During these unprecedented times, the Cathedral of the Blessed Sacrament welcomes your participation in our Masses, all streamed daily.
Come join us!

Mass Times
Monday - Thursday:
- Mass: 5:10 pm
- Vespers: 6 pm (None on Tuesdays)
Friday: Mass - 12:10 pm
Saturday:
- Lauds: 9:00am
- Mass: 9:30am
Sunday:
- English Mass: 9:00 am
- Spanish Mass: 10:00 am
- Chinese Mass: 3:00 pm

Confessions
Monday, Wednesday, Thursday:
- 11:00 am to 12:00 pm
Friday:
- 11:00 to 11:30 am
Saturday:
- 4:00 pm—5:00 pm

Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. - Pope Francis

May 10, 2020
5th Sunday of Easter
Happy Mother’s Day!

1017 11th Street - Sacramento, CA 95814 | 916-444-3071

Connect with us!
@cathedralsacramento
www.cathedralsacramento.org
We have a Parish App!
Text “app” to 88202 to download!
Holy Virgin of Guadalupe, 
Queen of the Angels and 
Mother of the Americas. 
We fly to you today 
as your beloved children. 
We ask you to intercede 
for us with your Son, 
as you did 
at the wedding in Cana. 
Pray for us, loving Mother, 
and gain for our nation and 
world, and for all our families 
and loved ones, the protection 
of your holy angels, 
that we may be spared 
the worst of this illness. 
For those already afflicted, 
we ask you to obtain the grace 
of healing and deliverance. 
Hear the cries of those who are 
vulnerable and fearful, 
wipe away their tears 
and help them to trust. 
In this time of trial and testing, 
teach all of us in the Church 
to love one another 
and to be patient and kind. 
Help us to bring the peace 
of Jesus to our land 
and to our hearts. 
We come to you 
with confidence, 
knowing that you truly are our 
compassionate mother, 
health of the sick and 
cause of our joy. 
Shelter us under the mantle 
of your protection, 
keep us in the embrace 
of your arms, 
help us always to know the 
love of your Son, Jesus. 
Amen.

Santa Virgen de Guadalupe, 
Reina de los ángeles y 
Madre de las Américas, 
Acudimos a ti hoy 
como tus amados hijos. 
Te pedimos intercedas 
por nosotros ante tu Hijo, 
asi como lo hiciste 
en las Bodas de Caná. 
Ora por nosotros, 
amorosa Madre, y obtén para 
 nuestra nación y para el mundo, 
y para todas nuestras familias y 
nuestros seres queridos, 
la protección de tus santos 
ángeles, que seamos libres 
de lo peor de esta enfermedad. 
Para aquellos que ya están 
afligidos, te pedimos que 
obtengas la gracia de la 
sanación. 
Escucha el lamento de quienes 
están vulnerables y temerosos, 
límpia sus lágrimas y 
ayúdalen a confiar. 
En este tiempo de prueba, 
enséñanos a todos en la Iglesia 
a amaros unos a otros y 
a ser pacientes y amables. 
Ayúdanos a traer la paz 
de Jesús a nuestra tierra y 
a nuestros corazones. 
Venimos a ti con confianza, 
sabiendo que tú eres realmente 
 nuestra madre compasiva, 
la sanación de los enfermos y 
la causa de nuestra alegría. 
Danos albergue bajo el manto 
de tu protección, 
manténos bajo tu abrazo, 
ayúdalen siempre a conocer 
el amor de tu Hijo, Jesús. 
Amén.
We are coming to the conclusion of chapter six of John’s gospel, his great discourse on the bread of life, which has shocked his listeners of course. He says, “Unless you eat my flesh entry my blood you will have no life within you.” The disciples respond, “How can he give us his flesh to eat, this is too much for us!” And many of them left. This is a sad chapter—and there are many sad portions in the life of Jesus—as he continues to offer himself to others and not be accepted, or is completely rejected. Even his own disciples are having major problems with accepting what he has to offer. I suppose what they’re looking for in reality is a God who will assist them on their journey. One who will help us when we need help as we will walk our path. We might think of God as our little guide, or our little healer, or our little friend who gives us food when we need it. But this is not the God that Jesus is saying He is he is. We can imagine him saying to us:

“I am the God who will consume you if you accept me, and that is what is required if you want any life at all. This is how it is; this is what I offer you. And that other life you live? Where you walk your path and think you're making your own choices? And ask for my help when you need it? It is no life at all: it is just darkness, hunger, no breath.”

But this is the life most of us end up living, even those who are standing close to Jesus, looking for a little help here and there to comfort them, to help them on the path that they have chosen. Jesus asked if you want to pick your path and just come to me when you have need, and think that is as simple as walking in the choices you made when things go awry, that I’ll be there to pick you up—of course he always is there, we know that; he tells us that—but it is hard. He is expecting a lot more of a covenant than that; a far greater unity than that. God is not some abstract separated entity that occasionally moves into our lives by surprise or only when we ask. Jesus is saying He is a God one who intimately, deeply into our souls, into our skin, into our tissues, into our bodies, into our thoughts and desires. That is our God. This is the unity He wants with us. On some levels he let's us choose. Of course the choices are ours; not Christ’s. Beautiful God, who loves us perhaps far more than we want Him to. Perhaps that's the biggest challenge of all. The hardest saying of all. That God loves us too much.

And we don't want that kind of love, that kind requires too much in this life. But that's what it is. Jesus tells us when we love God or try to love Him the way he loves us, that's when we will know what living is. He calls it eternal life, but in the end it is simply—life.

“Do not let your hearts be troubled.” - John 14:1
As a member of the Cathedral Young Adult group, I consider us to be a community-in-action. From our weekly feedings of our homeless brothers and sisters to preparation of breakfast for Sister Nora’s Place at Loaves and fishes, to our monthly fellowship events and Nightfever adoration twice a year. We are a people of outward embrace and inward formation rooted in Christ.

Like many of you, we were devastated in light of the current COVID-19 crisis with the necessary shelter-in-place protocols. We needed to rethink how we express our spirit of outreach and our fellowship in a time when we are unable to receive Christ in the Eucharist nor be within six feet of each other. After much thought and prayer, we jumped into action. Our fellowship was moved online to weekly virtual support every Thursday evening on Zoom to pray together, support each other in our weekly struggles, and share the ways we are challenging ourselves to grow closer to Christ in the week to come.

Although a masked and gloved skeleton crew of our members continue weekly feedings, our outreach primarily moved online with our Cathedral Young Adult Blog. In Lent, we began publishing weekly reflections written by a different members of our Young Adult community with the hope of providing members of our parish with positive content rooted in Christ. By allowing our Cathedral community to “walk with us” through our reflections on the Mass readings and finding Christ amidst our uncertainty, we hope we are fostering a sense of togetherness and unity for our readers. With the hundreds of weekly visitors to our site, we are happy that our blog has resonated with so many in our community. As the editor, I can also attest to how incredibly moving it has been to see the depth of inward reflection my fellow young adults have shared on this platform. We promote our blog on our Facebook page, but you can also visit our blog directly to see our all of our reflections and posts.

We are pleased by all the new connections we have formed and old connections we have deepened in this time!

And finally, I want to recognize the work that has gone into keeping our Cathedral flock nourished through the daily Mass livestreams. Although livestreaming Mass is not an official ministry of the Young Adult community, several of our tech-savvy members have been working tirelessly to ensure that those of us at home are able to participate in Mass virtually. As I write this article quarantined at home, fellow Young Adults are setting up cameras, testing Father’s microphone, looking over sheet music, and shrewdly inspecting iPad screens (all while keeping six feet apart) to provide a prayerful and spiritually-rich celebration of the Eucharist for us to enter into from the safety of our homes.

At times I feel so unworthy to count myself among a community of Catholic Young Adults who put their faith into action wherever they are. My fellow young adults are praying at home, supporting each other through Zoom, posting vulnerable reflections online, and selflessly giving their talents so that in a time where we cannot come to Mass, Mass can come to us. My fellow Young Adults, in this era of sheltering-in-place, have been a source of Christ’s light, both in the darkness and on the screen. - by Victor Amador
This year God set us on a journey none of us expected. We began the catechetical year last September like many other years, with gatherings of catechists, registration for formation classes, and our weekly gatherings in prayer, song, and study of the faith. Being new to the Cathedral community, I was ready to walk in the shoes of the Canossian Sisters who went before me: Sr. Liz Chambers, Sr. Angela Furia, Sr. Connie Martinez, Sr. Mariangela Casagrande, and of course, Sr. Jenny Aldeghi. Such a wonderful legacy and I was looking forward to adding to it, and walk the expected path through the year with you. All was going as it should, that is, until our world was rocked by COVID-19. So, here we are, our classrooms empty waiting to have us return to “normal”. But with God, nothing is normal. He invites us to an adventure with Him, and we can look at our current circumstances in two ways: we can look back to what we had, or look ahead in anticipation to the great things the Lord wants to do in our disrupted lives.

We are walking a new course, and the Lord invites us to look to Him for our answers. Do you find yourself growing closer to God despite the struggles and worries of what the future holds for you? Yes, I feel it too, and so we must trust that despite our current events, the doors of the Church and our classrooms will open again. In the meantime, I encourage you to keep an eye out for our weekly lessons in your email box, and for some Summer program opportunities for enrichment. For those waiting for Sacraments, we are still waiting for the government to clear the shelter-in-place ordinance. Once we get the go-ahead, we will begin scheduling the revised dates for retreats and Sacraments. Let us be patient, and trust that all will come together in God’s time. We are in good hands.

SHELTER-IN-PLACE PROGRAMMING

Families

Take advantage of our weekly Family Prayer guide that includes
• Opening Song and Prayer
• Breaking Open the Word for Sunday
• Prayer and Saint of the Week
• A Tenet of our Faith (Creed)
• Application Activity to tie the lesson

Go to the below link and sign up!

In English: https://is.gd/FamilyPrayer
In Spanish: https://is.gd/oracionfamiliar

Youth Night on their phone! Sign up today at

https://projectym.com/live/

“Seeking answers to life’s tough questions? Wanting to reexamine your direction? We will offering an eight week, open-ended discussion for exploration. To be notified when we are going to start, text “seeking” to 84576, or go to: cathedral.sacramento.flocknote.com/SEARCH

WHAT EXIT DO YOU SEEK?

WHY ARE WE HERE?
WHAT’S LIFE ALL ABOUT?
WHAT HAPPENS WHEN WE DIE?

MONDAY ZOOM CLASSES—7PM
• ELECT: LECTIO DIVINA: A Method of Divine Reading
• Precatecumenate: The Incarnation
Check your email/text for the Link
Breaking Open the Word Sunday—11:15 via Zoom

“I am the way and the truth and the life.” - John 14:6
WORSHIP & MEDITATION

DON’T COUNT THE LOSSES

FIRST READING
The word of God continued to spread, and the number of the disciples in Jerusalem increased greatly. (Acts 6:7a)

PSALM
Lord, let your mercy be on us, as we place our trust in you. (Ps 33) or Alleluia

SECOND READING
You are “a chosen race, a royal priesthood, a holy nation, a people of his own, so that you may announce the praises” of him who called you out of darkness into his wonderful light. (1 Pt 2:9)

GOSPEL MEDITATION
Encourage Deeper Understanding of Scripture

When earthly lives end, especially when the person is younger, we tend to focus upon and consider what was lost. We think of lost opportunities — things they won’t be able to see, babies they won’t be able to cradle, and adventures that now must go undiscovered. Our minds create this chasm between earth and heaven that sees the losses of this life as permanent ones, never possible to achieve again. This perception causes many folks to remain stuck in their grief as they ponder all of the missed opportunities and regrets.

This is not resurrection thinking. All of the love that we can give and receive, the joy and elation that can be experienced, the adventures that can be undertaken, and the possibilities to be discovered are all part of a continuous journey. They are not ends in and of themselves but are all part of the unfolding of a relationship we have with God, who not only makes all of these wonderful things possible now but sustains them and fulfills them into eternity. The perception and experience of loss is really an illusion, because in God’s eternal kingdom and in God’s time, nothing is ever lost. Even the most intimate and tender of moments we can conceive of sharing with another human being are only part of a journey toward perfect intimate and tender moments to be shared with God in our resurrected life. We become like God and see God as He is in eternity. What greater joy, love, and hope can ever be discovered as we walk down our often dimly lit paths in this world.

This is an awesome wonder and magnificent news to behold. Call to mind someone you have lost in death. How do you see them now? How do you see yourself in heaven? Remind yourself, again, that God is the Way, the Truth and the Life. Our happiness is not going to be fully realized in this world, and there is nothing we can find here that cannot be found one hundred fold in eternity. It’s all about relationship, and not solely about the relationships we have with each other, ourselves, and the world in which we live. It’s about our relationship with God. If we realize how special that one relationship really is, then there is only one particular of heaven and life eternal that really matters: namely, that we fall into love eternal and discover truth. For when we finally close our eyes in death, then all will be well as long as we are with God. There are no losses, only gains.

WEEKLY PRAYER

READINGS FOR THE WEEK OF MAY 10, 2020

SUN 5/10 Acts 6:1-7/Ps 33:1-2, 4-5, 18-19 [22]/1 Pt 2:4-9/Jn 14:1-12
MON 5/11 Acts 14:5-18/Ps 115:1-2, 3-4, 15-16 [1ab]/Jn 14:21-26
TUE 5/12 Acts 14:19-28/Ps 145:10-11, 12-13ab, 21 [cf. 12]/Jn 14:27-31a
WED 5/13 Acts 15:1-6/Ps 122:1-2, 3-4ab, 4cd-5 [cf. 1]/Jn 15:1-8
THR 5/14 Acts 1:15-17, 20-26/Ps 113:1-2, 3-4, 5-6, 7-8 [8]/Jn 15:9-17
FRI 5/15 Acts 15:22-31/Ps 57:8-9, 10 and 12 [10a]/Jn 15:12-17
SAT 5/16 Acts 16:1-10/Ps 100:1b-2, 3, 5 [2a]/Jn 15:18-21
SUN 5/17 Acts 8:5-8, 14-17/Ps 66:1-3, 4-5, 6-7, 16, 20 [1]/Pt 3:15-18/Jn 14:15-21

OBSERVANCES FOR THE WEEK OF MAY 10, 2020

Sunday: 5th Sunday of Easter; Mother’s Day
Tuesday: Sts. Nereus and Achilleus, Martyrs; St. Pancras, Martyr
Wednesday: Our Lady of Fatima
Thursday: St. Matthias, Apostle
Friday: St. Isidore
Saturday: Armed Forces Day
Next Sunday: 6th Sunday of Easter

MASS INTENTIONS

Sunday May 10 Leann Burnside +, Jaime Benigno +, Miguel Valencia +, People of the Parish S.I., Ánimas del Purgatorio +
Monday May 11 Robert Woodhouse +, Dy S.I.
Tuesday May 12 Lucretia Ringling +, Jeffrey W. Cox +
Wednesday May 13 Rebecca Kane +
Thursday May 14 Melody Adkins S.I.
Friday May 15 University of Notre Dame Class of 2020 S.I.
Saturday May 16 Dennis & Maelyn S.I.

OUR LADY OF FATIMA

“No one comes to the Father except through me.” - John 14:6
EVERYDAY STEWARDSHIP:
RECOGNIZE GOD IN YOUR ORDINARY MOMENTS
Witnesses for Jesus

This journey of faith is not always easy. Sometimes the greatest wounds are those we suffer when family members and friends wander away from God and leave us behind. The faith they had when they were younger is now strained, or they see the daily walking with Jesus to be too difficult. For them, Jesus becomes what Peter wrote about when he described Jesus as the stone that causes people to stumble and the rock that makes them fall.

Our journey is hard enough, but watching a loved one stumble and fall is heart-breaking. What are we to do in such a situation? Most importantly, we pray. We must realize that God is more powerful than us, and even if we can’t make them see the truth, He can. Then we witness to the transformative power of Jesus by our own lives. We need to serve him in word and deed. We should let a joy of being a disciple enlighten our faces. Allow Jesus to work through us so that others may be drawn to him. Lastly, we must never lose hope. Many have walked long journeys alone only to find God far down the road. What will it take to bring someone to Christ? It might be an action, a word, or an emotion. We never know how certain people will be touched. That loved one is a gift from God in your life. Place them back in God’s hands, and let Him pick them up if they have stumbled and fallen.

—Tracy Earl Welliver, MTS

- Tracy Earl Welliver, MTS
The HOLY SACRIFICE OF THE MASS
Until COVID-19 restrictions are lifted, Masses are broadcast daily via livestream on our Facebook and YouTube channels. See bulletin cover for details.

RECONCILIATION/CONFESSION (Covid schedule)
Mon—Wed—Thu: 11:00 am to 12:00 pm
Friday: 11:30 am to 12:00 pm
Saturday: 4:00 to 5:00 pm

ANOINTING OF THE SICK
Make an appointment by calling the parish office.

MATRIMONY
To celebrate the Sacrament of Matrimony at the Cathedral, contact Titi Kila at extension 13, or tkila@cathedralsacramento.org.

CONVALIDATION of MARRIAGE
If you would like your civil marriage blessed in the Catholic Church, or if you have been together for a number of years and would like to be married in the Church, contact Deacon John at extension 11, or jgisla@cathedralsacramento.org.

No weddings until COVID-19 restrictions are lifted.

MARRIAGE PREPARATION
The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

INFANT BAPTISM PREPARATION
No registration is required. Classes are held:
- 1st Thursday of the Month, 7 pm (English)
- 2do Jueves del mes, 7 pm (Espanol)

QUINCEANERA
While not a Sacrament, a Quinceanera celebrates a young lady’s coming of age (approx. 15th birthday) with Mass, stressing the virtues of family and social responsibility. For more information contact Titi Kila at extension 13, or tkila@cathedralsacramento.org.

BAPTISM
Registration is required to schedule a baptism of children (6 years of age or younger). Contact Deacon John at the Parish Office. Baptisms are scheduled:
3rd Saturday of each month, 9 am (English),
4to Sabado del mes, 9 am (Espanol)
For anyone six years or older, contact Sr. Lisa Marie.

HOLY EUCHARIST
Children prepare for the Sacrament of the Holy Eucharist over a two year period. Teens and Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details.

CONFIRMATION
The diocese admits young people in eighth grade or older for the Sacrament of Confirmation. If you are a teen or adult, contact Sister Lisa Marie to register.

HOLY ORDERS
Priests and deacons are ordained to perform ministerial roles in the community. To know more about the priesthood and/or deaconate, contact Fr. Hernandez at 916-733-0258.

FAITH FORMATION AND EDUCATION
English Classes—Saturdays, 10 am
Spanish Classes—Sundays, 11 am
The Cathedral offers weekly religious education classes for pre-K through Eighth grade, sacramental preparation for children, teens and adults, in both English and Spanish groups.

Rite of Christian Initiation for Adults/Children (RCIA)
Adults: Mondays, 7 pm
Children and Teens: Sundays, 9 am
RCIA is for those wanting to explore the Catholic faith in a community of prayer, scripture and lessons. For more information, Sister Lisa Marie at 916-444-5364, or lmdoty@cathedralsacramento.org.
Whoever believes in me will do the works I do.  

- John 14:12

CATHEDRAL OF THE BLESSED SACRAMENT
1017 11th Street - Sacramento, CA 95814 | 916-444-3071

www.cathedralsacramento.org

MINISTRIES and CONTACTS
Father Michael O’Reilly, Pastor / Rector

SACRED LITURGY

Altarservers: Michael Ognisty, mfognisty@msn.com
Choir (English)
Rex Rallanka, Music Director, rrallanka@cathedralsacramento.org
Choir (Spanish)
Jerry Vanoye in the choir annex after the 1pm Mass, or Ricardo Savala in the choir annex after 7pm Mass
Extraordinary Ministers of Holy Communion
Amy McCormick, ammccormick@att.net
Greeters and Ushers
Tom Waddock, 916-444-3071, x 36
Lectors
Fred Heacock, fheacock72@hotmail.com

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry
Marilynn Fairgood, Marilynn_Fairgood@att.net
Docents
Jill Pease, peasejill@gmail.com
Festival of Trees and Lights
Paula Trujillo, trupaula@gmail.com
Front Door Ministry
ministries@cathedralsacramento.org
Hospitality
Celeste Gisla, jfgisla@surewest.net
Respect Life Ministry
Liliana Balderrama, michoacan888@gmail.com
Saint Vincent de Paul contact the rectory office

FORMATION AND CATECHESIS

Catechesis of the Good Shepherd for ages 3+, visit youngsheep.org, or call 916-910-3435
Faith Formation and Education / Catechists
Sr Lisa Marie Doty, lmdoty@cathedralsacramento.org
Formacion y Educacion de Fe Catequistas/Spanish
at cathedralfaithformationsac@gmail.com
Rite of Christian Initiation for Adults and Children
Sr Lisa Marie Doty, RCIA@cathedralsacramento.org

PRAYER and COMMUNITY GROUPS

Benedictus Youth Group: Titi Kila, benedictusyg@gmail.com
Catholic A.C.T.S.
ActsCatholicSacto@gmail.com, saccathedralsacts.org
Catholic Young Adults
Victor Amador, cathedralia@gmail.com
Chinese Community
Oliver Wani, scccrcontact@gmail.com
Cinema Divina Movies
Reggie King, thecatholicstore@gmail.com
Email Prayer Chain
Lynne Amerson, cbs1017pc@yahoo.com.
Knights of Columbus
Jaime Elizaldi, jaime.elizaldi@gmail.com
Rosary Club
Lolita Urrutia, lolita.urrutia@gmail.com
Spanish Parents Group Leaders
Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Kieran McMahon
Priest in Residence
Fr. Nicholas Ho
Chinese Mass
Deacon John Gisla
Office Manager
Dcn. Edgar Hilbert
Dcn. Omar Bardales
Sr. Lisa Marie Doty
Director of Education
Michael Ognisty
Sacristan

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Esteban Arellano
Roland Bordon
Ellis Chan
Paty Davila
Eileen Dunn
Roland Bordon
Andrea Martin-Borges
Joey Martinez
Jose Solis
Jeff Weiss
Richard Zacaroli

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Janet Bardales
Michael Pease
Steve Harrold

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Street
City
Zip

Please indicate/Por favor indique:
☐ New Parishioner/Individual
☐ New Parishioner/Family
☐ Nuevo Parroquiano/Individuo
☐ Nuevo Parroquiano/Familia
☐ Change of Address/Cambio de Direccion

“Whoever believes in me will do the works I do.” - John 14:12

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