Thanksgiving

Cathedral of the Blessed Sacrament

November 19 2017 * Volume 17 Issue 47
33rd Week in Ordinary Time
"So, who are you," a good friend asked me recently, "Mary or Martha?"

We were discussing that morning’s Scripture readings — the story in which Martha of Bethany runs around serving food while her sister Mary simply sits and spends time with Jesus.

“I’m Martha-all-the-way,” my friend said with a sigh, referencing her hard-working “Type A” tendencies — tendencies I’ve always admired and tried to emulate, because I’m definitely not a Martha by nature. But unfortunately, that doesn’t make me a Mary by default. Just someone who’s really good at avoiding housework.

So, speaking as someone who’s had to strive to cultivate the awesome qualities of both Mary and Martha — and yes, Martha had awesome qualities; Jesus would have gone hungry without her! — here are some tips I’ve swiped from the many Marys and Marthas God’s sent my way over the years:

1. Before your event, pray like Mary: In the days and weeks leading up to your gathering, offer up a prayer any time the special day comes to mind. Sounds simple, but in a noisy world, finding time to pray is often hard. A Mary God brought my way recently is St. Alphonsus de Ligouri. His book How to Pray at All Times is on my nightstand and while its wise suggestions are countless, the first chapter is calming my nerves about holiday preparations. “God wishes us to speak to him with confidence and familiarity,” is the chapter’s title and that alone says so much. In the first few pages, Ligouri focuses on God’s nurturing qualities as emphasized in Isaiah 66: “As one whom the mother caresses, so will I comfort you.”

From entrusting Immanuel with serious fears like family tensions erupting, to tiny details like a whispered “Don’t let me forget to buy ...” on the way to the store, the book’s been encouraging me to confide in God in a more frequent and familiar way. As Ligouri writes: “Bear well in mind that you have neither friend, nor brother, nor father, nor mother, nor spouse who loves you more than God.” [Note: Immanuel means “God with us” because he is!]

2. Prepare like Martha (ahead of time): A champion Martha in my life is a homeschooling mother of nine, who at the time we met was finishing a Masters in Theology — ye, my old friend Julia is a classic Martha (and I mean that as a compliment). I’ll never forget the time Julia invited the parish over to her house for a potluck, something she did monthly. Rather than running around filling punch bowls and wiping countertops, Julia relaxed on the couch and chatted with guests ... now that I think of it ... maybe Julia is a Mary after all.

Regardless, as someone who has only ever hosted in a frenzy, I took note of Julia’s simmering crockpot, stack of paper plates, and cooler of self-serve drinks.

“So, who are you,” a good friend asked me recently, “Mary or Martha?”

“Ah,” I thought, “she prepared everything yesterday.”

Needless to say, I stole Julia’s idea and now when I play hostess, people probably think I’m a Martha too — boy, are they wrong.

But I haven’t just stolen Julia’s ideas when it comes to party planning. Rachel Ray and Martha Stewart have a way of making what can often be a stressful endeavor fun. Subscriptions to their magazines are always on my Christmas wish list, and because of these two ladies, my hallmark pigs-in-a-blanket recipe is often paired with something that sparkles.

Rachel Ray once suggested hosting an entire meal by serving only easy appetizers — I got rave reviews for that one. And Martha Stewart — the name alone ... she’s gotta be a Martha — has a great piece on her site this month about hosting a “Friendsgiving” — swapping that one as well.

3. Finally, visit like Mary: The beautiful Christian tradition in which I was raised emphasized letting others see Christ in me. In Sunday School we often sang “This little light of mine, I’m gonna let it shine ...” and while I love this tradition and still hold it close, Mother Teresa is my all-time Mary. She taught me to see Jesus in the face of my child, the stranger and the guest at my table: “Each one of them is Jesus in disguise,” the saint famously said.

So how will I treat Jesus when he sits at my table this holiday? Will I ignore him in favor of basting the turkey?

I hope not. I hope to sit down and take in his beautiful face. I hope to spoon him the mashed potatoes that have been sitting in my crockpot since that morning because even if I’m not a natural Martha or Mary; I’m faking it all the way. Of course, “Mary chose the better part when she chose [Christ]” but since I want food on the table when my guests arrive I’ll agree with Cardinal Anastasio Ballestero, the former archbishop of Turin: “In our house there is room for Martha and room for Mary, and we must occupy both places. We must be Mary because we are welcoming the Word, and we must be Martha because we are receiving the Son of Man.”

When Padre Pio was visited by a soul in Purgatory

Padre Pio is known for his many mystical experiences during prayer, often piercing the heavenly veil while on earth. One such experience involved an unexpected encounter with a soul from purgatory.

One day while praying alone, Padre Pio opened his eyes to see an old man standing there. He was surprised by the presence of another person in the room and explained in his testimony, “I could not imagine how he could have entered the friary at this time of night since all the doors are locked.”

Seeking to unravel the mystery, Pio asked the man, “Who are you? What do you want?”

The man responded, “Padre Pio, I am Pietro Di Mauro, son of Nicola, nicknamed Precco. I died in this friary on the 18th of September, 1908, in cell number 4, when it was still a poorhouse. One night, while in bed, I fell asleep with a lighted cigarette, which ignited the mattress and I died, suffocated and burned. I am still in purgatory. I need a holy Mass in order to be freed. God permitted that I come and ask you for help.”

Pio comforted the poor soul by saying, “Rest assured that tomorrow I will celebrate Mass for your liberation.”

The man left and the next day Pio did some investigative work and discovered the veracity of the story and how a man of the same name died on that day in 1908. Everything was confirmed, and Padre Pio celebrated a Mass for the repose of the old man’s soul.

This was not the only appearance of a soul from purgatory asking Padre Pio for prayers. Pio claimed, “As many souls of the dead come up this road [to the monastery] as that of the souls of the living.” Many times, the souls would ask for a Mass to be said for them, highlighting the spiritual weight of a Mass and how it can lessen the time a person spends in purgatory before embracing the glories of heaven.

HOLIDAY SYMBOLS

Cornucopia, pronounced kawr-ruh-KOH-pee-uh, is a horn of plenty, a symbol of nature’s productivity. According to Greek mythology, it was one of the horns of Amalthea, the goat who nursed the god Zeus when he was a baby. In Roman mythology, the cornucopia was the horn of the river god Achelous. The hero Hercules broke off the horn in combat with Acheulos, who was fighting in the form of a bull. Water nymphs filled the horn with flowers and fruit and offered it to Copia, the goddess of plenty.
Pastor’s Corner

Matthew 25:31-46.

The parable of the Son of Man in all His glory, sitting upon His glorious throne, with all nations assembled before Him and He separates them like a shepherd separating sheep from goats.

This is the final judgment.

It is Jesus the Christ speaking. This is our Life and Truth and Love hitting home His last great teaching before He begins His passion.

It is next Sunday’s Gospel reading on the Feast of Christ the King. It is our last Sunday reading to conclude our liturgical year and the Gospel readings from Matthew. It is the image of all that we are and the bell that echoes throughout the centuries as Jesus concludes His lonesome walk through His flock. Jesus, the great King is identifying the ones He knows and who know Him from the ones who have only been pretending.

And He says to His sheep “I know you.” “How?” “Because you fed me, and gave me drink, and welcomed me, and clothed me, and cared for me, and visited me.” “We did? When?” “When you did all these things to my poorest and least brothers and sisters, you did it to me. Come into my kingdom that has been prepared for you.”

The goats are left remaining.

“What? We’ve been here all this time. We are just like the sheep. We’ve enjoyed our food with you. We prayed this day and did our celebrations and went to Mass and Catholic schools and got ourselves fingerprinted to protect our children. We cried out ‘Lord, Lord.’ We secured the churches and built monuments and gave fair wages and paid taxes and voted. We are greeters and Eucharistic ministers, priests and religious. Certainly we fed, and gave drink, and welcomed, and clothed and cared for and visited you, too!”

And Jesus, surrounded by the hungry and thirsty and stranger and naked and ill and imprisoned, says: “Then why do you still smell like goats?”

Slam!!!

~Father Michael~

Mary’s presentation was celebrated in Jerusalem in the sixth century. A church was built there in honor of this mystery. The Eastern Church was more interested in the feast, but it does appear in the West in the 11th century. Although the feast at times disappeared from the calendar, in the 16th century it became a feast of the universal Church.

As with Mary’s birth, we read of Mary’s presentation in the temple only in apocryphal literature. In what is recognized as an unhistorical account, the Protoevangelium of James tells us that Anna and Joachim offered Mary to God in the Temple when she was 3 years old. This was to carry out a promise made to God when Anna was still childless.

Though it cannot be proven historically, Mary’s presentation has an important theological purpose. It continues the impact of the feasts of the Immaculate Conception and of the birth of Mary. It emphasizes that the holiness conferred on Mary from the beginning of her life on earth continued through her early childhood and beyond. (From franciscanmedia.org)
Please be generous in this week’s second collection for the Catholic Campaign for Human Development. In the United States, one in six people lives in poverty. With this collection you support programs that address the causes of poverty and provide a sustainable future for those who are struggling across the country. In addition, 25 percent of funds collected remains in our diocese to fund local anti-poverty projects. Please prayerfully consider how you can support this collection and work on the margins. More information about the Catholic Campaign for Human Development can be found at www.usccb.org/chhd/collection.

FESTIVAL OF TREES AND LIGHTS is coming December 2nd and 3rd, 2017!
Raffle tickets go on sale this weekend! Prizes include Kings tickets, a weekend in Lake Tahoe, and many $$$ prizes. Donations are still needed of craft and boutique items, gift baskets, baked goods, or gift cards. We are also looking for volunteers to help during the festival. For more information, please call Raquel (916) 601-9640 or Dorothy (916) 801-7599.

ACTS: The Spread of the Kingdom is a Catholic Bible study course which explores the story of the Early Church in light of the Holy Spirit and demonstrates how this story is important for all Disciples of Christ. Enrich and deepen your faith.

This is the fourth year of this popular bible study program. The study will include a series of twenty videos presented by Jeff Cavins. Each video will be preceded by a lively group discussion. Each week, participants can attend on Wednesday at Holy Family in Citrus Heights, or on Thursday at the Cathedral, from 7:00 pm to 8:30 pm.

Attendance is free. We will also provide materials. Please join us for a life-changing journey through the Bible! Contact Sister Jenny at 916-444-5364 or register at jenny@cathedralsacramento.org.

THANKSGIVING DINNER FOR THE LESS FORTUNATE
Can you donate a turkey or ham, or the trimmings? Please contact Deacon Edgar at 916-444-3071 x 15. Twenty-six turkeys or hams are needed as well as canned veggies: corn, green beans, cranberry, yams, and all that the Thanksgiving dinner entails. Thank you!

SLEEPING BAGS AND WARM SOCKS NEEDED! Winter is almost here with freezing temperatures. Cathedral St. Vincent de Paul welcomes your donation of sleeping bags (new or used) and warm socks (new) for our homeless brothers & sisters. The sleeping bags can be purchased for less than $30 from Amazon! Our target is 100! Please kindly drop them off at the Rectory with Titi or Carmen. Thanks for your generosity!

PRAY THE DIVINE MERCY CHAPLET BEFORE THE 7 PM SPANISH SUNDAY MASS
If you have an intention or would like to come and pray with us the Divine Mercy Chaplet on Sundays, please come and join us 20 minutes before 7pm Mass.

Begin your Advent season with a day of reflection...
The Lay Canossian Association invites you to an Advent Retreat on Saturday, December 2, 2017 at Our Lady of Lourdes Parish Hall, 1915 North Avenue, Sacramento. Father Tom O’Neill, S.J. will be the presenter. Hospitality begins at 8:00am with 1st presentation at 9:00am. All are welcome, bring a bagged lunch.

“Give thanks to the Lord, for he is good; his love endures forever.” ~ 1 Chronicles 16:34~
<table>
<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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<tbody>
<tr>
<td>Saturday November 18</td>
<td>5:00 pm / Souls in Purgatory</td>
<td>10:00 am CCD classes</td>
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<tr>
<td>Sunday November 19</td>
<td>7:30 am / Souls in Purgatory 9:00 am / Souls in Purgatory 11:00 am / Souls in Purgatory 1:00 pm Spanish / Souls in Purgatory 3:00 pm Chinese / Souls in Purgatory 5:00 pm / Souls in Purgatory 7:00 pm Spanish / Souls in Purgatory</td>
<td>9:30 am RCIA Breaking of the Word 11:00 am Liturgy of the Word for Children</td>
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<td>Monday November 20</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class</td>
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<td>Tuesday November 21</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>6:00 pm Spanish Choir for the 7pm Mass</td>
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<td>Wednesday November 22</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>7:15 pm Spanish Choir for the 1pm Mass 7:15 pm Communion &amp; Libera-</td>
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<td>Thursday November 23</td>
<td>THANKSGIVING 10:00 am Only</td>
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<td>Friday November 24</td>
<td>12:10 pm / Souls in Purgatory</td>
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**~The Book of the Dead~**

Honor the memory of the faithful departed by writing their name in the Book of the Dead, located in the Martyrs Chapel.

"In trust of God's infinite goodness, we pray to lift up our sick parishioners, family and friends, and those in need of healing of the body and soul. Almighty Father, hear our prayers for...

- Deacon Don DeHaven
- Emma Valdez
- Eugenia Roque
- Alfredo Rivera
- Adolfo Espinoza
- Raymundo Guerrero
- Natalia Galan
- Saulo Marting
- Tomasita Rodriguez
- Rosa Carillo
- Felix Nunez Claver
- Alvin Sul
- Anyrani Gonzalez
- Erinn Nicole Tam
- Riley Hana
- Lee McClure
- Noah Anthony Hernandez
- Giang Tran
- Joel and Cesar
- Miguel and Family
- Marissa Mallani and Family
- Michael Jose Mejia
- Luis Gutierrez, Jr.
- Luis Gutierrez, Sr.
- Cynthia Belarma
- Stephen and Julie
- Miles Jeldinsky
- Flanagan
- Louis Metzinger
- The Brown Family
- Nora and Padilla
- Family
- Danny Velez
- Guy Clifford Minter
- Yeneca Gutierrez
- Dennis Studebaker
- S.I.
- Lawrence Afamasanga
- Vailouta Lopa
- Michelle Mirvin
- Chris Kunkel
- Guy Cook
- Andrea
- Anastasia Main & Family
- The Valdez Family

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**Cathedral Kids**

Read the Gospel and Color

Sharing the Gospel
You can choose to waste your time, your money and your special talents. You can be selfish with them, too. Or, you can use those gifts from God to spread good news about Jesus. When you choose to use your gifts for God, and he will fill your heart with joy.

Prayer
God, help me to use my time, my money and my special talents for you.

Mission for the Week
God has given your family money. Use some of it to buy food for a needy family.

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**Puzzle**

Find the two that are the same.

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Visit us online at cathedralsacramento.org, facebook, & all your social media favorites
Noticias de la parroquia

Esquina del Pastor

Mateo 25: 31-46.

La parábola del Hijo del Hombre en toda su gloria, sentado sobre su trono glorioso, con todas las naciones reunidas delante de él y él las separa como un pastor que separa las ovejas de las cabras.

Este es el juicio final.

Es Jesús el Cristo hablando. Esta es nuestra Vida y Verdad y Amor que llega a su hogar Su última gran enseñanza antes de comenzar Su pasión.

Es la lectura del próximo domingo del Evangelio en la Fiesta de Cristo Rey. Es nuestra última lectura del domingo para concluir nuestro año litúrgico y las lecturas del Evangelio de Mateo. Es la imagen de todo lo que somos y la campana que hace eco a lo largo de los siglos cuando Jesús concluye su solitario caminar a través de su rebaño. Jesús, el gran Rey está identificando a los que Él conoce y quienes lo conocen de los que solo han estado fingiendo.

Y le dice a Sus ovejas: "Te conozco". "¿Cómo?" "Porque me alimentaste, y me diste de beber, y me recibiste, y me visitaste, y cuidaste de mí, y me visitaron". "¿Lo hicimos? ¿Cuándo?" "Cuando hiciste todo esto a mis hermanos y hermanas más pobres y menos, me hiciste a mí. Ven a mi reino que ha sido preparado para ti".

Las cabras se quedan.

"¡Qué?! Hemos estado aquí todo este tiempo. Somos como las ovejas. Hemos disfrutado nuestra comida con usted. Oramos e hicimos nuestras celebraciones y fuimos a misas y escuelas católicas y nos autocomprimimos para proteger a nuestros niños. Grítanos ‘Señor, Señor’. Aseguramos las iglesias y construimos monumentos y dimos salarios justos y pagamos impuestos y votamos. Somos saludadores y ministros de la Eucaristía, sacerdotes y religiosos. ¡Ciertamente nos alimentamos, y dimos de beber, y recibimos, y nos vestimos y cuidábamos, y también te visitamos!"

Y Jesús, rodeado de los hambrientos y sedientos y extraños y desnudos y enfermos y encarcelados, dice: "Entonces, ¿por qué aún huelen como a cabras?"

iiiGolpe!!!

~Padre Michael~

CENA DE ACCION DE GRACIAS PARA LOS MENOS AFOR-TUNADOS

Puede usted donar un pavo o jamón, o la guarnición clásica? Por favor llame al Diácono Edgar al 916 444 3071 x 15. Se necesitan 26 pavos o jamón y vegetales en latados: elote, ejotes, arandano, camote y todo lo que lleva una cena de Acción de Gracias. Gracias!

ORACION DE LA CORONILLA DE LA DIVINA MISERICORDIA ANTES DE MISA DOMINICAL DE 7 PM.

Si usted tiene alguna intención o le gustaría rezar con nosotros la Coronilla a la Divina Misericordia los domingos, por favor venga y únense a 20 minutos antes de la Misa de 7pm.

Por favor, sean generosos en la segunda colecta de esta semana para la Campaña Católica para el Desarrollo Humano. En los Estados Unidos, una de cada seis personas vive en situación de pobreza. Con esta colecta ustedes dan su apoyo a programas que tratan con las causas de la pobreza y brindan un futuro sostenible a aquellos que están luchando en todo el país. Además, el 25 por ciento de los fondos recaudados permanecerán en nuestra diócesis para financiar proyectos anti-pobreza en nuestra área. Por favor, en oración, piensen en cómo dar su apoyo a esta colecta y trabajar en la periferia. Pueden encontrar más información sobre la Campaña Católica para el Desarrollo Humano en www.usccb.org/chd/collection.

LEVANTATE: Unamonos en Cristo

Grupos de Levantate de toda la Región del Estado del Norte de la Diócesis de Sacramento comenzaron el mes pasado y continuarán durante esta semana y durante las próximas seis semanas. Si aún no se ha inscrito en un grupo pequeño, las puertas siguen abiertas. Únete a los encuentros familiares para ver una lista de varios horarios de reuniones de la semana y las horas. Preguntas? contacte Richard Cher enemy en rcherenemy@sac.org o en (530) 366-7954 para obtener más información sobre el programa.

LAS LECTURAS Y CONMEMORACIONES SEMANALES - INVOLUCRAR A PARROQUIANOS EN MISA Y ORACIÓN DIARIO

Las lecturas de la semana del 19 de noviembre de 2017


Lunes: 1 Mc 1, 10-15. 41-43. 54-57. 62-63/Sal 119, 53. 61. 134. 150. 155. 158/Lc 18, 35-43

Martes: 2 Mc 6, 18-31/Sal 3, 2-7/Lc 19, 1-10

Miércoles: 2 Mc 7, 1. 20-31/Sal 17, 1. 5-6. 8. 15/Lc 19, 11-28

Jueves: 1 Mc 2, 15-29/Sal 50, 1-2. 5-6. 14-15/Lc 19, 41-44

Viernes: 1 Mc 4, 36-37. 52-59/Lc 29, 10-12/Lc 19, 45-48

Sábado: 1 Mc 6, 1-13/Sal 9, 2-4. 6. 16. 19/Lc 20, 27-40

Domingo siguiente: Ez 34, 11-12. 15-17/Sal 23, 1-3. 5-6/1 Cor 15, 20-26. 28/Mt 25, 31-46

Las conmemoraciones de la semana del 19 de noviembre:

Domingo: 33er Domingo del Tiempo Ordinario

Martes: La Presentación de la Santísima Virgen María; Nuestra Señora de la Paz (El Salvador)

Miércoles: Cecilia, virgen y mártir

Jueves: Clemente I, papa y mártir; Columbano, abad; Beato Miguel Agustín Pro, sacerdote y mártir; Día de Acción de Gracias

Viernes: Andrés Dung L?c, sacerdote, y compañeros, mártires

Sábado: Catalina de Alejandría, virgen y mártir

Domingo siguiente: Nuestro Señor Jesucristo, Rey del Universal
歡迎 Ooma 執事到我們團體來一起慶祝彌撒、茶聚和交談。

在11月12日的團體事務會議中，2018年度團體幹事獲以下提名：

會長 - 吳嘉軒     副會長 - 鄧文蘭
司庫 - 黃潔萍
聯絡秘書 - 陳顯紫

We welcome Deacon Ooma joining our community to celebrate mass and chat with us at our tea reception.

At our Community Business Meeting on November 12, we have the following nomination for the 2018 Executive Committee Officers:

President - Kenneth Ng  Vice President - Ida Tang
Treasurer - Catherine Wong  Corresponding Secretary - Cecilia Chan

預留時間：
聖誕報佳音 12月16日(星期六) 上午九時至下午四時
聖誕節晚餐 12月17日(星期日) 下午六時至九時

Save the date:
Christmas Caroling  December 16 (Sat) 9 am - 4 pm
Christmas Dinner   December 17 (Sun) 6 - 9 pm

The Most Reverend Jaime Soto,
D.D, M.S.W, Bishop of Sacramento

The Most Reverend Myron Cotta
Auxiliary Bishop of Sacramento

The Very Reverend Michael O’Reilly, Rector
Reverend Kieran M. McMahon,
Priest in Residence
Reverend Nicholas Ho, Chinese Mass
Deacon John Gisla  Deacon Raul Leon
Deacon Don DeHaven  Deacon Edgar Hilbert
Sister Jenny Aldegghi, FDCC, Dir. of Education
Rex Rallanka, Director of Music

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SCHEDULE OF MASSES
Monday to Friday   12:10 pm
Monday to Thursday  5:10 pm
Saturday Vigil       5:00 pm
Sunday
7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español
State Holidays    12:10 pm only

SACRAMENT OF CONFESSION
Monday to Friday  11:30 am to 12:00 pm
Saturday  4:00 pm to 4:45 pm
Domingo en Español 12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTIC ADORATION
Wednesday 12:45 pm to 4:45 pm
Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

BAPPLTSM (Registration is required)
English  — 3rd Saturday of the month, 9:00 am
Español — 4° Sábado del mes, 9:00 am

BAPTISM CLASSES
English — 1st Thursday of the month, 7:00 pm
Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071,
Six (6) months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm