May 21, 2017
Sixth Sunday of Easter
Vol. 17 Issue 21

The Most Reverend
Jaime Soto,
D.D., M.S.W., Bishop of Sacramento

The Most Reverend Myron Cotta
Auxiliary Bishop of Sacramento

The Very Reverend Michael O’Reilly, Rector

Reverend Kieran M. McMahon
Parochial Administrator Pro Tem

Reverend Michael Estaris, Priest in Residence
Reverend Brent Carlton Nall, Priest in Residence
Reverend Nicholas Ho, Chinese Mass

Deacon John Gisha
Deacon Raul Leon
Deacon Don DeHaven

Sister Jenny Aldeghi, FDCC, Director of Education
Rex Rallyanka, Director of Music

1017 11st Street, Sacramento, CA 95814
Office Phone (916) 444-3071
Fax (916) 444-2749
Religious Education (916) 444-5364
blessed@cathedralsacramento.org
www.cathedralsacramento.org

**SCHEDULE OF MASSES**

**Monday to Friday**
- 12:10 pm

**Monday to Thursday**
- 5:10 pm

**Saturday Vigil**
- 5:00 pm

**Sunday**
- 7:30 am
- 9:00 am
- 11:00 am
- 11:00 am
- 12:00 pm
- 1:00 pm
- 3:00 pm
- 5:00 pm
- 7:00 pm

**State Holidays**
- 12:10 pm

**SACRAMENT OF CONFESSION**

**Monday to Friday**
- 11:30 am to 12:00 pm

**Saturday**
- 4:00 pm to 4:45 pm

**Domino - En Español**
- 12:30 pm to 12:45 pm
- 6:30 pm to 7:00 pm

**EUCHARISTIC ADORATION**

**Wednesday**
- 12:45 pm to 4:45 pm

**Thursday**
- 12:45 pm to 4:45 pm

**Friday**
- 12:45 pm to 3:45 pm

**BAPTISMS** — Registration is required.

**English** — 3rd Saturday of the month, 9:00 am

**Español** — 4º Sábado del mes, 9:00 am

**BAPTISM CLASSES**

**English** — 1st Thursday of the month, 7:00 pm

**Español** — 2do jueves del mes, 7:00 pm

**WEDDINGS** — Contact 916-444-3071,
Six (6) months in advance

**GIFT SHOP** — Sundays 9:00 am to 3:00 pm

Mondays 10:30 am to 12:00 pm
To whom shall we go?

Jesus sent out His disciples to preach, and when they returned, He could see that they were exhausted and in need of a brief hiatus: "And he said unto them, 'Come ye yourselves apart into a desert place, and rest a while', for there were many coming and going and they had no leisure so much as to eat" (Mark 6:30-31). However, the crowds followed them without bringing any food, and Jesus was obliged to feed them in the wilderness, which, of course, led to The Feeding of the Five Thousand on the shores of the Sea of Galilee. With a little cunning Jesus and His disciples then managed to give the crowds the slip and return to Capernaum where He lived at the time (Matthew 4:12-13; John 6:1-25). When the people finally caught up with Jesus in Capernaum, the ensuing discussion in the synagogue led to the clearest teaching in the Gospels on the meaning of the Eucharist. This passage in the Gospel of John would thereafter become the hallmark of Catholic teaching on the Eucharist: "Except you eat the flesh of the Son of Man and drink his blood, you have no life in you . . ." (6:53-58). The chapter concludes with the sad development that "From that time many of his disciples went back and walked no more with him". Then Jesus turned and asked the twelve, "Will ye also go away?" (6:66-7). From the beginning the doctrine of the Real Presence of Christ in the Eucharist was as much "a stone of and a rock of offense" for the faithful Christian as Jesus of Nazareth had been for the Jews (Matthew 21:44; 1 Peter 2:4-8). Is it any wonder then that when the Reformation severed itself from the teaching authority of the Catholic Church the first thing to go was the doctrine of the Real Presence of Christ in the Holy Eucharist? There are thousands of Protestant denominations that to this day have contentious disagreements among themselves on all manner of Christian doctrines and theologies, but they all are in remarkably harmonious agreement on one single point: they all deny the doctrine of the Real Presence of Christ in the Eucharist. This is so because the blessed Truth of the Eucharist cannot be apprehended apart from one's union to the Catholic and Orthodox Church.

Of the reality of His Real Presence soon to be reserved in the Holy Eucharist, Jesus said "In the synagogue, as he taught in Capernaum . . . It is the spirit that quickens; the flesh profits nothing: the words that I speak to you are . . ." (6:63-71). There is no intellectual argument nor reasoning that can of itself prove that the bread and wine we offer in the Mass cease to exist after they have been consecrated, and that thereafter only the Body, Blood, Soul, and Divinity of Christ subsists under the "species" of the sacred Host. It is an infused and divinely inspired faith supported by reason, the sacred tradition, and a divinely guaranteed apostolic authority that enables one in the final analysis to apprehend the truth of the Holy Eucharist. Those who leave the Catholic Church and renounce her teaching authority — even if they retain a measure of otherwise authentic Christian faith — are necessarily and inevitably doomed to murmur against the Truth of the Eucharist like the Jews at Capernaum: "This is a hard saying; who can hear it?" The Catechism teaches that "The Eucharist and the Cross are stumbling blocks. It is the same mystery and it never ceases to be an occasion of division" (CCC 1336). Among the greater body of those "honored with the name of Christian", the faithful Catholic has but one question to answer Jesus in this matter: "Will ye also go away?"

~John-David Black~

CHRISTIAN SYMBOLS

Why do priests wear black?

In the early centuries of the Church, priests did not wear anything distinctive for their everyday attire. They wore the typical clothing of the period and would only look different when they put on priestly vestments for celebrating Mass. Over time the fashion trends shifted and instead of moving along with the rest of the world, the clergy retained the former way of dressing. It was during the 12th and 13th centuries that priests adopted the Roman cassock as the piece of ordinary clothing that distinguished them from the laity. Soon after this decision the Church made further regulations that required priests to wear the distinctive garb.

At first the cassock only consisted of a robe-like garment tied at the waist with a sash and did not feature a white collar as we are familiar with today. The color of the cassock did not receive regulation until much later and likely rose from the easy availability of black dye. Historically black was the cheapest dye to use and so was fitting for the simple parish priest. Other clergy members wore different colors to distinguish their rank and around the time of Pope Pius V, the pope began to wear a white garment similar to the pope’s white cassock today.

The black cassock is still a garment worn by many priests, though most bishops’ conferences around the world have permitted the use of a black shirt instead. Symbolically black is associated with simplicity and humility and reminds priests of their need to imitate those virtues. Black is also a color that represents death and mourning and symbolizes how a priest is to die to oneself and decrease so that God may increase in his life. He is called to take up the cross of Our Lord daily, dying to sin so that he may rise in the life of grace.

While it is true that parish priests are required to wear the color black, in hotter locations, dispensations allow priests to wear a more tolerable white.

Nevertheless, the distinctive color of the priest’s clothing sets him apart from the rest of society. It reminds us of his mission to serve and signals him out in a crowd of people. The presence of a priest is supposed to point our hearts to heavenly things and brings the person of Christ to each one of us. The color simply highlights this reality and should provide a kind of “mini-homily” every time we see a priest.

~Philip Kosloski ~

“Sing to the Lord a new song; for he has done marvelous things; his right hand and his holy arm have worked salvation for him.”

~Psalm 98:2~
"If it be God's will that you suffer, it is better that you suffer for good deeds rather than for evil ones." 1 Peter 3:16

A young girl comes to a pregnancy center, much like ours. Perhaps it was ours. Perhaps not. She has a difficult decision to make. She is pregnant and wants to know more about the baby. If she chooses to bring the baby to term, she will miss her prom, and people will talk about her. If she chooses to eliminate the baby's life now, people will forget about her condition and her life will appear to go on normal, but she knows that she will always remember the baby she had killed. She chooses to do what is right. That choice means immediate suffering, but knowing forever that she the world is richer for a new life that for whom she is giving birth.

Their son asks for a graduation party with all the fixings. That means he wants one with a keg and drinks. He says, "The kids are going to drink anyway, at least they will be supervised here." They know he is right. They also know that if they don't give in, he'll make life difficult for them. However, they know that they can't be responsible for what the other kids do outside their home, but they are responsible for what happens inside their house. Maybe even if they are alcohol free, the kids will drink after the party, maybe they won't. They know they can't win, but they also know that if they stand up to what they know is right, they can't lose.

She really needs a better job. She knows that a few words from her in the right place would jeopardize her boss's position. If he were gone, someone else would be moved up. Then she could see a promotion in her future. All she would have to do is say that he has harassed her. Besides, about a year and a half ago he asked her if she'd care to have a drink with him. He's married and has kids. She said she didn't like to mix work with her personal life, and he never brought it up again. He has always been professional with her and a gentleman. Still, he has a bad reputation. Some say he's a low-life, always dating other girls. Now the company is investigating him and calling her in. She needs a promotion. But she also knows it would be a lie to claim harassment. True, her chances of a promotion are limited if he keeps his position, but she decides to tell the truth.

The retired couple want to get married. When their first spouses died years ago, neither thought they would ever marry again, but they met each, grew comfortable in their relationship and decided that they would like to marry. If they do marry, they will lose some of their retirement benefits. If they just move in together, they would keep these benefits. The only thing is that they know that this is wrong. What would they tell their children and grandchildren and even great grandchildren? How do they justify living as husband and wife and not being married after they have been the ones adamant that the faith be passed on to the children, grandchildren and great grandchildren? It looks like they can't win. "But," they reason, "with the Lord we really can't lose."

We have to make continual choices in our lives. Many times these choices seem to be a choice of which suffering we are going to accept. We may suffer if we choose what we know is the right thing to do. We may suffer if we choose that which we know is not right. We are fooling ourselves if we think that we will not have to answer in this life and the next for choices we know are not the best. We are forgetting what Christianity is. If we want to enjoy the joy of the Jesus' resurrection, if we want the eternal life of Easter, then we first must join Him in accepting suffering for good on the cross.

If it be God's will that we suffer, it is better that we suffer for good deeds rather than for evil ones.
Faith Formation Easter Raffle 2017
Sister Jenny and the catechists wish to thank the parishioners and children attending the English and Spanish CCD classes and their families for their great support in the successful outcome of the Easter fundraiser.

Next week, our second collection is for the Catholic Communication Campaign. This campaign connects people with Christ, here and around the world in developing countries, through the internet, television, radio, and print media. Fifty percent of funds collected remains in our diocese to fund local communications efforts. Your support helps spread the gospel message! To learn more, visit www.usccb.org/ccc.

Summer Choir Opportunity
Everyone is invited to sing with the Cathedral Choir over the summer! This is a great opportunity for individuals who are thinking about joining the choir during the regular season. No audition is required, but the ability to read music is preferable. The summer choir will sing on Sundays from July 9 through September 3. Warm up starts at 10 am for the 11 am Mass.

If you are interested, please contact Director of Music, Rex Rallanka, and rallanka@cathedralsacramento.org or (916)444-3070, ext. 38.

Daily Mass Cantors Wanted
The Cathedral is seeking new cantors for the 12:10 pm weekday Masses. The ability to lead songs without accompaniment is required. To schedule an audition, contact the Director of Music, Rex Rallanka, at rallanka@cathedralsacramento.org, or call (916)444-3071, ext. 38.

Calling all speakers: Are you interested in presenting a workshop at Ministry Days 2017? We are now accepting workshop proposals for Ministry Days, which will be held at St. Francis High School in Sacramento, CA on Friday and Saturday, September 29-30, 2017. The theme for this year’s conference is “How Do You Know Me? ¿De Dónde Me Conoces?” Proposals are due by June 1, 2017 and you will be notified if your workshop has been accepted by June 9. If you have any questions, please contact Christine Vincent at 916-733-0153 or cvincent@scd.org. Proposals may be submitted here: https://catholic.formstack.com/forms/md_workshops

Retrouvaille – Marriage Recovery
Is your marriage in trouble – miserable – dead? Would you like it to come alive? Retrouvaille can give you the communication skills you need to relate to one other in a better, more respectful and emotionally mature way. The next weekend is in Sacramento, July 7-9. For more information call (800) 470-2230 or visit http://www.helpourmarriage.com

‘Called and Gifted’ workshop offered Saturday, May 27
The diocese’s Office of North State Catholic Revival, in collaboration with St. Isidore Parish in Yuba City, will present the “Called and Gifted” workshop from the Catherine of Siena Institute on Saturday, May 27, from 9 a.m. to 4 p.m. at St. Isidore Church, located at 222 Clark Ave in Yuba City. The workshop will be given in both English and Spanish.

The workshop is an opportunity to deepen your relationship with Jesus and to discover God’s plan for your life. Through the “Called and Gifted” discernment process, you will learn about the church’s teaching on the laity and lay apostleship; the nature of spiritual gifts, call and vocation. The workshop is especially useful for active parishioners, young adults, new or returning Catholics, those interested in religious vocations, those active in ministry and parish staff and leadership. The cost to attend is $30 per person, including lunch and materials.

To register as an individual or parish group online for the workshop, visit the link below. For questions, contact Susan Burky at (530) 673-1573, ext. 42. For questions about registration and more information, contact Richard Cher-veny at (530) 366-7954.

Join us in Celebrating 17th Anniversary of Saint Toribio’s Canonization
Sunday, May 21, 2017 at the 1:00 p.m. Mass
Followed by a Pot Luck Picnic with music and piñatas at East Portal Park, 1120 Rode Way 51st & M Street
For more information call Jesus or Teresita Romo (916) 362-5950

“Don’t lose hope. When the sun goes down, the stars come out.” ~Unknown~
<table>
<thead>
<tr>
<th>Day</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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| Saturday 20th | 5:00 pm / Felotea Pangilinan +  
7:30 am / Souls in Purgatory  
9:00 am / Cathedral Youth and Young Adults  
11:00 am / Ninfa Fragoso Barraza  
1:00 pm Spanish / Parish Intentions  
3:00 pm Chinese  
5:00 pm / Hirtzel Family +  
7:00 pm Spanish / Aborted Babies | 10:00 am CFF Classes  
9:00 am RCIA class for children and teens  
9:30 am RCIA Breaking of the Word  
11:00 am Liturgy of the Word for Children  
11:15 am Spanish CCD classes |
| Sunday 21st | 12:10 pm / Emma Rust S.I.  
5:10 pm / Consuelo Parra +  
7:30 am / Souls in Purgatory | 6:30 pm RCIA Evening Prayer  
7:00 pm RCIA Class |
| Monday 22nd | 12:10 pm / Joseph Lam T. Than +  
5:10 pm / Souls in Purgatory | |
| Tuesday 23rd | 12:10 pm / John Lewandowski +  
5:10 pm / Souls in Purgatory | 6:00 pm Spanish Choir for the  
7pm Mass  
7:00 pm English Confirmation classes |
| Wednesday 24th | 12:10 pm / Vocations to the Priesthood  
5:10 pm / Clifford Lungstrom + | 7:15 pm Communion & Liberation |
| Thursday 25th | 12:10 pm / Maria F. Nuñez S.I. | 7:00 pm The Bible Timeline |
| Friday 26th | 12:10 pm / Mark McDougall  
Garren Bratcher & Family  
Rosaline  
John Amaro +  
Kevin & Family  
Stephen  
Julie  
Cynthia Matulia  
Lee McClure  
Nellie Medina  
Michael Hunsaker | 7:30 pm Rosary Recitation at St. Junipero's Statue in Capitol Park |

Offering Mass for a special intention is a long-standing tradition in the Catholic Church. It is usually considered that special graces are obtained for whom the Mass is said. Masses are offered for many reasons: for the souls in purgatory, in remembrance for someone who is deceased, or in honor of a birthday or special anniversary. If you would like to have a Mass said for someone, please contact the rectory office for help with available dates and times. Intentions are $10.00 per Mass request and are due the Tuesday before the publication weekend.

Pray For One Another

Arthur Bailey  
Ceciley Snook  
Vickii Rene Elizabeth  
Diana Welide  
Sunita Phillips  
Cathy Hickman  
Maricela Cortes  
Dorothy Adams  
Joel & Cesar  
The Brown Family  
Louis Metzinger

Mark McDougall  
Garren Bratcher & Family  
Rosaline  
John Amaro +  
Kevin & Family  
Stephen  
Julie  
Cynthia Matulia  
Lee McClure  
Nellie Medina  
Michael Hunsaker

Blanca Padilla  
Nilda Medina  
Michael Jose Mejia  
Della Melsness  
Cloraine Miura  
Maria Elena Monzani  
Eugenio Negrete  
Elizabeth Paul  
Rosemary Plain  
Hilda Plancarte

Behind each of these names is a story of someone struggling with life’s many challenges. Let us offer up our prayers to our brothers and sisters in Christ.

Let us pray for you or your loved ones.  
Submit your prayer request on cathedralsacramento.org  
or email: cbspayer3@yahoo.com

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.
ORACIÓN POR NUESTROS SERES QUERIDOS

LUCI CORTEZ     AMPARO ESPITIA
LETTICIA ROMAN  SERVANDO GOMEZ
EUGENIA ROQUE  MARGARITA GIL
FRANCIS TRUJILLO NUñEZ

Oh Jesús, que amaste a los tuyos con gran predilección, escucha la súplica que te hacemos, y por tu misericordia concede a aquellos que Tú te has llevado de nuestro hogar el gozar del eterno descanso en el seno de tu infinito amor.

Concédeles, Señor, el descanso eterno y que les ilumine tu luz perpetua.
Amen

Desde el principio la doctrina de la Presencia Real de Cristo en la Eucaristía fue una "piedra de tropiezo" para los fieles cristianos como Jesús de Nazaret ha sido para los judíos (Mateo 21,44; 1 Pedro 2, 4-8). No es una sorpresa que en la Reforma Protestante se separaran de la autoridad doctrinal de la Iglesia católica sobre la Eucaristía. Hay miles de denominaciones protestantes que hasta el día de hoy tienen muchos desacuerdos entre ellos en asuntos de doctrina y teología cristiana, pero curiosamente todos están de acuerdo en negar la doctrina de la Presencia Real. Esto es porque la Verdad de la Eucaristía no puede ser comprendida en ninguna otra parte mas que en de la unión con la Iglesia Católica y Ortodoxa. (Tradicional)

De Su Presencia Real pronto a ser reservada en la Sagrada Eucaristía, Jesús dijo: "Así habló Jesús en Cafarnaúm enseñando en la sinagoga...El espíritu es el que da vida, la carne no sirve para nada. Las palabras que les he dicho son espíritu y vida. Pero hay entre ustedes algunos que no creen."(Juan 6, 63-64). No hay argumento intelectual que pueda probar que el pan y el vino que ofrecemos en la Misa deja de existir después de ser consagrado, y por lo tanto sólo el Cuerpo, la Sangre, el Alma y la Divinidad de Cristo subsiste bajo las "especies" de la Hostia Sagrada. Es una fe inspirada y divina apoyada en la razón, la Sagrada Tradición y la Autoridad Apostólica que permite que uno comprenda la verdad de la Sagrada Eucaristía.

Aquellos que dejan la Iglesia Católica y renuncian a su autoridad de enseñar -aún si mantienen otras doctrinas cristianas autenticas- están necesariamente e inevitablemente condenados a murmurar en contra de la Verdad sobre la Eucaristía como los Judíos de Cafarnaúm: "Este lenguaje es muy duro! ¿Quién querrá escucharlo?" El Catecismo enseña que "La Eucaristía y la cruz son piedras de tropiezo. Es el mismo misterio, y no cesa de ser ocasión de división" (CIC 1336). Entre la mayoría de los "honrados con el nombre de Cristianos", los fieles Católicos tienen sólo una pregunta que contestarle a Jesús a este respecto: "¿Quieren marcharse también ustedes?" ~John-David Black~

Nuestra segunda colecta la próxima semana será para la Campaña Católica de la Comunicación. Esta campaña conecta a las personas con Cristo, aquí y en los países en desarrollo en el mundo, a través del Internet, la televisión, la radio y los medios impresos. El cincuenta por ciento de los fondos recaudados permanece en nuestra diócesis para financiar labores locales en el área de las comunicaciones. ¡Su contribución ayuda a difundir el mensaje del evangelio! Para informarse más, visite www.usccb.org/ccc.

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Our community picnic is coming up and will be held on Saturday, June 10, 2017 at the William Land Park Area 9, located at 3800 South Land Park Drive, Sacramento, CA 95822. We will start serving food at 11:30 am. Please spread the word, bring your family or friends and come early to enjoy the people and the park. For more information, please contact Gloria Fong (916-442-7178) or Ellis Chan (916-272-9093). Please sign up by June 4, 2017.