31st SUNDAY
IN ORDINARY TIME

“Therefore, do and observe all things whatsoever they tell you, but do not follow their example. For they preach but they do not practice.” - Mt 23:3

Cathedral of the Blessed Sacrament

November 5 2017 * Volume 17 Issue 45
November is dedicated to the Holy Souls in Purgatory and the faithful are encouraged not only to remember the passing of relatives and friends, but most importantly to pray for the souls of the deceased. Praying for the souls of those who have died is an ancient practice of the Church, one that is based on the Catholic teaching regarding Purgatory.

The Catechism offers a brief explanation regarding this state in the afterlife: "The Church gives the name Purgatory to this final purification of the elect... As for certain lesser faults, we must believe that, before the Final Judgment, there is a purifying fire. He who is truth says that whoever utters blasphemy against the Holy Spirit will be pardoned neither in this age nor in the age to come. From this sentence we understand that certain offenses can be forgiven in this age, but certain others in the age to come" (CCC 1031).

"[E]very sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death in the state called Purgatory" (CCC 1472).

On account of this reality, the Directory on Popular Piety and the Liturgy explains, "Hence derives the pious custom of suffrage for the souls of the faithful departed, which is an urgent supplication of God to have mercy on the souls of the dead, to purify them by the fire of His charity, and to bring them to His kingdom of light and life. This suffrage is a cultic expression of faith in the communion of saints. Indeed, 'the Church in its pilgrim members, from the very earliest days of the Christian religion, has honored with great respect the memory of the dead; and 'because it is a holy and a wholesome thought to pray for the dead that they may be loosed from their sins' (2 Mac 12, 46) she offers her suffrages for them.'"

It is a Spiritual Work of Mercy to pray for the souls of the faithful departed, imploring God to purify the souls of the dead "by the fire of His charity" and to bring them at last to their Heavenly Home.

The Church offers numerous ways to pray for the dead. For the purposes of this article, here are five of the most common that the Church recommends, especially in the month of November.

1) Offer Masses for the Dead - It is a custom in the Church to offer the Holy Sacrifice of the Mass for a particular soul, whether they are a deceased relative or friend. The Directory recommends having Masses offered on the "third, seventh, and thirtieth day following their deaths, as well as on their anniversaries." Contact your local parish to inquire about offering a Mass for someone.

Pope Benedict XVI recommended this practice in Sacramentum Caritatis: "I wish, together with the Synod Fathers, to remind all the faithful of the importance of prayers for the dead, especially the offering of Mass for them, so that, once purified, they can come to the beatific vision of God. A rediscovery of the eschatological dimension inherent in the Eucharist, celebrated and adored, will help sustain us on our journey and comfort us in the hope of glory" (SC, 32).

2) Pray the Novena for the Holy Souls - Composed by Saint Alphonsus Liguori, the nine days of prayer for the Holy Souls in Purgatory is a more prolonged way to pray for the deceased. Traditionally it is prayed in preparation for All Souls Day or in the days following the celebration.

3) Visit a Cemetery - An indulgence, applicable only to the Souls in Purgatory, is granted to the faithful, who devoutly visit a cemetery and pray for the departed. The indulgence is plenary each day from the 1st to the 8th of November; on other days of the year it is partial. Besides benefiting the Holy Souls, visiting a cemetery is a healthy reminder of our own mortality, realizing that we too will pass from this life to the next.

4) Pray the "Eternal Rest" Prayer - A partial indulgence, applicable only to the Souls in Purgatory, can be obtained when the "Eternal Rest" prayer is prayed with faith. The prayer is as follows: Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

5) Pray Saint Gertrude the Great’s Prayer for the Holy Souls - One of the most popular prayers for the Souls in Purgatory is that of Saint Gertrude the Great. She received many visions of Our Lord during her lifetime and expressed to Jesus her great desire to pray for the deceased. In return, Jesus taught Saint Gertrude the following prayer. It is piously believed that 1,000 souls are released from purgatory by praying this prayer with the heart.

~Philip Koslowski~

5 Ways to pray for the Holy Souls in Purgatory

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**Gospel Meditation—November 5, 2017**

"For they preach but they do not practice." The scribes and Pharisees may be the ones Jesus was speaking about in today’s Gospel, but we must be careful not to dismiss his words when it comes to our own actions. Jesus offered a difficult challenge to those honor-seekers that we must also heed when he said, "The greatest among you must be your servant." This is not the way the world usually works. Generally speaking, the idea of being a servant is considered inferior to being someone who has risen to high levels of leadership or status. But Jesus wants people in positions of authority to selflessly serve those over whom they have influence. And he insists that the leaders who establish laws, rules, and guidelines do not excuse themselves from following their own directives! "Practice what you preach," as the saying goes.

Whether or not we have extensive public influence, almost all of us at certain points are in a position to exercise leadership—with our children and families, with classmates, coworkers, neighbors, friends, and sometimes strangers. When these moments arise, we are called to step into this role without being hypocrites. It’s important to be sure we don’t issue unrealistic demands on others that we ourselves would find it burdensome or even impossible to fulfill. This requires the virtue of humility. Instead of reveling in the authority we may have at any given moment, instead of creating “heavy burdens hard to carry and lay[ing] them on people’s shoulders,” we need to be ready and willing to walk a mile in their shoes, and lead accordingly. And Jesus tells us clearly that this servant leadership will be rewarded, for "whoever humbles himself will be exalted."

**EVERYDAY STEWARDSHIP:**

**RECOGNIZE GOD IN YOUR ORDINARY MOMENTS**

Over the years we have had many great social events in our parish community. We have had socials for New Year’s Eve, St. Patrick’s Day, Mardi Gras, Our Lady of Guadalupe, Valentine’s Day, and so many more. It seems we will use any excuse to have a party and enjoy each other’s company. And for more than the last decade, my pastor has been present at most of these events. What always tickles me is to see him in his clerics going around with a tray of entrees or desserts as he seeks to serve his parishioners. We have joked that his clothing does resemble that of a waiter in a fine restaurant. The only difference is no tips! Sorry, Monsignor.

To see a shepherd serve his sheep causes me to reflect on how we are all called to serve one another. We are called to a life of humility and service, giving of ourselves for the greater glory of God. When we seek to serve our brothers and sisters, the Jesus in us meets the Jesus in them.

In our everyday lives we can find ways of serving others if we are mindful of the opportunities all around us. We must never fall into the trap of seeing others in terms of “us and them.” In Christ, there is only Us. In Christ, there is no Greek or Jew, servant or free. We are one. On this day, who will God place on your path for you to serve? Don't be fooled into thinking that all calls are for something grand. Sometimes, even a little dessert might be all it takes to show others they are loved.

-Tracy Earl Welliver, MTS
November is the month when we honor and pray for the dead. We don't usually like to think about death. We often miss the people we love, sometimes still regretting long forgotten arguments and mistakes. Remembering them can bring back pain, grief, and loneliness. Death is seldom painless. Still, honoring our family members who have died is as ancient as human life is itself.

Dying is a sacred process and the respect we give to the dead reveals our awareness that in this life there is nothing more we can really give. But November is more than about a month to remember. In our culture where death is often hidden, or presented in only cinema graphic sensationalism, November provides an opportunity for people burdened by loss to speak freely. Death is not a popular topic, even if we know its presence is never far off hand. November allows our church to not only respect and honor those who have died, but also embrace ourselves and our need to express our awareness that all life comes to an end. This conversation about death helps us appreciate more fully the life we've been given as well as hope in the fullness of eternal life found in Christ's kingdom.

Finally, November points toward our own end times when the veil of death will be banished and there will be no more tears and weeping. Until then, we continue to pray for those who have died and those grieving their loss. We do pray especially for those who have recently died through the tragedies of storm, earthquake, and fire. Far more sadly, we pray for those who have died by human hands in Las Vegas and New York City. May God give us the strength to keep praying for peace among the living.

~Father Michael~

Did You Know: Thursday marks the anniversary of the dedication of the Lateran Basilica of Rome on land owned by the Laterani family by Pope St. Sylvester I, on November 9, 324; honored as the episcopal seat of the pope as bishop of Rome; according to an inscription which Pope Clement XII (reigned 1730-1740) placed on the façade, this basilica is the “mother and head of all churches of Rome and the world” (“omnium ecclesiarum Urbis et Orbis mater et caput”); residence of the popes from the 4th c. until their moving to Avignon (1309); site of five ecumenical councils; Pope Innocent X commissioned the present structure in 1646; beneath its high altar rests the remains of the small wooden table on which, according to tradition, St. Peter celebrated Mass; dedicated to the Savior, later to St. John the Baptist.

Q: Why do we have a liturgical season called ordinary time? Can you explain?

A: Ordinary time is the longest season of the liturgical year. It begins the Monday after January 6, the Epiphany, and goes until the Tuesday before Ash Wednesday, the beginning of Lent. That period can last anywhere from five to eight weeks, depending on when Easter is celebrated. Ordinary time picks up again the Monday after Pentecost Sunday and lasts from twenty-three to twenty-seven weeks, until the end of the liturgical year, the Saturday before Advent begins.

Why the name ordinary? "Ordinary" is not in contrast to "extraordinary" or "special" but rather stresses the Latin language notion of "ordinal" or numbered Sundays. The Latin title for the season, "tempus ordinarium," conveys the sense that this time of the year is measured or numbered time. Measured time can allude simply to the numbered Sundays, or the notion that these Sundays are a "measured" time to deepen and immerse ourselves completely in the realities of Jesus' incarnation, ministry, passion, death, and resurrection.

Ordinary time offers us the measured opportunity to connect the ordinary lived experiences of our lives with those of Jesus, who modeled for us how to live a truly human existence. As we experience the season of ordinary time, let us immerse ourselves in the extraordinary task of deepening our relationship with Christ in the ordinary events of life.
Mark your calendars! The Festival of Trees and Lights is Coming December 2, 3, 2017. We are in need of crafters to make handmade boutique items as well as Christmas decor, ornaments, and gift baskets. For more information please call Raquel at (916) 601-9640 or Dorothy at (916)801-7599.

Mozart Requiem Concert
Camellia Symphony
GUEST CONDUCTOR, MICHAEL MORGAN

NOVEMBER 11, 2017 - 7:30 PM - At the Cathedral

Mozart, Requiem in D minor, K. 626
Davis Chorale — Alison Skinner, Music Director
Cathedral Choir — Rex Rallanka, Director of Music at the Cathedral
Carrie Hennessey, Soprano; Betany Coffland, Mezzo-soprano
Jack Wilkins, Tenor; Zachary Gordin, Baritone
Mozart, Exsultate, jubilate, K. 165, with soprano Carrie Hennessey

TICKETS GENERAL SEATING: ADULTS $30, SENIORS 65+ $28, STUDENTS/ACTIVE MILITARY $15, CHILDREN 12 & UNDER $8
Brown Paper Tickets [24/7] (800) 838-3006 CSO (916) 929-6655
WWW.CAMELLIASYMPHONY.ORG

ADVERTISE IN THE NEW CATHEDRAL BULLETIN!

The Cathedral is partnering with Liturgical Publications Inc, a national bulletin printing company, beginning the first week of January, 2018. Our bulletin is expanding to twelve full-color pages, packed with articles, reflections, announcements, a complete roster of information about the cathedral, and of course, fan favorites, “Pastor’s Corner” and “Mystagogy.” Your advertisement in the bulletin enables us to provide this valuable tool of information and evangelization to parishioners and visitors of the cathedral.

More than 900 copies of our bulletin are distributed to parishioners each weekend after every Mass. It is also posted online on the cathedral website, which is visited by more than 1,000 people every week.

Advertising in the bulletin is not just about growing your business. It tells potential customers that you care about supporting your church and connecting with your fellow parishioners.

A representative from LPi will be here starting Monday, November 6. Don’t miss your opportunity to advertise in this very popular publication. Space is limited! To get priority placement and pricing, submit your name and phone number and/or email address, to cathedral-sacramento@gmail.com.

From Wheeling and Dealing to Kneeling!

A Sister tells her vocation story

Hear how a Sister went from being Chief Financial Officer of three car dealerships in New York, to a Bride of Christ in Michigan. Come to Sr. Maria’s vocation talk at Presentation of the Blessed Virgin Mary Church, 4123 Robertson Avenue, Sacramento, on Wednesday, November 8th at 7pm. A book signing will follow at 8pm. Books will be available for sale in the Church.

“No one, however weak, is denied a share in the victory of the cross.” ~St. Leo the Great~
<table>
<thead>
<tr>
<th>Date</th>
<th>Mass / Intentions</th>
<th>Activities</th>
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<tbody>
<tr>
<td>Saturday November 4</td>
<td>5:00 pm / Souls in Purgatory</td>
<td>10:00 am CCD classes</td>
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<tr>
<td>Sunday November 5</td>
<td>7:30 am / Souls in Purgatory 9:00 am / Souls in Purgatory 11:00 am / Souls in Purgatory 1:00 pm Spanish / Souls in Purgatory 3:00 pm Chinese / Souls in Purgatory 5:00 pm / Souls in Purgatory 7:00 pm Spanish / Souls in Purgatory</td>
<td>7:30am - 4:30pm Harvest Festival 9:30 am RCIA Breaking of the Word 11:00 am Liturgy of the Word for Children</td>
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<td>Monday November 6</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>6:30 pm RCIA Evening Prayer 7:00 pm RCIA Class</td>
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<td>Tuesday November 7</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>6:00 pm Spanish Choir for the 7pm Mass</td>
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<td>Wednesday November 8</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
<td>7:15 pm Spanish Choir for the 1pm Mass 7:15 pm Communion &amp; Liberation</td>
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<td>Thursday November 9</td>
<td>12:10 pm / Souls in Purgatory 5:10 pm / Souls in Purgatory</td>
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<tr>
<td>Friday November 10</td>
<td>12:10 pm / Souls in Purgatory</td>
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**~The Book of the Dead~**

Honor the memory of the faithful departed by writing their name in the Book of the Dead, located in the Martyrs Chapel.

"In trust of God’s infinite goodness, we pray to lift up our sick parishioners, family and friends, and those in need of healing of the body and soul. Almighty Father, hear our prayers for...

Deacon Don DeHaven
Emma Valdez
Eugenia Roque
Alfredo Rivera
Adolfo Espinoza
Raymundo Guerrero
Natalia Galan
Salomon Galan
Tomasita Rodriguez
Rosa Carrillo
Felix Nunez Claver
Alvin Sul
Anyrani Gonzalez
Erin Nicole Tam
Riley Hana
Lee McClure
Noah Anthony Hernandez
Giang Tran
Joel and Cesar
Miguel and Family
Marissa Mallani and Family
Michael Jose Mejia
Luis Gutierrez, Jr.
Luis Gutierrez, Sr.
Cynthia Belarma
Stephen and Julie
Miles Jedinsky Flanagan
Louis Metzinger
The Brown Family
Nora and Padilla Family
Danny Velez
Guy Clifford Minter
Yenecia Gutierrez
Dennis Studebaker S.I.

**Sharing the Gospel:**

Some people think that they know everything that there is to be known about God. They think they are better and smarter than other people, too. Watch out if you think you are acting that way! Tell God you're sorry. Ask God to help you change your attitude, and serve others.

**Prayer:**

God, help me to follow you with a humble heart.

**Mission for the Week:**

Look up the words “humble” and “proud” in the dictionary. When you remember that everything you have is a gift from God, it is easier to be humble.

**Puzzle**

Unscramble words from today’s Gospel:

- teachers
- law
- honor
- obey
- important
- brothers
- greatest
- servant

**Amen.”**

Visit us online at cathedralsacramento.org, facebook, & all your social media favorites
Esquina del Pastor

Noviembre es el mes en que honramos y oramos por los muertos. No siempre nos gusta pensar en la muerte. A menudo extrañamos a las personas que amamos, a veces aún lamentamos los errores y los argumentos olvidados durante mucho tiempo. Recordarlos puede traer dolor y soledad. Aún así, honrar a los miembros de nuestra familia que han muerto es tan antiguo como la vida humana en sí misma.

Morir es un proceso sagrado y el respeto que le damos a los muertos revela nuestra conciencia de que en esta vida no hay nada más que podamos dar. Pero noviembre es más que un mes para recordar. En nuestra cultura, donde la muerte a menudo es oculta, o se presenta solo en el sensacionalismo gráfico del cine, noviembre ofrece una oportunidad para que las personas agobiadas por la pérdida hablen libremente. La muerte no es un tema popular, incluso si sabemos que su presencia nunca está lejos de la mano. Noviembre permite a nuestra iglesia no solo respetar y honrar a aquellos que han muerto, sino también abrazar a nosotros mismos y nuestra necesidad de expresar nuestra conciencia de que toda la vida llega a su fin. Esta conversación sobre la muerte nos ayuda a apreciar más plenamente la vida que se nos ha dado así como la esperanza en la plenitud de la vida eterna que se encuentra en el reino de Cristo.

Finalmente, noviembre apunta hacia nuestros propios tiempos finales cuando el velo de la muerte será desterrado y no habrá más lágrimas y llanto. Hasta entonces, continuaremos orando por aquellos que han muerto y aquellos que lloran su pérdida. Oramos especialmente por todos aquellos que han muerto recientemente a través de las tragedias de tormenta, terremoto y fuego. Mucho más tristemente, rezamos por aquellos que han muerto a manos humanas en Las Vegas y la ciudad de Nueva York. Que Dios nos dé la fuerza para seguir orando por la paz entre los vivos.

~Padre Michael~

MEDITACIÓN EVANGÉLICO

Muchas veces se ve en los medios de comunicación especialmente la televisión y la radio programas de imitación y algunas personas se dan a la tarea de imitar a artistas famosos. Los imitadores procuran hacer el mejor papel del personaje. Pero hay que notar que si se imita lo de fuera, no lo que es su vida o su forma de ser. Hoy en el Evangelio, el Señor Jesús nos da una cátedra de a quien debemos de imitar; fue directo, al grano y habló sin reservas tanto para el pueblo como para sus discípulos y para nosotros en este tiempo. Su palabra debe ser aliento para la sociedad actual que trata de imitar lo que ve y lo que escucha.

"En la cátedra de Moisés se han sentado los escribas y fariseos. Hagan, pues, todo lo que les digan, pero no imiten sus obras, porque dicen una cosa y hacen otra" (Mt 23, 2-3). ¿A quién imitan los niños y jóvenes de hoy? ¿Quiénes son sus guías a seguir? Jesús habla de las cargas pesadas que los maestros de la ley imponían especialmente a los pobres. Si damos carga a los demás, el deber principal es ayudar a llevarla. No se puede dejar toda la responsabilidad de los hijos a la esposa o al esposo. Se trabaja en familia. También las cosas no se hacen para quedar bien o para lucirse. ¡Hay tener cuidado en esto! En su discurso, Jesús recala que tenemos un solo Padre y un solo guía que es Cristo. Entonces, dice él: "Que el mayor de entre ustedes sea su servidor, porque el que se enaltece será humillado y el que se humilla será enaltecido" (Mt 23, 11-12).

LA CORRESPONSABILIDAD DIARIA

A lo largo de los años, dentro de mi parroquia, hemos tenido eventos sociales para diferentes fiestas. Hemos tenido eventos sociales para Nochevieja, san Patricio, Mardi Gras, Nuestra Señora de Guadalupe, san Valentín y muchos más. A veces parece como si quisiéramos dar cualquier excusa para disfrutar de la compañía de los demás. Y por más de diez años, el sacerdote de la parroquia ha estado en cada uno de esos eventos. Lo que siempre me ha dado gracia es ver a nuestro pastor en su ropa de clérigo servir la comida y los postres a los parroquianos. Y hemos bromeado que su ropa sí se parece a la ropa que llevaría un mesero en un restaurante. La única diferencia es que él no puede ganarse propinas. (¡Disculpe, monseñor!)

Ver a un obrero servir a su rebaño me causa reflexionar sobre el llamado que todos tenemos de servir a los demás. Estamos llamados a vivir una vida humilde y de servicio, dando nuestro ser para la gloria de Dios. Cuando servimos a nuestros hermanos y hermanas, el Jesús que está dentro de nosotros puede ver al Jesús dentro de los demás.

En nuestras vidas diarias podemos servir a otros si estamos conscientes de las oportunidades que se nos presentan. Nunca debemos de caernos en la trampa de "ellos y nosotros". En Cristo, solo hay nosotros. En Cristo no hay ni griego ni judío, ni esclavos ni libres. Somos uno. ¿A quién le pondrá en su camino Dios hoy para que lo sirva? No piense que cualquier llamado es para algo grandioso. A veces, hasta un postre es lo que toma para mostrar el amor.

~Tracy Earl Welliver, MTS~

Las lecturas de la semana del 5 de noviembre

Domingo: Mal 1, 14-2, 2. 8-10/Sal 131, 1-3/1 Tes 2, 7-9. 13/Mt 23, 1-12
Lunes: Rom 11, 29-36/Sal 69, 30-31. 33-34. 36/Lc 14, 12-14
Martes: Rom 12, 5-16/Sal 131, 1-3/Lc 14, 15-24
Miércoles: Rom 13, 8-10/Sal 112, 1-2. 4-5. 9/Lc 14, 25-33
Jueves: Ez 47, 1-2. 8-9. 12/Sal 46, 2-3. 5-6. 8-9/1 Cor 3, 9-11. 16-17/Jn 2, 13-22
Viernes: Rom 15, 14-21/Sal 98, 1-4/Lc 16, 1-8
Domingo siguiente: Sab 6, 12-16/Sal 63, 2-8/1 Tes 4, 13-18 o 4, 13-14/Mt 25, 1-13

Las conmemoraciones de la semana

Domingo: 31er Domingo del Tiempo Ordinario; Semana Nacional de las Vocaciones; el horario del verano termina
Jueves: La Dedicatoria de la Basílica de Letrán
Viernes: León Magno, papa y doctor de la Iglesia; observancia del Día de los Veteranos
Sábado: Martín de Tours, obispo; Día de los Veteranos
Domingo siguiente: 32º Domingo del Tiempo Ordinario
El Ministerio de Respeto a la vida les invita a una clase sobre Planificación Familiar Natural y Anticonceptivos.
Aprendamos a vivir una paternidad responsable. La Iglesia, en el documento Humanae Vitae (#8) nos recuerda que, "el ejercicio responsable de la paternidad exige que los cónyuges reconozcan plenamente sus propios deberes para con Dios, para consigo mismos, para con la familia y la sociedad, en una justa jerarquía de valores". La clase será el día 10 de noviembre de 7-9 pm, con Ana Moreira en el sótano. Para más información llamar a Patricia Dávi-la al (916) 502-4854.

~St. Leo el Grande~
The Most Reverend Jaime Soto, D.D, M.S.W, Bishop of Sacramento

The Most Reverend Myron Cotta Auxiliary Bishop of Sacramento

The Very Reverend Michael O’Reilly, Rector
Reverend Kieran M. McMahon, Priest in Residence
Reverend Nicholas Ho, Chinese Mass
Deacon John Gisla Deacon Raul Leon
Deacon Don DeHaven Deacon Edgar Hilbert
Sister Jenny Aldeghi, FDCC, Dir. of Education
Rex Rallanka, Director of Music

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www.cathedralsacramento.org

SCHEDULE OF MASSES
Monday to Friday 12:10 pm
Monday to Thursday 5:10 pm
Saturday Vigil 5:00 pm
Sunday 7:30 am
9:00 am
11:00 am
1:00 pm en Español
3:00 pm Chinese
5:00 pm
7:00 pm en Español

State Holidays 12:10 pm only

SACRAMENT OF CONFESSION
Monday to Friday 11:30 am to 12:00 pm
Saturday 4:00 pm to 4:45 pm
Domingo - en Español 12:30 pm a 12:45 pm
6:30 pm a 7:00 pm

EUCHARISTIC ADORATION
Wednesday 12:45 pm to 4:45 pm
Thursday 12:45 pm to 4:45 pm
Friday 12:45 pm to 3:45 pm

BAPTISMS (Registration is required)
English — 3rd Saturday of the month, 9:00 am
Español — 4º Sábado del mes, 9:00 am

BAPTISM CLASSES
English — 1st Thursday of the month, 7:00 pm
Español — 2do jueves del mes, 7:00 pm

WEDDINGS — Contact 916-444-3071,
Six (6)months in advance

GIFT SHOP — Sundays 9:00 am to 3:00 pm
Mondays 10:30 am to 12:00pm