Week of Prayer
for Christian Unity

Cathedral
OF THE BLESSED SACRAMENT
SACRAMENTO
Mystagogic

“The doctrines, principles, or practice of mysteries.”

Communion of Saints
Part I: Do the Saints Answer Prayers?

Christ “taught us that prayer is necessary, that it should be humble, vigilant, persevering, confident in the Father's goodness, single-minded and in conformity with God’s nature”, so says the General Instruction of the Liturgy of the Hours (GILH, n. 5). The average Catholic, however, and perhaps not a few priests and religious, tend to find such fervent and devout prayer rather challenging. Nonetheless, the faithful of Christ are called to carry on His ministry on earth, to be the light of the world and the salt of the earth, to be in fact Christ in this world; by His example and teaching “the divine teacher showed that prayer was the soul of his messianic ministry . . .” That being the case, the Catholic Church has always recognized that prayer — the life of prayer — must be the soul of our apostolic mission in this world.

Jesus taught us clearly that “If you ask anything in my name, I will do it” (John 14:14), and “If you remain in me and my words remain in you, ask for whatever you want and it will be done for you” (John 15:7); or “Therefore I tell you, all that you ask for in prayer, believe that you will receive it and it shall be yours” (Mark 11:24). The Apostles who first heard these words and handed them on to us also taught us that we ought to “pray without ceasing” (1st Thessalonians 5:17), and “We have this confidence in God, that if we ask anything according to his will, he hears us. And . . . we know that what we have asked him for is ours” (1st John 5:17).

It is here that we find great strength in the prayers of our Catholic brothers and sisters. We cannot answer each other’s prayers—for only God can answer prayer—but we can certainly pray for each other and stand together as we storm heaven with our supplications and intercessions. It has been a constant teaching of the Catholic tradition that we who struggle along "in this vale of tears" not only have the benefit of our prayers for each other, but we also have the benefit of the prayers of those who have already achieved the beatific vision in heaven. The Saints in heaven are human beings, and they cannot answer our prayers anymore than we can answer each other’s prayers. Although the Saints have left this life, they are not dead, certainly not to God, for “all live unto him” as Jesus said (Luke 20:38); and if they are alive unto God they are still a part of the community of faith.

When we solicit the prayers of the Saints and ask for their assistance as we storm heaven with our petitions, it is their holiness and purity that makes up for our lack of fervor and devotion. If through our weakness and human frailty we cannot be as “humble, vigilant, persevering, confident in the Father’s goodness “ in our prayers as our faith requires of us, it is nonetheless certain that the Saints, who achieved that heroic virtue in life are now in an even more enviable position in heaven. If our prayers are too flawed to pull down God’s blessings upon our needs, they become sufficient when joined with the prayers of our patrons and allies in heaven. In this way, we on earth become the beneficiaries of the heroic life and merits of the Saints when we prayerfully tap the treasure vaults of “The Church Triumphant” in heaven.

~John-David Black~

5 Practical Ways to Pray More in the New Year

~by Philip Kosloski, staff writer at Aleteia.com (abridged)~

Incorporating more time for prayer is not easy task, so to help you get closer to your spiritual goals, here are five practical tips that can give you a head-start on making 2017 your best spiritual year ever:

1) Believe in your goal and in God—You are a son or daughter of God and he is with you at your side. You can do it! If we open ourselves to God, he will guide us and give us the strength we need. We need to have faith that God will be there for us and that we can do the impossible. Above all else, faith is a gift given by God. So like all gifts, ask for it! Ask God to increase your devotional fervor.

2) Recall what has worked and what hasn’t—In the spiritual life, there are bound to be highs and lows; times when you felt fully alive and times when you felt dead in the water. Look back at the past and see what worked and when you felt “fully alive.” You may notice some patterns that may be useful or that you may want to replicate in the present. And don’t be afraid to start small. Even as small as beginning and ending the day with a Sign of the Cross and a “Glory Be.” Of such small beginnings, have saints arisen.

3) Are you a “rooster” or an “owl”? - For most Americans, life between 9:00 a.m. and 5:00 p.m. is uncontrollable. Whether you commute to an office, stay at home with the kids, or have been retired for 10 years, the daylight hours are typically filled to capacity. This gives us two primary options for an extended amount of prayer time: morning or evening. These two blocks of time are often "blank slates" and we typically have complete control over what happens. Do we look at Facebook until 1:00 in the morning, or do we shut everything off and pray? On the other hand, we may have much more time in the morning and would gladly wake up at 5:00 a.m. to pray for a half hour. The main point is that we are either "morning persons" or “night persons,” “roosters” or “owls,” and that self-knowledge will help us understand which part of our day will be the most successful for carving out more time for prayer.

4) Think “minutes” not “hours” - Author Gary Jansen wrote a book recently entitled The 15-Minute Prayer Solution: How One Percent of Your Day Can Transform Your Life, and in it he wrote: "Did you know that there are 1,440 minutes in a day? It’s true. I did the math. Did you also know that one percent of all that time is 14 minutes and 24 seconds? What would happen if you made a conscious decision, every day, to exercise your soul by giving roughly 15 minutes of your time over to God? Just one tiny percent of your life. Would your life change? Mine did.”

5) Write it down! - Our minds are so full of information that it is extremely easy to forget what we "promised" to do. That is why we must be deliberate and write down our daily schedule and make prayer officially part of it. We must block out a specific time frame every day when the only thing we do is pray. Write it down in BIG BOLD LETTERS to help solidify it in your memory. In summary, we must be deliberate about putting more prayer into our everyday life and give it the importance it deserves.

See Part II on the Communion of the Saints in next week’s bulletin.

Liturgical Word of the Week

con·sub·stan·tial /ˌkänsəbˈstan(t)SH(ə)l adjective,
1. of the same substance or essence (used especially of the three persons of the Trinity in Christian theology):
   “Christ is consubstantial with the Father”
During the less than 13 years of Dr. Martin Luther King, Jr.’s leadership of the modern American Civil Rights Movement, from December, 1955 until April 4, 1968, African Americans achieved more genuine progress toward racial equality in America than the previous 350 years had produced. Dr. King is widely regarded as America’s preeminent advocate of nonviolence and one of the greatest nonviolent leaders in world history.

Drawing inspiration from both his Christian faith and the peaceful teachings of Mahatma Gandhi, Dr. King led a nonviolent movement in the late 1950’s and ’60s to achieve legal equality for African-Americans in the United States. While others were advocating for freedom by “any means necessary,” including violence, Martin Luther King, Jr. used the power of words and acts of nonviolent resistance, such as protests, grassroots organizing, and civil disobedience to achieve seemingly-impossible goals. He went on to lead similar campaigns against poverty and international conflict, always maintaining fidelity to his principles that men and women everywhere, regardless of color or creed, are equal members of the human family.

Dr. King’s “I Have a Dream” speech, Nobel Peace Prize lecture and “Letter from a Birmingham Jail” are among the most revered orations and writings in the English language. His accomplishments are studied by scholars and students worldwide. He is the only non-president to have a national holiday dedicated in his honor, and is the only non-president memorialized on the Great Mall in the nation’s capitol. He is memorialized in hundreds of statues, parks, streets, squares, churches and other public facilities around the world as a leader whose teachings are increasingly-relevant to the progress of humankind.

(From thekingcenter.org)

Sacramento Diocese Liturgical Calendar

Solemnities, Feasts, Devotions, and other events

Mary Holy Mother of God—Sunday, January 1
Epiphany of the Lord—Sunday, January 8
Baptism of the Lord—Monday, January 9
Week of Prayer for Christian Unity—January 18-25
Ecumenical Prayer Service—Wednesday, January 18
National Day of Penance—Monday, January 23
Presentation of the Lord—Thursday, February 2
World Marriage Day Mass—Saturday, February 11
World Day of the Sick Mass—Saturday, February 11
Ash Wednesday—Wednesday, March 1
Rites of Election—March 4-5
First Sunday of Lent—Sunday, March 5
Day of Penance—Wednesday, March 8
Second Sunday of Lent—Sunday, March 12
Feast of Saint Patrick—Friday, March 17
Third Sunday of Lent -Sunday, March 19
Feast of St Joseph—Monday, March 20 (19th is the 3rd Sunday in Lent)
The Annunciation of the Lord—Saturday, March 25
Fourth Sunday of Lent (Laetare Sunday) - Sunday, March 26
Fifth Sunday of Lent (Passion Sunday) - Sunday, April 2
Chism Mass—Thursday, April 6
Palm Sunday—Sunday, April 9
Holy Thursday—Thursday, April 13
Good Friday—Friday, April 14
Holy Saturday, Easter Vigil—Saturday, April 15
Easter—Sunday, April 16
Divine Mercy Sunday—Sunday, April 23
Fourth Sunday of Easter—Sunday, May 7
San Torobio Romo Mass—Sunday, May 21
Ascension Sunday—Sunday, May 28 Holy Day of Obligation
Ordination of Priests—Saturday, June 3
Vigil of Pentecost (Adult Confirmation) - Saturday, June 3
Pentecost Sunday—Sunday, June 4
Trinity Sunday—Sunday, June 11
Corpus Christi (June 15) transferred to Sunday, June 18
Sacred Heart of Jesus—Friday, June 23
Ordination of Deacons—Saturday, June 24
Nativity of John the Baptist—Saturday, June 24
Solemnity of Sts. Peter and Paul—Thursday, June 29
Memorial of St. Junipero Serra—Saturday, July 1
Memorial of St. Maria Goretti—Thursday, July 6
Memorial of St. Kateri Tekakwitha—Friday, July 14
Feast of St. James—Tuesday, July 25
Transfiguration of the Lord—Sunday, August 6
Assumption of the Blessed Virgin Mary—Tuesday, August 15 HDO
Queenship of the Blessed Virgin Mary—Tuesday, August 22
Labor Day—Monday, September 4
Nativity of the Blessed Virgin Mary—Friday, September 8
Exaltation of the Holy Cross—Thursday, September 14
Our Lady of Sorrows—Friday, September 15
Feast of St. Matthew—Thursday, September 21
Sts. Michael, Gabriel, & Raphael, Archangels—Friday, September 29
Respect Life Sunday—Sunday, October 1
The Holy Guardian Angels—Monday, October 2
All Saints Day—Wednesday, November 1 Holy Day of Obligation
All Souls Day—Thursday, November 2
Dedication of the Lateran Basilica in Rome—Thursday, November 9
Presentation of the Blessed Virgin Mary—Tuesday, November 21
Thanksgiving –Thursday, November 23
First Sunday of Advent—Sunday, December 3
Immaculate Conception—Friday, December 8 Holy Day of Obligation
Our Lady of Guadalupe—Tuesday, December 12
Christmas—Monday, December 25 Holy Day of Obligation
Holy Family of Jesus, Mary, and Joseph—Sunday, December 31

Missing Pastor’s Corner?

We’re giving everyone some time to settle in; Father McMahon to his new role as Pastor pro tem, and Father O’Reilly to his decompression chamber. We’ll be hearing from both of them during the next few months.

“Pastor’s Corner” will be back next week.

2017
The Week of Prayer for Christian Unity will be observed Jan. 18–25 with the theme of “Reconciliation – The Love of Christ Compels Us.” Wednesday, Jan. 18 initiates the week with a workshop, procession and workshop occurring at three locations. The workshop will be held from 1 p.m. to 4 p.m. at Westminster Presbyterian Church in downtown Sacramento, followed by a hosted meal at 5 p.m. at the Cathedral of the Blessed Sacrament for workshop participants. A procession will commence at 6:30 p.m. on the steps of the Cathedral, leading to the worship service, which takes place at St. John’s Lutheran Church, located at 1701 L St., at 7 p.m.

The Graymoor Ecumenical and Interreligious Institute, a ministry of the Franciscan Friars of the Atonement, describes this commemoration on their website: “The Week of Prayer for Christian Unity gives Christians an annual opportunity to continue their quest for the unity they already share in Christ. It is also a time to gather in praise of the Triune God and to deepen the understanding of the ecumenical movement. By joining in this annual celebration Christians raise their voices, hands and hearts to God seeking the fulfillment of the prayer of Jesus, the Son of God, “that they all may be one.”

The events in Sacramento are sponsored by the North State Ecumenical Conference and registration at http://www.nsec.org/WPCU2017Registration.php is required for the Jan. 18 workshop and dinner. Read more at www.scd.org.

Streaming on NETFLIX A marvelous spectacle spanning six decades and two continents, ‘The Keys of the Kingdom’ (1944) is the glorious epic that introduced audiences to screen newcomer Gregory Peck. After losing his parents and his childhood sweetheart to tragedy, Francis Chisholm (Peck) joins the priesthood and devotes himself to a life of service and compassion. But Chisholm’s style raises eyebrows among his superiors, especially Bishop Angus Mealy (Vincent Price). And when he is sent to the farthest reaches of China to rebuild an abandoned mission, Chisholm faces his greatest challenge of all: to tame a hostile land, win over a superstitious people and save his parish from an invading army.

Pro-Life Mass with Bishop Soto
On January 23, Bishop Jaime Soto will celebrate the 12:10 pm mass at the Cathedral in reparation for the 1973 Roe v. Wade decision that made abortion legal in the United States. Please join our Bishop in asking God to convert the hearts of all Americans, most especially pregnant mothers, physicians, judges and legislators. For more information, contact Steve Patton, 916-733-0133, spatton@scd.org

Pro-Life Youth Program: Choose Life 2017
On January 23, at the Cathedral, the Diocese of Sacramento will offer Choose Life, a pro-life educational program for middle and high school youth. Attendees will 1) witness a live large-screen ultrasound, 2) find out what being "Pro-Life" vs. "Pro-Choice" really means, 3) learn how to speak and listen compassionately about abortion, and 4) get practical ideas to make a difference. Attendees from past years describe the experience as informative, moving, energizing and even entertaining. While the 10 am to noon program is limited to selected Catholic School students, the evening program from 7 – 8:30 pm is for any middle or high school student. There is no cost, but pre-registration is required for the Jan. 18 workshop and dinner. Read more at http://scddc.org/respect-life.

CHANGES IN THE BAPTISM SCHEDULES:
Spanish baptism classes are now on the third Thursday of each month, and Spanish baptisms will be on the fourth Saturday of each month at 9am. The English baptism classes are still the first Thursday of each month, and English baptisms are the third Saturday of each month at 9am.
• The next open English baptisms are on January 21st, February 18th, and May 20th.
• The next Spanish baptisms are on January 28th, February 25th & April 29th.
• There are no baptisms during Lent, from March 1 to April 16, but there are baptism classes.

Registration for baptisms is required. Go to cathedralsacramento.org/baptisms to access the registration form and for more information. If you have questions, please contact Deacon John at jgisla@cathedralsacramento.org.

Second Sunday in Ordinary Time

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<tr>
<th>Ordinary Time Readings</th>
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<tr>
<td><strong>16</strong></td>
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<tr>
<td>Monday Weekday</td>
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<tr>
<td>Having been perfected through suffering, Jesus, our high priest, has inaugurated the messianic times.</td>
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<tr>
<td>Heb 5:1-10 Ps 110:1-4</td>
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<td>Mk 2:18-22</td>
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<td><strong>17</strong></td>
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<td>Saint Anthony, Abbot</td>
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<td>In Jesus we are delivered and given sure hope of entry to the promised land. Jesus is Lord even of the Sabbath.</td>
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<td>Heb 6:10-20 Ps 111:1-2, 4-5, 9, 10c Mk 2:23-28</td>
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<td><strong>18</strong></td>
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<tr>
<td>Wednesday Weekday</td>
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<td>Melchizedek’s priesthood prefigures that of Jesus whose minster transcends the prescriptions of the Sabbath laws.</td>
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<td>Heb 7:1-3, 15-17 Ps 110:1-4 Mk 3:1-6</td>
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<tr>
<td><strong>19</strong></td>
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<tr>
<td>Thursday Weekday</td>
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<td>Jesus heals the afflicted, thus doing the Father’s will. As our high priest, Jesus intercedes on our behalf.</td>
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<td>Heb 7:25-8:6 Ps 40:7-10, 17 Mk 3:7-12</td>
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<td><strong>20</strong></td>
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<tr>
<td>Saint Fabian, Pope, Martyr Saint Sebastian, Martyr</td>
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<td>Through God’s saving help, we seek to be faithful to Jesus’s new covenant which the Twelve proclaimed.</td>
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<td>Heb 8:6-13 Ps 85:8, 10-14 Mk 3:13-19</td>
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<td><strong>21</strong></td>
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<td>St Agnes, Virgin, Martyr</td>
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<td>When Christ ascended into the heavenly sanctuary, he cleansed us of sin. Members of Jesus’ own family would not even accept him.</td>
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<td>Heb 9:2-3, 11-14 Ps 47:2-3, 6-9 Mk 3:20-21</td>
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Jesus, the Lamb of God, is the light of the nations who came to do the Father’s will. In Christ we have been called to be a holy people. Is 49:3, 5-6 Ps 40:2,4,7-10 1Cor 1:1-3 Jn 1:29-34
**AROUND THE DIOCESE:**

**JOB OPENING:** The Tribunal Office at the Diocesan Pastoral Center has an immediate opening for a full-time Administrative Assistant. This position works cooperatively with the Moderator, Judicial Vicar, Tribunal Judges, and other members of the Tribunal staff regarding issues relating to marriage (dispensations and annulments). Successful applicant must be a practicing Catholic and be fluent in English and Spanish. For more information and a complete job description, visit the diocesan website www.scd.org and look under employment. To apply, please email cover letter and resume to personnel@scd.org. The position will remain open until filled.

**Sacramento Catholic Forum Breakfast**
**On Thursday, Jan. 26** at Christ the King Passionist Retreat Center, located at 6520 Van Maren Lane in Citrus Heights, **Bishop Jaime Soto** will speak on “Pope Francis’ Post-Synodal Apostolic Exhortation Amoris Laetitia” (“The Joy of Love”). The morning event will begin with Mass followed by breakfast and Bishop Soto’s talk, which will focus on the encouragement, guidance and wisdom surrounding the beautiful gift and vocation of marriage and family life.

Check-in for the event begins at 6:30 a.m. with Mass beginning at 7:15 a.m. The cost is $20 if prepaid online. For more information and to pay online visit the Sacramento Catholic Forum website at www.saccatholicforum.org.

**Hispanic Diocesan Encounter 2017**
Join us on January 28, 2017, 8:30 a.m. – 4:30 pm at St. Charles Borromeo, Sacramento. This gathering is open to all who participate in any Hispanic Ministry. We invite you to share our Faith and to enrich ourselves with sharing among all ministries. The theme of the meeting will be: "Social Concerns (Migration...)"). $10 donation for lunch. To register, please contact Lupita at (916) 733-0177 or gfernandez@scd.org.

**St. Rose Parish Men’s A.C.T.S. Retreat**
**Thursday, February 2 – Sunday, February 5, 2017**

Applications are Available
On a first-come-first served basis to the first 34 men

An A.C.T.S. retreat is designed to provide an opportunity for retreatants to enter into a new and deeper relationship with OUR LORD and fellow parishioners.

The St. Rose A.C.T.S. retreat will be held at the beautiful Applegate Retreat Center located just outside of Auburn. Please don’t let financial difficulties discourage you from attending. Financial assistance may be available. Any man age 19 or older is welcome. Do not miss out; space is limited.

Let the Holy Spirit move you. We hope you will prayerfully consider attending this life changing retreat. More information can be found in the application flyers located in the Church. After the January 7-8, 2017 Masses, St. Rose A.C.T.S. parishioners will be available to answer any questions you may have about the ACTS movement within our parish.

**God, Family, and Everything Else!**
(916) 672-ACTS  www.actsroseville.org  email: info@actsroseville.org

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**World Marriage Day Renewal of Marital Commitments**
On Saturday, February 11, 2017 Bishop Jaime Soto will preside at a special 11:00 am Mass at Divine Savior parish in Orangevale in which married couples will receive a special blessing and have an opportunity to renew their marital commitments. An informal reception for them and their families will follow. Special certificates will be given to couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you are interested in attending this free event, please register (names and anniversary year) at www.SacWMD.com. For more information call the Dept. of Evangelization & Catechesis at (916) 733-0123.

**Pro Life Retreat 2017**
A one-day retreat for anyone involved in pro-life work of any kind will be offered by Fr. Avram Brown, on February 25, 2017 at Trinity Pines Catholic Center in Colfax, CA. $20 cost includes lunch. For more information and to register go to www.ProLifeRetreat.com or call Steve Patton at 916-733-0133.

**Camp Pendola is Hiring for Summer 2017**
Applications for summer 2017 positions at Camp Pendola are now being accepted. Camp Pendola is looking for energetic people to work with children ages six to seventeen in a Catholic outdoor setting. Staff positions begin in early June and finish the 2nd week of August. Staff lives a Camp Pendola for the summer and must be at least 18 years old. Positions include counselors, kitchen staff, health center staff, and program staff. For more information and apply go to www.pendola.org/employment.

**Rachel’s Vineyard Healing Retreat**
February 17 –19, 2017

“God will never forgive me for this...”
Those who choose abortion are our daughters, sons, husbands, wives, sisters, brothers, relatives, friends & members of our parish communities. The impact and pain of abortion hurts -even years after the experience. If you, or a loved one have been hurt by abortion, this weekend is for you! Come and experience God’s healing love and forgiveness in a safe, nonjudgmental environment. Open to men and women. The cost is $175 per person and financial assistance is available to anyone who needs it. Call Paula Segno or send an email for more information. (916) 733-0161 or projectrachel@scd.org. All inquiries are strictly confidential.

**REGISTRATION OPEN FOR CONFIRMATION CONFERENCE 2017**
On March 4 & 5, 2017 at Christian Brothers High School, the Catholic Diocese of Sacramento will host a huge, dynamic, and exciting conference for all those youth preparing to receive the awesome Sacrament of Confirmation! “Fired Up” is intended for 7-12th graders who will receive the Sacrament of Confirmation in 2017. This is an excellent opportunity to connect your school/parish Confirmation program with the larger diocesan Catholic community, and it will include Bishop Jaime Soto and Bishop Myron Cotta! Registration is now open at www.confirmationconference.com.

“It is one thing to pray, it is another to live what you discover in prayer.” ~Matthew Kelly~
1. At the age of twelve, Jesus was left behind in Jerusalem. Where did his parents find him?

2. What is the collective name of the stories Jesus told to convey his message?

3. What does the word “gospel” mean?

**BIBLE QUIZ**

1. At the age of twelve, Jesus was left behind in Jerusalem. Where did his parents find him?

2. What is the collective name of the stories Jesus told to convey his message?

3. What does the word “gospel” mean?

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**Cathedral Kids**

**The Lord's Prayer**

Our Father, who art in heaven,  
Hallowed be thy Name.  
Thy kingdom come.  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever.  
Amen.

**Cathedral Kids**

**Paper Chain Prayers**

This is a very easy and visual way to pray. The best thing is that you can keep on adding to it for as long as you want.

You will need: Strips of colored paper, glue, pens and pencils

Assign types of prayer to different colors of paper: Red- sorry, White-people who have upset you who you want to forgive, Yellow-thanks, Pink-please, Blue-other people, Green-the world. Write or draw your prayers onto the paper strip and then add it to the paper chain!
13th Walk for Life West Coast

Saturday, January 21, 2017
Civic Center Plaza

Join thousands of Pro-lifers in San Francisco as we proclaim to the world the sanctity of life. Let's stand up for the unborn! Reserve your seat or buy your bus ticket today. The Respect Life ministry will be outside the church after masses to give you more information or contact Veronica Avina at (916) 205-0713.

Rally starts at Civic Center Plaza, walking down Market St. (2 miles). Ends at Justin Herman Plaza/Ferry Bldg.

SPEAKERS:

Pam Tebow: Prolife advocate and mother of Heisman Trophy winner Tim Tebow
Reggie Littlejohn: Founder and President, Women’s Rights Without Frontiers
Melissa Ohden: Abortion survivor
Rev. Clenard Childress: Founder, Black Genocide.org

WalkforLifeWC.com

St. Josephine Bakhita

“What A Great Grace It Is To Know God.”

February 10, 2017
7:00 p.m.

St. Joseph Church
280 Oak Tree Lane
Lincoln, CA
(916) 645-2102

Tickets: $15.00

For ticket information email: laycanossian@gmail.com

Sponsored by Lay Canossian Association

The Bakhita Dialogue. St. Josephine Bakhita returns to challenge us to see with the eyes of the Soul what WE are enslaved to! This Dramatization awakens us to Modern Day Slavery, Human Trafficking. Doris E Itsede-Abu as St. Bakhita

Bakhita Productions
Ferdae Garami - Writer, Producer & Director
January 15, 2017  
Week 2 in Ordinary Time  
Vol. 17 Issue 3

The Most Reverend Jaime Soto  
Bishop of Sacramento

The Most Reverend Myron Cotta  
Auxiliary Bishop of Sacramento

The Very Reverend Michael O'Reilly, Rector

Reverend Michael Estaris  
Reverend Nicholas Ho, Chinese Mass  
Deacon John Gisla, Deacon Raul Leon,  
Deacon Don DeHaven,  
Sister Jenny Aldeghi, FDCC,  
Director of Education  
Mr. Rex Rallanka, Director of Music

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916-444-3071, Fax 916-443-2745  
Religious Education: 916-444-5364  
blessed@cathedralsacramento.org

Eucharistic Adoration  
Wednesday: 12:45 to 4:45  
Thursday: 12:45 to 4:45  
Friday: 12:45 to 3:45

Sacrament of Confession  
Monday to Friday: 11:30 am to 12:00 pm  
Saturday: 4:00 pm to 4:45  
Sunday - En Español: 12:30 pm to 12:45 pm  
y en Español: 6:30 pm to 7:00 pm

Gift Shop  
Sundays: 9:00 am to 3:00 pm  
Monday: 10:30 am to 12:00 pm

Pray For One Another

Let us pray for you or your loved ones. Submit your prayer request on cbsprayer3@yahoo.com

“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.”  
~Philippians 4:6~