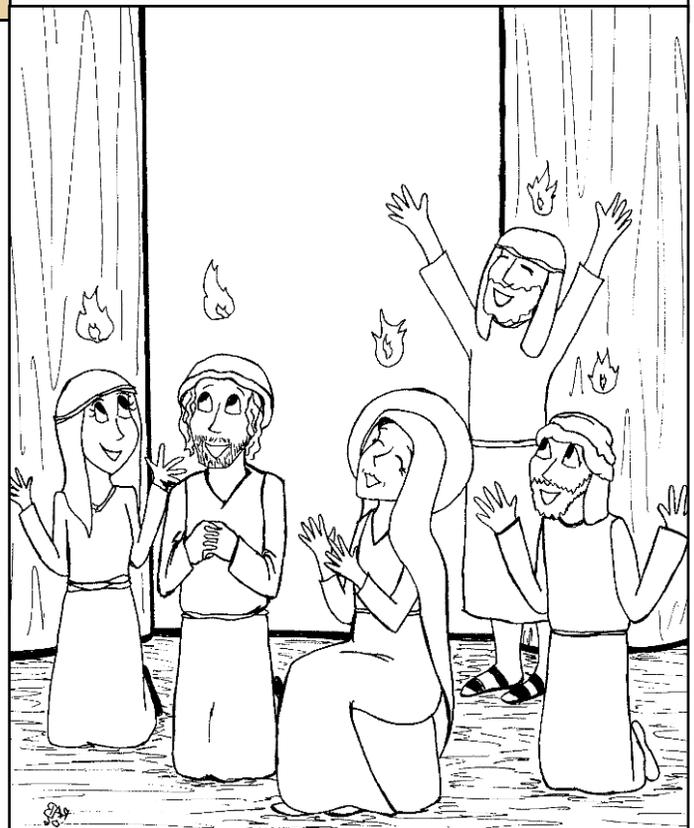
Behind each of these names is a story of someone struggling with life's many challenges. Let us offer up our prayers to our brothers and sisters in Christ.

Let us pray for you or your loved ones.

Submit your prayer request on
cathedralsacramento.org

or email: cbsprayer3@yahoo.com

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.



Go to cathedralsacramento.org for news and calendar events, register as a parishioner, or schedule your tithe.



Lectura del santo evangelio según san Juan (20,19-23):

Al anochecer de aquel día, el día primero de la semana, estaban los discípulos en una casa, con las puertas cerradas por miedo a los judíos. Y en esto entró Jesús, se puso en medio y les dijo: «Paz a vosotros.»

Y, diciendo esto, les enseñó las manos y el costado.

Y los discípulos se llenaron de alegría al ver al Señor. Jesús repitió: «Paz a vosotros. Como el Padre me ha enviado, así también os envío yo.»

Y, dicho esto, exhaló su aliento sobre ellos y les dijo: «Recibid el Espíritu Santo; a quienes les perdonéis los pecados, les quedan perdonados; a quienes se los retengáis, les quedan retenidos.»

Palabra del Señor

Esquina del Pastor

El lunes, "Memorial Day", tuve la oportunidad de asistir a la dedicación de la iglesia en Weed, California.

La iglesia de la Sagrada Familia, como muchas casas aledañas a ella, se quemaron en un incendio devastador hace dos y medio años, así qué éste era un paso importante para ayudar a la comunidad a sanar sus heridas. El Obispo Soto dio una hermosa homilía, uniendo las preocupaciones de la gente con la efusión generosa de los regalos de Dios. El gran símbolo de la homilía del obispo fue el majestuoso Monte Shasta. Como testimonio del tiempo y la historia, el Monte Shasta es un signo visible y algunas veces intimidante de la permanencia de la gracia de Dios y de la vida de la gente que vive en sus faldas. También, siendo la cabecera del río Sacramento, provee una conexión con todas las comunidades rurales que se extienden en el valle de nuestra gran diócesis. El Obispo también mencionó la belleza del edificio nuevo, de todo esto es la continua belleza del pueblo de Dios quien revela la presencia real de Cristo.

La parroquia de la Sagrada Familia fue mi primera asignatura como pastor, antes del principio de este siglo. Fueron buenos maestros ayudandome a aprender como manejar una parroquia. Lo que mas entendí claramente fue que ellos necesitaban un pastor que viera a su rebaño como familia. Siempre fui invitado, y pasé muchas tardes agradables comiendo tanto comida casera Italiana cómo Mexicana y jugando cartas. Nunca me faltó una casa que visitar y siempre tuve una persona ansiosa de cuidar a mi perro, Moxie. Aprendí a apreciar las cosas que ellos apreciaban; la hermosa montaña, agua de manantial, sus frondosos arboles, y su orgullo de historia como iglesia. La nueva iglesia representa tanto un monumento a su pasado y la dirección hacia su futuro. Todavía mas importante, revela la importancia de Dios hoy.

Parece una gran distancia entre la parroquia de la Sagrada Familia en Weed, California y la Catedral del Santísimo Sacramento en Sacramento California. He aprendido mucho en esta jornada y confieso que podría ser mejor. Trato de apreciar las grandes cosas de la vida citadina; buenos restaurantes, música inspiradora, diversidad cultural, y una hermosa Catedral. Esta Catedral, cómo el Monte Shasta, inspira a los viajeros que pasan frente a ella. Nosotros, también, transmitimos una energía de la presencia de Dios que inspira admiración y algunas veces intimidación. En las avenidas de las vidas de muchas personas, estamos en la calle dando la bienvenida a parroquianos y extraños, ricos y pobres, creyentes e incredulos. Tenemos la gran responsabilidad de ser testimonio de nuestro pasado y dirección para nuestro futuro, y un signo del amor de Cristo hoy. Hacemos esto desde nuestro hermoso edificio como desde dondequiera que sea que dejamos la luz de Cristo brillar.

Concluyo reconociendo que hoy es Pentecostes. El Gran Espíritu que nos da el regalo de ser Iglesia en el mundo que extiende Sus alas y nos levanta. Todos somos elevados en esta infusión que une a toda la gente, los vivos y los muertos en la unidad del Padre y del Hijo. Recuerdo una persona en particular, Ali, que se pasó muchos domingos en frente de la recoria de nuestra iglesia, saludando a las personas con su baston y guiándolas al estacionamiento de la Catedral. Tristemente, Ali falleció inesperadamente hace dos semanas. Lo recordamos a él y a su familia en nuestras oraciones y esperamos por el día en que todos estaremos unidos con Dios en su Montaña Santa. Ooraciones y esperamos el día en que todos estemos unidos en la Santa Montaña de Dios.

~Padre Michael O'Reilly~

Feliz Confirmación



ORACIÓN POR NUESTROS SERES QUERIDOS

CATALINA CADENA
ARCADIO DIAZ
REBECA ORTIZ
BLANCA SALAS

Oh Jesús, que amaste a los tuyos con gran predilección, escucha la súplica que te hacemos, y por tu misericordia concede a aquellos que Tú te has llevado de nuestro hogar el gozar del eterno descanso en el seno de tu infinito amor.

Concédeles, Señor, el descanso eterno y que les ilumine tu luz perpetua.

Chinese Community News

華人團體消息



聖神請你降臨，充滿你信徒的心，在我們心內，燃起你的愛火，亞肋路亞！

我們將於6月25日(星期日)晚上六時在新福臨酒家(1211 Broadway)為前會長陳穎怡姊妹舉行餞別宴，每位約\$20-\$25，視乎參加人數，報名請在6月4日前聯絡鄭陳秀玲或陳紹強。

A farewell dinner will be held for our former President Winnie Chan at New Fortune House Restaurant (1211 Broadway) at 6 pm on June 25 (Sunday). Depending on actual number of participants, each may have to pay around \$20-\$25. Please approach Gloria or Ellis before June 4 to sign up.