During these unprecedented times, the Cathedral of the Blessed Sacrament welcomes your participation in our Masses, all streamed daily. Come join us!

Mass Times

Monday - Thursday:
- Mass: 5:10 pm
- Vespers: 6 pm (None on Tuesdays)

Friday: Mass - 12:10 pm

Saturday:
- Lauds: 9:00am
- Mass: 9:30am

Sunday:
- English Mass: 9:00 am
- Spanish Mass: 10:00 am
- Adoration: 3:00 pm

Confessions

Monday, Wednesday, Thursday:
- 11:00 am to 12:00 pm

Friday:
- 11:00 to 11:30 am

Saturday:
- 4:00 pm—5:00 pm

Whoever enters through the gate is the shepherd of the sheep ... the sheep hear his voice, as the shepherd calls his own sheep by name and leads them out” - John 10:2-3

May 3, 2020
4th Sunday of Easter
World Day of Prayer for Vocations

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

Connect with us!
@cathedralftheblessedsacrament
www.cathedralsacramento.org
We have a Parish App!
Text “app” to 88202 to download!
Pastor’s Corner

Dear Parishioners,

Although the Cathedral is open regularly during the day, I know many of you are unable to get out and visit or spend time in prayer here. Many of you miss the Cathedral, its beauty and the people who worship here. I thought I would spend a little time reflecting on the current conditions of how life is here in downtown Sacramento and our parish hub, the Cathedral.

Things are certainly quiet. We get a few visitors each day. Some light candles and pray, some come for the sacrament of Reconciliation, and others simply enter one of the few places still open downtown. I imagine for those who do walk through our doors, it’s a much needed experience of hospitality and normality during very un-normal times. In the past, I can remember wishing that I had more time alone without so many people around. I often felt that the church building needed some quiet peace to re-energize. Now, we’re both waiting for everyone to return to fill up the space with bodies and presence and joy.

The mood is rather somber at times as even conversations have diminished among us in the public. Those who come into the Cathedral sit quietly, and gestures of welcome are kept to simple nods and awkward smiles. In the past, I used to pray for more quiet times at the Cathedral. People often talk too much and fill the space where God needs to speak. Now, we’re waiting for everyone to return to fill up the space with worship, breath, and song.

My resident homeless and I still spend time together. The lack of state workers and faithful worshippers magnifies the great need of the downtown homeless. Our ministries of outreach continue, but all who live downtown sense the disturbing quiet that fills the streets. In the past, I used to pray for a more normal living situation. Often, the night time partiers and annoying commuters would seem disrespectful to those who live here. Now, we residents wait for your return to live, work and enjoy something of the qualities that make our downtown alive.

As you can see, many of the changes I’ve wanted have taken place, and I realize the simple platitude of being content with what I have. Perhaps you too have had similar hopes in the past that are becoming fulfilled in the present. And yes, maybe you now realize that the things in the past were not too bad after all. Soon, things will get back to the old ways, but if any genuine and good changes have taken place during this time, continue to nourish those changes. As well, make sure to embrace the good former things you have missed. And finally, all the things that aren’t of Christ should be discarded. That’s life.

Fr. Michael
Brown Bag Lunch (BBL) Lenten and Holy Week Blessings

From January 1<sup>st</sup> through March 31<sup>st</sup>, the BBL served 5,034 homeless brothers and sisters. From April 1<sup>st</sup> through April 3<sup>rd</sup>, the BBL served 133, 130, and 159 guests, respectively, during its first hour of operation, for a grand total of 5,456 people. As you can see, the need for food and the BBL continues to be great. A breakdown of the numbers served per month is included at the bottom of this message.

By mid-March, the BBL knew we had to ask for donations so that we could continue to effectively serve our homeless family. I worried about how the BBL could get the needed blessings but, of course, I need not have worried. As Jerri Rush says to me, we must trust that God will take care of us. And, oh my, yes, He did, and in a big way!

The BBL is grateful and thankful for all our regular donors. We also understand that the BBL cannot survive without our donors. Described below are a few extra blessings the BBL received during the final days of Lent and during Holy Week.

March 27<sup>th</sup> - $100 donation from a BBL volunteer was made, and a donor delivered 30 lunches.

March 30<sup>th</sup> - $100 donation from the California Catholic Conference (CCC) was received, and a $100 donation from an ACTS brother was received. Also, on this day, the BBL had only 30 lunches remaining in supply and a BBL volunteer suggested we contact the charity fund “Donate 4 Sacramento” to ask about possible assistance from the fund. The fund was contacted that afternoon.

March 31<sup>st</sup> - Regular donors, the O. Family, increased their donation to 200 lunches after hearing of the BBL’s need. Another donor delivered 10 lunches.

Holy Monday, April 6<sup>th</sup> - The BBL spoke with Julia Burrows from Mayor Darrell Steinberg’s Office about our need. Ms. Burrows kindly matched the BBL with Broderick Roadhouse Restaurant which will temporarily provide lunches for the BBL - YEA!

Holy Tuesday, April 7<sup>th</sup> - The CCC donated 100 fresh fruit and made another $100 donation. Holy Spirit Parish donated 60 additional lunches, the O. Family donated 100 additional lunches, and a donor delivered 48 lunches, and a $600 donation was received from a BBL volunteer.

Holy Thursday, April 9<sup>th</sup> - St. Stephens’s Parish delivered 100 lunches.

Good Friday, April 10<sup>th</sup> - Broderick Roadhouse Restaurant made its first delivery of 100 lunches. All restaurant lunches include a fresh, full-size sub sandwich (ham or turkey), fresh fruit, and chips. The BBL adds a full-size water and a dessert to each lunch.

God knew of the BBL’s need to feed and He provided bountiful blessings, right on time. The BBL thanks all for their generous donations, and we thank and praise God for His Divine Mercy and Assistance! HAPPY EASTER!

“If you love me, feed my sheep.”
- John 21:17

BBL Lunches served January through March 2020:
January – 1,868
February – 1,881
March – 1,707
FIRST READING
Peter said to them, “Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins; and you will receive the gift of the Holy Spirit.” (Acts 2:38)

PSALM
The Lord is my shepherd; there is nothing I shall want. (Ps 23) or Alleluia.

SECOND READING
He himself bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed. (1 Pt 2:24)

GOSPEL
“I am the gate. Whoever enters through me will be saved, and will come in and go out and find pasture.” (Jn 10:9)

Gospel Meditation
Encourage Deeper Understanding of Scripture

With whom do we converse and listen to the most? Believe it or not, the answer is ourselves. We are constantly having conversations with ourselves, and sometimes we even get caught! Our inner conversations reveal the truth about ourselves. We really cannot hide from ourselves, although we often pretend we can. By conversing with ourselves, we find solutions to our challenges, problem solve, work through our relationships, formulate opinions, run through dress rehearsals of possible conversations, and wrestle with and determine our system of priorities and values.

What other voices affect the conversations we have with ourselves?

Often, voices from our past continue to haunt us. These voices cause us to mistrust our judgment, harbor anger, and cling to our fears of rejection, failure, being wrong, and the like. It is in these inner conversations that we face what holds us captive — our limitations, weaknesses, sinfulness, and stubborn ego preoccupations. We often go about our lives putting out one fire or another, keeping ourselves preoccupied and busy, and trying to stay on top of things. Intentionally or unintentionally, we find ourselves wandering off. We turn around and can no longer see our home. We look down at our feet and realize we have lost our anchor. Feeling scared, out of place, desolate, unsettled, and lonely, we realize that we are lost.

We listened to the wrong voices! In the midst of everything competing for our attention, the voice of the One who could truly call us home got muffled. We didn’t hear it. As our inner dialogues continue to play out, the one voice we need to consult — even before our own — is God’s. He is the Good Shepherd who can keep us safely where we need to be. As we graze through the stuff of our lives, we must constantly remember to look up, be attentive, and stay focused. Our habits of prayer are the only thing that can properly root us and keep us grounded. Contemplating God’s presence and developing an inner awareness of love incarnate, we will then find ourselves praying unceasingly as the days and nights and the ebbs and flows of our lives unfold. Suddenly, the inner conversations we are constantly having are no longer just with ourselves or with voices that can lead us astray but with the Trinity, who desperately wants us to stay home.
PRAYER CHAIN MINISTRY
PLEASE PRAY FOR OUR PARISHIONERS:

Mike Donohue
Diego Joaquin
Cathy Hickman
Debbie Saldana
Rose Quisumbing
Myla Quisumbing
Vauntella Gonzalez
Francisco Rodriguez
Stephen
Larry and Shirley Hanks
Andrew and Natalie
Albert Malloy
Jes Rumbaua
Gary, Marine+
Refugio+

Call upon Him.
PSALM 145

Please join us in prayer on Sunday May 3, 2020 3:00 pm Adoration for Vocations

RECOGNIZING THE VOICE OF JESUS

When my wireless provider introduced HD Voice, the voice I heard on my phone was unbelievably clear, and it felt at times like both the caller and I were in the same room. The best aspect of this feature is that it didn’t cost the customer any additional fees, and it didn’t require any changes to the phone. I could say it was free, but I suspect I was already paying for it in my monthly bill anyway. At least it felt free.

The clearer the voice calling you, the easier it is to recognize who it is or the other end of the line. In John’s Gospel, Jesus speaks of the gatekeeper who opens the gate and calls for his sheep. They respond because they know his voice. Others try to lure the sheep when the gatekeeper is not there, but the sheep find their voices unclear or unfamiliar.

Jesus is our gatekeeper. But unlike receiving something for free from a wireless company, to be able to hear his voice we need to pay attention and practice listening. By developing a stewardship way of life that is mindful and prayerful, we become attuned to his voice and are able to discern when the call is from our Lord and when it is from an imposter. It is great to talk about all the things we can do and all the gifts we can share, but if we are not listening for his call to hear where our offerings are needed, we can end up like a lost sheep searching for the gatekeeper.

—Tracy Earl Welliver, MTS

I HAVE A FRIEND WHO SAYS SHE DOESN’T NEED TO ATTEND MASS BECAUSE SHE PRAYS TO GOD EVERY DAY. WHAT ARE YOUR THOUGHTS ON THIS JUSTIFICATION?

If the only reason for going to church were to talk to God, your friend might be right. Prayer is not something limited to a physical place or even a holy place. If the sole purpose of the Church were prayer, it would be a narrow purpose indeed. The Church is a community of believers, formed by “one Lord, one faith, one Baptism.” It is an outward sign of our faith in God instituted by Christ, and the purpose of the Church is to give us grace, that is, a share in God’s life.

Coming to Mass is not really for God’s sake, but for ours. If we believe that Jesus is truly present in the holy Eucharist, then we will want to be in his presence. We will want to be fed by him. Our daily prayer and good works are strengthened by our authentic encounter with our Lord. For Catholics, it is at Mass that we celebrate the source and summit of our faith. If this is true, why would we ever stay away?
**MASS INTENTIONS**

<table>
<thead>
<tr>
<th>SATURDAY</th>
<th>May 2</th>
<th>Blair Trigg S.I.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUNDAY</td>
<td>May 3</td>
<td>Samantha Reyes S.I., Aida De La Vega +, Jervasio &amp; Fedelina Anub +, People of the Parish S.I., Yolanda Rodriguez S.I., Ánimas del Purgatorio +, Adoration for Vocations</td>
</tr>
<tr>
<td>MONDAY</td>
<td>May 4</td>
<td>Chelia Gonçalves Mothe +, Terrance G. Kelly +</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>May 5</td>
<td>Anna Carminio Lomuscio + &amp; Adele Belloni +</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>May 6</td>
<td>Mariangela Pessina +, Sam Wells +</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>May 7</td>
<td>Maria Chang +, Ireneil N. Zapatos S.I.</td>
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</tbody>
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**WEEKLY READINGS AND OBSERVANCES**

**Readings for the week of May 3, 2020**

- **Sunday**: Acts 2:14a, 36-41/Ps 23:1-3a, 3b-4, 5, 6 [1]/Pt 2:20b-25/Jn 10:1-10
- **Monday**: Acts 11:1-18/Ps 42:2-3; 43:3, 4 [cf. 3a]/Jn 10:11-18
- **Tuesday**: Acts 11:19-26/Ps 87:1b-3, 4-5, 6-7 [Ps 117:1a]/Jn 10:22-30
- **Wednesday**: Acts 12:24—13:5a/Ps 67:2-3, 5, 6 and 8 [4]/Jn 12:44-50
- **Friday**: Acts 13:26-33/Ps 2:6-7, 8-9, 10-11ab [7bc]/Jn 14:1-6
- **Saturday**: Acts 13:44-52/Ps 98:1, 2-3ab, 3cd-4 [3cd]/Jn 14:7-14
- **Next Sunday**: Acts 6:1-7/Ps 33:1-2, 4-5, 18-19 [22]/Pt 2:4-9/Jn 14:1-12

**Observances for the week of May 3, 2020**

- **Sunday**: 4th Sunday of Easter; **World Day of Prayer for Vocations-3 pm Adoration for Vocations**
- **Tuesday**: Cinco de Mayo
- **Thursday**: National Day of Prayer
- **Next Sunday**: 5th Sunday of Easter; Mother’s Day
La Pascua es obra de Dios; todo lo que viene de ella es solo el gran amor y misericordia para la humanidad. Es el Domingo del Buen Pastor, el que da la vida por sus ovejas. Sin duda alguna, es el Pastor que guía y protege hasta el extremo. El Evangelio menciona hermosas palabras que llenan el alma de esperanza, de cambio, de conversión constante: La Puerta, el Pastor, y la Voz. Estas palabras se refieren a Jesús que nos invita a entrar por esa puerta única de salvación; a distinguir al Pastor que cuida amorosamente de la oveja perdida. Y la voz, esa voz de Dios que siempre resuena en nuestra conciencia para distinguir el bien del mal.

Dios llama a cada persona por su nombre; conoce y anima a seguirle como auténtico Pastor. No debe haber confusión entre las miles de voces que escuchamos a diario. Aprendamos a escuchar su voz, a distinguir su amor verdadero; esto implica poner de nuestra parte. El Salmo 22 nos ayuda a profundizar en lo que es confiar la vida al Buen Pastor: “Tu bondad y tu misericordia me acompañarán todos los días de mi vida; y viviré en la casa del Señor por años sin término.” El Papa Francisco nos habla de distinguir y escuchar a ese Pastor con el siguiente mensaje: “No olvidemos que Jesús es el único Pastor que nos habla, nos conoce, nos da la vida eterna y nos protege. Nosotros somos el único rebaño y solamente tenemos que esforzarnos por escuchar su voz, mientras con amor, él escruta la sinceridad de nuestros corazones.”
EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Recognizing the Voice of Jesus

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Tracy Earl Welliver, MTS
PASTORAL AND ADMINISTRATIVE STAFF
Father Michael O'Reilly, Pastor / Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Edgar Hilbert
Deacon Omar Bardales
Sister Lisa Marie Doty, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Victoria Ramos, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator
Chris Houlemard, Webmaster / Bulletin Editor

PARISH Pastoral Council
Peggy Oakden, Chairperson
Eileen Dunn Russell Almaraz
Jose Solis Paty Davila
Jeff Weiss Ellis Chan
Esteban Arellano Joey Martinez
Aileen Rasmussen Roland Bordon
Richard Zacaroli Andrea Martin-Borges

FINANCE COUNCIL
Robert Ingenito, Chairperson
Michael Pease
Janet Bardales, Steve Harrold

CATHEDRAL PARISH REGISTRATION & UPDATE
Become a member of the Cathedral family. Register online at

cathedralsacramento.org / Parishioner Registration, or fill out the form below and
put in the offering basket or mail to the rectory office at 1017 11th Street, Sacramento,
CA 95814

Name (Nombre): ____________________________

Cell Phone (Celular): (____) _______________________

Street Address (Dirección): ____________________________

City (Ciudad): ____________ Zip (Código postal): ____________

State (Estado): ____________ Email: ____________________________

For additional family members, please attach a separate sheet.

Please indicate: New Parishioners/Individual

Por favor indique: Nuevo Parroquiano / Individuo

New Parishioners/Family

Nuevo Parroquiano / Familia

Change of Address

Cambio de Dirección

Please send Offering Envelopes

Por favor envie Sobres de Ofertorio

Altarservers
Michael Ognisty, mognisty@msn.com.

Benedictus Youth Group
Titi Kila Titi Kila, cathedralya@gmail.com

Brown Bag Lunch Ministry
Marillyn Fairgood, Marillyn_Fairgood@att.net

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.
ActsCathedralsacto@gmail.com, saccathedralacts.org

Saint Vincent de Paul contact the rectory office

Cathedral Young Adults
Victor Amador, cathedralya@gmail.com

Chinese Community
Oliver Wan sccc.contact@gmail.com

Choir (English)
Rex Rallanka, Music Director,
rallanka@cathedralsacramento.org

Choir (Spanish)
Jerry Vanoye in the choir annex after the 1pm Mass,
or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies
Reggie King, thecatholicstore@gmail.com

Communion & Liberation
catechesis meets every Wednesday at 7:15pm

Docents
Jill Pease, peasejill@gmail.com

Email Prayer Chain
Lynne Anderson cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion
Amy McCormick, ammccormick@att.net

Festival of Trees and Lights
Paula Trujillo, trupaula@gmail.com

Front Door Ministry
ministries@cathedralsacramento.org

Greeters and Ushers
Tom Waddock, 916-444-3071, x 36

Hospitality
Celeste Gisla, jfxisla@surewest.net

Knights of Columbus
Jaime Elizaldi, jaime.elizaldi@gmail.com

Lectors
Fred Heacock, fheacock72@hotmail.com

RCIA Catechists
Sr Lisa Marie Doty, rcia@cathedralsacramento.org

Religious Education Catechists
Sr Lisa Marie Doty, lmdoty@cathedralsacramento.org

Religious Education Catechists/Spanish
Deyanira Galvez at cathedralfathformationsac@gmail.com

Respect Life Ministry
Liliana Balderrama, michoacan8888@gmail.com

Rosary Club
Lolita Urrutia, lolita.urrutia@gmail.com

Spanish Parents Group Leaders
Leticia Hilbert, leticia_hilbert@hotmail.com

The Most Reverend Jaime Soto, D.D., M.S.W.
Bishop of Sacramento
2110 Broadway, Sacramento, CA 95818,
Phone 916-733-0100 ~ scd.org
The HOLY SACRIFICE OF THE MASS
Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)
Mon—Wed—Thu: 11:00 am to 12:00 pm
Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK
Make an appointment by calling the parish office.

MATRIMONY
To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at extension 13, or at tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE
If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

MARRIAGE PREPARATION
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION
No registration is required. Classes are held:
1st Thursday of the Month, 7 pm (English)
2do Jueves del mes, 7 pm (Espanol)

QUINCEANERA
While not a Sacrament, a Quinceanera celebrates a young lady’s coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at extension 13, or tkila@cathedralsacramento.org.

BAPTISM
Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled: 3rd Saturday of each month, 9 am (English), and 4to Sabado del mes, 9 am (Espanol)

For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST
Children prepare for the Sacrament of the Holy Eucharist over a two year period. Teens and Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION
The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS
Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and/or deaconate, contact Fr. Hernandez at 916-733-0258.

FAITH FORMATION AND EDUCATION
English Classes—Saturdays, 10 am
Spanish Classes—Sundays, 11 am
The Cathedral offers weekly religious education classes for pre-K through Eighth grade, sacramental preparation for children, teens and adults, in both English and Spanish groups.

Rite of Christian Initiation for Adults (RCIA)
Adults: Mondays, 7 pm
Children and Teens: Sundays, 9 am
It’s never to late to prepare for Sacramental preparation into the Catholic Church. The RCIA is here for you to look deeper into the Catholic faith, and build bonds with the faith community through prayer, scripture, and lessons about the faith. For more information, Sr. Lisa Marie Doty, FdCC 916-444-5364 or lmdoty@cathedralsacramento.org
SUNDAY BRUNCH 11 AM - 3 PM

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