The Most Reverend
Jaime Soto,
D.D., M.S.W., Bishop of Sacramento

The Most Reverend Myron Cotta
Auxiliary Bishop of Sacramento

The Very Reverend Michael O'Reilly, Rector

Reverend Kieran M. McMahon
Parochial Administrator, Pro Tem

Reverend Michael Estaris, Priest in Residence
Reverend Brent Carlton Nall, Priest in Residence
Reverend Nicholas Ho, Chinese Mass

Deacon John Gisla
Deacon Raul Leon
Deacon Don DeHaven

Sister Jenny Aldeghi, FDCC, Director of Education
Rex Rallanka, Director of Music

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Religious Education (916) 444-5364
blessed@cathedralsacramento.org
www.cathedralsacramento.org

SCHEDULE OF MASSES
Monday to Friday
12:10 pm
Monday to Thursday
5:10 pm
Saturday Vigil
5:00 pm
Sunday
7:30 am
9:00 am
11:00 am
En español 1:00 pm
Chinese 3:00 pm
5:00 pm
En español 7:00 pm

State Holidays
12:10 pm

SACRAMENT OF CONFESSION
Monday to Friday
11:30 am to 12:00 pm
Saturday
4:00 pm to 4:45 pm
Domingo - En Español
12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTICADORATION
Wednesday
12:45 pm to 4:45 pm
Thursday
12:45 pm to 4:45 pm
Friday
12:45 pm to 3:45 pm

BAPTISMS — Registration is required
English — 3rd Saturday of the month, 9:00 am
Español - 4º Sábado del mes, 9:00 am

BAPTISM CLASSES
English — 1st Thursday of the month, 7:00 pm
Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071,
Six (6) months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00 pm
Saint Catherine of Siena
~Virgin, Doctor of the Church~

St. Catherine of Siena was born during the outbreak of the plague in Siena, Italy on March 25, 1347. She was the 25th child born to her mother, although half of her brothers and sisters did not survive childhood. Catherine herself was a twin, but her sister did not survive infancy. Her mother was 40 when she was born. Her father was a cloth dyer.

At the age of 16, Catherine's sister, Bonaventura, died, leaving her husband as a widower. Catherine's parents proposed that he marry Catherine as a replacement, but Catherine opposed this. She began fasting and cut her hair short to mar her appearance.

Her parents attempted to resist this move, to avoid marriage, but they were unsuccessful. Her fasting and her devotion to her family, convinced them to relent and allow her to live as she pleased. Catherine once explained that she regarded her father as a representation of Jesus and her mother as Our Lady, and her brothers as the apostles, which helped her to serve them with humility.

St. Catherine developed a habit of giving things away and she continually gave away her family's food and clothing to people in need. She never asked permission to give these things away, and she quietly put up with their criticisms.

Something changed her when she was 21. She described an experience she referred to as her "mystical marriage to Christ." There are debates over whether or not St. Catherine was given a ring with some claiming she was given a bejeweled ring, and other claiming the ring was made of Jesus's skin. St. Catherine herself started the rumor of the latter in her writings, but she was known to often claim the ring itself was invisible.

Such mystical experiences change people, and St. Catherine was no exception. In her vision, she was told to reenter public life and to help the poor and sick. She immediately rejoined her family and went into public to help people in need. She often visited hospitals and homes where the poor and sick were found. Her activities quickly attracted followers who helped her in her mission to serve the poor and sick.

St. Catherine was drawn further into the world as she worked, and eventually she began to travel, calling for reform of the Church and for people to confess and to love God totally. She became involved in politics, and was key in working to keep city states loyal to the Pope. She was also credited with helping to start a crusade to the Holy Land. On one occasion, she visited a condemned political prisoner and was credited with saving his soul, which she saw being taken up to heaven at the moment of his death.

St. Catherine allegedly was given the stigmata, but like her ring, it was visible only to herself. She took Bl. Raymond of Capua has her confessor and spiritual director.

From 1375 onwards, St. Catherine began dictating letters to scribes. She petitioned for peace and was instrumental in persuading the Pope in Avignon to return to Rome. She became involved in the fractured politics of her time, but was instrumental in restoring the Papacy to Rome and in brokering peace deals during a time of factional conflict and war between the Italian city states.

She also established a monastery for women in 1377 outside of Siena. She is credited with composing over 400 letters, her Dialogue, which is her definitive work, and her prayers. These works are so influential that St. Catherine would later be declared a Doctor of the Church. She is one of the most influential and popular saints in the Church.

By 1380, the 33-year-old mystic had become ill, possibly because of her habit of extreme fasting. Her confessor, Raymond, ordered her to eat, but she replied that she found it difficult to do so, and that possibly she was ill. In January of 1380, her illness accelerated her inability to eat and drink. Within weeks, she was unable to use her legs. She died on April 29, following a stroke just a week prior.

St. Catherine's feast day is April 29, she is the patroness against fire, illness, the United States, Italy, miscarriages, people ridiculed for their faith, sexual temptation, and nurses.
The Best Sermon I Ever Heard

As soon as he started, I knew it was going to be bad.

The old priest began his sermon with a faltering voice, and proceeded to tell an obscure story that made no sense to me at all. I was quickly lost and bored.

This was not my usual church. I was traveling, and had just dropped in for evening Mass.

But I knew right away that this sermon was going to be one of the worst ever. The priest seemed unprepared, vague, and detached.

So I tuned him out, and started fuming inside my head. Slowly I became more incensed than the incense burning near the altar.

"Why didn’t he prepare better?" I thought. "Don’t they train these guys in Seminary? Here we are, after 2,000 years of Church history, and we still haven’t figured out how to give a decent homily! No wonder our faith is so weak, it’s because the sermons are so bad!"

There I sat, stupefied, practically gnashing my teeth. If I had been sitting in the back pew, I would have been tempted to sneak out.

At long last, an eternity it seemed, the priest ended his sermon. I seethed within myself, like a cartoon character who suffers under a dark cloud raining down daggers and lightning bolts.

I remember nothing of what he said. It was that boring. For the rest of the Mass, my mind wandered elsewhere, indignant and dismayed.

After Mass, I walked to my car in the parking lot. No longer able to contain my protest, I complained out loud to a man walking beside me; "What did you think of that sermon?"

He walked in silence beside me, lost in thought. Then he gave a gentle reply; "That was the most beautiful sermon I ever heard."

I was stunned, and looked up at him, expecting to see him grinning sarcastically. To my astonishment, I saw that he was weeping. His face was tear-stained, and his eyes glistened in the twilight.

Suddenly embarrassed, I asked what he meant.

He thought for a moment, then responded with a smile; "I’ve spent most of my life estranged from God, going my own way, and doing my own thing. Last year I found him, or rather he found me, and now I find him speaking to me in the most wonderful ways. Like that sermon we just heard. It was all about waking up, and listening, and hearing God in new ways. That describes my life, and the love I have found."

In the face of this testimony, I was speechless. I shook his hand sheepishly and thanked him. "He may not speak to me, but he speaks to thee," I thought.

As I drove home, I marveled at how God could use such a dull and ordinary priest to speak in such an extraordinary way to one of his beloved.

What is meaningless for me to hear, and a cross for me to bear, may be the fruitful words of life to a person sitting near.

Now I am a more humble and appreciative listener. Ever since that experience years ago, I cannot hear a boring sermon without imagining that someone, somewhere out there in the pews may be wiping a tear from their eye and smiling.

They may be hearing the voice of God speaking directly into their heart, with healing words raining down on them like a spring shower on a dry and thirsty desert.

~By Frederick Hermann~

"God thunders with His voice wondrously, doing great things which we cannot comprehend." (Job 37:5)
Eucharistic Procession to End Abortion
On April 30, 2017 Bishop Jaime Soto will celebrate the 5:00 pm Mass at the Cathedral of the Blessed Sacrament, and afterwards lead a Eucharistic Procession around the State Capitol in a journey of prayer and public witness to end abortion. Also, carried in this Procession will be an actual (4’ X 6’) authentic replica of the original Miraculous Image of Our Lady of Guadalupe. See www.scddec.org/respect-life for more information.

Respect Life group is accepting donations of new baby blankets to be given to expectant and new mothers in blessing ceremony on Mother’s Day at all the masses. Blankets may be dropped off at the cart in the vestibule on Sunday mornings or with Sister Jenny. Call (916) 444-5364 for more information.

Leap of Faith: Navigating the transition from high school to college
Transitioning to college life can be an amazing, adventurous, yet scary experience for students and their families alike. The Diocese of Sacramento would like to journey with families as they take this LEAP OF FAITH. We invite graduating high school seniors and their families to a day of sharing from current college students, parents, and the greater community to discuss the transition from high school to college from a Catholic perspective. The event will be held on Saturday May 6 from 12:30pm-5:00pm at the Newman Catholic Center Sacramento, 5900 Newman Court, Sacramento, CA. There will be workshops specific to students, and parents, as well as a special mass with Bishop Cotta to celebrate the graduation of the seniors. This event is FREE and includes lunch. Please visit the website collegeleap.eventbrite.com to register. For more information contact Cecilia Flores, cflores@scd.org (915) 454-4188.

Our Catholic Identity: Living out the “One, Holy, Catholic and Apostolic Church”
How many times have you said these words? Come and learn how our Catholic faith can be lived out in intergenerational and intercultural ways that can be transformative for the entire community. Be prepared to laugh and be challenged as we take these assumingly simple words and make them real for ourselves and our faith.

Friday, May 19, 6:00pm-8:30pm: Our Lady of the Snows in Lake Almanor
Saturday, May 20, 9:00am-12:30pm: St. Joseph in Redding
Sunday, May 21, 3:00pm-6:30pm: St. Isidore in Yuba City

To register or for more information contact Richard Cherveny at (530) 366-7954 or rcherveny@scd.org.
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<td>10:00 am CFF Classes</td>
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<td>9:00 am RCIA class for children and teens</td>
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<td>11:15 am Spanish CCD classes</td>
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<td>5:10 pm</td>
<td>7:15 pm The Rosary Club</td>
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<td>12:10 pm /</td>
<td>7:30 pm Rosary Recitation at St. Junipero's Statue in Capitol Park</td>
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**Pray For One Another**

Arthur Bailey
Ceciley Snook
Vicki Rene Elizabeth
Diana Welde
Sunita Phillips
Cathy Hickman
Maricela Cortes
Dorothy Adams
Joel & Cesar
The Brown Family
Louis Metzinger

Mark McDougal
Garren Bratcher & Family Rosaline
John Amaro + Kevin & Family
Stephen
Julie
Cynthia Matulia
Lee McClure
Nellie Medina
Michael Hunsaker
Blanca Padilla
Nilda Medina
Michael Jose Mejia
Della Melsness
Cloraine Miura
Maria Elena Monzani
Eugenio Negrete
Elizabeth Paul
Rosemary Plain
Hilda Plancarte

Behind each of these names is a story of someone struggling with life’s many challenges. Let us offer up our prayers to our brothers and sisters in Christ.

Let us pray for you or your loved ones. Submit your prayer request on cathedralsacramento.org or email: cbsprayer3@yahoo.com

Names will appear for one month. Please contact us at cathedralsacramento@gmail.com to extend the time or remove.

Go to cathedralsacramento.org for news and calendar events, register as a parishioner, or schedule your tithe.
ORACIÓN POR NUESTROS SERES QUERIDOS

ALFREDO GARCIA
HECTOR HILBERT
ISAIAS HERNANDEZ
GERARDO CEJA
MARIA CADENA
SALVADOR CARRILLO
MANUELA HERNANDEZ

Oh Jesús, que amaste a los tuyos con gran predilección, escucha la súplica que te hacemos, y por tu misericordia concede a aquellos que Tú te has llevado de nuestro hogar el gozar del eterno descanso en el seno de tu infinito amor.

Concédeles, Señor, el descanso eterno y que les ilumine tu luz perpetua.

Amen
Por unanimidad, el Senado de Estados Unidos aprobó una resolución para designar el 30 de abril como el Día de los Niños.

El festejo es adaptado de una fiesta mexicana y fue establecido en 1998 en USA, para resaltar la importancia de invertir en los niños y el futuro del país.

Asimismo, la celebración es una oportunidad para resaltar los valores culturales de la niñez y la juventud en Estados Unidos, especialmente los de la comunidad hispana que continúa en constante crecimiento.

Razón por la Cual el Grupo de padres Líderes de la Catedral del Santísimo Sacramento te invitan a celebrar este día con ellos en su celebración anual picnic después de misa de 1pm, el festejo tendrá lugar hoy en South Side Park en la calle T esquina con la calle 8.

---

Dejad que los niños se acerquen a Mi. y no se los impidan Lucas 18,16
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