The Net

I never did leave it
leave it there, behind to follow.
For years I lifted it, following some parallel path.
At first it seemed possible, better, more sensible, hiding it in
You are the son of the living God, but it started to slip and drag, getting stuck on great ideas.
I mended it, a tired toupee
that I should have just left.
But I held on tight, a blanketful of power and possibilities.
But no, it dragged me and hooked me
so much drifting garbage and foolish desires and pretense of meaning and ancestry and generations
and tradition. How can you leave it behind? The pain and loss.
But I should have.
And it was clearly damaged, for years, for centuries, millennia
the odor of dead fish and Febreze.
And though everyone could see how pitiful it clung, I clung, we clung,
we all said this was life, eating off one another.
So I held halfheartedly,
dragging and pulling and hoping that He would rip it out of my hands and say
“I told you to leave it!” ...And I coyly thought I had,
but its weave cut deep into my flesh, into my half-heart.

    and he didn’t, couldn’t
    and I wouldn’t
    choose to believe He would
    catch me.

Fr. Michael
January is coming to a close, and while 45 percent of us will make resolutions only 8 percent will be successful at achieving them, according to a survey by the Opinion Corporation. Let us resolve to create new habits and refresh our spiritual life in this new year.

Our New Year’s Day Masses rang with Blessing’s from our Lord; The Lord bless you and keep you! The Lord let his face shine upon you and be gracious to you! The Lord look upon you kindly and give you peace!

– Numbers 6:24-26a – A blessing for us to be enthusiastic, to be living in God.

St. Augustine gave us advice on how to let the Lord’s face shine upon us. He proposed giving alms, opening our hearts to the word of God, fasting, and rushing to Church. Think about it, at Church, the Lord’s face truly shines upon us from the tabernacle, from the proclamation of Scripture, from those around us, and especially at the elevation of the Sacred Host, and Precious Blood.

At the beginning of this New Year let us take the advice of St. Augustine, letting the face of our Lord shine upon us daily, living more and more in God, living En Theos, living life enthusiastically. Fight the temptation to be lukewarm, do something more this year; going to an extra Mass during the week, pray the rosary every day, a holy hour with the Eucharist every week, more time with Scripture, more spiritual reading. (Fr. Ankley, New Year’s Day homily, January 1, 2019)

Go an extra day to Mass – The Sacrifice of the Mass is the source and summit of our faith and our very lives! Find a daily Mass that fits your schedule, or attend daily Mass on your day off. Just 30 minutes of your day! https://discovermass.com/

Pray the rosary – As Catholics, we know –we do not merely believe, we know, that the rosary is the most powerful recitation we can make when we desire a miracle or some other grace from God. By reflecting on Our Most Holy Mother’s experiences and the life of Jesus, we become more like the woman who bore all things for the sake of obedience to God’s will. Find a new rosary for a new life of devotion to Our Holy Mother.

Spend a holy hour with the Eucharist – You Affect The Lives Of Every Person In The World During Your Holy Hour From the quotes of our Popes and Saints concerning Holy Hours of adoration, we can see how much importance they placed on adoration for a healthy spiritual life. The power of each Holy Hour that we make can be gleaned from these writings. These writings tell us that our Holy Hour is more powerful than anything in this world outside of Mass. Check out Our Catholic Prayer website to learn more about the value of a holy hour.

Read Scripture – Many people resolve to read the entire Bible each new year. Too few Christians have actually followed through with this though. What kind of reading plan is best? The one you’re going to finish. If you get behind, it’s okay, just pick up where you left off. Or do just five minutes for the first month of the year and pray, “Lord, make this a delight to me.” Does sticking to a plan sound intimidating? Have you tried it before and failed? People can make an impossible plan possible. Grab a couple friends and commit to a plan together. Read the daily readings on myParish App or at usccb.org.

Journey with a Saint – Use this fun Saint name generator to learn about a new Saint and include them in your journey of faith throughout the year. http://saintsnamegenerator.com/

As this new year gets underway, let’s begin it in the faith and confidence that belongs to those who believe in Jesus Christ, as you receive God’s special blessing for you:

In this new year may The Lord bless you and keep you! The Lord let his face shine upon you, and be gracious to you! The Lord look upon you kindly and give you peace! Within our heart let us hear these words every day.

St. Josephine Bakhita

For many years, Josephine Bakhita was a slave but her spirit was always free and eventually that spirit prevailed.

Born in Olgossa in the Darfur region of southern Sudan, Josephine was kidnapped at the age of 7, sold into slavery and given the name Bakhita, which means fortunate. She was resold several times, finally in 1883 to Callisto Legnani, Italian consul in Khartoum, Sudan.

Two years later, he took Josephine to Italy and gave her to his friend Augusto Michieli. Bakhita became babysitter to Mimmina Michieli, whom she accompanied to Venice’s Institute of the Catechumens, run by the Canossian Sisters. While Mimmina was being instructed, Josephine felt drawn to the Catholic Church. She was baptized and confirmed in 1890, taking the name Josephine.

When the Michiels returned from Africa and wanted to take Mimmina and Josephine back with them, the future saint refused to go. During the ensuing court case, the Canossian Sisters and the patriarch of Venice intervened on Josephine’s behalf. The judge concluded that since slavery was illegal in Italy, she had actually been free since 1885.

Josephine entered the Institute of St. Magdalen of Canossa in 1893 and made her profession three years later. In 1902, she was transferred to the city of Schio (northeast of Verona), where she assisted her religious community through cooking, sewing, embroidery, and welcoming visitors at the door. She soon became well loved by the children attending the sisters’ school and the local citizens. She once said, “Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!”

The first steps toward her beatification began in 1959. She was beatified in 1992 and canonized eight years later.
The Respect Life Ministry would like to thank all of our brothers and sisters who supported our participation in the Walk for Life West Coast. Your donations and invaluable prayers help us continue to defend the dignity of human life, beginning in the womb to our natural end. God bless you all. Please continue to keep us in your prayers!

"Before I formed you in the womb, I knew you, and before you were born, I consecrated you; I appointed you a prophet to the nations." ~Jeremiah 1: 5~

The recently approved by-laws for the PARISH PASTORAL COUNCIL are available at cathedralsacramento.org/about-us.

The CALIFORNIA DEPARTMENT OF PUBLIC HEALTH (CDPH) has reported that the incidence of flu and flu-like illnesses is widespread and has reached a level requiring that we enact preventive measures to mitigate the possibility of infection at Mass. In order to protect the health and well-being of everyone, Bishop Soto has issued the following directives:

· The use of the Communion cup is suspended temporarily.
· Receive the Body of Christ in the hand (receiving on the tongue is permitted)
· Do not shake hands. Offer the sign of Peace to those around you with a simple nod, saying “peace be with you.”
· Do not hold hands during the Our Father.

The obligation to attend Mass on Sunday and other Holy Days does not apply to those who are sick. If you are sick, stay home and take of yourself. Thank you for your patience and understanding during this time. And pray for those who are sick. The administration of Holy Communion in both kinds will resume as soon as the Bishop deems it safe and prudent to do so.

CATHOLIC VIEWPOINT, FAITH, HOPE AND LOVE – Check your TV guide for Comcast Channel 20, Consolidated 19 and AT&T 14 or find us on YouTube! Fr. Michael Kiernan’s guests in the coming weeks are: Feb 03: Theresa Rogers, Principle of St. Francis Catholic High School. Week of Feb 10: Deacon Edgar and Leticia Hilbert! Tune in to these Faith enriching interviews on television or YouTube!

WORLD MARRIAGE DAY – RENEWAL OF VOWS
On Saturday, February 9, 2019 Bishop Jaime Soto will preside at a special 11:00 am Mass at the Cathedral of the Blessed Sacrament in which married couples will receive a special blessing and have an opportunity to renew their marital commitments. An informal reception for couples and their families will follow. Special certificates will be given to couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you are interested in attending this free event, please register (names and anniversary year) at www.scd.org/wmd. For more information call the Office of Family and Faith Formation at (916) 733-0177.

"One who has hope lives differently." ~Pope Benedict XVI~
Date | Mass/Intentions | Activities
--- | --- | ---

Saturday
February 2 | **The Presentation of the Lord World Consecration Day**
5:00 pm / Arturo Ramos + Consuelo Parra + Rite of Acceptance & Welcoming | Brown Bag Lunch Collection Weekend
9:00 am Scouting Awards
10:00 am CCD Classes

Sunday
February 3 | **Feast of St. Blaise**
7:30 am / Damiana Tabaniag +
9:00 am / Moises Rana + Carolyn Tiernan S.I.
11:00 am / Ricardo Ordonica +
Arturo Ramos +
1:00 pm (Spanish) /
3:00 pm (Chinese)
5:00 pm / People of the Parish
7:00 pm (Spanish) | Brown Bag Lunch Collection Weekend
9:00 am RCIA for Children & Teens
9:00 am Mass: RCIA - Breaking of the Word
11:00 am Mass: Liturgy of the Word for Children

Monday
February 4 | 12:10 pm / Arturo Ramos +
5:10 pm / | 6:30 pm RCIA: Vespers
7:00 pm RCIA: Class

Tuesday
February 5 | **Chinese New Year**
12:10 pm / Arturo Ramos +
Stephen Kim S.I.
5:10 pm / Winifred Owens + | 6:00 pm Spanish Choir Rehearsal for the 7pm Mass
7:00 pm Teen Confirmation Class
7:00 pm Respect Life Monthly Meeting

Wednesday
February 6 | 12:10 pm / Hirtzel Family +
5:10 pm / | 7:00 pm StVdeP Monthly Meeting
7:00 pm English Choir Rehearsal
7:15 pm Communion & Liberation
7:15 pm Spanish Choir Rehearsal for the 1pm Mass
7:15 pm The Rosary Club

Thursday
February 7 | 12:10 pm / Roberto De La Vega Jr. +
5:10 pm / | 7:00 Bible Timeline

Friday
February 8 | 12:10 pm / Carolina Farias +
Cesar R. Fortuno+ | 10:00 am CCD Classes
11:00 am Mass & Reception for World Marriage Day

Saturday
February 9 | 5:00 pm / World Day of the Sick Mass |

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**Readings & Observances**

**Sunday:** 4th Sunday in Ordinary Time
Jer 1:4-5, 17-19/Ps 71:1-2, 3-4, 5-6, 15-17 [cf. 15ab]/1 Cor 12:31-13:13 or 13:4-13/Lk 4:21-30

**Monday:** Heb 11:32-40/Ps 31:20, 21, 23, 24 [25]/Mk 5:1-20

**Tuesday:** St. Agatha, Virgin & Martyr
Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32 [cf. 27b]/Mk 5:21-43

**Wednesday:** St. Paul Miki & Companions, Martyrs
Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6

**Thursday:** Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13

**Friday:** St. Josephine Bakhita, Virgin; St. Jerome Emiliani
Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29

**Saturday:** Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34

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**Prayer Corner**

**For the Special Intentions of:**
Ted Freitas
Manuel Benjamin
Lara Murillo
Margarita Gonzalez
M Cintron
Mike
Mary
Maria
Gabriel Valentin
Patricia and Andrew Vargas
Jocey
Sara Martinez
Marilyn Custadio
Kinda A
Lucia
Damianus Aditya Christie
Snježana
Matthew Mahoney
Teddy Nguyen
MEM
Madeleine B. Vinluan
Maricela Huidor
Janine
Anna Lanzona
Alexa Novelo
Mary
Shelby Hogan
Sepehr
Gloria Sanchez
Maria
Tifini and her unborn child

**For the Repose of the Soul of:**
Patricia and Andrew Vargas+
Jaime Tenajeros Caminos+
Nellie Foronda Tumbaga+
Armandina Guerrero+
Charles Urrutia +
John Keener+
Jaime Tanco +
Lukas Flucht +
Heriberto Concepcion Tadina+
Dubu+
Benny Garces+
Roman Q Paguio+
Shelby Hogan +

---

[Jesus] said, “Amen, I say to you, no prophet is accepted in his own native place.”
~Luke 4:24~
Nunca lo dejé
Déjalo ahí, detrás para seguir.
Durante años lo levanté, siguiendo algún camino paralelo.
Al principio parecía posible, mejor, más sensato, ocultándolo en
Tú eres el hijo del Dios viviente, pero comenzó a resbalar y arrastrarse, quedando atrapado en grandes ideas.
Lo reparé, un cansado toupee.
que debería haber dejado justo.
Pero me aferré fuerte, una manta llena de poder y posibilidades.
Pero no, me arrastró y me enganchó.
tanta basura a la deriva y deseos tontos y pretensión de significado y ascendencia y generaciones y la tradicion ¿Cómo puedes dejarlo atrás? El dolor y la pérdida.
Pero debería haberlo hecho.
Y fue claramente dañado, durante años, durante siglos, milenios.
El olor a pescado muerto y Febreze.
Y aunque todos pudieron ver lo lamentable que se aferraba, me aferré, nos aferramos,
Todos dijimos que esto era vida, comiéndose unos a otros.
Así que sostuve a medias,
arrastrando y tirando y esperando que Él lo arrancara de mis manos y dijera "¡Te dije que lo dejaras!" ... Y pensé tímidamente que lo tenía,
pero su tejido cortado profundamente en mi carne, en mi medio corazón.
    y él no lo hizo, no pudo
    y yo no lo haría
elige creer que Él lo haría
Atrápame.

Pr. Michael
no quería escuchar a un profeta, especialmente cuando el profeta es alguien cercano a nosotros. Nos cuesta mucho aceptar que conocidos ordinarios puedan desarrollar el tipo y la profundidad de sabiduría que no solo puede cambiar positivamente las vidas sino también desafiarlas profundamente. Para muchas personas, Jesús era simplemente el hijo de José; a pesar de que sus palabras atrajeron su atención y los asombraron. Después de que sus palabras fueron comprendidas, se enfurecieron y lo expulsaron de la ciudad. ¿Es Jesús simplemente el hijo de José para nosotros también, o es el Dios que nos conoció antes de que fuéramos formados en el vientre? Si Él es Dios, entonces debemos prestar atención a su mensaje y en consecuencia cambiar nuestras vidas.

LA CORRESPONSABILIDAD DIARIA

Sí usted siente un gran interés por algo, quizás quiera compartir sus pensamientos y sentimientos con los demás. Cuando ese algo tiene que ver con cosas como comida, arte o viajes, otros pueden mostrarnos interés, por lo que la conversación es agradable. Sin embargo, cuando ese algo es política o religión, ¡cuidado! La conversación puede volverse rápidamente en debate y luego en ira. Eso puede ser cualquier cosa, menos agradable.

El Evangelio no siempre conduce a la alegría cuando se presenta inicialmente. A veces, nos convence y nos hace ver el error de nuestros caminos. En otras ocasiones, parece que lo que se nos pide es demasiado difícil y nos obliga a salir de nuestra zona de confort. Cuando Jesús habló la verdad sobre el Reino de Dios, no todos aplaudieron. Esa nunca fue una razón para quedarse en silencio.

La vida de corresponsabilidad nos permite dar testimonio del Evangelio con pocas palabras. Nuestras acciones hablan muy fuerte. Sin embargo, nunca se debería dejar a nadie preguntándose por qué usted y yo elegiríamos hacer las cosas que hacemos. ¿Qué pensaría si usted falleciere y en su funeral comentaran cuán buena persona era, pero no tenían idea de que era cristiano. La gente necesita entender el "por qué" de lo que hacemos. La verdad es que hay una gran alegría en ser un discípulo de Jesucristo. No le robemos a otros la oportunidad de conocer esa alegría por sí mismos.

-Tracey Earl Welliver, MTS

DÍA MUNDIAL DEL MATRIMONIO-RENOVACIÓN DE VOTOS

Habrá una bendición especial para las parejas casadas y la oportunidad para renovar su compromiso matrimonial. La misa será celebrada a las 11:00 am el Sábado, 9 de Febrero del 2019 por el Obispo Jaime Soto en la Catedral del Santísimo Sacramento, ubicada en el 1017 11st. en Sacramento, CA. Después de misa habrá una recepción para las parejas y sus familias en el Salón Mercy ubicado dentro de la Catedral en donde se dará un certificado especial a las parejas que celebran un aniversario significativo (10, 25, 30, 35, 40, 45, 50, 50+). Este evento es gratis y toda pareja interesada en asistir debe llamar al Tel (916) 733-0177 para registrar sus nombres y años de casados o en línea en la página www.scd.org/wmd
February 3, 2019 * 4th Week in Ordinary Time

Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, cathedralsacramento.org

Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

PASTORAL AND ADMINISTRATIVE STAFF

Father Michael O'Reilly, Rector
Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Deacon Omar Bardales
Sister Jenny Aldeghi, Director of Education
Michael Ognisty, Sacristan
Rex Rallanka, Director of Music
Tom Waddock, Cathedral Manager
Carmen Perez, Secretary
Katie McAllister, Bookkeeper
Titi Kila, Wedding Coordinator

PARISH PASTORAL COUNCIL

Peggy Oakden, Chairperson
Eileen Dunn Russell Almaraz
Jaime Elizaldi Jose Solis
Jeff Weiss Paty Davila
Ellis Chan Breana Gonzalez
Les Cochran Esteban Arellano

FINANCE COUNCIL

Robert Ingenito, Chairperson Michael Pease
Janet Bardales Gerardo Davila
Steve Harrold Angela Lai

MASSES

Sunday
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español

SACRAMENT OF CONFESSION

Monday to Friday
11:30 am to 12:00 pm
Saturday
4:00 pm to 4:45 pm
Domingo en Español
12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTICADORATION

When attendants are available:
Wednesday 12:45 pm to 4:45 pm
Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

ANointing of the Sick - By appointment

BAPTISMS (Registration is required)
English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)
English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level
Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm
Text “app” to 88202

~Bulletin Ministry~

Editor: Lyssa Black  Publisher: Liturgical Publications
Advisor: Father Michael O’Reilly  Chinese News: Kenneth Ng

Send submissions to cathedralsacramento@gmail.com nine calendar days before publication weekend. See calendar on cathedralsacramento.org for submission deadlines

~A Vibrant Parish and Historic Landmark Since 1889~

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scd.org

DIOCESE OF SACRAMENTO
Diócesis Católica Romana de Sacramento

The Most Reverend Jaime Soto, D.D, M.S.W
Bishop of Sacramento

2110 Broadway, Sacramento, CA 95818
Office Hours: 8:30am - 4:30 pm
Phone 916-733-0100, Fax 916-733-0195

scd.org
CATHEDRAL MINISTRIES

Altarservers
Michael Ognisty, mfognisty@msn.com.

Benedictus Youth Group
Victoria Ramos, benedictusyug@gmail.com

Brown Bag Lunch Ministry
Jerri Rush, jerrirush@comcast.net

Catechesis of the Good Shepherd
for ages 3+, for information, visit youngsheep.org, or call 916-910-3435

Cathedral A.C.T.S.
saccathedralsacts.org

Cathedral Men’s Group
Bob Meyers, cym1@yahoo.com

Cathedral Saint Vincent de Paul
contact the rectory office

Cathedral Young Adults
Titi Kila, cathedralya@gmail.com

Choir (English)
Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org

Choir (Spanish)
Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.

Cinema Divina Movies
Reggie King, Brian Perez, thecatholicstore@gmail.com
catechesis meets every Wednesday at 7:15pm in the Cathedral Lower Level.

Docents
Jill Pease, pleasejill@gmail.com

Email Prayer Chain
Lynne Amerson, cbs1017pc@yahoo.com.

Extraordinary Ministers of Holy Communion

Festival of Trees and Lights
Amy McCormick, ammccormick@att.net

Front Door Ministry
Paula Trujillo, trupaula@gmail.com

Greeters and Ushers
ministries@cathedralsacramento.org

Hospitality
Celeste Gisla, jfgisla@surewest.net

Knights of Columbus
Jaime Elizalde, jaime.elizalde@gmail.com

Lectors
Fred Heacock, fheacock72@hotmail.com

Respect Life Ministry
Veronica Avina, veronicaavina@yahoo.com

Rosary Club
Lolita Urrutia, lolita.urrutia@gmail.com.

Spanish Parents Group Leaders
Leticia Hilbert, leticia_hilbert@hotmail.com

To learn more about the ministries at the Cathedral, visit our website:
cathedralsacramento.org

CATHEDRAL PARISH STEWARDSHIP

<table>
<thead>
<tr>
<th>Weekend</th>
<th>Total Offering</th>
<th>Percent of Goal</th>
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<tbody>
<tr>
<td>January 5/6</td>
<td>$8,484</td>
<td>73%</td>
</tr>
<tr>
<td>January 12/13</td>
<td>$8,083</td>
<td>70%</td>
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<tr>
<td>January 19/20</td>
<td>$8,541</td>
<td>74%</td>
</tr>
<tr>
<td>January 26/27</td>
<td>$9,606</td>
<td>84%</td>
</tr>
</tbody>
</table>

The Parish’s weekly expenses exceed $20,000. To maintain fiscal integrity, the weekend offertory needs to cover more than half of Parish expenses. The Finance Council has set a weekly offertory goal of $11,500.

RELIGIOUS EDUCATION PROGRAMS
The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A., for adults, teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program.

If you’ve been coming to Mass for a while, but are not Catholic, or were baptized Catholic but never completed your faith formation classes, we invite you to look deeper into the Catholic faith. Come meet some faithful Catholics who love the Lord and would consider it a privilege to get to know you. We invite you to learn what Catholics believe in an open and welcoming environment. The Rite of Christian Initiation of Adults (RCIA) sessions meet every Monday Evening at 7 PM in the lower level of the Cathedral. Feel free to come any Monday evening.

For more information on all of our faith formation programs, please call 916-444-5364 or email Sister Jenny Aldeghi FDCC, Director of Religious Education, jenny@cathedralsacramento.org

MARRIAGE PREPARATION
The Diocese of Sacramento requires an engaged couple to complete a marriage preparation program no later than two months before their wedding date. Contact: Janet & Omar Bardales at matrimonyprep@att.net, or 916-427-9160, or Sister Jenny at 916-444-5364. You do not have to have your wedding at the Cathedral in order to take this class.

GET MARRIED AT THE CATHEDRAL
If you would like to celebrate the Sacrament of Matrimony at the Cathedral, download the Cathedral Wedding Guidelines and Reservation Form on the cathedral website. Contact the parish office at least six months before your desired wedding date to arrange a meeting with Wedding Coordinator, Titi Kila at tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED
IN THE CHURCH
If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jfgisla@cathedralsacramento.org. This can often be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEÑAÑERAS
This is the tradition of celebrating a young girl’s coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071, or tkila@cathedralsacramento.org.

LITURGY OF THE WORD FOR CHILDREN
For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates). Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dlcorgiat@yahoo.com.
St. Blaise (February 3)

St. Blaise is the bishop of Sebastian in Armenia. At that time, preaching was difficult, and the saint went to the mountains and lived with the wild animals. After being arrested, he was sent to Court. He met a woman on the way. Because her pig was taken by a wild wolf, she was crying. The saint said something, and the wolf brought the pig back. Another child has a fish bone in his throat and was about to die with suffocation. The saint showed his spirit and healed him. As a result of this miracle, those who suffer from throat disease later asked him for the treatment. The governor of Cappadocia and Lesser Armenia tortured the saint with whipping and iron hooks and not giving him any food. But the woman who recovered the lost pig with the grace of the saint secretly sent food to him. He was finally beheaded. It was 316 A.D. In many places, two candles are lit on February 3, crossed into a cross shape of St. Andrew’s, placed on the throat or head of the believer, asking the saint to pray and avoid throat disease.

Announcement this week (President)

We have RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.