Sunday, September 13

24th Sunday of Ordinary Time

Tentative Schedule Based on Air Quality/COVID 19 Guidelines: Check the website for updates

MASS

Monday-Friday | Lunes-Viernes
7:30 am—Livestream Only

Saturday/Sábado:
NO VIGIL MASS

Sunday/Domingo:

English:
7:30 am—Jazz Alley
11:00 am—Livestream Only

Spanish | Español:
9:00 am—Jazz Alley
1:00 pm—Livestream Only

Chinese:
3:00 pm—Livestream Only

RECONCILIATION

Monday-Friday:
11:30 am to 12:00 noon

Saturday:
4:00 pm to 5:00 pm

Peter approached Jesus and asked him, “Lord, if my brother sins against me, how often must I forgive? As many as seven times?” Jesus answered, “I say to you, not seven times but seventy-seven times.”

Matthew 18:21-22
Want to become Catholic or know someone who should be? Join the RCIA! RCIA@cathedralsacramento.org

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WEEKLY READINGS AND OBSERVANCES

Sunday 9/13
24th Sunday in Ordinary Time
Sir 27:30—28:7/Ps 103:1-2, 3-4, 9-10, 11-12 [8]/Rom 14:7-9/Mt 18:21-35

Monday 9/14
The Exaltation of the Holy Cross
Nm 21:4b-9/Ps 78:1bc, 34-35, 36-37, 38 [cf. 7b]/Phil 2:6-11/Jn 3:13-17

Tuesday, 9/15
Our Lady of Sorrows
1 Cor 12:12-14, 27-31a/Ps 31:2 and 3b, 3cd-4, 5-6, 15-16, 20 [17]/Jn 19:25-27 or Lk 2:33-35

Wednesday, 9/16
Sts. Cornelius, Pope, and Cyprian, Bishop, Martyrs
1 Cor 12:31—13:13/Ps 33:2-3, 4-5, 12 and 22 [12]/Lk 7:31-35

Thursday, 9/17
St. Robert Bellarmine, Bishop and Doctor
1 Cor 15:1-11/Ps 118:1b-2, 16ab-17, 28 [1]/Lk 7:36-50

Friday, 9/18
Friday of Week 24 of Ord. Time
1 Cor 15:12-20/Ps 17:1bcd, 6-7, 8b and 15 [15b]/Lk 8:1-3

Saturday, 9/19
Saint Januarius, Bishop, Memorial of the Blessed Virgin Mary
1 Cor 15:35-37, 42-49/Ps 56:10c-12, 13-14 [14]/Lk 8:4-15

Sunday 9/20
25th Sunday in Ordinary Time
Is 55:6-9/Ps 145:2, 3, 8, 9, 17-18 [18a]/Phil 1:20c-24, 27a/Mt 20:1-16a
An hour and a half before Mass begins, my team and I begin setting up the live-stream. Since we began streaming Mass in March, we have been faced with almost every complication you can think of. Slow internet, dead cameras, missing cords, equipment breaking moments before we go live; you name it, we’ve had to deal with it. That’s why we get there an hour and a half before.

With all these complications, I sometimes wonder how I ended up being the “person behind the camera.” Long before COVID started, I had begun to feel a bit restless in my ministry. I could not tell you why, but I was feeling the urge to try something new. That “something new” ended up being live-streaming Cathedral events. Some of you may remember me hovering around with my iPhone. I did not know why I felt called to live-streaming. It was completely foreign to me, but I could not get that little voice out of my head that kept pushing me to learn more and do more. I had finally begun to get a grasp on things when I heard the announcement that public celebration of Mass was suspended. Suddenly live-streaming was not a hobby for myself but rather a necessity for my parish community.

The responsibility felt a bit overwhelming but the Holy Spirit had my back through the Cathedral Young Adults. One by one, I found my cameraperson, my sound guy, my A/V expert, and my whole support system, as the Young Adults came forward with their talents. When it comes to acknowledging the ways the Holy Spirit is working in me, I feel like the live-stream: a bit delayed. I am beginning to see that by taking a chance on something foreign and scary, the Holy Spirit used live-streaming to transform my ministry and bring the Young Adult community together.

That being said, as we stand behind the cameras, our hearts are never far from our parish community. Many times we find ourselves in somber silence as we look out on the empty Cathedral, waiting for the day when we can all be together again. Day after day, week after week, as we set up our cameras, check our microphones, and prepare for the stream, the Young Adults never forget the gravity of our ministry. We see your names and your comments, your prayers and your gratitude, and we feel honored to serve you. The building is empty, but I know that God is working in our lives as we stream Him into our homes.

- Titi Kila

cathedralyoungadults.wordpress.com

WATER FOR ALL

The BBL Ministry & Cathedral Young Adults Feeding team are having a WATER DRIVE during September. Please help by donating cases of water for our unhoused friends. Collections will take place on Sundays before & after the outdoor Masses starting on 9/6
It’s that time of year when schools open up and learning in classrooms resumes. Obviously, this year the education process is very different than normal and the “classroom” is going to be any spot where one can find internet and a quiet place to focus. For our children, this experience of learning is quite challenging. For our parents, this learning experience is quite challenging.

The conversation around education and learning has always been filled with excitement and differing opinions. The pedagogy of today looks quite different from when I was in grammar school as did my academic experience look different from my parents. Perhaps, one of the significant gifts we can appreciate during this time of social distancing is an awareness of our ability to always be learning something, no matter our age, institutional campus, or apparent limitations. The failure to appreciate this time of learning will be to place too much emphasis on reading, writing and arithmetic and not enough on the experience of this generation.

What the coronavirus and social distancing has taught me involves life-lessons that can be appreciated at any age level. The following is a list of what I am learning, not in any particular order nor fully comprehended.

- Whatever I may feel about my health and concern over germs in my own body, who I am and how I live impacts the lives of the people around me. I need to be more sensitive to that.
- The growth of a Church requires that it has a broader definition of itself. We are more than a sacramental church in the strictest meaning of the word “sacrament”.
- Many people live their faith looking pious but lacking humility.
- My focus on what I want, no matter how righteous, gets in the way of my spiritual journey.
- My ability to help others understand is very limited.
- People are stubborn and stiff-necked, including me.
- I don’t often listen, rather believing I already know the solution.
- Growing plants in pots in downtown Sacramento is frustrating but has its rewards.
- What TikTok is.
- How to climb stairs more easily wearing long robes.
- The practice of being more patient.
- The practice of not getting distracted.
- Many people approach God as if He were made in their image.
- How much I allow the gift of time to be wasted.
- Responding with love is always the best answer.

All of these lessons I have been learning. Although many are not new concepts, my coronavirus experience is helping me revisit and learn deeper meanings in them. There are many other lessons not listed, and many more I have yet to take the time to bring to the surface of my awareness. It is quite possible that these months of social distancing will be remembered as one of the most significant periods in our lives. We pray that we truly are learning each day.

Fr. Michael
Es esa época del año en que las escuelas se abren y se reanuda el aprendizaje en las aulas. Obviamente, este año el proceso educativo es muy diferente de lo normal y el “aula” será cualquier lugar donde uno pueda encontrar Internet y un lugar tranquilo para concentrarse. Para nuestros niños, esta experiencia de aprendizaje es bastante desafiante. Para nuestros padres, esta experiencia de aprendizaje es bastante desafiante. La conversación en torno a la educación y al aprendizaje siempre ha estado llena de entusiasmo y opiniones diferentes. La pedagogía de hoy se ve bastante diferente de cuando estaba en la escuela primaria, ya que mi experiencia académica era diferente a la de mis padres.

Quizás, uno de los dones importantes que podemos apreciar durante este tiempo de distanciamiento social es la conciencia de nuestra capacidad de estar siempre aprendiendo algo, sin importar nuestra edad, el campo institucional o limitaciones aparentes. El fracaso en este tiempo de aprendizaje será poner demasiado énfasis en la lectura, la escritura y la aritmética y no lo suficiente en la experiencia de esta generación.

Lo que me ha enseñado el coronavirus y el distanciamiento social implica lecciones de vida que se pueden apreciar a cualquier nivel de edad. La siguiente es una lista de lo que estoy aprendiendo, no en ningún orden en particular ni comprendido completamente:

- Lo que sea que pueda sentir sobre mi salud y la preocupación por los gérmenes en mi propio cuerpo, quién soy y cómo vivo, impacta la vida de las personas que me rodean. Necesito ser más sensible a eso.
- El crecimiento de una Iglesia requiere que tenga una definición más amplia de sí misma. Somos más que una iglesia sacramental en el sentido más estricto de la palabra "sacramento".
- Mucha gente vive su fe piadosa pero carente de humildad.
- Mi enfoque en lo que quiero, sin importar cuán recto sea, se interpone en mi camino espiritual.
- Mi capacidad para ayudar a otros a comprender es muy limitada.
- La gente es terca y necia, incluyéndome a mí.
- No suelo escuchar, más bien creo que ya conozco la solución.
- Cultivar plantas en macetas en el centro de Sacramento es frustrante pero tiene sus recompensas.
- ¿Qué es TikTok.
- Cómo subir escaleras más fácilmente con túnicas largas.
- La práctica de ser más paciente.
- La práctica de no distraerse.
- Mucha gente se acerca a Dios como si estuviera hecho a su imagen.
- Cuánto permito que se desperdicie el regalo del tiempo.
- Responder con amor es siempre la mejor respuesta.

Todas estas lecciones las he estado aprendiendo. Aunque muchos no son conceptos nuevos, mi experiencia con el coronavirus me está ayudando a revisar y aprender significados más profundos en ellos. Hay muchas otras lecciones que no figuran en la lista, y muchas más todavía tengo que tomarme el tiempo para sacarlas a la superficie de mi conciencia. Es muy posible que estos meses de distanciamiento social sean recordados como uno de los períodos más significativos de nuestras vidas. Oremos para que realmente estemos aprendiendo cada día.

Padre Miguel
IS MY CHILD READY TO RECEIVE THE SACRAMENTS IN 2021 (#2)?

Last week we reflected on the five precepts of the Church in discerning readiness of the family to accompany their child for preparation of the Sacraments. We will continue with our reflection, this week how the family is living the ten commandments:

**How is my family living / following the 10 Commandments as found in Deuteronomy 5:6-21?**

(the Ten Commandments are a description of the basic freedom from sin that is necessary to live as a Christian. They are a minimum level of living, below which we must not go):

**For Love of God**

1. I am the LORD your God. You shall worship the Lord your God and Him only shall you serve.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath day.

**Here are some ways that we show our love for God:**

⇒ Put God first in your life by choosing to spend time with Him in prayer, invite Him to be part of your family life
⇒ Only say God’s name with love and respect
⇒ Go to Mass on Sundays and Holy Days of obligation (or if not at all possible, watch Mass together livestream and pray along)
⇒ Say your prayers every morning and night. Learn your catechism.

SACRAMENTS 2019-2020 GROUP

**Sacramental Preparation | Preparación sacramental**

Please find below the schedule for all youth preparing for Sacraments from Spring 2020. We ask the Cathedral Community to pray for all of us during this time of grace.

**1st Communion**

Families of those children who were scheduled to receive the Sacrament of 1st Communion in Spring 2020. Please see below the Schedule for Retreat 1st Communion.

**OPTION 1**

Retreat - Starts week of August 31
First “Check in” - September 4
1st Communion: SEPT 19 - 9AM

**OPTION 2**

Retreat - Starts week of August 31
First Check-In - September 4
1st Communion - SEPT 19 - 11AM

**OPTION 3**

Retreat - Starts week of Sept. 21
First Check-In - September 25
1st Communion - OCT 10 - 9AM

**OPTION 4**

Retreat - Starts week of Sept. 21
First Check-In - September 25
1st Communion - OCT 10 - 11AM

**OPTION 5**

Retreat - May 2021
1st Communion - May 2021

**Youth Confirmation**

Families / Youth preparing for Confirmation have begun their GREATER online retreats.

Our schedule for check-ins and Sacraments are as follows:

**OPTION A**

Retreat - Online—Personal Schedule
First "Check in" - September 8
Confirmation: OCT 2 - 4PM

**OPTION B**

Retreat - Online—Personal Schedule
First Check-In - September 15
1st Communion - SEPT 19 - 11AM

**OPTION C**

Retreat - Online—Personal Schedule
First Check-In - September 22
1st Communion - OCT 16 - 4PM

**OPTION D**

Retreat - Online—Personal Schedule
First Check-In - September 29
1st Communion - OCT 16 - 6PM

**OPTION E**

Retreat - May 2021
1st Communion - May 2021

**RCIA for Youth**

All families with children older than six and in need of baptism—or if your child is continuing in the RCIA—please register for family faith formation so we can update your information. Sessions for them begin in October.

**RCIA for Adults**

**SUN 09.13:** online BOW - 11:30AM
**MON 09.14:** RCIA online - 7:00PM

New Sessions for inquirers begins Monday, September 14th, 7PM.
Contact us for more information: RCIA@cathedralsacramento.org

Are you thinking about becoming Catholic and don’t know where to start? Complete the RCIA registration on the Faith Formations Page of the Parish Website.
As we look ahead for this NEW YEAR of learning about our faith we have listened to the needs of our families who are finding themselves needing to adjust to distance learning with their children at school. To help our families, we are adapting to a family catechesis.

This year we will learn the Creed and see how it is a summary of our faith. Families will listen and pray together online with the Cathedral Team, with once-a-month lesson with Fr. Michael O’Reilly. They will then have simple, age-appropriate activities they can do together at home as a family. There is no homework for children, but we ask the families to keep a scrapbook of their journey this year. As our social climate opens up, we will have social gatherings to share our family journeys together. Please see the parish website for more details.

What is Family Faith Formation?
Parents are the first educators of their children. The Church has always taught this. We want to help parents to grow in greater confidence through our Family-centered formation. We are introducing "A Family of Faith", a four-year cycle of family formation, where parents are given a detailed picture of authentic and vibrant Catholic family life, and given the tools to help them succeed at being the religious educators that they already are. Family Faith Formation will support parents in the religious formation and education of their children through prayer experiences, catechesis, retreats, and community building events.

What about Sacramental Preparation (Baptism, Confirmation and Holy Communion)?
All families with children in need of Sacraments will enroll in A Family of Faith formation. In December/January, there will be an application and interview process for enrollment for Sacraments. Please see page 6 of this bulletin to begin assessing if your child is ready.

What about teaching the faith by grade levels?
When faith formation is limited to the classroom, its impact is not only lessened - it can make the faith appear irrelevant to life, with it just another hoop to jump through to get those sacraments checked off. Studies show that creating strong Catholic families through involvement of parents helps young people see their faith alive and a part of their daily lived experience.

Prepare for Sunday Mass
Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.
A Community that is dedicated to serve the Chinese Catholics in the Greater Sacramento Area.

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Should I Stay or Should I Go?

Life is not always easy on us and it can be hard to figure out the next step to take in our journey. We can even become immobilized by indecisiveness and fear about making the wrong move or choosing the incorrect path. I think of the song, Should I Stay, or Should I Go, as a mantra for many times in my life. Should I stay in this house, this job, or this car? Should I go here or there? When those times of decision surface, I usually turn to my wife, my friends, or even my children. Talking it out can help, and their perspectives give me more data to consider. When I lean on others to help me make a decision, it helps me become more confident in my choices. Discerning the will of God is not easy either. Rarely do we understand God’s calling clearly at first. God’s calling is always more easily within a community of faithful disciples. Our stewardship way of life can suffer greatly if we refuse to allow others to assist us in the process of discernment. What gifts or talents are needed for the task at hand? Where do I fit best into God’s plan? Where is God leading me? No one should have to decide the answers to these questions alone. We need to always lean on the Body of Christ to help us see the path that God has laid before us. Without a little help along the journey, over time we might find ourselves stuck in the same place where we started.

- Tracy Earl Welliver

SACRAMENTO CHINESE CATHOLIC COMMUNITY

常年期第二十一主日

我要將天國的鑰匙交給你；凡你在地上所束縛的，在天上也要被束縛；凡你在地上所釋放的，在天上也要被釋放。 - 瑪16:19

Should I Stay or Should I Go?

生活對我們而言總是不那麼容易，對於下一個旅程也難以想像。我們甚至於優柔寡斷，害怕走錯路或做錯選擇以致陷入僵局。我想起一首歌名，"Should I Stay or Should I Go"，這成為我一生中多次使用的口號。我該留在這所房子？这份工作？還是這部車？我應該到這裡還是去那裡？當決定的時刻浮出水面時，我通常求助於我的妻子，朋友甚至於我的孩子。把問題說出來是有助於助的。他們的觀點為我提出更多的參考數據，當我依靠他人的幫助來做決定時，它幫助了我對於自己的選擇更有自信。

對於分辨天主旨意也是不容易的，一開始我們也很少清楚天主的召叫，但在信友群體中的個人，要辨認天主的聖召總是較容易的，如果在聖召的辨別過程拒絕他人的協助，那麼我們所過的聖善生活將遭受極大的損失。

我們的使命是需要那些聖徒或天賦，才能得以完成呢？我再何處可以配合天主的計劃呢？天主在何處帶領我呢？無人可以獨自決定這些問題的答案。我們必須總是依靠主基督的各個肢體團體，來幫助我們看到上主已經鋪在我們面前的道路。旅程中沒有一點協助，在隨著時間的流逝後，我們可能會發現自己仍陷在起始點。

- Tracy Earl Welliver
The HOLY SACRIFICE OF THE MASS
Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)
Mon—Wed—Thu: 11:00 am to 12:00 pm
Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK
Make an appointment by calling the parish office.

MATRIMONY
To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE
If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

BAPTISM
Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:
3rd Saturday of each month, 9 am (English), y 4to Sabado del mes, 9 am (Espanol).
For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST
Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION
The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS
Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and/or deaconate, contact Fr. Hernandez.

MARRIAGE PREPARATION
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION
No registration is required. Classes are held:
- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

QUINCEANERA
While not a Sacrament, a Quinceanera celebrates a young lady’s coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at tkila@cathedralsacramento.org.

FAMILY FAITH FORMATION AND EDUCATION
English and Spanish Online
The Cathedral offers weekly encounters for families to grow in faith together. This year we will study the Creed, taking a tenant each month and learn how to live it through weekly activities.

Rite of Christian Initiation for Adults/Children (RCIA)
Adults: Mondays, 7 pm
Children and Teens: Sundays, 9 am
RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and weekly lessons. We also help prepare for their full initiation into the life of the Church through the Sacraments. For more information, Sister Lisa Marie Doty, FdCC at 916-444-5364, or lmdoty@cathedralsacramento.org.
MINISTRIES AND CONTACTS
Father Michael O’Reilly, Pastor / Rector

SACRED LITURGY
Altarservers: Michael Ognisty, mfognisty@msn.com
Choir (English)
Rex Rallanka, Music Director, rrallanka@cathedralsacamento.org
Choir (Spanish)
Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass
Extraordinary Ministers of Holy Communion
Amy McCormick, ammccormick@att.net
Greeters and Ushers
Tom Waddock, 916-444-3071, x 36
Lectors
Fred Heacock, fheacock72@hotmail.com

SOCIAL and COMMUNITY SERVICE
Brown Bag Lunch Ministry
Marilynn Fairgood, Marilynn_Fairgood@att.net
Docents
Jill Pease, peasejill@gmail.com
Festival of Trees and Lights
Paula Trujillo, trupaula@gmail.com
Front Door Ministry
ministries@cathedralsacramento.org
Hospitality
Celeste Gisla, jfgisla@surewest.net
Respect Life Ministry
Liliana Balderrama, michoacan888@gmail.com
Saint Vincent de Paul contact the rectory office

PASTORAL AND ADMINISTRATIVE STAFF
Fr. Michael O’Reilly
Pastor
Fr. Nicholas Ho
Chinese Mass
Deacon John Gisla
Office Manager
Dcn. Edgar Hilbert
Dcn. Omar Bardales
Sr. Lisa Marie Doty
Director of Education
Michael Ognisty
Sacristan
Rex Rallanka
Director of Music
Tom Waddock
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Wedding Coordinator
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Bulletin/Webmaster

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