40 days
(1) excited feet burning on desert sand (2) hunger growling to devour (3) tanning in the sun (4) fear and turn back (5) still no service (6) lips blistering and cracked (7) silence drifts by (8) weight melts and fat sizzles (9) please call the doctor (10) Lord save me (11) too weak to resist (12) sun beating and shrinking (13) last exhale (14) liquid evaporating (15) life feasting (16) this was a mistake (17) journeying at night (18) no one to carry the baggage (19) odors of the body intrude (20) memories collide (21) regretting things said (22) I never was king (23) bones sticking out (24) birds cease to have interest (25) so much time wasted (26) a life filled with unused embraces (27) offering masses (28) rest in peace (29) body in pieces (30) burdens lifted (31) crosses burnt (32) half organic, half sand (33) effortless peace (34) curious insect and broken glasses (35) teeth (36) hair (37) bones (38) dust (39) ashes.
(40) God is alive.

The surprisingly secular meaning of the word “Lent”
Philip Kosloski

Similar to the English word “Easter,” the word “Lent” was originally a secular word with no particular religious associations.

The word is traced etymologically to an Old English word _lencten_ (related to “lenten,” referring to the lengthening of days) that simply referred to the season of spring. It is also related to a Teutonic word with the same meaning.

The penitential season in the Church always fell during the springtime in Europe and over the centuries the word “Lent” became synonymous with the liturgical period. Additionally, for the Anglo-Saxon people it was an easier word than the official Latin title. In Latin it is called _quadragesima_, which means the “40 days” (or more literally the “40th day” before Easter). This term identifies the season with the 40-day period of preparation before the celebration of Jesus’s Passion, death and resurrection.

Nevertheless, spiritual writers have pointed out how this identification is spiritually beneficial. Lent is generally seen as a time of spiritual renewal, a type of “spiritual spring,” when a soul is renewed in fervor and cleansed of all impurities. Saint John Paul II summarized it well during a General Audience in his pontificate.

_Here then is revealed the meaning and necessity of the Lenten season which, by its call to conversion, leads us through prayer, penance and acts of fraternal solidarity to renew or reinvigorate our friendship with Jesus in faith, to free ourselves from the deceptive promises of earthly happiness and once again to savor the harmony of the interior life in authentic love for Christ._

WEEKLY READINGS AND OBSERVANCES

**Sunday:** Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

**Monday:** Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

**Tuesday:** Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

**Wednesday:** Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

**Thursday:** 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

**Friday:** Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

**Saturday:** Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10
Theresa Perez, long-time member of the Cathedral Choir, passed away on January 21. She is survived by her husband of nearly 65 years, 8 children and spouses, 17 grandchildren, 6 great-grandchildren, and many extended family members. She will be dearly missed.

Cathedral Choir

Such an integral part of our liturgy, what would the Mass be without music?

Led by Choir Director and Organist, Rex Rallanka, the cathedral is truly blessed to have a terrific choir that delights parishioners and visitors alike. Many of the choir members have been singing at the cathedral for many years. Rex has been here since the completion of the restoration in 2005. For cantor Lola Krist, it’s been over 40 years!

The choir rehearses weekly on Wednesdays, and warms up at 10:30 am, before performing at the 11am Sunday Mass. They are committed to being present for all major liturgical events, especially during the Easter and Christmas seasons. Because we are the cathedral for the Diocese of Sacramento, they are also a part of any special diocesan event, like ordinations of priests or deacons. The choir is normally on hiatus from late June to early September, though last year, they gave individuals thinking about joining the choir during the regular season, the opportunity to sing with available choir members during the summer months.

The choir is always looking for joyful voices to join in their welcoming and supportive “family” community. If you sing and have a basic knowledge of music theory, you are invited to audition. Contact Choir Director, Rex Rallanka at rrallanka@cathedralsacramento.org or at 916-444-3071, ex. 38, to get more information or schedule a meeting or audition.

7 Biblical Purposes for Music by Dr. Paul Chappell

The Purpose of Worship: “And all the congregation worshipped, and the singers sang, and the trumpeters sounded: and all this continued until the burnt offering was finished” (2 Chronicles 29:28).

The Purpose of Thanks: “Sing unto the Lord with thanksgiving; sing praise upon the harp unto our God” (Psalm 147:7).

The Purpose of Rejoicing: “Make a joyful noise unto the Lord, all the earth: make a loud noise, and rejoice, and sing praise. Sing unto the Lord with the harp; with the harp, and the voice of a psalm” (Psalm 98:4–5).

The Purpose of Consecration: “Search me, O God, and know my heart: try me, and know my thoughts” (Psalm 139:23). (Spoken in song!) “Praise ye the Lord. I will praise the Lord with my whole heart, in the assembly of the upright, and in the congregation” (Psalm 111:1).

The Purpose of Edification: “Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord” (Colossians 3:16).

The Purpose of Evangelism: “And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the Lord” (Psalm 40:3).

The Purpose of Preservation of Faith: “One generation shall praise thy works to another and shall declare thy mighty acts. I will speak of the glorious honor of thy majesty, and of thy wondrous works” (Psalm 145:4–5).

Cathedral Ministry Focus

The choir is always looking for joyful voices to join in their welcoming and supportive “family” community. If you sing and have a basic knowledge of music theory, you are invited to audition. Contact Choir Director, Rex Rallanka at rrallanka@cathedralsacramento.org or at 916-444-3071, ex. 38, to get more information or schedule a meeting or audition.

Choir Photos by Titi Kila and Alejandro Mora
RITES OF ELECTION, RITE OF SENDING

People involved in the RCIA process are either catechumens or candidates. A candidate is a baptized Christian who is preparing to become a Catholic, and catechumens are those who have never been baptized.

For catechumens and candidates, the role of Lent is a period of final preparation. This stage begins with the Rite of Election which normally occurs on the First Sunday of Lent. Catechumens and candidates are presented to the Bishop of the diocese at the cathedral. The catechumens’ names are inscribed in a Book of the Elect and candidates commit to continuing conversion.

During this Period of Purification, catechumens participate in several rites during parish liturgies.

On the third, fourth and fifth Sundays of Lent are Scrutinies, during which special prayers are offered for the catechumens “to uncover, then heal all that is weak, defective or sinful in the hearts of the elect; to bring out then strengthen all that is upright, strong and good.” (Rite of Christian Initiation of Adults, no. 141).

At the Easter Vigil, catechumens are baptized and confirmed; candidates are confirmed. The new Catholics complete their initiation by approaching the Lord’s table for the first time to receive His Body as full members of His Body at last.

The rites of Christian initiation all occur at Sunday parish liturgies. Catechumens are being formed to be members of the Body of Christ, and it is the responsibility of the entire parish to participate in this formation through witness, support and prayer. What is happening there is not something “extra.” The Church exists to bring souls to Christ. The people who stand before us during these rituals are evidence that the Church is doing its work. They are drawing closer to Christ through His Body, the Church. Their presence among us is an occasion of celebration and gratitude.

**Catechumens**

- Sabrina Edward
- Christian Halcomb
- Lucas Halcomb
- Tulola Halcomb
- Jonathan Irigoyen
- Myron Loui
- Joseph Martinez
- Jesus Melendez
- Giovanni Ochoa
- Arracelli Pastran
- Heather Pentacoff
- Courtney Tavares
- Randy Thomas
- Carla Tumiwa

**Candidates**

- Kelsey Boatman
- Christine Boso
- Dalila Castillo
- Maria Catini
- Monica Daikai
- Paden Diaz
- Lanylene Fumar
- Leilani Givens-Moreno
- Layliah Gould
- Jonathan Guina
- Ian Hart
- Briyana Hernandez
- Dominique Hernandez
- Amari Hernandez
- Bjorn Lee
- John Lukas
- Matea Marshall
- Brianna Palacios
- Jacob Skidmore
- Chris Walker
- Lynne Walker

**Best Wishes to Bishop Myron Cotta**

Bishop Cotta is preparing to take on his new appointment as Bishop of the Diocese of Stockton beginning March 15. Please keep him in your prayers and join parishioners from all over the Sacramento Diocese at a Mass of Farewell on Sunday, February 25, 2018 at 2pm at St. Clare Parish in Roseville. Mass will be followed by a reception in the Morris Center.

**Bishop Jaime Soto invites all Catholics** in the Diocese of Sacramento to reflect on the results of the Diocesan V Encuentro and the Preparatory Document for Synod 2018 concerning our Youth on Saturday February 24, 2018 from 8:30 am – 5:00 pm at Holy Rosary Parish Center, 575 California St., Woodland. To register contact Julia Jimenez at 916-733-0177 or jjimenez@scd.org.

**40 DAYS FOR LIFE:** Come and help women who may be dealing with a crisis pregnancy and help save the lives of babies! The sidewalk vigil began Wednesday, February 14th at FPA Women’s Health Clinic, 2322 Butano Drive, Sacramento, Monday to Friday, from 8am to 6pm. Sign up for hours at 40daysforlife.com/sacramento. Call Susan Money at 530-320-1614 or susanalive@gmail.com.

**Church bulletins are free** to the parish, supported by the advertising dollars from generous local businesses. These are just some of the fine businesses that are supporting the cathedral bulletin with their ads:

- **Thee Upper Crust Pizza**, 1200 K St Ste 10, Sacramento 916-444-0844
- **Family Dentistry**, 2335 American River Dr Ste 300, Sacramento 916-929-0331
- **Law Offices of Mehlop & Vogt**, 1330 21st St Ste 102, Sacramento, 916-930-9675

Thank you for supporting all the vendors listed on the last two pages of the bulletin, who make this publication possible. If you are interested in placing an ad to grow your business while supporting the Cathedral, contact Liturgical Publications at 1-800-950-9952.

**Christian Formation for the Youngest Children** - The Catechesis of the Good Shepherd is a Montessori-based approach to Christian formation, through which children as young as three, or even younger, form deep, lifelong relationships with our Lord. To learn more, either as a parent and/or as a prospective catechist, contact us today to schedule a visit in February or early March, at 916-834-6765 or admin@youngsheep.org. www.youngsheep.org
Mass, Intentions & Activities

<table>
<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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<tbody>
<tr>
<td>Saturday</td>
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<tr>
<td>February 17</td>
<td>5:00 pm / 7:30 pm / Rite of Election #1</td>
<td>10:00am CCD classes</td>
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<tr>
<td>Sunday</td>
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<tr>
<td>February 18</td>
<td>7:30 am / People of the Parish 9:00 am / Rite of Sending RCIA 11:00 am* / 1:00 pm Spanish / 3:00 pm / Chinese Mass - Lower Level 3:00 pm / Rite of Election #2 5:00 pm / 7:00 pm / Spanish Mass - Lower Level 7:30 pm / Rite of Election #3</td>
<td>9:00am RCIA for Children &amp; Teens 9:30am RCIA Breaking of the Word 11:00am CCD Spanish Classes Spanish Speaking Adult Education 2:30 pm Chinese Stations of the Cross</td>
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<tr>
<td>Monday</td>
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<tr>
<td>February 19</td>
<td>PRESIDENT’S DAY 12:10 pm / No 5:10pm Mass</td>
<td>6:30pm RCIA Evening Prayer 7:00pm RCIA Class</td>
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<td>Tuesday</td>
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<tr>
<td>February 20</td>
<td>12:10 pm / 5:10 pm /</td>
<td>6:00pm Spanish Choir for the 7pm Mass 7:00pm Teen Confirmation Class</td>
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<tr>
<td>Wednesday</td>
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<tr>
<td>February 21</td>
<td>12:10 pm / 5:10 pm / Intentions unavailable at time of publication.</td>
<td>7:00pm First Confessions- English 7:00pm English Choir Rehearsal 7:15pm Communion &amp; Liberation 7:15pm The Rosary Club</td>
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<tr>
<td>Thursday</td>
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<tr>
<td>February 22</td>
<td>12:10 pm / 5:10 pm /</td>
<td>7:00pm Bible Timeline</td>
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<tr>
<td>Friday</td>
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<tr>
<td>February 23</td>
<td>12:10 pm / 5:10 pm /</td>
<td>12:40pm English Stations of the Cross after 12:10 Mass 7:00pm Spanish Stations of the Cross</td>
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Offering Mass for a special intention is a long-standing tradition in the Catholic Church. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. A $10.00 donation per request is appreciated.

Please Remember in your Prayers:

Carlos Palacios Family  Felix Nunez Claver  The Brown Family
Haylee Flory & Family  Alvin Sul  Yenecia Gutierrez
Alma Mosquera  Anyrani Gonzalez  Dennis Studebaker S.I.
Luis Romo  Erin Nicole Tam  Lawrence Afamasanga
Emma Valdez  Riley Hana  Vailouta Lopa
Eugenia Roque  Lee McClure  Guy Cook
Alfredo Rivera  Noah Anthony Hernandez  Andrea
Adolfo Espinosa  Gian Tran  Anastasia Main & Family
Raymundo Guerrero  Joel and Cesar  Lola Krist
Natalia Galan  Miguel and Family
Salomon Galan  Michael Jose Mejia
Tomasita Rodriguez  Luis Gutierrez, Jr.
Rosa Carrillo  Luis Gutierrez, Sr.

Prayer - God, help me to stay close to you so that I am ready for my tests.

Mission for the Week - Memorize Proverbs 1:3, "You will learn what is right and honest and fair." Practice writing it and saying it every day, until you know this verse by heart.

Puzzle

Find and circle these words from today’s Gospel:

ESY TU O I G U F E
R A N I M A L S J O R
I T G S Y N O E A R I
S A L O F G D N S T N
T N E T A E S J I Y O
E M S B E L I E V E S
S U O J T S R S O S U
T S P I R I T U P A T
E L A D L U N S E D Y
D E S E R T M I R O N
O T I M Y B A L Y T A

Sharing the Gospel - In today’s Gospel, Jesus spent forty days in the desert. Jesus stayed close to God, and he followed God’s directions every day of his life. When Satan came to test Jesus he was ready. Jesus passed every test beautifully. He said "No" to temptation. When you write spelling words over and over, it is easier to remember them. If you are learning a new language, it helps to make flash cards to practice with. Once you memorize all your words, taking the test is pretty easy. The more you read the Bible and do what God asks in his word, the easier it will be for you to pass Satan’s tests, too.
40 días

(1) pies emocionados ardiéndose en la arena del desierto (2) hambre gruñiendo para devorar (3) bronciándose bajo el sol (4) temor y volviendo atrás (5) no servicio aún (6) labios ardiendo y partidos (7) el silencio pasa (8) el peso se derrite y la grasa se frie (9) por favor llama al médico (10) Señor salva me (11) muy debil para resistir (12) sol latiendo y encogiéndose (13) último suspiro (14) liquido evaporándose (15) vida celebrando (16) esto fue un error (17) viaje nocturno (18) nadie para cargar el equipaje (19) olores del cuerpo invaden (20) recuerdos chocan (21) arrepintiendose de cosas dichas (22) nunca fui rey (23) huesos saliendo (24) pajaros dejan de tener interés (25) tanto tiempo desperdiciado (26) una vida llena de abrazos no usados (27) ofreciendo misas (28) descansen en paz (29) cuerpo en pedazos (30) cargas levantadas (31) cruces quemadas (32) mitad organic mitad arena (33) paz sin esfuerzo (34) insecto curioso y lentes rotos (35) dientes (36) cabello (37) huesos (38) polvo (39) cenizas.
(40) Dios esta vivo.

Las personas involucradas en el proceso de RICA son catecúmenos o candidatos. Un candidato es un cristiano bautizado que se prepara para convertirse en católico, y los catecúmenos son aquellos que nunca han sido bautizados. Este fin de semana es el Rito de envío para RCIA. Mantenga a estas personas en sus oraciones mientras continúan sus viaje.

### Catecúmenos
- Sabrina Edward
- Christian Halcomb
- Lucas Halcomb
- Tulola Halcomb
- Jonathan Irigoyen
- Myron Loui
- Joseph Martinez
- Jesus Melendez
- Giovani Ochoa
- Arracelli Pastran
- Heather Pentacoff
- Courtney Tavaras
- Randy Thomas
- Carla Tumiwa

### Candidatos
- Kelsey Boatman
- Christine Boso
- Dallia Castillo
- Maria Catini
- Monica Daikai
- Paden Diaz
- Lanylene Fumar
- Leilani Givens- Moreno
- Laylah Gould
- Jonathan Guina
- Ian Hart
- Briyana Hernandez
- Dominique Hernandez
- Amari Hernandez
- Bjorn Lee
- John Lukas
- Matea Marshall
- Brianna Palacios
- Jacob Skidmore
- Chris Walker
- Lynne Walker

### LAS LECTURAS

**18**
Domingo: Gn 9, 8-15/Sal 25, 4-5. 6-7. 8-9 (cfr. 10)/1 Pe 3, 18-22/Mc 1, 12-15

**19**
Lunes: Lv 19, 1-2. 11-18/Sal 19, 8. 9. 10. 15 [Jn 6, 63]/Mt 25, 31-46

**20**
Martes: Is 55, 10-11/Sal 34, 4-5. 6-7. 16-17. 18-19 [18]/Mt 6, 7-15

**21**
Miércoles: Jon 3, 1-10/Sal 51, 3-4. 12-13. 18-19 [19]/Lc 11, 29-32

**22**
Jueves: 1 Pe 5, 1-4/Sal 23, 1-3. 4. 5. 6 [1]/Mt 16, 13-19

**23**
Viernes: Ez 18, 21-28/Sal 130, 1-2. 3-4. 5-7. 7-8 [3]/Mt 5, 20-26

**24**
Sábado: Dt 26, 16-19/Sal 119, 1-2. 4-5. 7-8 [1]/Mt 5, 43-48

Domingo siguiente: Gn 22, 1-2. 9. 10-13. 15-18/Sal 116, 10. 15. 16-17. 18-19 [9]/Rom 8, 31-34/Mc 9, 2-10
18 de febrero de 2018 1er Domingo de la Cuaresma

La Cuaresma es tiempo de verdad. ¿Cómo acoger la llamada a la conversión que Jesús nos dirige también en esta Cuaresma? ¿Cómo llevar a cabo un serio cambio de vida? Es necesario, ante todo, abrir el corazón a los conmovedores mensajes de la liturgia. El periodo que prepara la Pascua representa un providencial don del Señor y una preciosa posibilidad de acercarse a Él, entrando en uno mismo y poniéndose a la escucha de sus sugerencias interiores. (Mensaje del Santo Padre San Juan Pablo II para la Cuaresma 2001). El mensaje continúa diciendo, “Examinémonos con sinceridad, franqueza y sencillez. Nuestro hermano está en el pobre, el enfermo, el marginado, el anciano. ¿Cómo va nuestra verdad, nuestro amor?”

La Cuaresma, también, nos invita al silencio, a encontrar a Dios en el camino hacia el desierto, a ver cuáles son las tentaciones que se presentan en nuestra vida diaria, y descubrir métodos del cómo vencer a las mismas. El Señor Jesús también encuentra en el desierto tentaciones, pero a la vez encontró la presencia de Dios más intensa, presencia que le da fuerza para vencer los ataques del enemigo. Por nuestra experiencia, nuestra tendencia es lidiar con cosas difíciles, e incomodas, tareas que nos retan. Con frecuencia nos vemos obligados a que nos empujen. La Cuaresma es empúje a un cambio, a sacar de nosotros lo máximo. Inténtalo, este es el tiempo de la verdad, como nos lo decía San Juan Pablo II. ¿A quién pediré que me empuje en esta Cuaresma? ¿A quién debo dar un empujón en esta Cuaresma?

LA CORRESPONSABILIDAD DIARIA - RECONOCER A DIOS EN LOS MOMENTOS ORDINARIOS

A veces nos hace falta alejarnos del mundo para darnos cuenta de lo que verdaderamente importa en nuestras vidas. Cuando uno se distancia de su situación, puede ver las cosas más claramente. Cuando uno está sumergido completamente en el mundo es difícil escapar las ocupaciones y el ruido constante de la existencia moderna. Las distracciones están a todo su alrededor y hasta a veces su capacidad de atención puede ser limitada cuando considera lo que es verdad.

Esta cuaresma, haga tiempo para tomar las cosas más despacio, aléjese del ruido y descanse en los brazos de Dios. Salga al desierto y trabeje en rendir todo su ser, todo lo que tiene y todo lo que será a Jesús. Refleje en los regalos con los cuales Dios lo ha bendecido y discierne las mejores maneras en las que los puede cultivar para la gloria de Dios. En lo que comienza la temporada, sea consciente del hecho de que este tiempo nunca más lo tendrá. Quizás habrá otra cuaresma el próximo año, pero Dios lo está llamando ahora.

- Tracy Earl Welliver, MTS

"Este es el tiempo de la realización. El reino de Dios está cerca. Arrepiéntanse, y crean en el evangelio ".

~Mark 1:15~
Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, blessed@cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 5:00 pm

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O’Reilly, Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Sister Jenny Aldeghi, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Carmen Perez, Secretary
Katie McAllister, Bookkeeper
Tit Kila, Wedding Coordinator
Lyssa Black, Webmaster/Bulletin Editor

RELIGIOUS EDUCATION PROGRAM

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at jenny@cathedralsacramento.org, or 916-444-5364

Liturgy of the Word for Children, ages 5 to 10 years old, every Sunday at the 11:00 am Mass. This program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.

SCHEDULE OF MASSES

Monday to Friday  12:10 pm
Monday to Thursday  5:10 pm
Saturday Vigil  5:00 pm
Sunday  7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español

State Holidays  12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday  11:30 am to 12:00 pm
Saturday  4:00 pm to 4:45 pm
Domingo en Español  12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTIC ADORATION

When attendants are available:
Wednesday  12:45 pm to 4:45 pm
Thursday  12:45 pm to 4:45 pm
Friday  12:45 pm to 3:45 pm

ANointing of the Sick - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact the rectory office at 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm

"The Cathedral is for everyone." ~ Bishop Patrick Manogue, 1886~
JOIN A CATHEDRAL MINISTRY

Alterservers contact Michael Ognisty at mfognisty@msn.com.

Benedictus Youth Group contact Victoria Ramos at 916-444-3071, or benedictusyg@gmail.com.

Brown Bag Lunch Program — If you would like to donate lunches, go to cathedralsacramento.org/ministries for information, or to volunteer, please contact Jerri at jerrirush@comcast.com.

Catechesis of the Good Shepherd for ages 3+, for information, visit www.youngsheep.org, or call 916-910-3435.

Cathedral ACTS Missions contact actscathedralsacto@gmail.com for more information. 2018 Retreats are Men’s Retreat February 1-4 (St. Rose of Lima, Roseville), Women’s Retreat June 21-24 (Cathedral of the Blessed Sacrament), Women’s Retreat August 16-19 (St. Rose of Lima, Roseville), Men’s Retreat November 15-18 (Cathedral of the Blessed Sacrament).

Cathedral House Program - Administered by volunteers of the St. Vincent de Paul Society.

Cathedral Men’s Group meets the 2nd Tuesday of every month at 7:15 pm, Lower Level. Contact Bob Meyers at cynm1@yahoo.com.

Cathedral Young Adults contact Titi Kila at cathedralya@gmail.com.

Choir (English) contact Rex Rallanka, Music Director at rrallanka@cathedralsacramento.org or 916-444-3071, x 38.

Choir (Spanish) contact Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after the 7pm Mass.

Communion & Liberation catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Email Prayer Chain submit your email address, and you will be notified when prayers are needed by those who have made a special request, contact Lyssa Black at cbsprayer7@yahoo.com.

Extraordinary Ministers of Holy Communion contact Amy McCormick at ammccormick@att.net, or 916-801-3967.

Front Door Ministry contact ministries@cathedralsacramento.org for information about volunteering or donations.

Greeters and Ushers contact Parish Manager, Tom Waddock at 916-444-3071, x 36.

Knights of Columbus, Cathedral Chapter contact the rectory office.

Lectors contact Fred Heacock at fheacock72@hotmail.com.

Respect Life Ministry contact Linda Walters, English Coordinator at 916-524-5885, or Patricia Davila, Spanish Coordinator at 916-502-4854, or email Veronicaavina@yahoo.com for meeting times and other information.

Rosary Club (Rosary Beads and instructions are provided) meets every 1st & 3rd Wednesday of each month at 7:15 pm. You don't need to sign up, just show up. For more information, contact Lolita Urrutia at lolita.urrutia@gmail.com.

Saint Vincent de Paul, Cathedral Chapter contact the rectory office.

Spanish Parents Group Leaders meets every Sunday, contact Leticia Hilbert at leticia_hilbert@hotmail.com.

To learn more about the ministries at the Cathedral visit our website, cathedralsacramento.org.

CATHEDRAL PARISH REGISTRATION & UPDATE

Actualización y registro de la parroquia de la Catedral

You can also register online at cathedralsacramento.org / Visit Us / Register as a Parishioner

Name (Nombre): __________________________

Street Address (Domicilio): __________________________

City (Ciudad): __________________________

State (Estado): _____ Zip (Código postal): _______

Phone (teléfono): (_______)______________

Cell Phone: (Celular): (_______)

Email: __________________________

For additional family members, please attach a separate sheet.

Please indicate: Por favor indique:

New Parishioner/Individual Nuevo Parroquiano / Individuo

New Parishioners/Family Nuevo Parroco / Familia

Change of Address Cambio de Dirección

Please send Offertory Envelopes Por favor envíe Sobres de Ofertorio

Please return by (Regrese por favor):

1) Put into collection basket at mass (deposite en la canasta de la misa)

2) Scan to pdf file and email to: blessed@cathedralsacramento.org (escanear a pdf file y envía por correo electrónico)

3) Fax to: 916-443-2749

4) Mail to (correo): 1017 11th Street, Sacramento, CA 95814

GET MARRIED AT THE CATHEDRAL

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least six months before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.

MARRIAGE PREPARATION

The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

QUINCEÑERA

This is the tradition of celebrating a young girl’s coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071, x13, tkila@cathedralsacramento.org.
As we begin Lent - Take up the cross with Jesus.

Why do you fear to take up the cross when through it you can win a kingdom? In the cross is salvation, in the cross is life, in the cross is strength of mind, in the cross is joy of spirit, in the cross is perfect holiness. Take up the cross, therefore, and follow Jesus, and you shall enter eternal life. He opened the way before you in carrying his cross and upon it he died for you.

If you die with him, you shall also live with him, and if you share his sufferings you shall also share his glory.

Announcement this week (President)

We will continue to have the Station of the Cross at 2:30 pm every Sunday before mass during the Lent season.
Legal help with a personal touch
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