Pastor’s Corner

This past week the priests of the diocese gathered for our Clergy Study Days. I often enter these days with a chip on my shoulder. I seldom expect to hear anything that will find inspiring and spend my time frustrated that there could be something far better for me to be doing. I pretend to myself that I will be different. I will give the speaker my fullest attention. But even before it begins, I can feel myself beginning to divest and isolate and critique. As I write this, I haven’t as of yet actually attended this week’s study days; they begin Monday afternoon, but a part of me has already checked out, and I haven’t even arrived.

On one level, I am not happy with myself for being so arrogant in believing that there is really nothing I will learn on these study days. Yet, on another level, I’m proud of myself for being able to recognize mediocre talks on subjects that should be inspiring and life changing. This week’s talks will be based on the 50th anniversary of Humanae Vitae, a document providing “beautiful and clear teaching about God’s plan for married love and the transmission of life,” so noted by the U.S. Conference of Catholic Bishops website. I don’t doubt the document has its merits, but personally I don’t feel in the mood to discuss its contents in light of our current Church concerns. Having said that, I’m probably not much in the mood to discuss anything.

One significant aspect of the Clergy Study Days is that I am able to spend time with my brother clergy and share some of our experiences and meals together. Many of us are quite busy and so finding time to connect and support one another is always appreciated. However, I am also challenged by this aspect because I’m not the most supportive person around. Just as I can critique the talks of the day, I also find myself criticizing my brother priests. I won’t go into the details, but admit that I really do need an attitude adjustment sometimes.

I’m sure on Sunday, when I read this in the bulletin, I’ll be laughing over how wrong I was about this year’s study days. This Sunday, you will see me all refreshed and ready to embrace God, Church, and ministry. Be sure to point it out to me (so that I know you read the bulletin).

Father Michael

Cathedral A.C.T.S.

A.C.T.S. stands for “Adoration, Community, Theology, Service” and is a movement, guided by the Holy Spirit, based in the Parish of the Cathedral of the Blessed Sacrament. We serve to spread the Gospel of Jesus Christ through retreats and other events.

"After having been involved in ACTS retreats for almost ten years, I see more clearly that this retreat is about living in the one true Kingdom of Christ, here and now. We are brought out from the darkness into Christ’s marvelous light. The retreat has helped me see that we do have the grace to love God and one another with all our heart, soul, mind, and strength."

Fr. Michael

My ACTS Experience

My ACTS retreat took place this past June through the Cathedral of the Blessed Sacrament. Knowing little of what to expect, except from what my cathedral friends said, “It’s an awesome, life-changing experience.” They were right! Since this retreat really is an individual experience, I can’t tell what happens there. All I can say is that it truly was an awesome, life-changing experience for me. One that I will never forget. From the moment I got off the bus, I received enormous love and compassion from my fellow ACTS sisters. Through adoration, community, theology, and service, I learned and experienced the way God wants us to live: with kindness, forgiveness, truth, love, humility, holiness, and all that is good. I felt the Holy Spirit within me like never before. With this great, awesome, and overflowing love from the Holy Spirit, I couldn’t help but love God even more with all my heart, with all my soul, and with all my mind. This life-changing experience with God doesn’t end with the ACTS retreat. This is only the beginning, and one that will last throughout my life. I pray that you, too, will come and experience God’s great love through the ACTS retreat.

Many blessings,
Aileen Rasmussen

Men of our parish community, you may be thinking: why do I need to go on another retreat? Having attended what I thought was one too many retreats, I can easily respond to your question: but you haven’t been on an ACTS retreat.

An ACTS’s retreat is about you, the retreatant; bringing you closer to God; giving you personal time with God without your daily distractions; and, exploring the issues of being a Catholic man in today’s world.

As the Director of the upcoming Cathedral ACTS Men’s Retreat, November 15th -18th, I invite you to call me at 916-708-9801, to receive additional information or request a registration form.

Charlie Rush
The Art in the Cathedral

Early benefactors and close friends of Bishop Manogue felt the cathedral should be a place of art and culture. Many Sacramentans were rich from mining and railroad enterprises, and could not only afford to be generous, but to also leave their lasting mark on the cathedral. Many of the stained glass windows and the art pieces date back to the early days of the cathedral, gifted by people like the Stanfords and the Crockers, and other city leaders and developers.

December 2, 1900
The San Francisco Call
Vol. 87, No. 2
Wealthiest Man in Sacramento Called to His Last Rest
The death is announced of A. Coolot, perhaps the wealthiest man in Sacramento. In the early fifties Mr. Coolot came down from the mines with scarcely more property than the old clothes he wore. In a small building on Upper J street he opened a store and dealt in notions and tobacco. The business grew and Mr. Coolot made shrewd investments with his money. At his death he was possessed of probably $2,000,000. Eighty-six large and well-paying buildings in Sacramento formed part of his assets. He was one of the early stockholders in the Central Pacific Railroad Company and the Huntington, Hopkins and Crocker interests are said to have been obliged to pay him an immense sum for the surrender of his stock. He has made gifts to the Catholic cathedral of this city—since its erection aggregating in value, it is said $50,000. In the American Tobacco Company his stock has been appraised at $175,000 and he is a very heavy holder of Government bonds. It is said that Mr. Coolot left no will and that his money will go to his widow, son and daughter.

Mr. Coolot led a modest and retired life, seldom appearing in public. He was native of Austria and 79 years of age. His funeral will take place on Monday morning next from the cathedral and will be the occasion of a pontifical requiem mass for the repose of his soul, at which Bishop Grace will officiate.

April 10, 1891
San Francisco Call,
Vol 69, No 131
A Gift to the Sacramento Cathedral.
The beautiful painting of the Sistine Madonna, the gift of Mrs. Leland Stanford to the Cathedral of the Blessed Sacrament in this city, has arrived from Dresden, together with the frame and altar pieces. They weighed nearly four hundred pounds. The figures in the painting are life size. The copy was made for Mrs. Stanford from the original by Raphael, through a special grant of the emperor of Austria, and is the work of an eminent artist of that country.

June 29, 1889
Sacramento Daily Union,
Vol 61, No 108
There has arrived at the cathedral a superb oil painting, seven feet by five in size, the gift of David Lubin. It is entitled, "The Archangel St. Michael Crushing Satan," and is a copy of the great painting that adorns the Church of the Capuchins in Rome. It is a peculiarly appropriate picture for the cathedral, and will be given a prominent place on its walls.

10 April 1891
Sacramento Daily Union,
Volume 81, Number 41,
Mrs. Stanford’s Gift, the "Sistine Madonna," Arrives. The copy of the "Sistine Madonna," made for the Cathedral in this city, to the order of Mrs. Governor Stanford, arrived from Europe yesterday and was removed to the Cathedral. W. F. Jackson, Principal of the School of Design, has been engaged to unpack, mount and hang it, and he has entered upon that delicate work. Mr. Jackson pronounces it a superb work of art, and a treasure for Sacramento. It is the only copy of full size that has ever been permitted to be made. Consent was not given to make it, except with the understanding that the authority in charge of the original should name the artist to make the copy.

10 April 1891
Los Angeles Herald
Volume 35, Number 175
The beautiful painting of the Sistine Madonna, the gift of Mrs. Leland Stanford to the cathedral of the Blessed Sacramento, has arrived at Sacramento from Dresden, together with the frame and altar-pieces, etc. They weighed nearly four hundred pounds. The figures in the painting are life size. The copy was made for Mrs. Stanford from the original by Raphael, through a special grant of the emperor of Austria, and is the work of an eminent artist of that country.
On October 4, people all over the world celebrated the feast day of the Patron Saint of Animals, Saint Francis of Assisi. It’s customary that in remembrance of St. Francis of Assisi’s love for all creatures, animals are led to churches for a special ceremony called the “Blessing of the Animals.” Every year, millions of animals are blessed by priests in a ceremony that touches the hearts of most of those in attendance. Our Blessing of the Animals is today, Sunday, October 7th, at 4:00 pm, in Cathedral Square. Please bring your animal in a secured manner, and only if you believe your pet will be comfortable in a public crowd with lots of activity.

RED MASS - Bishop Jaime Soto will preside at the annual Red Mass on Tuesday, October 9 at 5:15pm in the Cathedral. Attorneys, judges, elected and appointed officials and all those working in the legal system or involved in the process of government in the five-county Sacramento region are invited to attend the Mass.

The Red Mass is the traditional gathering of members of the legal profession and elected and appointed officials to invoke the aid of the spirit of God in their deliberations for the year to come. Our Lady invites you to pray the Rosary! Join in a Public Square Rosary Rally on Saturday, October 13, at 12:00 Noon in front of the Cathedral of the Blessed Sacrament in Cathedral Square. This is a peaceful, prayerful, nation-wide rally, sponsored by America Needs Fatima, and will be one of over 23,000 rallies that will take place all across the United States on that day. Please join us in offering reparation for the sins and offenses committed against the Immaculate Heart of Mary and to fervently pray for the conversion of the United States.

The committee Festival of Trees & Lights invites you to join us to work on crafts on the following dates. We begin at 7:00pm on October 4, 18, November 1, 15 in Mercy Hall. Contact Paula at trupaula@gmail.com for more information.

Cathedral Acts is asking for raffle basket donations or items you would like to contribute to make a basket. If you are interested in making a basket donation or need more information about the bowl -a-thon could you please call or text Natalie Sundquist (916) 591-1892, nati198908@gmail.com.

September 26—November 4 HELP SAVE LIVES IN SACRAMENTO You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion. Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 750,000 volunteers! With God’s help, here are the proven results in 22 coordinated campaigns: 14,643 babies saved from abortion, 177 abortion workers converted, 96 abortion centers closed.

If God is your co-pilot - swap seats.
"So they are no longer two but one flesh. Therefore what God has joined together, no human being must separate."
~Mark 10:8b-9~

<table>
<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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| Saturday      | 5:00 pm / Manny & Sanjuana Guardado S.I.  
                Eliyah Ameliana Gladmez +  
                RCIA Rite of Acceptance/Welcoming                                        | 10:00 am CCD Classes                                                      |
| October 6     | 7:30 am / Rosa Figueroa S.I.  
                Liliana Chavez S.I.  
                9:00 am / Frank Aliq S.I.  
                Sarina Ramirez S.I.  
                Edward Aliq S.I.  
                11:00 am/ Phyllis Ardoni +  
                Maria I. Griffith +  
                1:00 pm Spanish / Maria Corona S.I.  
                Marcos Jimenez S.I.  
                3:00 pm Chinese /  
                5:00 pm / Rosario Purugganan +  
                People of the Parish  
                7:00 pm Spanish/Gerardo Dominguez +  
                Dale & Ann Struve +  
                27th Sunday in Ordinary Time  
                Respect Life Sunday          | 9:00 am RCIA for Children & Teens  
                9:00 am Mass: RCIA - Breaking of the Word  
                11:00 am Mass: Liturgy of the Word for Children  
                4:00 pm Blessing of the Animals |
| Sunday        | 12:10 pm / Luz Morales +  
                Restituta Romero +  
                5:10 pm / Manuel Purugganan +  
                Sofia Romero +  
                6:30 pm RCIA: Vespers  
                7:00 pm RCIA: Class           |                                                                            |
| October 7     | 12:10 pm / William J. Shorey +  
                Maria de Jesus Quezada +  
                5:15 pm / Beatrix Omas S.I.  
                6:00 pm Spanish Choir Rehearsal for the 7pm Mass  
                7:00 pm Teen Confirmation Class  
                7:15 pm The Men's Group       |                                                                            |
| Monday        | 12:10 pm / William J. Shorey +  
                5:10 pm / Philip Amboy +  
                12:10 pm / William J. Shorey +  
                5:10 pm / Philip Bledsoe +  
                Gerald Eugene Bledsoe +  
                7:15 pm : Communion & Liberation  
                English Choir Rehearsal  
                Spanish Choir Rehearsal for the 1pm Mass                      |                                                                            |
| October 8     | 12:10 pm / Lola Krist +  
                5:10 pm / Ricard Delos Reyes +  
                7:00 pm Baptism Class - Spanish                                       |                                                                            |
| Tuesday       | 12:10 pm / Frank Callahan +  
                5:10 pm / Patrick Callahan S.I.                                         |                                                                            |
| October 10    | 5:00 pm / John F. Nealon +  
                10:00 am CCD Classes                                                      | 12:00 pm Rosary Rally                                                     |
| Thursday      | 5:00 pm / Henry R. Nunez +                                                       |                                                                            |
| October 11    | 7:30 am / Rosa Figueroa S.I.  
                Liliana Chavez S.I.  
                9:00 am / Frank Aliq S.I.  
                Sarina Ramirez S.I.  
                Edward Aliq S.I.  
                11:00 am/ Phyllis Ardoni +  
                Maria I. Griffith +  
                1:00 pm Spanish / Maria Corona S.I.  
                Marcos Jimenez S.I.  
                3:00 pm Chinese /  
                5:00 pm / Rosario Purugganan +  
                People of the Parish  
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| October 11    | 5:00 pm / John F. Nealon +  
                10:00 am CCD Classes                                                      | 12:00 pm Rosary Rally                                                     |
| Saturday      | 5:00 pm / Henry R. Nunez +                                                       |                                                                            |

**Readings & Observances**

- **Saturday:** *St. Bruno, Priest; Bl. Marie Rose Durocher, Virgin*
  Jb 42:1-3, 5-6, 12-17/Ps 119:66, 71, 75, 91, 125, 130 [135]/Lk 10:17-24

- **Sunday:** *27th Sunday in Ordinary Time*
  Gn 2:18-24/Ps 128:1-2, 3, 4-5, 6 [cf. 5]/Heb 2:9-11/Mk 10:2-16 or 10:2-12

- **Monday:** *Columbus Day*
  Gal 1:6-12/Ps 111:1b-2, 7-8, 9 and 10c [5]/Lk 10:25-37

- **Tuesday:** *St. Denis, Bishop, and Companions, Martyrs; St. John Leonardi, Priest*
  Gal 1:13-24/Ps 139:1b-3, 13-14ab, 14c-15 [24b]/Lk 10:38-42

- **Wednesday:** Gal 2:1-2, 7-14/Ps 117:1bc, 2/Lk 11:1-4

- **Thursday:** *St. John XXIII, Pope*
  Gal 3:1-5/Lk 1:69-70, 71-72, 73-75 [69]/Lk 11:5-13

- **Friday:** Gal 3:7-14/Ps 111:1b-2, 3-4, 5-6 [5]/Lk 11:15-26

- **Saturday:** Gal 3:22-29/Ps 105:2-3, 4-5, 6-7 [8a]/Lk 11:27-28

**Prayer Corner**

Please remember in your prayers:

- Shelby Hogan
- Roman Q Paguio +
- Carl Hagen
- Benny Garces +
- Sepehr
- Roman Q Paguio +
- Rosa G.
- Deacon Don DeHaven
- Miguel, Luz, Sonia, Joel, Jose, Oscar, Betty, Noe, Waldo, Cesar, Carlos, Teresa and their families
- Gerald O’Reilly +
- Frank Vercillo
- Stephanie Pill
- Mary Margaret Reilly
- Asmitha and Abie Joseph
- Alroyd and Shaista and children
- Julian
- Jason and Resmi
- Nina Mordas and Mother
- Javier Maria Alonso
- C. Marcela Bedoya
- Eva Hernandez
- Diane
- Mary Ann
- Karla
- Marcela P.
- Yolanda
- Kimberly and Partner
- Tony Nebreda
- Charles Bardin
- Teresa
- Nicanor Masadao, Sr. +
- Suzanne Trujillo
- Corazon Velasquez
- Paulina
- Dave McNett
- Maggie Phelps
- Amit Kumar
- Steph Skiles
- Maria Nguyen
- Alfie +
- Ernie +

"May the Lord direct your hearts into God’s love and Christ’s perseverance."

2 Thessalonians 3:5
La semana pasada, los sacerdotes de la diócesis se reunieron para días de estudio del clero. Pocas veces espero escuchar algo que pueda encontrar inspirador y pasar el tiempo frustrado porque podría haber algo mucho mejor para mí. Me pretendo ser diferente. Le daré toda la atención al orador. Pero incluso antes de que comience, puedo sentir que empiezo a desprenderme, aislarme y criticar. Mientras escribo esto, aún no he asistido a los días de estudio de esta semana, comienzan el lunes por la tarde, pero una parte de mí ya se ha retirado y ni siquiera he llegado.

En cierto modo, no estoy contento conmigo mismo por ser tan arrogante al creer que realmente no aprenderé nada en estos días de estudio. Sin embargo, en otro nivel, estoy orgulloso de mí mismo por poder reconocer conversaciones mediocres sobre temas que deberían ser inspiradores y cambiar la vida. Las charlas de esta semana se basarán en el cincuentenario de Humanae Vitae, un documento que brinda "enseñanzas claras y hermosas sobre el plan de Dios para el amor conyugal y la transmisión de la vida", así como un documento que brinda "enseñanzas claras y hermosas sobre el amor conyugal y la transmisión de la vida", así lo señala el sitio web de la Conferencia de Obispos Católicos de EE.UU. No dudo que el documento tenga sus méritos, pero personalmente no me siento de humor para discutir su contenido a la luz de nuestras preocupaciones actuales de la Iglesia. Habiendo dicho eso, probablemente no estoy de humor para discutir nada.

Un aspecto significativo de los Días de estudio del clero es que puedo pasar tiempo con mi hermano clérigo y compartir algunas de nuestras experiencias y comedias juntas. Muchos de nosotros estamos muy ocupados y, por lo tanto, siempre es bueno encontrar tiempo para conectarnos y apoyarnos. Sin embargo, este aspecto también me desafía porque no soy la persona que más me apoya. Así como puedo criticar las conversaciones del día, también me critico a mis hermanos sacerdotes. No voy a entrar en detalles, pero admiro que realmente necesito un ajuste de actitud a veces. Estoy seguro de que el domingo, cuando leo esto en el boletín, me reiré de lo equivocado que estaba acerca de los días de estudio de este año. Este domingo, me verán renovado y listo para abrazar a Dios, la Iglesia y el ministerio. Asegúrese de señalarlo (para que sepas que leyó el boletín).

Padre Michael

A.C.T.S. significa "Adoración, Comunidad, Teología, Servicio" y es un movimiento, guiado por el Espíritu Santo, con sede en la Parroquia de la Catedral del Santísimo Sacramento. Servimos para difundir el Evangelio de Jesucristo a través de retiros y otros eventos.

"Después de haber estado involucrado en retiros de ACTS durante casi diez años, veo más claramente que este retiro se trata de vivir en el único Reino verdadero de Cristo, aquí y ahora. Somos sacados de las tinieblas a la luz maravillosa de Cristo. El retiro tiene "Me ayudó a ver que tenemos la gracia de amar a Dios y unos a otros con todo nuestro corazón, alma, mente y fuerza.”

Padre Michael

Mi experiencia ACTS

Mi retiro de ACTS tuvo lugar en junio pasado a través de la Catedral del Santísimo Sacramento. Sabiendo poco sobre qué esperar, excepto por lo que mis amigos de la catedral dijeron: "Es una experiencia increíble que cambia la vida". ¡Tenían razón! Dado que este retiro realmente es una experiencia individual, no puedo decir lo que sucedió aquí. Todo lo que puedo decir es que realmente fue una experiencia increíble que me cambió la vida. Uno que nunca olvidaré. Desde el momento en que bajé del autobús, recibí un enorme amor y compasión de parte de mis hermanos ACTS. A través de la adoración, la comunidad, la teología y el servicio, aprendí y experimenté la forma en que Dios quiere que vivamos: con bondad, perdón, verdad, amor, humildad, santidad y todo lo que es bueno. Sentí el Espíritu Santo dentro de mí como nunca antes. Con este amor grande, asombroso y desbordante del Espíritu Santo, no pude evitar amar a Dios aún más con todo mi corazón, con toda mi alma y con toda mi mente. Esta experiencia de cambio de vida con Dios no termina con el retiro de ACTS. Esto es solo el comienzo y uno que durará toda mi vida. Rezo para que tú también vengas y experimentes el gran amor de Dios a través del retiro de ACTS.

Muchas bendiciones,
Aileen Rasmussen

Hombres de nuestra comunidad parroquial, pueden estar pensando: ¿por qué necesito ir a otro retiro? Habiendo asistido a lo que pensé que era uno de los muchos retiros, puedo responder fácilmente a tu pregunta: pero no has estado en un retiro de ACTS.

Un retiro de ACTS es sobre usted, el participante del retiro; acercándote a Dios; brindarte tiempo personal con Dios sin tus distracciones diarias; y, explorando los problemas de ser un hombre católico en el mundo de hoy.

Como Director del próximo Retiro para Hombres de Cathedral ACTS, del 15 al 18 de noviembre, lo invito a que me llame, Charlie Rush, 916-708-9801, para recibir información adicional o solicitar un formulario de registro.

Charlie Rush
**LAS LECTURAS Y CONMEMORACIONES SEMANALES**
Las lecturas de la semana del 7 de octubre de 2018

**Domingo:**
- **27o Domingo del Tiempo Ordinario;**
  - **Domingo Respetemos la Vida**
  - Gn 2, 18-24/Sal 128, 1-2. 3. 4-5. 6 [cfr. 5]/Heb 2, 9-11/
  - Mc 10, 2-16 o 10, 2-12

**Lunes:**
- **Día de la Raza**
  - Gal 1, 6-12/Sal 111, 1-2. 7-8. 9 y 10 [5]/Lc 10, 25-37

**Martes:**
- **San Dionisio, obispo y compañeros, mártires;**
- **San Juan Leonardi, sacerdote**

**Miércoles:**
- Gal 2, 1-2. 7-14/Sal 117, 1. 2/Lc 11, 1-4

**Jueves:**
- **San Juan XXIII, papa**
  - Gal 3, 1-5/Lc 1, 69-70. 71-72. 73-75 [69]/Lc 11, 5-13

**Viernes:**
- Gal 3, 7-14/Sal 111, 1-2. 3-4. 5-6 [5]/Lc 11, 15-26

**Sábado:**
- Gal 3, 22-29/Sal 105, 2-3. 4-5. 6-7 [8]/Lc 11, 27-28

**VERSO DEL EVANGELIO DE DOMINGO**
El les respondió: "¿Qué les prescribió Moisés?" Ellos contestaron: "Moisés nos permitió el divorcio mediante la entrega de un acta de divorcio a la esposa". Jesús les dijo: "Moisés prescribió esto, debido a la dureza del corazón de ustedes. Pero desde el principio, al crearlos, Dios los hizo hombre y mujer". - Mc 10, 3-6

**MEDITACIÓN EVANGÉLICO**

Ante el matrimonio, lo que Dios une es al amor, de dos personas, antes que el acta de matrimonio. El amor no es un sentimiento, sino una decisión que toman ambos conyugues y que ambos toman votos de que el amor permanezca hasta que la muerte los separe. Si todos entendieran este concepto, no existiría tanto divorcio, tanto maltrato ni tanta separación de familias. El Evangelio lo pone así: "Por eso dejará el hombre a su padre y a su madre para unirse con su esposa, y serán los dos una sola carne" (Marcos 10:6-8). Es decir, lo que Dios une no lo puede separar el hombre. La soledad no es buena, eso lo sabemos todos, pero, a la vez la libertad y el respeto entre los cónyugues es esencial para una familia sana.

Tener una relación saludable no significa que no haya momentos de desacuerdo. Entre una pareja que lleva años de casados, se nota que hay una lucha de man- tos y un corazón roto. Quizá el obstáculo más difícil para todos cae en la suposición errónea de que la per- sona a quien uno busca debe ser devoto y fiel com- pletamente a él/ella ante todo lo demás. La verdad es que si uno quiere tener una pareja compatible y adecuada, el enfoque de las dos personas involucra- das en una relación debe estar en un ser más im- portante que cualquiera de los dos.

Cuando yo era un muchacho, recuerdo que alguien me mostró cómo era el amor verdadero usando un triángulo como ejemplo. Dios es el punto de arriba y los dos que se aman, o los amigos o familia, etc. son los puntos de abajo. Si las dos personas involu- cradas en una relación aman a Dios más que se aman el uno al otro, entonces con el tiempo, será el amor por lo Divino que los llevará a una cercanía más grande, así como las esquinas de un triángulo.

Cuando me doy a Dios, encuentro que el amor que siento por mi esposa, por mis hijos y por mis ami- gos crece. Vivir una vida de corresponsabilidad for- talece todas las relaciones. Rendirse a Él que es puro amor significa un gran crecimiento en el amor que uno tiene para los demás. Para las personas que continúan en buscar a su pareja ideal: tomen un momento, presenten atención, y enfrentense a Él que siempre los ha amado y que los amará para siempre.

--Tracy Earl Welliver, MTS
~A Part of the Sacramento Community for 129 Years~

Cathedral of the Blessed Sacrament
1017 11th Street, Sacramento, CA 95814
916-444-3071, Fax 916-443-2749, cathedralsacramento.org
Rectory Office Hours — Monday to Friday, 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

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Father Kieran McMahon, Priest in Residence
Father Nicholas Ho, Chinese Mass
Deacon John Gisla, Office Manager
Deacon Don DeHaven
Deacon Edgar Hilbert
Deacon Omar Bardales
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Jaime Elizaldi Jose Solis
Jeff Weiss Paty Davila
Ellis Chan Breana Gonzalez
Les Cochran

FINANCE COUNCIL

Robert Ingenito, Chairperson
Janet Bardales Gerardo Davila
Steve Harrold Angela Lai
Michael Pease

MASSES

Monday to Friday 12:10 pm
Monday to Thursday 5:10 pm
Saturday Vigil 5:00 pm
Sunday 7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español
State Holidays 12:10 pm only

SACRAMENT OF CONFESSION

Monday to Friday 11:30 am to 12:00 pm
Saturday 4:00 pm to 4:45 pm
Domingo en Español 12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTICADORATION

When attendants are available:
Wednesday 12:45 pm to 4:45 pm
Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

ANOINTING OF THE SICK - By appointment

BAPTISMS (Registration is required)

English - 3rd Saturday of the month, 9:00am
Español - 4º Sábado del mes, 9:00am

BAPTISM CLASSES (No registration required)

English - 1st Thursday of the month, 7:00pm
Español - 2do jueves del mes, 7:00pm

TOURS

Tours are free and are led by trained Docents after the 9am and 11am Sunday Masses, and at 12:40pm on Wednesday. Tours in Spanish are held the 1st & 3rd Sundays of the month after the 1pm Mass. Tours begin at the Baptismal Font. Contact 916-444-3071 to arrange free private group tours.

GIFT SHOP on the Lower Level

Sundays 9:00 am to 3:00 pm
Tuesdays 10:30 am to 12:00 pm

~Bulletin Ministry~

Editor: Lyssa Black
Advisor: Father Michael O’Reilly
Spanish Translations: Carmen Perez
Chinese News: Kenneth Ng

Send submissions to cathedralsacramento@gmail.com
See calendar on our website for submission deadlines
CATHEDRAL MINISTRIES

Altarservers: Michael Ognisty, mfognisty@msn.com.
Benedictus Youth Group: Victoria Ramos, benedictusyg@gmail.com
Brown Bag Lunch Ministry: Jerri Rush, jerrirush@comcast.net
Catechesis of the Good Shepherd: for ages 3+, for information, visit youngsheep.org, or call 916-910-3435
Cathedral A.C.T.S.: sacramentalsact.org
Cathedral Men’s Group: Bob Meyers, cynm1@yahoo.com
Cathedral Saint Vincent de Paul: contact the rectory office
Cathedral Young Adults: Titi Kila, cathedralya@gmail.com
Choir (English): Rex Rallanka, Music Director, rallanka@cathedralsacramento.org
Choir (Spanish): Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass.
Cinema Divina Movies: Reggie King, Brian Perez, thecatholicstore@gmail.com
Communion & Liberation: catherdalaundry.org
Convalidation, without any cost. If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often also be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

MARRIAGE PREPARATION

If you would like to celebrate the Sacrament of Matrimony at the Cathedral, call Titi Kila, at the Cathedral Office, 916-444-3071 x13, tkila@cathedralsacramento.org.

HAVE YOUR MARRIAGE BLESSED IN THE CHURCH

If you would like to have your civil marriage blessed in the Catholic Church, please call or email Deacon John at the Cathedral Office to explore this possibility: 444-3071 Ext. 11; jgisla@cathedralsacramento.org. This can often also be done in a small, private ceremony called a Convalidation, without any cost or fee. If you have been together for a number of years and would like to be married in the Church, this can also often be done in a small, private ceremony without any cost.

QUINCEÑERA

This is the tradition of celebrating a young girl's coming of age on her 15th birthday with a Mass, and highlights the virtues of family and social responsibility, recognizing her journey from childhood to maturity. For more information on celebrating this beautiful tradition at the Cathedral, call Titi Kila, at 916-444-3071 x13, or ttitikila@cathedralsacramento.org.

LITURGY OF THE WORD

For ages 5 to 10 years old, at the 11:00 am Sunday Mass (Check calendar for dates), this program provides children with age appropriate explanations of the Sunday readings and gives parents with young children an opportunity to focus on the Scripture readings and the homily without distractions. Children return to their families before the Offertory. For more information, contact the education office or Dorothy Corgiat at dcorgiat@yahoo.com.

RELIGIOUS EDUCATION PROGRAMS

The cathedral offers a complete faith formation program, including Catholic Faith Formation, Confirmation, The Rite of Christian Initiation Program, R.C.I.A for teens and children, Religious Education for Spanish Speaking Adults, and a Catechesis Formation Program. For information on all of these programs, contact Sister Jenny and her staff at 916-444-5364 or jenny@cathedralsacramento.org.
聖母玫瑰(十月七日)

玫瑰經是我們教友天天念的經文，共分十五端，每端默想吾主耶穌和聖母瑪利亞的一段事蹟。教友念玫瑰經的時候，默想這些奧跡，發出愛慕天主，讚美天主，感謝天主之心，定志師法耶穌聖母。玫瑰經的經文，非常簡單，每個教友，都能誦唸。

這個瞻禮的起源是這樣的：主曆一五七二年，教宗聖庇護五世頒詔每年舉行瞻禮，紀念「勝利的聖母」，求天主垂顧祂的教會和普世信友，感謝天主大力護佑教會的洪恩，更值得紀念者，上一年土耳其實與天主教國家軍隊交戰，羅馬舉行玫瑰經敬禮，天主聖母保護教會攻克異教徒，使信友免受異教徒的奴役。

一年後(一五七三年)教宗額我略十三世為紀念聖母的洪恩，將該瞻禮定名為「聖母玫瑰瞻禮」，於每年十月首主日舉行。

主曆一七一六年八月五日，建定聖母雪地殿瞻禮，舉行聖母出遊。就在那一天，教友們又大敗土耳其軍隊，獲得光榮的勝利。因此教宗格勒孟九世，通令普世教會慶祝這個瞻禮。

最後，教宗良十三世，為了提高教友呼求玫瑰聖母保護的情緒，把這個瞻禮列入二等複式的慶禮。

聖教會現在舉行聖母玫瑰瞻禮的日期，為每年十月七日。(那就是一五七一年教友擊潰土耳其人戰役的日期)

Our Lady's Rosary (October 7)

The rosary is a prayer that our church members say every day. It is divided into fifteen mysteries. Each mystery meditates on the deeds of the Lord Jesus and the Virgin Mary. When the church members read the rosary, they meditate on these mysteries, give love to God, praise God, thank God, and determine the teachings of the Virgin Mary. The prayers of the rosary are very simple, and every member of the church can recite.

The origin of this ritual is as follow: In 1572, Pope Saint Pius V was awarded an annual ceremony to commemorate the "Virgin of Victory", asking God to look after his church and the parishioners, and thank God for protecting the church and the parishioners. In the year before, Turkey fought against the Catholic National Army, Rome held a rosary salute, and the Church of the Virgin Mary protected the church from the infidels and protected the believers from the enslavement of the infidels.

One year later (1573), Pope Gregory XIII named the mass on the first Sunday of October each year "The Virgin Mary Rose" to commemorate the grace of the Virgin.

On August 5, 1761, Pope Gregory XIII established the Virgin of the Snow Temple was, and there was a parade for the Virgin. On that day, the church members defeated the Turkish army and won gloriously. Therefore, Pope Clemens IX, ordered the church to celebrate this mass.

Finally, Pope Leo XIII included this celebration on the second-class ceremony to get church members calling more for the protection of the Virgin Mary.

The Holy Church now has the date of the Virgin Mary Rose, which is October 7th of each year. (That is the date when the church members defeated the Turkish in 1571.)

本週報告（會長）

1) 慕道班將於每星期彌撒後以中文舉行。如果您認識的任何朋友或家人對天主教信仰有興趣，請邀請他參加。
2) 我們將繼續在下個主日彌撒前下午兩點半開始誦唸玫瑰經。
3) 我們現正售賣紅包去籌款。特價是3堆10美元，1堆4美元。促銷活動至10月31日為止

Announcement this week (President)

1) We will have the RCIA every week after mass in Chinese. If any friend or family member you know is interested in the Catholic faith, feel free to invite him/her to the RCIA.
2) We will continue to have Rosary Recitation at 2:30 pm next Sunday before mass.
3) We are now selling red envelope (Lai See) for fund raising. The promotion is $10 for 3 stacks and $4 for 1 stack. The promotion is effective to October 31st.